



the SENIOR CALLER

WOODLANDS SENIOR ACTIVITY CENTER



710 N. Opportunity Dr. - Columbia City, IN 46725
Office Hours: Mon-Thu 8 am - 4 pm / Fri 8 am - 1 pm
260-248-8944 1-800-290-1697
TTY Relay 800-743-3333

www.whitleycountycouncilonaging.org



Woodlands Senior Activity Center



the.woodlands.wccoa

OUR MISSION

To enable the senior citizens of Whitley County to live confident, dignified, independent and productive lives through education, programs and services.

OUR SERVICES

- | | | |
|--------------------------|-------------------------------------|---|
| * Transportation | * Senior Caller Newsletter | * Health Programs/Exercise |
| * Weekday Lunches | * Tax Assistance (Feb-Apr) | * Educational/Informational Programs |
| * Home Delivered Meals | * Social Gatherings & Entertainment | * Non-Perishable Food Pantry & Bread Pantry |
| * Lending Library | * Medical Equipment Loan Program | * Pet Food Pantry |
| * Information & Referral | * Incontinence Items | * Woodland Trips |
| * Food Share Programs | | |
| * Annual Senior Fair | | |

TITLE VI NOTICE TO THE PUBLIC: All programs and services are provided without regard to race, color, or national origin in accordance with Title VI of the Civil Rights Act. Any person who believes she or he has been aggrieved by any unlawful discriminatory practice under Title VI may file a complaint with WCCOA.

OUR PEOPLE**CORPORATION OFFICERS**

Shelbi Brown/President	(260-610-8020)	Duane Janssen/Treasurer	(727-687-7958)
Larry Barr/Vice President	(260-229-5945)	Joan Western/Secretary	(260-229-9902)

BOARD MEMBERS

Larry Barr	(260-229-5945)	Sue Lewis	(260-441-6551)
Shelbi Brown	(260-610-8020)	Barb Overdeer	(260-609-5210)
Jennifer Esterline	(916-747-5003)	Chip Stephenson	(260-213-3089)
Clay Geiger	(260-609-9032)	Kaliebe VanEmon	(260-580-2647)
Dr. Christopher Grindrod	(260-481-6455)	Joan Western	(260-229-9902)
Duane Janssen	(727-687-7958)	Virginia Wright	(260-609-5249)
Sandy Kyler	(260-229-1760)	Jane Yohe	(260-248-8373)
Marlin Leininger	(260-466-5231)		

STAFF DIRECTORY

Jim Johnson	Executive Director	ext 300
Nancy Bledsoe	Office Manager	ext 400
Sheila Troyer	Nutrition Manager	ext 110
John Jones	Transportation Manager	ext 600
Aimee Ray	Activities Manager	ext 900
Gabby Gaff	Customer Service Specialist	ext 102

CONTACT US

Call **248-8944** for a ride! Toll Free: 1-800-290-1697

Hours: 7am - 5pm Monday - Friday. **A 48 hour notice (prior to 1 pm) is necessary.**

Senior Transportation Services are funded in part through Title III of the Older Americans Act and Social Service Block Grants distributed through Aging and In-Home Services of Northeast Indiana. We are a Medicaid transit provider.

INFORMATION WE NEED

Who: Name, address, phone number, birthday, any disabilities, and if the client has Medicaid.

When: Appointment date and time.

Where: Destination, including address.

Contact/Billing Information: Name and address of the responsible parties.

PRICING

Distance	Fees - One Way	Fees - Round Trip
1-4 miles	\$6	\$12
5-10 miles	\$8	\$16
11-15 miles	\$12	\$24
16-25 miles	\$15	\$30
Over 25 miles	\$17	\$34
Out of County	\$29	\$58



Stated mileage are for trips made within Whitley County.

- * Children under 12 ride free with an adult. Adults must provide car seats when necessary.
- * Veterans - \$20 Round Trip for trips outside of Whitley County.
- * Working Seniors 60+ - public rates apply.
- * Seniors 60+ - donation only; service is not denied to anyone who is not able to donate.

Exact payment is required. For your convenience, you may buy Transit Punch Cards for \$40 per card (a \$45 value).

CLIENTS MUST BE READY 15 MINUTES PRIOR TO SCHEDULED PICK-UP TIME

All vans are sanitized throughout the day for your safety.

WOODLAND TRIPS

2026 Trips



3/5/26 We will be spending the day at Four Winds Casino. The cost is \$30 per person, and the payment is due before 2/26/26. Spaces are limited to 14. Make sure to sign up before all the seats are spoken for.

3/26/26 DeBrand Fine Chocolates and Golden Corral. We will be starting our day at DeBrand where you will take a tour, sample some goodies, and have time to shop for some yummy chocolates to take home. After DeBrand we will go to Golden Corral for lunch. The cost is \$50 and is due before 3/6/26. The payment covers your tour at DeBrand and lunch/drink at GC. The only thing that isn't covered are the sweets you purchase to take home. If you have a sweet tooth, this is the trip for you.



4/27/26 IF you love instruments or music in general, you might want to check this trip out. We will be going to Sweetwater! The day will begin with a tour of the building. After our tour we will be part of a drumming circle. The final part of our day will be lunch. They will be preparing lunch boxes for us. Each lunch box will consist of a deli sandwich, chips, cookie, and a fountain drink. The cost of the trip is \$40 and is due before 4/10/26.



5/4/26 Join us for an animal adventure and a great lunch buffet. We will start our day at Dutch Creek Animal Park where we will go on a little safari in Middlebury. When we are finished at the animal park, we will head over to Das Dutchman Essenhaus for a buffet lunch. The cost of the trip is \$75 and is due by 4/17/26. The payment will include entry to the animal park, lunch, drink, and tip. Don't forget to bring some cash for souvenirs and shopping.



5/21/26 We will be spending the day at Four Winds Casino. The cost is \$30 per person, and the payment is due before 5/1/26. Spaces are limited to 14. Make sure to sign up before all the seats are spoken for.

WOODLAND TRIPS

6/4/26 Dutch Creek Market, Heritage Creamery, and Blue Gate Theatre. When we get to Middlebury we will start our adventure at Dutch Creek Market where you will be able to watch fresh noodles be made or enjoy seeing the bees buzzing through the market. After the market we will head over to Heritage Creamery. If cheese is your friend, feel free to taste the local cheeses that will be available. Shopping at both locations will not be included in the cost of the trip. Then we will wrap up our adventure at the Blue Gate Theatre in Shipshewana. At Blue Gate we will see the Gaither Vocal Band perform and enjoy an Amish home cooked buffet. There should be plenty of time for shopping after. The trip will include everything in this description except your shopping. The total is \$130 per person and is due by 5/15/26.



7/9/26 Who remembers Footloose??? Come join us at the Wagon Wheel in Warsaw where we will get to experience the musical. After the show is over we will stop at a local restaurant before heading home. The cost is \$65 per person and will include the musical, but lunch will be on your own. The payment is due before 6/19/26.

7/16/26 Where are my “Foodies??” This trip will be good for your taste buds. We will start the trip at the Sechler Pickle Factory. After our tour we will have some time for shopping. We will be there during the St. Joe Pickle Festival. Why not do a lap and see what wonderful things St. Joe has to offer? Our final stop will be Millie’s Diner. As we step back into the 50's we can enjoy our lunch while records play on the jukebox. The trip total will be \$40 per person and is due before 6/26/26. Lunch and shopping will not be included in the price of the trip. So don’t forget to bring a little cash.



7/30/26 We will be spending the day at Four Winds Casino. The cost is \$30 per person, and the payment is due before 7/10/26. Spaces are limited to 14. Make sure to sign up before all the seats are spoken for.

LEGAL CONSULTATION

**ELDER
LAW**



CONSULT DAY

Planning Life's Journey

Our Services

- ✓ Estate Planning & Decision Making
- ✓ Elder Long-Term Care / Medicaid
- ✓ Elder Care Coordination Team

Legal ⊕ Financial ⊕ Care



J. Bryan Nugen, J.D.
Elder Law Attorney
Certified Dementia Practitioner
VA Accredited

WHERE: WHITLEY CO
COUNCIL ON AGING



Schedule your
Consultation Time
(260) 925-3738

WHEN:
THURS
April 2nd

JUST FOR FUN

EARTH DAY

WORDSEARCH



W	W	A	T	E	R	P	B	O	T
A	P	R	I	L	R	L	I	W	R
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- | | | | |
|--------------|--------------|----------------|--------------|
| AIR | EARTH | PLANT | REUSE |
| APRIL | GREEN | PLASTIC | SEEDS |
| BIRDS | LIGHT | RECYCLE | TREES |
| CLEAN | PAPER | REDUCE | WATER |

APRIL 2026

THE WOODLANDS 260-248-8944

WALK-IN MEALS AVAILABLE STARTING APRIL 6.
NO RESERVATIONS REQUIRED FOR DINE-IN.

\$7 PER MEAL / \$10 FOR TENDERLOIN MEALS.

Monday	Tuesday	Wednesday	Thursday	Friday
<p>6</p> <p>9:00 Line Dancing 10:00 Chair Exercise 11:00 Health Class with Darcy: "Skin Care" 11:30 Grilled Cheese with Tomato Soup 12:15 Movie 1:00 Mahjong</p>	<p>7</p> <p>9:00 Euchre 9:00 Bible Study with Cheryl 11:30 Sweet & Sour Meatballs 12:00 Dominoes 12:30 Bible Study w/Bob</p>	<p>1</p> <p>9:00 Pixie Bingo: Partner <i>The Waters</i> <i>*Players must bring prizes!</i> 9:00 Line Dancing 10:15 Drumming Class 11:30 Beef Stew 12:00 AIHS Respite Care 12:30 Hand & Foot Game 12:30 Painting w/Evie</p>	<p>2</p> <p>9:00 Nugen Law: by appt only, see pg.6 for info 10:00 Alzheimer's w/Todd: "Sleep Weel, Be Well" 11:30 Easter Lunch: Baked Ham, AuGratin potatoes, Green Bean Casserole, Roll 12:30 Euchre 5:00 Cash Bingo</p>	<p>3</p> <p>CLOSED</p> 
<p>13</p> <p>10:00 Chair Exercise 11:30 Loaded Baked Potato 12:15 Movie</p>	<p>14</p> <p>9:00 Euchre 9:00 Bible Study with Cheryl 11:30 Cheeseburger 12:00 Dominoes 12:30 Bible Study w/Bob</p>	<p>15</p> <p>9:00 Line Dancing 9:00 Pixie Bingo: Partner <i>Oberlin Mrktg/Heidi Darley</i> <i>*Players must bring prizes!</i> 10:15 Drumming Class 11:30 Johnny Marzetti 12:00 AIHS Respite Care 12:30 Hand & Foot Game</p>	<p>9</p> <p>11:30 Stuffed Cabbage Roll 12:30 Euchre 5:00 Cash Bingo 6:30 Grieving Friends Support Group</p>	<p>10</p> <p>Birthday Wishes 9:00 Euchre 9:00 Line Dancing 10:00 Chair Exercise 11:30 Fried Fish 12:15 Entertainment by: Garry Jones</p>
<p>13</p> <p>10:00 Chair Exercise 11:30 Loaded Baked Potato 12:15 Movie</p>	<p>14</p> <p>9:00 Euchre 9:00 Bible Study with Cheryl 11:30 Cheeseburger 12:00 Dominoes 12:30 Bible Study w/Bob</p>	<p>15</p> <p>9:00 Line Dancing 9:00 Pixie Bingo: Partner <i>Oberlin Mrktg/Heidi Darley</i> <i>*Players must bring prizes!</i> 10:15 Drumming Class 11:30 Johnny Marzetti 12:00 AIHS Respite Care 12:30 Hand & Foot Game</p>	<p>16</p> <p>11:30 Smorgasbord 12:30 Euchre Tourney 1:00 Volunteer Center Project 5:00 Cash Bingo</p>	<p>17</p> <p>9:00 Euchre 9:00 Line Dancing 10:00 Chair Exercise 11:30 Lunch N Learn: April of Music to My Ears <i>Chicken Salad Sandwich for Pickup & Delivery only.</i></p>

20 9:00 Board Meeting 9:00 Line Dancing 10:00 Chair Exercise w/ Brittney 11:30 French Toast Casserole 12:15 Movie 1:00 Mahjong	21 9:00 Euchre 9:00 Bible Study with Cheryl 11:30 Veggie Lasagna 12:00 Dominoes 12:30 Bible Study w/Bob 1:30 The League	22 CENTER CLOSED for Private Event 12:00 AIHS Respite Care will still meet Whitley County Transit will be Open.	23 10:00 Book Club with Peabody Library 11:30 Chicken Pot Pie 12:30 Euchre 5:00 Cash Bingo	24 9:00 Euchre 9:00 Line Dancing 10:00 Chair Exercise 11:30 Sloppy Joe
27 9:00 Line Dancing 10:00 Chair Exercise 11:30 Tenderloin 12:15 Movie 12:15 Entertainment by: Dave Scribner	28 9:00 Euchre 9:00 Bible Study with Cheryl 11:30 Beef Stew 12:00 Dominoes 12:30 Bible Study w/Bob 6:00 Empower Whitley Women	29 9:00 Pixie Bingo: Partner Miller's Oak Pointe *Players must bring prizes! 9:00 Line Dancing 10:15 Drumming Class 11:30 Breaded Chicken Sandwich 12:00 AIHS Respite Care 12:15 Miller's Games 12:30 Hand & Foot Game	30 11:30 Beef Bolognese over Pasta 12:30 Euchre 5:00 Cash Bingo	

MAY				1 11:30 Layered Pasta
4 11:30 Bratwurst on Bun	5 11:30 Fiesta Taco Casserole	6 11:30 Salmon Patty	7 11:30 Grilled Cheese with Cream of Broccoli Soup	8 11:30 Mother's Day Meal: Cheddar Baked Chicken with sides

* Take-Out & Delivery: Orders must be placed 2 business days in advance. The meal is \$7. There is a \$2 charge for meal delivery. Please note that shifting of food may occur during delivery; therefore, be cautious when opening the container(s). Evening dinners are not available for delivery.

* A Garden Salad can be ordered in place of any meal.

* This menu is subject to change at the discretion of our kitchen staff.

EQUIPMENT LOAN PROGRAM

SHORT-TERM LOANER EQUIPMENT

Walkers, canes, crutches, and shower chairs: \$10 rental fee.

Wheelchairs and knee scooters: \$25 rental fee.

* * * * *

Incontinence items are also available. Each recipient is allowed one package per month.

FOOD PROGRAMS

WEEKEND MEALS

Order as many weekend meals as you like by Wednesday at noon, then pick them up on Friday or have them delivered. Call the Woodlands for more details.

NON-PERISHABLE FOOD PANTRY

The senior food pantry is available to seniors **50+** who find themselves short on non-perishable grocery items. It can be used as a supplemental food source **one time per month**. Pantry days/hours: Monday and Thursday from 9 am - 11 am & 12 pm - 3 pm.

WOODLANDS FOOD SHARE PROGRAM

Seniors living on a limited income and in need of additional food items on an ongoing basis can apply for a supplemental food program. The program provides a 10 to 15 lb bag of shelf stable food items **one time per month**. Call the Woodlands for more details.

PET FOOD

PET PANTRY

Dog and cat food is available for pick up **once per month**. The Pet Food Pantry days/hours are Monday and Thursday from 9 am - 11 am & 12 pm - 3 pm. ***Pet food is available dependent on supply.***



HAIR CARE

Haircuts & Eyebrow Waxing by Lyndah

Wednesday, April 8

Call 248-8944 x5 to schedule.

Haircut \$10
Cut w/style \$11
Men's Haircuts \$5
Eyebrow Waxing \$5

NAIL CARE

Manicures by Lyndah

Wednesday, April 15

Call 248-8944 x5 to schedule.

Filing \$3
Polish \$5
Filing & Polish \$8
Please bring your own nail polish.

MASSAGE

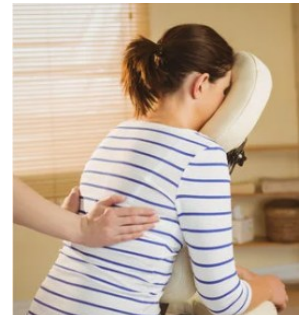
Massage by Annette Bear, LMT

Thursday, April 30

Enjoy a 15-minute chair massage!

\$15 ~ Call 248-8944 x5 to schedule.

All equipment will be sanitized prior to each appointment time.



ONE ON ONE WITH DARCY

Darcy Hoopingarner, NP, from the Whitley County Health Department is offering confidential one-on-one sessions. Need to talk to someone about a personal, medical, or mental health issue? Come see Darcy at the Woodlands!

Call 248-8944 x5 to schedule.



ARTICLE

Protect, Detect, and Report

Three steps you can take to guard against Medicare fraud

Every day, Medicare fraud affects people with Medicare and their families across the U.S. – regardless of background. It's not just the Medicare program that suffers when fraud occurs. Patients may also discover that they can't get the health care they need.

If someone gets your Medicare number, they can make charges that may exhaust your allotment of benefits. If they charge Medicare for medical visits that you never made or equipment you didn't purchase, your number could be flagged for overuse, and doctors may refuse to see you. These are just two examples of how fraud can end up hurting you directly.

Scammers know the ins and outs of the Medicare system and their attempts can be well thought-out. It's not always easy to know when and where fraud is occurring. By remembering some simple but effective tips, you can protect yourself against scams, including identity theft and prescription drug fraud. Remembering to protect, detect, and report fraud helps everyone, including you.

1. Protect

Protecting your personal information is your best line of defense against health care fraud. Treat Medicare, Medicaid, and Social Security numbers like credit card numbers. Never give them to a stranger and don't carry your cards unless you need them for appointments. Medicare doesn't call or visit to sell you anything. Outside of a trusted health care setting, never give this information to anyone who asks for it.

2. Detect

No matter how careful you are, you may be targeted for fraud. Always review your Medicare statements closely. Things to look for include charges for something you didn't purchase or receive, duplicate charges, and charges for services not ordered by your doctor. Compare these documents to your personal records and receipts. Recording medical visits and procedures in a journal or on a calendar can help you keep track of what happened at each appointment and make it easier to spot inaccuracies.

3. Report

If you suspect you've been a target of fraud, report it. This can help you and others at risk for fraud. If you have questions about your Medicare statements, call your health care provider.

If you're uncomfortable calling or are not satisfied with the response, help is available through your local Senior Medicare Patrol (SMP). SMP volunteers work with Medicare beneficiaries and their families and caregivers to stop health care fraud, errors, and abuse. You can also report suspicious calls and ask general questions through this resource. You can find your local SMP program by calling 1-877-808-2468 or at SMPresource.org.

Suspected fraud also can be reported to 1-800-Medicare or by calling 1-800-HHS-TIPS.

Don't hesitate, if you need help.

Funded by the Administration for Community Living, part of the U.S. Department of Health and Human Services, the SMP programs provide outreach, counseling, and education by highly trained volunteers in a variety of locations. For free, confidential support, contact your local SMP program.

ADVERTISEMENTS

**PARKVIEW
HOSPICE**



260-373-9800



<https://www.parkview.com/medical-services/hospice-care>



1900 Carew Street, 46805



Advertise with us! Please call the Woodlands for more information, 260-248-8944.

Volunteer with SHIP and help others with THEIR Medicare questions!



Navigating Medicare

We need YOU to help your neighbors in Whitley County!

SHIP is driven by highly trained, certified volunteers who are committed to helping people with Medicare determine the best health insurance choices for their individual situations and to understand their Medicare benefits and options: Medicare Advantage, Medicare Supplement Plans, Part D drug coverage, long term care options, and financial assistance programs.

Learn more at
www.in.gov/ship/become-a-ship-volunteer
or call **(800) 452-4800.**



Whitley County Council on Aging

CCHS SPORTS SCHEDULE

APRIL

Date	Time	Event
Apr. 8th	5:30pm (V)	(Girls) Concordia
Apr. 13th	5:00pm (V)	(Girls) Whitko
Apr. 13th	5:30pm (JV)	(Girls) Chrususco
Apr. 14th	5:00pm (V)	(Girls) Wawasee
Apr. 14th	5:30pm (JV)	(Girls) Wawasee
Apr. 17th	N/A (V)	(Girls) Leo Invitational
Apr. 18th	N/A (V)	(Girls) Leo Invitational
Apr. 20th	5:30pm (V)	(Girls) Snider
Apr. 21st	5:00pm (V)	(Girls) Warsaw
Apr. 21st	5:00pm (JV)	(Girls) Warsaw
Apr. 22nd	5:30pm (JV)	(Girls) Northrop
Apr. 24th	5:30pm (JV)	(Girls) Concordia
Apr. 27th	5:30pm (V)	(Girls) Belmont
Apr. 27th	5:30pm (JV)	(Girls) Belmont
Apr. 28th	5:30pm (V)	(Girls) Homestead
Apr. 29th	5:30pm (V)	(Girls) Huntington
Apr. 29th	5:30pm (JV)	(Girls) Huntington
Apr. 30th	5:30pm (JV)	(Girls) Carroll

SOFTBALL

Watch on Youtube
@WJHS Studios

Listen for updates
with 91.5FM and
online



Home

Away

VOLLEYBALL

Date	Time	Event
Apr. 9th	5:30pm (V & JV)	(Boys) Leo
Apr. 11th	10:00am (V & JV)	(Boys) Columbia City Invitational
Apr. 16th	6:00pm (V & JV)	(Boys) Northrop
Apr. 17th	6:00pm (V & JV)	(Boys) Dekalb
Apr. 20th	5:30pm (V & JV)	(Boys) Woodlan
Apr. 22nd	6:00pm (V & JV)	(Boys) Belmont
Apr. 23rd	6:00pm (V & JV)	(Boys) Huntington North
Apr. 27th	6:00pm (V & JV)	(Boys) East Noble
Apr. 28th	6:00pm (V & JV)	(Boys) Norwell
Apr. 30th	5:30pm (V & JV)	(Boys) Homestead

CCHS SPORTS SCHEDULE

APRIL

Date	Time	Event
Apr. 8th	6:00pm (V)	(Boys) Carroll
Apr. 8th	6:00pm (JV)	(Boys) Plymouth
Apr. 11th	11:00am (V)	(Boys) Blackhawk Christian
Apr. 13th	5:30pm (JV)	(Boys) Snider
Apr. 14th	6:00pm (V)	(Boys) Carroll
Apr. 15th	5:30pm (V)	(Boys) Churubusco
Apr. 15th	5:30pm (JV)	(Boys) Wawasee
Apr. 18th	N/A (V)	(Boys) Andrean
Apr. 18th	11:00am (JV)	(Boys) Concord
Apr. 21st	5:30pm (JV)	(Boys) Bishop Luers
Apr. 22nd	5:30pm (V)	(Boys) Concordia
Apr. 23rd	5:30pm (JV)	(Boys) Heritage
Apr. 24th	6:00pm (V)	(Boys) Elkhart
Apr. 24th	5:30pm (JV)	(Boys) Homestead
Apr. 25th	11:00am (V)	(Boys) West Noble
Apr. 27th	5:00pm (V)	(Boys) Homestead
Apr. 27th	5:30pm (JV)	(Boys) Whitko
Apr. 28th	5:30pm (V)	(Boys) Belmont
Apr. 28th	5:30pm (JV)	(Boys) Belmont
Apr. 30th	5:30pm (V)	(Boys) Huntington North
Apr. 30th	5:30pm (JV)	(Boys) Huntington North

BASEBALL

Watch on Youtube
@WJHS Studios

Listen for updates
with 91.5FM and
online



Home

Away

GOLF

Date	Time	Event
Apr. 14th	4:30pm (V & JV)	(Boys) Whitko/ Churubusco
Apr. 18th	1:30pm (V & JV)	(Boys) Don Dicken Classic
Apr. 20th	5:00pm (V & JV)	(Boys) Norwell
Apr. 21st	4:30pm (V & JV)	(Boys) Huntington North
Apr. 25th	8:00am (V & JV)	(Boys) CLHS Invitational
Apr. 27th	4:00pm (V & JV)	(Boys) Carroll
Apr. 28th	5:00pm (V & JV)	(Boys) Belmont



WHITLEY COUNTY COUNCIL ON AGING INC.
710 N Opportunity Drive
Columbia City, IN 46725

NON-PROFIT ORGANIZATION
U.S. POSTAGE PAID
COLUMBIA CITY, IN 46725
(PERMIT NO. 263)



"YOUR BEST LOCAL RESOURCE FOR SENIOR SERVICES"

Thank you WCCOA Sponsors!

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Oberlin Marketing - Heidi Darley

The Waters

