



the SENIOR CALLER

WOODLANDS SENIOR ACTIVITY CENTER

Sweet February

FEBRUARY 2025

VOL. 52 - ISSUE 2



710 N. Opportunity Dr. - Columbia City, IN 46725
Office Hours: Mon-Thu 8 am - 4 pm / Fri 8 am - 1 pm
260-248-8944 1-800-290-1697
TTY Relay 800-743-3333

www.whitleycountycouncilonaging.org



Woodlands Senior Activity Center



[the.woodlands.wcoa](https://www.instagram.com/the.woodlands.wcoa)

OUR MISSION

To enable the senior citizens of Whitley County to live confident, dignified, independent and productive lives through education, programs and services.

OUR SERVICES

- * Transportation
- * Weekday Lunches
- * Home Delivered Meals
- * Lending Library
- * Information & Referral
- * Food Share Programs
- * Annual Senior Fair
- * Senior Caller Newsletter
- * Tax Assistance (Feb-Apr)
- * Social Gatherings & Entertainment
- * Medical Equipment Loan Program
- * Incontinence Items
- * Health Programs/Exercise
- * Educational/Informational Programs
- * Non-Perishable Food Pantry & Bread Pantry
- * Pet Food Pantry
- * Woodland Trips

TITLE VI NOTICE TO THE PUBLIC: All programs and services are provided without regard to race, color, or national origin in accordance with Title VI of the Civil Rights Act. Any person who believes she or he has been aggrieved by any unlawful discriminatory practice under Title VI may file a complaint with WCCOA.

OUR PEOPLE

CORPORATION OFFICERS

Thor Hodges/President (260-229-1284)
Larry Barr/Vice President (260-229-5945)

Duane Janssen/Treasurer (727-687-7958)
Jane Yohe/Secretary (260-248-8373)

BOARD MEMBERS

Larry Barr	(260-229-5945)	Paula Langeloh	(260-248-7848)
Shelbi Brown	(260-610-8020)	Marlin Leininger	(260-466-5231)
Clay Geiger	(260-609-9032)	Connie Reimer	(260-248-2826)
Dr. Christopher Grindrod	(260-481-6455)	Joan Western	(260-229-9902)
Thor Hodges	(260-229-1284)	Virginia Wright	(260-609-5249)
Duane Janssen	(727-687-7958)	Steve Yann	(260-449-1663)
Sandy Kyler	(260-229-1760)	Jane Yohe	(260-248-8373)

STAFF DIRECTORY

Leslie Blakley	Executive Director	ext 3
Nancy Bledsoe	Office Manager	ext 4
Sheila Troyer/Manager, Debbie	Nutrition	ext 2
Nancy Lou Zummack	Activities Manager	ext 9
Bernie King/Manager, Kim, Sarah	Transportation	ext 1
Gabby, Rose, Sharon, Samara	Reception	ext 5

CONTACT US

Call **248-8944** for a ride! Toll Free: 1-800-290-1697

Hours: 7am - 5pm Monday - Friday. **A 48 hour notice (prior to 1 pm) is necessary.**

Senior Transportation Services are funded in part through Title III of the Older Americans Act and Social Service Block Grants distributed through Aging and In-Home Services of Northeast Indiana. We are a Medicaid transit provider.

INFORMATION WE NEED

Who: Name, address, phone number, birthday, any disabilities, and if the client has Medicaid.

When: Appointment date and time.

Where: Destination, including address.

Contact/Billing Information: Name and address of the responsible parties.

PRICING

Distance	Fees - One Way	Fees - Round Trip
1-4 miles	\$6	\$12
5-10 miles	\$8	\$16
11-15 miles	\$12	\$24
16-25 miles	\$15	\$30
Over 25 miles	\$17	\$34
Out of County	\$29	\$58



Stated mileage are for trips made within Whitley County.

- * Children under 12 ride free with an adult. Adults must provide car seats when necessary.
- * Veterans - \$20 Round Trip for trips outside of Whitley County.
- * Working Seniors 60+ - public rates apply.
- * Seniors 60+ - donation only; service is not denied to anyone who is not able to donate.

Exact payment is required. For your convenience, you may buy Transit Punch Cards for \$40 per card (a \$45 value).

CLIENTS MUST BE READY 15 MINUTES PRIOR TO SCHEDULED PICK-UP TIME

All vans are sanitized throughout the day for your safety.

WINTER READING

The cold and snowy time of year has arrived! What better way is there to spend a cold, snowy day at home than to read a few good books?

For the wintery months of January and February, we encourage you to select books from our library and read them in the warmth and comfort of your home, and we'll even give you a prize for doing it!

- *Read 3 books and receive a special bookmark.
- *Read 10 books and get hot cocoa mix.
- *Read 25 books and get your choice of cheese or peanut butter crackers.

You must complete a Synopsis Form to qualify for prizes. Please see Nancy Lou in the Activities Department for the forms and more information.

Good only during January & February 2025. All forms must be turned in by February 28, 2025 to qualify.

VOLUNTEERS NEEDED

We are currently seeking volunteers to deliver hot meals to homebound seniors.

If you have free time, a vehicle, and a desire to give of yourself, then please join us in making a difference in the lives of Whitley County seniors one meal at a time!

For information, call Gabby at 260-248-8944 x5.

CRAFT & CHAT: VALENTINE'S

Thursday, February 6 & 13 @ 9 a.m.

Come make your own Valentine's during Craft & Chat! This is a great opportunity to show your appreciation for a fellow participant and/or our staff. Supplies are provided!

Give your finished Valentine's to Nancy Lou in Activities and she'll distribute them on Valentine's Day!

CYCLE OF LIFE CHAT WITH A LUNCH & LEARN

Monday, February 3

11:30 a.m. Join us for lunch while P.C. from the Fort Wayne YWCA presents “Family Violence in Later Life”.

12:00 p.m. We’ll have an extensive discussion regarding the Lunch & Learn, and PC will be available to answer questions.

Is someone...

- Controlling what you and/or who you see?
- Keeping you from going places?
- Threatening to “leave you”
- Telling you they will put you in a nursing home?
- Mentally and/or physically abusing you?
- Stealing money from you?
- Hurting your pets?

If this is happening to you or someone you know, we urge you to attend this session.

HEALTH & WELLNESS WITH DARCY

Wednesday, February 12 @ 11 a.m.

Topic: “Heart Health”

One-on-One Sessions: Friday, February 28 @ 10 a.m.

Book a confidential one-on-one session with Darcy to talk about personal, medical, or mental health issues!



AMERICAN HEART ASSOCIATION

Thursday, February 20 @ 11 a.m.

Come join Ashlee Plew from the American Heart Association as she presents “Salt and Cardiovascular Risk”.

Ashlee will join us for a new presentation every month.

BINGO & TENDERLOIN NIGHT

Thursday, February 27

Bingo @ 4 p.m. [Remember to bring Bingo Prizes](#)

Tenderloins @ 5 p.m.— **\$10** per person

*** RESERVATIONS REQUIRED ***

IMPORTANT REMINDER**Friends of The Woodlands**

Please remember that we are no longer selling Lunch Punch & Delivery Cards. This method of prepaying for meals and deliveries has been replaced with a Digital Wallet, which is part of our new senior center software program.

For those who have previously asked us to handle their Lunch and Delivery cards in-house, the process will not change. You will continue to prepay as you normally do, and we will take care of the rest.

For those who keep their Lunch and Delivery cards for us to “punch”, you will no longer receive physical cards; just prepay as you normally do, and we will take care of the rest.

Please know that you still have the option to pay daily if you choose not to continue with prepaying for meals and delivery.

If you have any questions, you may contact Gabby at 260-248-8944 x5.

IMPORTANT NUMBERS

FSSA/WC Division of Family Resources: 800-403-0864 545 N line St., Columbia City

SHIP (State Health Insurance Assistance Program): 800-452-4800

Social Security Administration: 877-223-6061 2122 Lincolnway Ct., Ft. Wayne

Whitley County Health Department: 260-248-3121

TRAVEL SHOW

WOODLAND TRIPS

A 2025 Preview

Friday, February 28 @ 1 p.m.



Whitley County
Council on Aging

Are you ready to get back on the road?

**Join Nancy Lou as she discusses
all of the trips scheduled for
2025!**



Photo courtesy of: www.turkeyville.com



Photo courtesy of: www.canva.com



Photo courtesy of: www.tripadvisor.com

Let the fun begin!

710 Opportunity Dr. Columbia City 260-248-8944 x9

FEBRUARY 2025

THE WOODLANDS 260-248-8944

RESERVATIONS REQUIRED 2 BUSINESS DAYS

IN ADVANCE. \$7 PER MEAL.



Monday	Tuesday	Wednesday	Thursday	Friday
3 9:00 Line Dancing 10:00 Chair Exercise 11:30 Bratwurst on Bun 11:30 Cycle of Life Chat: <i>Lunch & Learn</i> 12:00 Cycle of Life Chat: <i>Lunch & Learn</i> <i>Discussion</i>	4 9:00 Euchre 9:00 Bible Study with Cheryl 11:30 Beef Bolognese over Linguine 12:00 Dominoes 12:15 Movie 1:00 Bible Study w/Bob	5 9:00 Line Dancing 9:00 Pixie Bingo: Partner, <i>The Waters</i> <i>*Players must bring prizes!</i> 10:00 Exercise w/Brittney 11:30 BBQ Chicken 12:30 Hand & Foot Game 12:30 Painting w/Evie	6 9:00 Craft & Chat 10:00 Alzheimer's 11:30 Baked Fish 12:30 Euchre	7 9:00 Euchre 9:00 Line Dancing 10:00 Chair Exercise 11:30 Ham w/Scalloped Potatoes
10 9:00 Line Dancing 10:00 Chair Exercise 11:30 Sausage Gravy over Biscuit 1:00 Mahjong	11 9:00 Euchre 9:00 Bible Study with Cheryl 11:30 Vegetable Lasagna 12:00 Dominoes 1:00 Bible Study w/Bob	12 9:00 Line Dancing 10:00 Chair Exercise 10:45 Blood Pressure Ck 11:30 Layered Salad 12:00 Health Class with Darcy 12:30 Hand & Foot Game	13 9:00 Craft & Chat 11:30 Turkey Tetrazini 12:30 Euchre 6:30 Grieving Friends Support Group	14 9:00 Euchre 9:00 Line Dancing 10:00 Chair Exercise 11:30 Chili Dog 12:15 Music by CODA
17 BONUS MOVIE DAY 9:00 Board Meeting 9:00 Line Dancing 10:00 Chair Exercise 11:30 Breaded Fish Sandwich 12:15 Movie	18 9:00 Euchre 9:00 Bible Study with Cheryl 11:30 Lemon Herb Chicken 12:00 Dominoes 1:00 Bible Study w/Bob 1:30 The League	19 9:00 Line Dancing 9:00 Pixie Bingo: Partner, <i>Oberlin Mrktg/Heidi Darley</i> <i>*Players must bring prizes!</i> 10:00 Chair Exercise 11:30 Stuffed Cabbage Roll 12:30 Hand & Foot Game	20 BIRTHDAY WISHES 9:00 Craft & Chat 11:00 American Heart Association 11:30 Cube Steak w/Beef Gravy, Mushrooms 12:30 Euchre Tourney	21 9:00 Euchre 9:00 Line Dancing 10:00 Chair Exercise 11:30 Breakfast Casserole

24 9:00 Line Dancing 10:00 Chair Exercise 11:30 Loaded Baked Potato 12:00 Creative Writing 1:00 Mahjong	25 9:00 Euchre 9:00 Bible Study with Cheryl 11:30 Swiss Steak 12:00 Dominoes 1:00 Bible Study w/Bob	26 9:00 Line Dancing 10:00 Chair Exercise 11:30 BBQ Ribs 12:15 Miller's Crafts 12:30 Hand & Foot Game	27 9:00 Craft & Chat 11:30 Ham & Beans with Cornbread 12:30 Euchre 4:00 Bingo: Partner, <i>Stillwater Hospice</i> <i>*Players must bring prizes!</i> 5:00 Tenderloins	28 9:00 Euchre 9:00 Line Dancing 10:00 Chair Exercise 10:00 1 on 1 w/Darcy 11:30 Grilled Cheese & Lentil Soup 1:00 Travel Show
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MARCH

3 11:30 Cheesy Tuna Noodles	4 11:30 Cheeseburger	5 11:30 Loaded Ranch Chicken Potato Bake	6 11:30 Beef Taco Casserole	7 11:30 Chicken Tenders
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* Take-Out & Delivery: Orders must be placed 2 business days in advance. The meal is \$7. There is a \$2 charge for each meal delivery. Please note that shifting of food may occur during delivery; therefore, be cautious when opening the container(s).

* Evening dinners are not available for delivery.

* A Garden Salad can be ordered in place of any meal.

* This menu is subject to change at the discretion of our kitchen staff.

WOODLAND TRIPS 2025

April 7, 2025: DeBrand Chocolate Factory (Ft. Wayne). We will have a great tour of the DeBrand Chocolate Factory and eat lunch at the Lucky Turtle Grille/Lucky Moose Lounge; but first, we'll stop at Rise 'N Roll for breakfast! Weather permitting, we will also explore Salomon Farm and see the animals in the afternoon. The cost is **\$60**, which includes transportation on a Transit bus, the DeBrand Chocolate Factory tour, entrance to Salomon Farm, plus snacks with water and juice on the bus. The cost of breakfast and lunch **are not** included.

April 10, 2025: Four Winds Casino (South Bend). Try your luck at Four Winds! The cost is **\$35**, which includes transportation on a Transit bus, snacks, water and juice.

May 8, 2025: "Nunsense" at Cornwell's Turkeyville (Marshall, MI). *"Nunsense is habit-forming! The Little Sisters of Hoboken are in dire need of emergency funds after a culinary disaster nearly wipes out the convent. The nuns pull out all the stops in a fundraising variety show featuring tap dancing, habit humor, an audience quiz and a special appearance by convent cook, Sister Julia, Child of God. The clever story has an unabashed desire to make you laugh. With songs and comic interludes paced at break-neck speed, it's a must-see musical adventure!"* (<https://www.tix.com/ticket-sales/cornwell's%20dinner%20theatre/6562/event/1397994>). The cost is **\$145**, which includes transportation, turkey buffet and show, plus snacks with water and juice on the bus.

June 17, 2025: Ride the Dixie! (North Webster). We will have a 1 ¼ hour ride on the Dixie followed by lunch at the Boathouse Restaurant then dessert at the ice cream parlor. You'll have time to wander around Winona Village or work on a ceramic/glass piece of art. Trip cost will be determined by the number of people who want to go and the size of the bus.

June 25, 2025: Stones Trace & Annie Oakley Perfumery (Ligonier). Our first stop will be the historic site of Stones Trace where we'll have a tour of the grounds, then we'll head to Fashion Farm for lunch and explore their flower shop. The finale will be a tour of Annie Oakley Perfumery! The cost is **\$60**, which includes transportation on a Transit bus, plus snacks with water and juice on the bus. The cost of lunch **is not** included.

July 2025: Quilt Gardens & Murals along the Heritage Trail (Elkhart County). Join me on this bus tour of beautiful quilt gardens and murals! Along the way, we'll stop at Das Dutchman Essenhaus for a hearty meal before wrapping up the tour. The date will be determined by location of gardens. Cost and details to come!

WOODLAND TRIPS 2025

August 28, 2025: “The Play That Goes Wrong” at La Comedia Dinner Theatre (Springboro, OH). This is a brilliant, must-see show “...where things are quickly going from bad to utterly disastrous. With an unconscious leading lady, a corpse that can’t play dead, and actors who trip over everything (including their lines), this hilarious show within a show is Broadway’s funniest smash hit!” (<https://boxoffice.lacomedia.com/Online/default.asp>). The cost is **\$150**, which includes transportation, buffet lunch and show, plus snacks with water and juice on the bus.

September 17, 2025: Midwest Museum of Art & Wellfield Botanic Gardens (Elkhart). Our day will begin by discovering the beauty of American art at the Museum, followed by lunch at North Garden Chinese Buffet. Afterwards, we will have a guided tour of the Wellfield Botanic Gardens. The cost is **\$140**, which includes admission to the museum, lunch at North Garden Chinese Buffet, a guided tour of the Wellfield Gardens, transportation, plus snacks with water and juice on the bus.

October 8, 2025: “Heartbreak Hotel” at Beef & Boards Dinner Theatre (Indianapolis). “This prequel to Million Dollar Quartet follows the tender story of Elvis Presley in his youth and the moments of his life that led him to become ‘The King of Rock and Roll’” (https://beefandboards.com/Online/default.asp?doWork::WScontent::loadArticle=Load&BOparam::WScontent::loadArticle::article_id=E544C99D-CD32-4DEC-B881-6AF87DC2444F&menu_id=9CA614E0-ACDA-48D4-82BD-6A9701390C27). Prior to the show, we’ll enjoy their buffet lunch! The cost is **\$160**, which includes transportation, buffet lunch, the show, snacks with water and juice on the bus.

November 12, 2025: “The Naughty List” at Cornwell’s Turkeyville (Marshall, MI). “Sparkles the Elf dances like a snowflake and has the voice of a snow angel, and she is always the star of the annual Christmas Pageant at Santa’s Workshop. But when a new and talented elf comes onto the scene and threatens to steal the spotlight, Sparkles is overwhelmed with feelings of jealousy that threaten to land her on... the Naughty List!” (<https://www.tix.com/ticket-sales/cornwell's%20dinner%20theatre/6562/event/1398425>). Cost is **\$145**, which includes transportation, turkey buffet and show, plus snacks with water and juice on the bus.

December 2025: “Yuletide Celebration” (Indianapolis). Presented by the Indianapolis Symphony Orchestra at the Hilbert Circle Theatre, this lavish production of music and dance will fill us with wonder, joy, and the holiday spirit; the perfect way to crown another glorious year! A date will be chosen when the tickets go on sale in mid-August.



EQUIPMENT LOAN PROGRAM

SHORT-TERM LOANER EQUIPMENT

Walkers, canes, crutches, and shower chairs require a \$10 deposit.

Wheelchairs and knee scooters require a \$25 deposit.

* * * * *

Incontinence items are also available. Each recipient is allowed one package per month.

FOOD PROGRAMS

WEEKEND MEALS

Order as many weekend meals as you like by Wednesday at noon, then pick them up on Friday or have them delivered. Call the Woodlands for more details.

NON-PERISHABLE FOOD PANTRY

The senior food pantry is available to seniors **50+** who find themselves short on non-perishable grocery items. It can be used as a supplemental food source **one time per month**. Pantry hours are Monday, Tuesday, Thursday 9 am - 10:30 am & 1 pm - 2 pm.

***Bread is available dependent on supply.*

WOODLANDS FOOD SHARE PROGRAM

Seniors living on a limited income and in need of additional food items on an ongoing basis can apply for a supplemental food program. The program provides a 10 to 15 lb bag of shelf stable food items **one time per month**. Call the Woodlands for more details.

PET FOOD

PET PANTRY

Dog and cat food is available for pick up **once per month**. The Pet Food Pantry hours are Monday, Tuesday, Thursday 9 am - 10:30 am & 1 pm - 2 pm. ***Pet food is available dependent on supply.***



HAIR CARE**Haircuts & Eyebrow Waxing by Lyndah****Wednesday, February 12**

Call 248-8944 x5 for your appointment.

Haircut \$10
 Cut w/style \$11
 Men's Haircuts \$5
 Eyebrow Waxing \$5

FOOT CARE**Foot Care & Reflexology by Toni Mowery, LPN****Monday, February 17****Tuesday, February 18**

\$35 ~ Call 248-8944 x5 for your appointment.

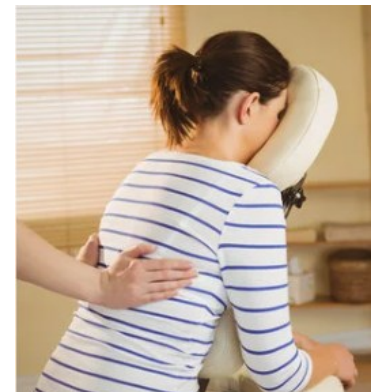
**** Please bring a wash basin & large bath towel. ******NAIL CARE****Manicures by Lyndah****Wednesday, February 19**

Call 248-8944 x5 for your appointment.

Filing \$3
 Polish \$5
 Filing & Polish \$8
Please bring your own nail polish.

MASSAGE**Massage by Annette Bear, LMT****Thursday, February 27**Annette Bear, LMT of *Relaxing Roots Massage*, will be providing 15-minute chair massages once a month beginning in January!

\$15 ~ Call 248-8944 x5 for your appointment.

****All equipment will be sanitized prior to each appointment time.****

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Mind. Body. Bowen.

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260-248-8944

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The Waters

