



# the SENIOR CALLER

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WOODLANDS SENIOR ACTIVITY CENTER



710 N. Opportunity Dr. - Columbia City, IN 46725  
Office Hours: Mon-Thu 8 am - 4 pm / Fri 8 am - 1 pm  
260-248-8944 1-800-290-1697  
TTY Relay 800-743-3333

[www.whitleycountycouncilonaging.org](http://www.whitleycountycouncilonaging.org)



Woodlands Senior Activity Center



[the.woodlands.wcco](http://the.woodlands.wcco)

## OUR MISSION

To enable the senior citizens of Whitley County to live confident, dignified, independent and productive lives through education, programs and services.

## OUR SERVICES

- |                          |                                     |   |
|--------------------------|-------------------------------------|---|
| * Transportation         | * Senior Caller Newsletter          | * Health Programs/Exercise                  |
| * Weekday Lunches        | * Tax Assistance (Feb-Apr)          | * Educational/Informational Programs        |
| * Home Delivered Meals   | * Social Gatherings & Entertainment | * Non-Perishable Food Pantry & Bread Pantry |
| * Lending Library        | * Medical Equipment Loan Program    | * Pet Food Pantry                           |
| * Information & Referral | * Incontinence Items                | * Woodland Trips                            |
| * Food Share Programs    |                                     |   |
| * Annual Senior Fair     |                                     |   |

**TITLE VI NOTICE TO THE PUBLIC:** All programs and services are provided without regard to race, color, or national origin in accordance with Title VI of the Civil Rights Act. Any person who believes she or he has been aggrieved by any unlawful discriminatory practice under Title VI may file a complaint with WCCOA.

## OUR PEOPLE

### CORPORATION OFFICERS

Thor Hodges/President	(260-229-1284)	Duane Janssen/Treasurer	(727-687-7958)
Larry Barr/Vice President	(260-229-5945)	Shelbi Brown/Secretary	(260-610-8020)

### BOARD MEMBERS

Larry Barr	(260-229-5945)	Paula Langeloh	(260-248-7848)
Shelbi Brown	(260-610-8020)	Marlin Leininger	(260-466-5231)
Clay Geiger	(260-609-9032)	Connie Reimer	(260-248-2826)
Dr. Christopher Grindrod	(260-481-6455)	Joan Western	(260-229-9902)
Thor Hodges	(260-229-1284)	Virginia Wright	(260-609-5249)
Duane Janssen	(727-687-7958)	Steve Yann	(260-449-1663)
Sandy Kyler	(260-229-1760)	Jane Yohe	(260-248-8373)

### STAFF DIRECTORY

Jim Johnson	Executive Director	ext 3
Nancy Bledsoe	Office Manager	ext 4
Sheila Troyer/Manager	Nutrition	ext 2
Bernie King/Manager, Kim, Sarah	Transportation	ext 1
Gabby, Rose, Sharon	Reception	ext 5
Aimee Ray	Activities Manager	ext 9

## **CONTACT US**

**Call 248-8944 for a ride!** Toll Free: 1-800-290-1697

Hours: 7am - 5pm Monday - Friday. **A 48 hour notice (prior to 1 pm) is necessary.**

*Senior Transportation Services are funded in part through Title III of the Older Americans Act and Social Service Block Grants distributed through Aging and In-Home Services of Northeast Indiana. We are a Medicaid transit provider.*

## **INFORMATION WE NEED**

**Who:** Name, address, phone number, birthday, any disabilities, and if the client has Medicaid.

**When:** Appointment date and time.

**Where:** Destination, including address.

**Contact/Billing Information:** Name and address of the responsible parties.

## **PRICING**

Distance	Fees - One Way	Fees - Round Trip
1-4 miles	\$6	\$12
5-10 miles	\$8	\$16
11-15 miles	\$12	\$24
16-25 miles	\$15	\$30
Over 25 miles	\$17	\$34
Out of County	\$29	\$58



*Stated mileage are for trips made within Whitley County.*

- \* Children under 12 ride free with an adult. Adults must provide car seats when necessary.
- \* Veterans - \$20 Round Trip for trips outside of Whitley County.
- \* Working Seniors 60+ - public rates apply.
- \* Seniors 60+ - donation only; service is not denied to anyone who is not able to donate.

***Exact payment is required.*** For your convenience, you may buy Transit Punch Cards for \$40 per card (a \$45 value).

**CLIENTS MUST BE READY 15 MINUTES PRIOR TO SCHEDULED PICK-UP TIME**

***All vans are sanitized throughout the day for your safety.***



**THANK YOU**

## *Veterans Day Luncheon*

Thank you to the following individuals and businesses for making this day possible for our Veterans!

Autumn Trace  
Elara Hospice  
Paradigm Hospice  
Parkview Hospice  
Whitley County VSO  
Josh Smith

Larry Barr  
Roger Stampe  
Honor Flights

Gene Languell

Darcy Hoopingarner

Columbia City Fire Department  
Whitley County Sheriff's Department

Deb Barr, Bus Driver

Steve Hoopingarner

Wigent Excavating

Mike Eckert

Whitley County Korean War Veterans Honor Guard

Gary Bird

Steve Yann

Chuck Beery

Sponsor

Sponsor

Sponsor

Sponsor

Time & Talent

Time & Talent

Time & Talent

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Time & Talent



## THANK YOU

Judd Johnson  
 WANE 15  
 Duane Janssen  
 Shelbi Brown  
 Gini Wright  
 Jane Yohe  
 James Ray  
 Rob Livingston  
 Bernice Gatrell  
 Greg Bollinger  
 Kathy Bollinger

Photography  
 Media Coverage  
 Volunteer  
 Volunteer  
 Volunteer  
 Volunteer  
 Volunteer  
 Volunteer  
 Volunteer  
 Volunteer





# DECEMBER 2025

THE WOODLANDS 260-248-8944  
RESERVATIONS REQUIRED 2 BUSINESS DAYS  
IN ADVANCE. \$7 PER MEAL.

Monday	Tuesday	Wednesday	Thursday	Friday
<b>1</b> 9:00 Line Dancing 10:00 Chair Exercise 11:30 Ham w/Scalloped Potatoes 12:15 Movie 1:00 Mahjong	<b>2</b> 9:00 Euchre 9:00 Bible Study with Cheryl 11:30 Lunch N Learn: by <i>John Johnston from 1st Source Bank</i> Chicken Broccoli Rice Casserole for Pickup and Delivery Only 12:00 Dominoes 12:30 Bible Study w/Bob <b>Dining Rm Closes at 3 pm</b>	<b>3</b> 9:00 Pixie Bingo: Partner, <i>The Waters</i> <b>*Players must bring prizes!</b> 9:00 Line Dancing 10:15 Drumming Class 11:30 Grilled Cheese with Taco Soup 12:30 Hand & Foot Game 12:30 Painting w/Evie	<b>4</b> 10:00 Alzheimer's: Todd presents "Healthy Habits for the Brain and Body" 11:30 Grilled Salmon 12:00 Volunteer Center Project 12:30 Euchre	<b>5</b> 9:00 Euchre 9:00 Line Dancing 10:00 Chair Exercise 11:30 Philly Cheesesteak Sandwich
<b>8</b> 9:00 Line Dancing 10:00 Chair Exercise 11:30 Chicken Cordon Bleu 12:15 Movie	<b>9</b> 9:00 Euchre 9:00 Bible Study with Cheryl 11:30 Cheeseburger 12:00 Dominoes 12:30 Bible Study w/Bob	<b>10</b> 9:00 Line Dancing 10:00 1 on 1 w/Darcy 11:30 Roast Turkey 12:00 Health Class with Darcy: "How Taste & Smell Change As You Age" 12:30 Hand & Foot Game	<b>11 BIRTHDAY WISHES</b> 11:30 BBQ Ribs 12:15 Music by: <i>The Men's Chorus</i> 12:30 Euchre 6:30 Grieving Friends Support Group	<b>12</b> 9:00 Euchre 9:00 Line Dancing 10:00 Chair Exercise 11:30 Smorgasbord
<b>15</b> 9:00 Board Meeting 9:00 Line Dancing 10:00 Chair Exercise 11:30 Cheesy Tuna Noodles 12:15 Movie 1:00 Mahjong <b>Dining Rm Closes at 3 pm</b>	<b>16</b> 9:00 Euchre 9:00 Bible Study with Cheryl 11:30 Honey Mustard Chicken 12:00 Dominoes 12:30 Bible Study w/Bob 1:30 The League	<b>17</b> 9:00 Pixie Bingo: Partner <i>Oberlin Mrktg/Heidi Darley</i> <b>*Players must bring prizes!</b> 9:00 Line Dancing 10:15 Drumming Class 10:45 Blood Pressure Ck 11:30 Lasagna <b>CLOSING AT 1 P.M.</b>	<b>18</b> 11:30 Loaded Ranch Chicken Potato Bake 12:30 Euchre Tourney	<b>19</b> 9:00 Euchre 9:00 Line Dancing 10:00 Chair Exercise 11:30 Grilled Tenderloin 12:15 Entertainment: <i>Patrick Murphy</i>

22	9:00 Line Dancing 10:00 Chair Exercise 11:30 French Toast Casserole 12:15 Movie 12:00 Ugly Sweater Contest	23	9:00 Euchre 9:00 Bible Study with Cheryl 11:30 <b>Christmas Lunch</b> 12:00 Dominoes 12:00 Cookie Exchange and Games 12:30 Bible Study w/Bob	24	  	25	26
29	9:00 Line Dancing 10:00 Chair Exercise 11:30 Bratwurst on Bun 12:15 Movie 1:00 Mahjong	30	9:00 Euchre 9:00 Bible Study with Cheryl 11:30 Chicken Fettuccini Alfredo 12:00 Dominoes 12:30 Bible Study w/Bob	31	9:00 Pixie Bingo: Partner <b>Millers at Oak Pointe</b> <i>*Players must bring prizes!</i> 9:00 Line Dancing 10:00 Chair Exercise 11:30 Sausage Gravy over Biscuit  <b>Closing at 1 p.m.</b>		

\* Take-Out & Delivery: Orders must be placed 2 business days in advance. The meal is \$7. There is a \$2 charge for meal delivery. Please note that shifting of food may occur during delivery; therefore, be cautious when opening the container(s). Evening dinners are not available for delivery.

\* A Garden Salad can be ordered in place of any meal.

\* This menu is subject to change at the discretion of our kitchen staff.

## EQUIPMENT LOAN PROGRAM

### SHORT-TERM LOANER EQUIPMENT

Walkers, canes, crutches, and shower chairs require a \$10 deposit.

Wheelchairs and knee scooters require a \$25 deposit.

\* \* \* \* \*

Incontinence items are also available. Each recipient is allowed one package per month.

## FOOD PROGRAMS

### WEEKEND MEALS

Order as many weekend meals as you like by Wednesday at noon, then pick them up on Friday or have them delivered. Call the Woodlands for more details.

### NON-PERISHABLE FOOD PANTRY

The senior food pantry is available to seniors **50+** who find themselves short on non-perishable grocery items. It can be used as a supplemental food source **one time per month**. Pantry days/hours: Monday and Thursday from 9 am - 11 am & 12 pm - 3 pm.

### WOODLANDS FOOD SHARE PROGRAM

Seniors living on a limited income and in need of additional food items on an ongoing basis can apply for a supplemental food program. The program provides a 10 to 15 lb bag of shelf stable food items **one time per month**. Call the Woodlands for more details.

## PET FOOD

### PET PANTRY

Dog and cat food is available for pick up **once per month**. The Pet Food Pantry days/hours are Monday and Thursday from 9 am - 11 am & 12 pm - 3 pm. ***Pet food is available dependent on supply.***





## **HAIR CARE**

### **Haircuts & Eyebrow Waxing by Lyndah**

Call 248-8944 x5 for more information.

Haircut \$10  
Cut w/style \$11  
Men's Haircuts \$5  
Eyebrow Waxing \$5

## **NAIL CARE**

### **Manicures by Lyndah**

Call 248-8944 x5 for more information.

Filing \$3  
Polish \$5  
Filing & Polish \$8  
*Please bring your own nail polish.*

## **FOOT CARE**

### **Foot Care & Reflexology by Toni Mowery, LPN**

Call 248-8944 x5 for more information.

*\* Please bring a wash basin & large bath towel. \**



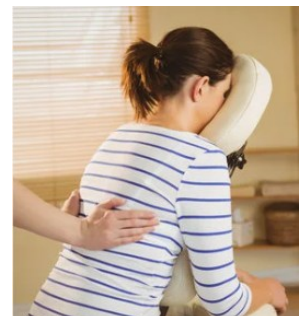
## **MASSAGE**

### **Massage by Annette Bear, LMT**

15-minute chair massage for \$15

Call 248-8944 x5 for more information.

*\*All equipment will be sanitized prior to each appointment time.\**



## DONATION



### DONATION FORM

☐ \$200    ☐ \$100    ☐ \$50    ☐ \$25    ☐ Other: \_\_\_\_\_

Name: \_\_\_\_\_

Address: \_\_\_\_\_

City: \_\_\_\_\_ State: \_\_\_\_\_ Zip: \_\_\_\_\_

Phone: \_\_\_\_\_ Email (optional): \_\_\_\_\_

Please attribute my donation to:

\_\_\_ Activities

\_\_\_ General Fund

\_\_\_ Newsletter

\_\_\_ Nutrition

\_\_\_ Outdoor Living Park

\_\_\_ Woodlands Food Share

*We thank you for your donation! All donations made to the WCCOA are tax deductible.*

## CASH BONANZA FUNDRAISER

**Cash Bonanza Books**  
now available at  
**The Woodlands!**

**\$64.95** each

Coupons are valid through 10/30/26

**Help support  
the Woodlands;  
buy your book  
before they're  
sold out!**



**VALENTINE FUNDRAISER****Woodlands Valentine Sweet Treat Boxes!!**

Each beautifully wrapped box is \$13 and will contain four desserts: Turtle Brownie, Chocolate Ganache, Cheesecake w/Raspberry Sauce, and Lemon Coconut Bar.

These sweet treats will be available for pick-up at the Woodlands on the following days:

Thursday, February 12 from 1 pm - 4 pm

Friday, February 13 from 10 am - 1 pm

Delivery is available only on Thursday, February 12 and only to locations within Columbia City limits. Delivery is FREE!

Complete and mail the order form below along with your payment to: The Woodlands  
710 Opportunity Drive  
Columbia City IN 46725

Orders must be received by Monday, February 2. All orders must be prepaid. Quantities are limited! For additional information, please call the Woodlands at 260-248-8944.

\*\*\*\*\*

**Purchaser Name:** \_\_\_\_\_ **Phone:** \_\_\_\_\_

**Number of Boxes:** \_\_\_\_\_ **Pick Up Date:** ☐ February 12 ☐ February 13

**Delivery Information:**

**Recipient Name:** \_\_\_\_\_ **Phone:** \_\_\_\_\_

**Recipient Address:** \_\_\_\_\_

**Tag Names** **To:** \_\_\_\_\_ **From:** \_\_\_\_\_

**Delivery Date:** **February 12** *Please use reverse side for additional deliveries.*

\*\*\*\*\*

**Number of boxes:** \_\_\_\_\_ **x \$13 =** \_\_\_\_\_ ☐ Cash ☐ Check

**VALENTINE FUNDRAISER****Delivery Information:**

Recipient Name: \_\_\_\_\_ Phone: \_\_\_\_\_

Recipient Address: \_\_\_\_\_

Tag Names To: \_\_\_\_\_ From: \_\_\_\_\_

**Delivery Information:**

Recipient Name: \_\_\_\_\_ Phone: \_\_\_\_\_

Recipient Address: \_\_\_\_\_

Tag Names To: \_\_\_\_\_ From: \_\_\_\_\_

**Delivery Information:**

Recipient Name: \_\_\_\_\_ Phone: \_\_\_\_\_

Recipient Address: \_\_\_\_\_

Tag Names To: \_\_\_\_\_ From: \_\_\_\_\_

**Delivery Information:**

Recipient Name: \_\_\_\_\_ Phone: \_\_\_\_\_

Recipient Address: \_\_\_\_\_

Tag Names To: \_\_\_\_\_ From: \_\_\_\_\_

**Delivery Information:**

Recipient Name: \_\_\_\_\_ Phone: \_\_\_\_\_

Recipient Address: \_\_\_\_\_

Tag Names To: \_\_\_\_\_ From: \_\_\_\_\_



## ADVERTISEMENTS

 **PARKVIEW**  
HOSPICE



260-373-9800



[https://www.parkview.com/  
medical-services/hospice-care](https://www.parkview.com/medical-services/hospice-care)



1900 Carew Street, 46805



*Advertise with us! Please call the Woodlands for more information, 260-248-8944.*

## Volunteer with SHIP and help others with THEIR Medicare questions!



**SHIP**

State Health Insurance  
Assistance Program

Navigating Medicare

**We need YOU to help your neighbors in Whitley County!**

SHIP is driven by highly trained, certified volunteers who are committed to helping people with Medicare determine the best health insurance choices for their individual situations and to understand their Medicare benefits and options: Medicare Advantage, Medicare Supplement Plans, Part D drug coverage, long term care options, and financial assistance programs.

**Learn more at**  
[www.in.gov/ship/become-a-ship-volunteer](http://www.in.gov/ship/become-a-ship-volunteer)  
or call **(800) 452-4800.**



Whitley County  
Council on Aging

## Convenient Care. Just for You.



### Mental and physical health care in a single visit.

New name, same compassionate commitment to you. At Bowen Health, we offer combined services at our locations. So, you can get mental health care, medical health care, addiction recovery support and life skills coaching all under one roof. Our warm, friendly care team is ready to welcome you in, regardless of your ability to pay. Come see us or schedule an online video appointment and get the care you need today.



Make your appointment.  
800-342-5653  
[BowenHealth.org](https://BowenHealth.org)



Mind. Body. Bowen.



## CCHS SPORTS SCHEDULE



### BOYS WRESTLING

Date	Time	Event
Wed 11/12/2025	7:00 pm	CANCELED - John Glenn High School
Wed 11/19/2025	6:00 pm	Prairie Heights
Thu 11/20/2025	6:00 pm	Jay Co. (JV Boys and Girls Only) (Jay Co.)
Sat 11/22/2025	9:00 am	West Noble Invitational (JV) (East Noble, West Noble)
Sat 11/29/2025	9:00 am	Homestead Super Duals (Yorktown, Homestead, Central)
Wed 12/3/2025	6:30 pm	Churubusco
Sat 12/6/2025	9:00 am	DeKalb Invitational (JV Only) (Prairie Heights, Carroll High School)
Fri 12/12/2025	6:00 pm	NEB Duals (Varsity Only)
Sat 12/13/2025	9:00 am	NEB Duals (Varsity Only)
Thu 12/18/2025	6:30 pm	
Sat 12/20/2025		
Mon 12/29/2025		



Listen for  
updates with  
**91.5FM** and at  
**wjhs915.org**

Watch these on  
**Youtube**  
**@WJHS Studios**  
too.



### GIRLS VOLLEYBALL

Date	Time	Event
Mon 9/22/2025	6:00 pm	Blackhawk Christian
Tue 9/23/2025	6:00 pm	Norwell
Thu 9/25/2025	6:00 pm	New Haven
Sat 9/27/2025	9:00 am	Leo Invitational (JV Only)
Mon 9/29/2025	6:00 pm	Heritage Jr-Sr High School (Heritage)
Tue 9/30/2025	6:00 pm	DeKalb
Thu 10/2/2025	6:00 pm	East Noble
Tue 10/7/2025	6:00 pm	Leo (Leo High School)
Thu 10/9/2025	6:00 pm	Bellmont
Thu 10/16/2025	6:00 pm	IHSAA Sectional
Sat 10/18/2025	11:00 am	IHSAA Sectional vs. TBD
Sat 10/18/2025	6:00 pm	IHSAA Sectional vs. TBD

### EAGLES FOOTBALL



Date	Time	Event
Fri 8/22/2025	7:00 pm	NorthWood
Fri 8/29/2025	7:00 pm	Plymouth
Fri 9/5/2025	7:00 pm	Bellmont
Fri 9/12/2025	7:00 pm	Huntington North
Fri 9/19/2025	7:00 pm	DeKalb
Fri 9/26/2025	7:00 pm	New Haven
Fri 10/3/2025	7:00 pm	East Noble
Fri 10/10/2025	7:00 pm	Leo (Leo High School)
Fri 10/17/2025	7:00 pm	Norwell
Fri 10/24/2025	7:00 pm	IHSAA Sectional
Fri 10/31/2025	7:00 pm	IHSAA Sectional (Mississinewa)
Fri 11/7/2025	7:00 pm	IHSAA Sectional (Leo High School)
Fri 11/14/2025	7:30 pm	IHSAA Regional (Kokomo High School)
Fri 11/21/2025	7:00 pm	IHSAA Semi State
Fri 11/28/2025	TBD	IHSAA State



Look for Eagles Baseball & Softball  
schedules in the upcoming edition.

Streams from WJHS Studios are  
proudly made by students.



Home



Away



**WHITLEY COUNTY COUNCIL ON AGING INC.**  
710 N Opportunity Drive  
Columbia City, IN 46725

NON-PROFIT ORGANIZATION  
U.S. POSTAGE PAID  
COLUMBIA CITY, IN 46725  
(PERMIT NO. 263)



***"YOUR BEST LOCAL RESOURCE FOR SENIOR SERVICES"***

**Thank you WCCOA Sponsors!**

Cedar Creek Assisted Living, Warsaw

Home Instead

Miller's - Oak Pointe

Oberlin Marketing - Heidi Darley

Seasons Home Care

Stillwater Hospice

The Waters

