



the SENIOR CALLER

WOODLANDS SENIOR ACTIVITY CENTER



— 9 —
JULY
2025

VOL. 52 - ISSUE 7

— 9 —

710 N. Opportunity Dr. - Columbia City, IN 46725
Office Hours: Mon-Thu 8 am - 4 pm / Fri 8 am - 1 pm
260-248-8944 1-800-290-1697
TTY Relay 800-743-3333

www.whitleycountycouncilonaging.org



Woodlands Senior Activity Center



[the.woodlands.wcco](https://www.instagram.com/the.woodlands.wcco)

OUR MISSION

To enable the senior citizens of Whitley County to live confident, dignified, independent and productive lives through education, programs and services.

OUR SERVICES

- | | | |
|--------------------------|-------------------------------------|---|
| * Transportation | * Senior Caller Newsletter | * Health Programs/Exercise |
| * Weekday Lunches | * Tax Assistance (Feb-Apr) | * Educational/Informational Programs |
| * Home Delivered Meals | * Social Gatherings & Entertainment | * Non-Perishable Food Pantry & Bread Pantry |
| * Lending Library | * Medical Equipment Loan Program | * Pet Food Pantry |
| * Information & Referral | * Incontinence Items | * Woodland Trips |
| * Food Share Programs | | |
| * Annual Senior Fair | | |

TITLE VI NOTICE TO THE PUBLIC: All programs and services are provided without regard to race, color, or national origin in accordance with Title VI of the Civil Rights Act. Any person who believes she or he has been aggrieved by any unlawful discriminatory practice under Title VI may file a complaint with WCCOA.

OUR PEOPLE

CORPORATION OFFICERS

Thor Hodges/President	(260-229-1284)	Duane Janssen/Treasurer	(727-687-7958)
Larry Barr/Vice President	(260-229-5945)	Shelbi Brown/Secretary	(260-610-8020)

BOARD MEMBERS

Larry Barr	(260-229-5945)	Paula Langeloh	(260-248-7848)
Shelbi Brown	(260-610-8020)	Marlin Leininger	(260-466-5231)
Clay Geiger	(260-609-9032)	Connie Reimer	(260-248-2826)
Dr. Christopher Grindrod	(260-481-6455)	Joan Western	(260-229-9902)
Thor Hodges	(260-229-1284)	Virginia Wright	(260-609-5249)
Duane Janssen	(727-687-7958)	Steve Yann	(260-449-1663)
Sandy Kyler	(260-229-1760)	Jane Yohe	(260-248-8373)

STAFF DIRECTORY

Jim Johnson	Executive Director	ext 3
Nancy Bledsoe	Office Manager	ext 4
Sheila Troyer/Manager, Debbie	Nutrition	ext 2
Bernie King/Manager, Kim, Sarah	Transportation	ext 1
Gabby, Rose, Sharon	Reception	ext 5
Activities	Reception	ext 5

CONTACT US

Call 248-8944 for a ride! Toll Free: 1-800-290-1697

Hours: 7am - 5pm Monday - Friday. **A 48 hour notice (prior to 1 pm) is necessary.**

Senior Transportation Services are funded in part through Title III of the Older Americans Act and Social Service Block Grants distributed through Aging and In-Home Services of Northeast Indiana. We are a Medicaid transit provider.

INFORMATION WE NEED

Who: Name, address, phone number, birthday, any disabilities, and if the client has Medicaid.

When: Appointment date and time.

Where: Destination, including address.

Contact/Billing Information: Name and address of the responsible parties.

PRICING

Distance	Fees - One Way	Fees - Round Trip
1-4 miles	\$6	\$12
5-10 miles	\$8	\$16
11-15 miles	\$12	\$24
16-25 miles	\$15	\$30
Over 25 miles	\$17	\$34
Out of County	\$29	\$58



Stated mileage are for trips made within Whitley County.

- * Children under 12 ride free with an adult. Adults must provide car seats when necessary.
- * Veterans - \$20 Round Trip for trips outside of Whitley County.
- * Working Seniors 60+ - public rates apply.
- * Seniors 60+ - donation only; service is not denied to anyone who is not able to donate.

Exact payment is required. For your convenience, you may buy Transit Punch Cards for \$40 per card (a \$45 value).

CLIENTS MUST BE READY 15 MINUTES PRIOR TO SCHEDULED PICK-UP TIME

All vans are sanitized throughout the day for your safety.

WOODLAND TRIPS HIGHLIGHT

HEARTBREAK HOTEL



“This prequel to Million Dollar Quartet follows the tender story of Elvis Presley in his youth and the moments of his life that led him to become ‘The King of Rock and Roll.’ ”

(https://beefandboards.com/Online/default.asp?doWork::WScontent::loadArticle=Load&BOParam::WScontent::loadArticle::article_id=E544C99D-CD32-4DEC-B881-6AF87DC2444F&menu_id=9CA614E0-ACDA-48D4-82BD-6A9701390C27)

October 8, 2025
Beef & Boards in Indianapolis

Cost: \$160

(includes transportation, buffet lunch & show, snacks & drinks)

First payment of \$60 is due by August 22 to reserve your spot. Balance of \$100 is due by September 5.

Register at The Woodlands

CAR SHOW



WOODLANDS CLASSIC CAR & MOTORCYCLE SHOW



SATURDAY, AUGUST 9, 2025

11 AM - 2 PM

710 N OPPORTUNITY DR - COLUMBIA CITY

Calling all classic car and motorcycle enthusiasts! Join us for this celebration of automotive heritage where classic cars and motorcycles take center stage.

CAR/MOTORCYCLE ENTRY FEE: \$15

MUSIC BY DJ TOM FROMM

FOOD & DRINKS AVAILABLE FOR PURCHASE

**Prizes
Awarded!**

For additional information call 260-248-8944

SENIOR FAIR

THE WOODLANDS

SENIOR HEALTH FAIR

**2025**

Friday

SEPTEMBER 19

10 a.m. - 1 p.m.

4H CENTER680 W. Squawbuck Rd.
Columbia City, IN 46725

Free Admission & Parking
Free Lunch & Ice Cream
Free Blood Pressure Checks
Immunizations

***bring your Insurance Cards*

Vendor Booths w/Giveaways

Door Prizes

*2025 Senior Fair
Sponsor!*

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Financial Associate

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Fort Wayne, IN

www.whitleycountycouncilonaging.org

SENIOR GAMES

Whitley County Senior Games

SEPT
22-26



Prepare for a week filled with fun, games, and excitement at our 4th Annual Senior Games! Join one or all events for just \$20, which includes a T-shirt. Prizes will be awarded during the Closing Ceremony. *Don't miss out, there's lots of fun for all!*



\$20 Registration Fee due by September 19th.
Shirts available for pickup on September 22nd.
No refunds.

Thank you to our hosts!



Seeking additional sponsors!



All Events will take place at The Woodlands!

September 22nd

- ☐ Skee Ball @ 10 AM
- ☐ Pop-A-Shot Basketball @ 11 AM
- ☐ Frisbee Golf @ 12 PM

September 23rd

- ☐ Jigsaw Speed Contest @ 11 AM
- ☐ Bait Casting Contest @ 12:30 PM
- ☐ Corn Hole Contest @ 1:30 PM

September 24th

- ☐ Dominoes @ 11 AM
- ☐ Scooter Race @ 12:30 PM

September 25th

- ☐ Euchre @ 11 AM
- ☐ Horseshoes @ 12:30 PM

September 26th

- ☐ Match that Baby Photo Contest @ 12 PM
- ☐ Closing Ceremony @ 1 PM

SENIOR GAMES

Whitley County

Senior Games

SEPT
22 - 26

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Skee Ball @ 10 AM
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No refunds.



Release of Liability, Assumption of Risk, and Indemnity Agreement

IN CONSIDERATION of being permitted to participate in any way in any WHITLEY COUNTY SENIOR GAMES activity ("ACTIVITY") at any time during the current calendar year I, for myself, for my personal representatives, assigns heirs, and next of kin:

1. ACKNOWLEDGE, agree and represent that I understand the nature of WHITLEY COUNTY SENIOR GAMES Activities and that I am qualified, in good health, and in proper physical condition to participate in such Activity. I further agree and warrant that if at any time I believe the conditions be unsafe, I will immediately discontinue further participating in the Activity.

2. FULLY UNDERSTAND, that: (a) WHITLEY COUNTY SENIOR GAMES ACTIVITIES INVOLVE RISKS AND DANGERS OF SERIOUS BODILY INJURY, INCLUDING PERMANET DISABILITY, PARALYSIS, AND DEATH ("RISKS"); (b) these Risks and dangers may be caused by my own actions on inactions, the actions or inactions of others participating in the Activity, the condition in which the Activity takes place, or THE NEGLIGENCE OF THE "RELEASES" NAMED BELOW; (c) there may be OTHER RISKS AND SOCIAL AND ECONMIC LOSSES either not known to me or not readily foreseeable at this time; and I FULLY ACCEPT AND ASSUME ALL SUCH RISKS AND ALL RESPOSIBILITY FOR LOSSES, COSTS, AND DAMAGES I incur as a result of my participating in the Activity.

3. HERBY RELEASE, DISCHARGE AND COVENENAT NOT TO SUE ANY WHITLEY COUNTY SENIOR GAMES HOST AGENCIES, its administrators, directors, agents, officers, members, volunteers, team member, and employees, other participants, any advertisers, and, if applicable, owners of premises on which the Activity takes place, (each considered one of the RELEASES herein) FROM ALL LIABILITY, CLAIMS, DEMAND LOSSES, OR DAMAGES ON MY ACCOUNT ACUAUSED OF ALLEGED TO BE CAUSED IN WHOLE OR IN PART BY THE NEGLIGENCE OF THE RELEASEES OR OTHERWISE, INCLUDING NEGLIGENT RESCUE OPERATIONS; AND I FURTHER AGREE that if, despite this RELEASE AND WAIVER OF LIABILITY, ASSUMPTION OF RISK, AND INDEMNITY AGREEMENT I, or anyone on my behalf, makes a claim against any of the Releases, I WILL INDEMNIFY, SAVE, AND HOLD HARMLESS EACH OF THE RELEASEES FROM any litigation expenses, attorney fees, loss, liability, damage, or cost which may be incurred as the result of such claim. I HAVE READ THIS AGREEMENT, FULLY UNDERSTAND ITS TERMS, UNDERSTAND THAT I HAVE GIVEN UP SUBSTANTIAL RIGHTS BY SIGNING IT AND HAVE SIGNED IT FREELY AND WITHOUT ANY INDUCEMENT OR ASSURANCE OF ANY NATURE AND INTEND IT TO BE A COMPLETE AND UNCONDITIONAL RELEASE OF ALL LIABILITY TO THR GREATEST EXTENT ALLOWED BY LAW AND AGREE THAT IF ANY PORTION OF THIS AGREEMENT IS HELD TO BE INVALID, THE BALANCE, NOTWITHSTANDING, SHALL CONTINUE IN FULL FORCE AND EFFECT.

SHIRT SIZE: _____

PHONE NUMBER: _____

EMAIL: _____


ADDRESS: _____

PRINTED NAME OF PARTICIPANT: _____

SIGNATURE OF PARTICIPANT: _____ DATE: _____

JULY 2025

THE WOODLANDS 260-248-8944
RESERVATIONS REQUIRED 2 BUSINESS DAYS
IN ADVANCE. \$7 PER MEAL.

Monday	Tuesday	Wednesday	Thursday	Friday
	1 9:00 Euchre 9:00 Bible Study with Cheryl 11:30 Honey Garlic Meatballs 12:00 Dominoes 12:30 Bible Study w/Bob	2 9:00 Pixie Bingo: Partner, <i>The Waters</i> <i>*Players must bring prizes!</i> 10:00 Exercise w/Brittney 11:30 Breaded Chicken Sandwich 12:30 Hand & Foot Game 12:30 Painting w/Evie	3 CLOSED	4 CLOSED 
7 9:00 Line Dancing 10:00 Chair Exercise 11:30 French Toast Casserole and Sausage Links 12:00 Carla Gebert of WC EMS Presents: "When & Why to Call 911"	8 9:00 Euchre 9:00 Bible Study with Cheryl 11:30 Cheeseburger 12:00 Dominoes 12:30 Bible Study w/Bob	9 9:00 Line Dancing 10:00 Chair Exercise 10:45 Blood Pressure Ck 11:30 Smothered Pork Chop 12:30 Hand & Foot Game	10 BIRTHDAY WISHES 10:00 Denise Hughes of the Alzheimer's Association Presents: "Understanding Dementia and Medications" 11:30 BBQ Ribs 12:30 Euchre 6:30 Grieving Friends Support Group	11 9:00 Euchre 9:00 Line Dancing 10:00 Chair Exercise 11:30 Pizza 12:00 Tanya Crosswell of BrightStar Presents: "Different Types of Care in the Home and How to Pay for It"
14 9:00 Line Dancing 10:00 Chair Exercise 11:30 Lunch & Learn: Dine In Lunch sponsored by <i>Stillwater Hospice</i> <i>*Meal Delivery Lunch is Loaded Baked Potato</i> 1:00 Mahjong	15 9:00 Euchre 9:00 Bible Study with Cheryl 11:30 Beef Enchiladas 12:00 Dominoes 12:30 Bible Study w/Bob 1:30 The League	16 9:00 Line Dancing 10:00 Chair Exercise 11:30 Ham Loaf 12:00 Health Class with Darcy: "Healthy Eating After 50" 12:30 Hand & Foot Game	17 11:30 Baked Fish 12:30 Euchre Tourney	18 9:00 Euchre 9:00 Line Dancing 10:00 Chair Exercise 11:30 Miller's Picnic

21 9:00 Board Meeting 9:00 Line Dancing 10:00 Chair Exercise 11:00 Ashlee Plew of the American Heart Assoc. Presents: “Know Diabetes by Heart” 11:30 Breakfast Casserole	22 9:00 Euchre 9:00 Bible Study with Cheryl 11:30 Chicken Tenders 12:00 Dominoes 12:30 Bible Study w/Bob	23 9:00 Line Dancing 10:00 Chair Exercise 11:30 Swiss Steak 12:30 Hand & Foot Game	24 TENDERLOIN NIGHT 11:30 Grilled Cheese with Tomato Soup 12:30 Euchre 5:00 Tenderloin 5:30 Melvin Mullins	25 9:00 Euchre 9:00 Line Dancing 10:00 Chair Exercise 10:00 1 on 1 w/Darcy 11:30 Smorgasbord 12:00 Dick Hamman of Parkview Behavioral Health Presents: “PBH Services & when to Ask for Help”
28 9:00 Line Dancing 10:00 Chair Exercise 11:30 Turkey Flauta 12:00 Genesis & Nick of Crossroads Bank Presents: “Your Money and Your Beneficiaries” 1:00 Mahjong	29 9:00 Euchre 9:00 Bible Study with Cheryl 11:30 Pork Chops Italiano 12:00 Dominoes 12:30 Bible Study w/Bob	30 9:00 Pixie Bingo: Partner <i>Miller’s at The Oaks</i> <i>*Players must bring prizes!</i> 9:00 Line Dancing 10:00 Chair Exercise 11:30 Beef Ravioli Bake 12:15 Miller’s Games 12:30 Hand & Foot Game	31 11:30 Beef Liver & Onions 12:30 Euchre	

AUGUST

			1 Bratwurst on a Bun
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- * Take-Out & Delivery: Orders must be placed 2 business days in advance. The meal is \$7. There is a \$2 charge for meal delivery. Please note that shifting of food may occur during delivery; therefore, be cautious when opening the container(s). Evening dinners are not available for delivery.
- * A Garden Salad can be ordered in place of any meal.
- * This menu is subject to change at the discretion of our kitchen staff.

TASTE & TUNES

TASTE & TUNES *Fundraiser*

Featuring

HUBIE ASHCRAFT & TRAVIS GOW

OCTOBER 28, 2025 @ 6 PM



The Woodlands - 710 N Opportunity Drive, Columbia City.

Come enjoy yourself while helping support the Whitley County Council on Aging.

We welcome adults of all ages to enjoy the delicious meal and outstanding entertainment. This is an event that you don't want to miss!

\$35 DINNER

Beer & Wine Cash Bar

**TICKETS MUST BE PURCHASED IN
ADVANCE BY OCTOBER 17, 2025.**

Questions? Call (260) 248-8944.

EQUIPMENT LOAN PROGRAM

SHORT-TERM LOANER EQUIPMENT

Walkers, canes, crutches, and shower chairs require a \$10 deposit.

Wheelchairs and knee scooters require a \$25 deposit.

* * * * *

Incontinence items are also available. Each recipient is allowed one package per month.

FOOD PROGRAMS

WEEKEND MEALS

Order as many weekend meals as you like by Wednesday at noon, then pick them up on Friday or have them delivered. Call the Woodlands for more details.

NON-PERISHABLE FOOD PANTRY

The senior food pantry is available to seniors **50+** who find themselves short on non-perishable grocery items. It can be used as a supplemental food source **one time per month**. Pantry hours are Monday, Tuesday, Thursday 9 am - 10:30 am & 1 pm - 2 pm.

***Bread is available dependent on supply.*

WOODLANDS FOOD SHARE PROGRAM

Seniors living on a limited income and in need of additional food items on an ongoing basis can apply for a supplemental food program. The program provides a 10 to 15 lb bag of shelf stable food items **one time per month**. Call the Woodlands for more details.

PET FOOD

PET PANTRY

Dog and cat food is available for pick up **once per month**. The Pet Food Pantry hours are Monday, Tuesday, Thursday 9 am - 10:30 am & 1 pm - 2 pm. ***Pet food is available dependent on supply.***



HAIR CARE

Haircuts & Eyebrow Waxing by Lyndah

Wednesday, July 9

Call 248-8944 x5 for your appointment.

Haircut \$10
Cut w/style \$11
Men's Haircuts \$5
Eyebrow Waxing \$5

FOOT CARE

Foot Care & Reflexology by Toni Mowery, LPN

Monday, July 14

Tuesday, July 15

\$35 ~ Call 248-8944 x5 for your appointment.

**** Please bring a wash basin & large bath towel. ****



NAIL CARE

Manicures by Lyndah

Wednesday, July 16

Call 248-8944 x5 for your appointment.

Filing \$3
Polish \$5
Filing & Polish \$8
Please bring your own nail polish.

MASSAGE

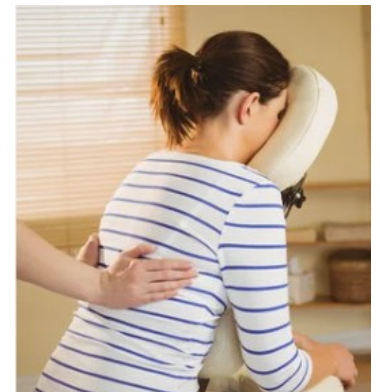
Massage by Annette Bear, LMT

Thursday, July 24

Annette Bear, LMT of *Relaxing Roots Massage*, provides 15-minute chair massages once a month. Book your massage now!

\$15 ~ Call 248-8944 x5 for your appointment.

****All equipment will be sanitized prior to each appointment time.****



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Mental and physical health care in a single visit.

New name, same compassionate commitment to you. At Bowen Health, we offer combined services at our locations. So, you can get mental health care, medical health care, addiction recovery support and life skills coaching all under one roof. Our warm, friendly care team is ready to welcome you in, regardless of your ability to pay. Come see us or schedule an online video appointment and get the care you need today.



Make your appointment.
800-342-5653
BowenHealth.org



Mind. Body. Bowen.

DONATIONS



DONATION FORM

☐ \$200 ☐ \$100 ☐ \$50 ☐ \$25 ☐ Other: _____

Name: _____

Address: _____

City: _____ State: _____ Zip: _____

Phone: _____ Email (optional): _____

Please attribute my donation to:

___ Activities

___ General Fund

___ Newsletter

___ Nutrition

___ Outdoor Living Park

___ Woodlands Food Share

We thank you for your donation! All donations made to the WCCOA are tax deductible.

NEWSLETTER SUBSCRIPTION

FREE digital copy available on our website at <https://whitleycountycouncilonaging.org>

Subscription Enrollment Form

Name _____

Address _____

Phone _____ Birthday _____

Email _____

Mail this form and the **\$12 subscription fee** to:

WCCOA

710 N. Opportunity Dr., Columbia City, IN 46725



WHITLEY COUNTY COUNCIL ON AGING INC.
710 N Opportunity Drive
Columbia City, IN 46725

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Thank you WCCOA Sponsors!

Cedar Creek Assisted Living, Warsaw

Miller's - Oak Pointe

Oberlin Marketing - Heidi Darley

Stillwater Hospice

The Waters

