



# the SENIOR CALLER

---

WOODLANDS SENIOR ACTIVITY CENTER



710 N. Opportunity Dr. - Columbia City, IN 46725  
Office Hours: Mon-Thu 8 am - 4 pm / Fri 8 am - 1 pm  
260-248-8944 1-800-290-1697  
TTY Relay 800-743-3333

[www.whitleycountycouncilonaging.org](http://www.whitleycountycouncilonaging.org)



Woodlands Senior Activity Center



[the.woodlands.wccoa](http://the.woodlands.wccoa)



## OUR MISSION

To enable the senior citizens of Whitley County to live confident, dignified, independent and productive lives through education, programs and services.

## OUR SERVICES

- |                          |                            |                                |
|--------------------------|----------------------------|--------------------------------|
| * Transportation         | * Senior Caller Newsletter | * Health Programs/Exercise     |
| * Weekday Lunches        | * Tax Assistance (Feb-Apr) | * Educational/Informational    |
| * Home Delivered Meals   | * Social Gatherings &      | Programs                       |
| * Lending Library        | Entertainment              | * Non-Perishable Food Pantry & |
| * Information & Referral | * Medical Equipment Loan   | Bread Pantry                   |
| * Food Share Programs    | Program                    | * Pet Food Pantry              |
| * Annual Senior Fair     | * Incontinence Items       | * Woodland Trips               |

**TITLE VI NOTICE TO THE PUBLIC:** All programs and services are provided without regard to race, color, or national origin in accordance with Title VI of the Civil Rights Act. Any person who believes she or he has been aggrieved by any unlawful discriminatory practice under Title VI may file a complaint with WCCOA.

## OUR PEOPLE

### CORPORATION OFFICERS

Thor Hodges/President	(260-229-1284)	Duane Janssen/Treasurer	(727-687-7958)
Larry Barr/Vice President	(260-229-5945)	Shelbi Brown/Secretary	(260-610-8020)

### BOARD MEMBERS

Larry Barr	(260-229-5945)	Paula Langeloh	(260-248-7848)
Shelbi Brown	(260-610-8020)	Marlin Leininger	(260-466-5231)
Clay Geiger	(260-609-9032)	Connie Reimer	(260-248-2826)
Dr. Christopher Grindrod	(260-481-6455)	Joan Western	(260-229-9902)
Thor Hodges	(260-229-1284)	Virginia Wright	(260-609-5249)
Duane Janssen	(727-687-7958)	Steve Yann	(260-449-1663)
Sandy Kyler	(260-229-1760)	Jane Yohe	(260-248-8373)

### STAFF DIRECTORY

Jim Johnson	Executive Director	ext 3
Nancy Bledsoe	Office Manager	ext 4
Sheila Troyer/Manager	Nutrition	ext 2
Bernie King/Manager, Kim, Sarah	Transportation	ext 1
Gabby, Rose, Sharon	Reception	ext 5
Aimee Ray	Activities Manager	ext 9

## **CONTACT US**

**Call 248-8944 for a ride!** Toll Free: 1-800-290-1697

Hours: 7am - 5pm Monday - Friday. **A 48 hour notice (prior to 1 pm) is necessary.**

*Senior Transportation Services are funded in part through Title III of the Older Americans Act and Social Service Block Grants distributed through Aging and In-Home Services of Northeast Indiana. We are a Medicaid transit provider.*

## **INFORMATION WE NEED**

**Who:** Name, address, phone number, birthday, any disabilities, and if the client has Medicaid.

**When:** Appointment date and time.

**Where:** Destination, including address.

**Contact/Billing Information:** Name and address of the responsible parties.

## **PRICING**

Distance	Fees - One Way	Fees - Round Trip
1-4 miles	\$6	\$12
5-10 miles	\$8	\$16
11-15 miles	\$12	\$24
16-25 miles	\$15	\$30
Over 25 miles	\$17	\$34
Out of County	\$29	\$58



*Stated mileage are for trips made within Whitley County.*

- \* Children under 12 ride free with an adult. Adults must provide car seats when necessary.
- \* Veterans - \$20 Round Trip for trips outside of Whitley County.
- \* Working Seniors 60+ - public rates apply.
- \* Seniors 60+ - donation only; service is not denied to anyone who is not able to donate.

***Exact payment is required.*** For your convenience, you may buy Transit Punch Cards for \$40 per card (a \$45 value).

**CLIENTS MUST BE READY 15 MINUTES PRIOR TO SCHEDULED PICK-UP TIME**

***All vans are sanitized throughout the day for your safety.***

**TASTE & TUNES**

# TASTE & TUNES

## *Fundraiser*

Featuring

**HUBIE ASHCRAFT & TRAVIS GOW**

**OCTOBER 28, 2025 @ 6 PM**



**The Woodlands - 710 N Opportunity Drive, Columbia City.**

Come enjoy yourself while helping support the Whitley County Council on Aging.

We welcome adults of all ages to enjoy the delicious meal and outstanding entertainment. This is an event that you don't want to miss!

**\$35 DINNER**

**Beer & Wine Cash Bar**

**TICKETS MUST BE PURCHASED IN  
ADVANCE BY OCTOBER 17, 2025.**

**Questions? Call (260) 248-8944.**



**DAY TRIP**

**Wednesday, October 15**

Join us in celebrating Pumpkin Fantasyland's 53 years of family fun and their final year in business.

**Cost: \$30**

Includes:

- Snacks in the morning
- Transportation
- A 2-hour guided tour
- Donuts and Cider at the end of the tour

You will also have an hour on your own to shop.

We will leave the Woodlands at 8:30 a.m. and will return around 12:30 p.m.

**Payment is due by October 8.**

Visit The Woodlands to register for this trip.



**DAY TRIP**

# THE NAUGHTY LIST

Wednesday, November 12, 2025

@ Cornwell's Turkeyville (Marshall, MI)

“Sparkles the Elf dances like a snowflake and has the voice of a snow angel, and she is always the star of the annual Christmas Pageant at Santa’s Workshop. But when a new and talented elf comes onto the scene and threatens to steal the spotlight, Sparkles is overwhelmed with feelings of jealousy that threaten to land her on... the Naughty List!”

([www.tix.com/ticket-sales/cornwell's%20dinner %20theatre/6562/ event/1398425](http://www.tix.com/ticket-sales/cornwell's%20dinner%20theatre/6562/event/1398425))

Cost is \$145, which includes transportation, turkey buffet and show, plus snacks with water and juice.

Deposit of \$45 is due by October 12.  
Balance of \$100 is due by November 3.

Visit the Woodlands to register for this trip.

**CAR SHOW**



**WOODLANDS CLASSIC CAR & MOTORCYCLE SHOW**

**THANK YOU FOOD & PRIZE DONORS!**

Aunt Millie's

AutoZone

Big Boar Cycles

City Chevy / City Ford

Columbia Automotive

Sav U Mor Churubusco

Shoe Sensation

Sugar Creek Donuts

The Square

**THANK YOU TO THOSE WHO  
DONATED THEIR TIME & TALENTS!**

DJ Tom Fromm

Whitley County Emergency Management

Whitley County Health Department

**SENIOR FAIR**

# **THE WOODLANDS**

## **SENIOR HEALTH FAIR**



### ***Thank you to our Sponsors!***

Thrivent - Kidane Sarko  
Tinkels Restaurant Supplies  
Alarie Chiropractic Center  
Star Tire & Automotive, Inc.  
Steel Dynamics, Inc.  
80/20

### ***Thank you to our Prize Donors!***

Bravo Floral & Gifts  
Brew'ha Coffee House  
Burger King  
Columbia Automotive  
Dairy Queen  
Domino's Pizza  
Exotic Nails & Hair  
Five Lakes Coffee  
Hinen Printing  
Home Helpers  
Linda Jones - Shear Envy  
Main Bowl

Moyer's Corner Cafe  
Paige's Crossing  
Parkview Home Health & Hospice  
Pickles Cafe  
Pizza Hut  
Poptique  
Portside Pizza  
Reinholt's Furniture & Mattresses  
Stillwater Hospice  
Teghtmeyer Ace Hardware  
The Square



SENIOR GAMES



**Whitley County**  
*Senior Games*

THANK YOU FOOD & PRIZE DONORS!

Andy's Car Wash  
Lifting Hearts Home Care

THANK YOU TO THOSE WHO DONATED  
THEIR TIME & TALENTS!


Heidi Darley / Oberlin Marketing  
Miller's at Oak Pointe  
Mobility Plus  
Seasons Home Care

# OCTOBER 2025

THE WOODLANDS 260-248-8944  
RESERVATIONS REQUIRED 2 BUSINESS DAYS  
IN ADVANCE. \$7 PER MEAL.

Monday	Tuesday	Wednesday	Thursday	Friday
		<b>1</b> 9:00 Pixie Bingo: Partner, <i>The Waters</i> <i>*Players must bring prizes!</i> 9:00 Line Dancing 10:00 Chair Exercise 11:30 Grilled Cheese and Texas Black Bean Soup 12:30 Hand & Foot Game 12:30 Painting w/Evie	<b>2</b> 10:00 Alzheimer's: A discussion with Todd Hunnicutt: "Communication & Dementia—Learn Effective Communication Strategies" 11:30 Cube Steak w/Beef and Mushroom Gravy 12:30 Euchre	<b>3</b> 9:00 Euchre 9:00 Line Dancing 10:00 Chair Exercise 11:30 Sloppy Joe 2:00 EMA/CoCoRaHS Class: "Weather Observer Training"
<b>6</b> 9:00 Line Dancing 10:00 Chair Exercise 11:30 Baked Fish Lunch & Learn Sponsored by Elara Caring: "Who are we? Home Health & Hospice Services" 1:00 Mahjong	<b>7</b> 9:00 Euchre 9:00 Bible Study with Cheryl 11:30 Breaded Chicken Sandwich 12:00 Dominoes 12:30 Bible Study w/Bob	<b>8</b> 9:00 Line Dancing 10:00 Chair Exercise 10:45 Blood Pressure Ck 11:30 Meatloaf 12:30 Hand & Foot Game	<b>9 BIRTHDAY WISHES</b> 11:30 Cheddar Baked Chicken 12:00 Music by: Jonah Keen 12:30 Euchre 6:30 Grieving Friends Support Group	<b>10</b> 9:00 Euchre 9:00 Line Dancing 10:00 Chair Exercise w/Brittney & a class on "Budget Friendly Meals" 11:30 Hamburger Stroganoff
<b>13</b> 9:00 Line Dancing 10:00 Chair Exercise 11:30 Chicken Pot Pie	<b>14</b> 9:00 Euchre 9:00 Bible Study with Cheryl 11:30 Sweet & Sour Meatballs 12:00 Dominoes 12:30 Bible Study w/Bob	<b>15</b> 9:00 Pixie Bingo: Partner <i>Oberlin Mrktg/Heidi Darley</i> <i>*Players must bring prizes!</i> 9:00 Line Dancing 10:00 1 on 1 w/Darcy 10:00 Chair Exercise 11:30 Fried Cabbage, Ham and Noodles 12:00 Health Class with Darcy: "Taking Care of Your Teeth and Mouth" 12:30 Hand & Foot Game	<b>16</b> 11:30 Turkey Tetrazini 12:00 Volunteer Center Project 12:30 Euchre Tourney	<b>17</b> 9:00 Euchre 9:00 Line Dancing 10:00 Chair Exercise 11:30 Sausage Gravy over Biscuit



<b>20</b> 9:00 Board Meeting 9:00 Line Dancing 10:00 Chair Exercise 11:30 Ham & Scalloped Potatoes 1:00 Mahjong	<b>21</b> 9:00 Euchre 9:00 Bible Study with Cheryl 11:30 BBQ Chicken 12:00 Dominoes 12:30 Bible Study w/Bob 1:30 The League	<b>22</b> 9:00 Line Dancing 10:00 Chair Exercise 11:30 Swiss Steak 12:30 Hand & Foot Game	<b>23</b> 11:30 Pork Sausage Pasta 12:30 Euchre 4:00 Bingo: Partner, <i>Seasons Home Care</i> <i>*Players must bring prizes!</i> 5:00 Tenderloins 5:30 Music by: Keith Roman	<b>24</b> 9:00 Euchre 9:00 Line Dancing 10:00 Chair Exercise 11:30 Corn Dogs
<b>27</b> 9:00 Line Dancing 10:00 Chair Exercise 11:30 Pizza	<b>28</b> 9:00 Euchre 9:00 Bible Study with Cheryl 11:30 Chicken Cordon Bleu 12:00 Dominoes 12:30 Bible Study w/Bob	<b>29</b> 9:00 Pixie Bingo: Partner <i>Miller's Oak Pointe</i> <i>*Players must bring prizes!</i> 9:00 Line Dancing 10:00 Chair Exercise 11:30 Pulled Pork Sandwich 12:15 Miller's Crafts/ Games 12:30 Hand & Foot Game	<b>30</b> 11:30 Ham & Beans with Cornbread 12:30 Euchre	<b>31</b> 9:00 Euchre 9:00 Line Dancing 10:00 Chair Exercise 11:30 Smorgasbord 

\* Take-Out & Delivery: Orders must be placed 2 business days in advance. The meal is \$7. There is a \$2 charge for meal delivery. Please note that shifting of food may occur during delivery; therefore, be cautious when opening the container(s). Evening dinners are not available for delivery.

\* A Garden Salad can be ordered in place of any meal.

\* This menu is subject to change at the discretion of our kitchen staff.

## EQUIPMENT LOAN PROGRAM

### SHORT-TERM LOANER EQUIPMENT

Walkers, canes, crutches, and shower chairs require a \$10 deposit.

Wheelchairs and knee scooters require a \$25 deposit.

\* \* \* \* \*

Incontinence items are also available. Each recipient is allowed one package per month.

## FOOD PROGRAMS

### WEEKEND MEALS

Order as many weekend meals as you like by Wednesday at noon, then pick them up on Friday or have them delivered. Call the Woodlands for more details.

### NON-PERISHABLE FOOD PANTRY

The senior food pantry is available to seniors **50+** who find themselves short on non-perishable grocery items. It can be used as a supplemental food source **one time per month**. Pantry days/hours: Monday and Thursday from 9 am - 11 am & 12 pm - 3 pm.

### WOODLANDS FOOD SHARE PROGRAM

Seniors living on a limited income and in need of additional food items on an ongoing basis can apply for a supplemental food program. The program provides a 10 to 15 lb bag of shelf stable food items **one time per month**. Call the Woodlands for more details.

## PET FOOD

### PET PANTRY

Dog and cat food is available for pick up **once per month**. The Pet Food Pantry days/hours are Monday and Thursday from 9 am - 11 am & 12 pm - 3 pm. ***Pet food is available dependent on supply.***





## **HAIR CARE**

### **Haircuts & Eyebrow Waxing by Lyndah**

**Wednesday, October 8**

Call 248-8944 x5 for your appointment.

Haircut \$10  
Cut w/style \$11  
Men's Haircuts \$5  
Eyebrow Waxing \$5

## **NAIL CARE**

### **Manicures by Lyndah**

**Wednesday, October 15**

Call 248-8944 x5 for your appointment.

Filing \$3  
Polish \$5  
Filing & Polish \$8  
*Please bring your own nail polish.*

## **FOOT CARE**

### **Foot Care & Reflexology by Toni Mowery, LPN**

**Monday, October 13**

**Tuesday, October 14**

**\$35 ~** Call 248-8944 x5 for your appointment.

*\* Please bring a wash basin & large bath towel. \**



## **MASSAGE**

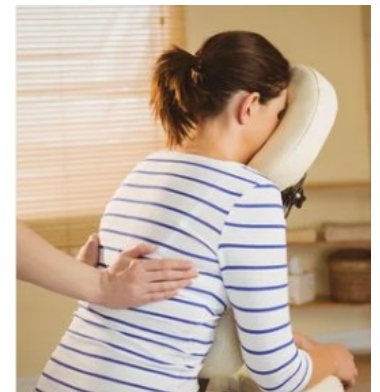
### **Massage by Annette Bear, LMT**

**Thursday, October 23**

Annette Bear, LMT of *Relaxing Roots Massage*, provides 15-minute chair massages once a month. Book your massage now!

**\$15 ~** Call 248-8944 x5 for your appointment.

*\*All equipment will be sanitized prior to each appointment time.\**





## BOYS WRESTLING

Date	Time	Event
Wed 11/12/2025	7:00 pm	CANCELED - John Glenn High School
Wed 11/19/2025	6:00 pm	Prairie Heights
Thu 11/20/2025	6:00 pm	Jay Co. (JV Boys and Girls Only) (Jay Co.)
Sat 11/22/2025	9:00 am	West Noble Invitational (JV) (East Noble, West Noble)
Sat 11/29/2025	9:00 am	Homestead Super Duals (Yorktown, Homestead, Central)
Wed 12/3/2025	6:30 pm	Churubusco
Sat 12/6/2025	9:00 am	DeKalb Invitational (JV Only) (Prairie Heights, Carroll High School)
Fri 12/12/2025	6:00 pm	NEB Duals (Varsity Only)
Sat 12/13/2025	9:00 am	NEB Duals (Varsity Only)
Thu 12/18/2025	6:30 pm	East Noble
Sat 12/20/2025	9:00 am	DeKalb
Mon 12/29/2025	6:00 pm	DeKalb



Listen for updates with 91.5FM and at [wjhs915.org](http://wjhs915.org)

Watch these on Youtube @WJHS Studios too.



## GIRLS VOLLEYBALL

Date	Time	Event
Mon 9/22/2025	6:00 pm	Blackhawk Christian
Tue 9/23/2025	6:00 pm	Norwell
Thu 9/25/2025	6:00 pm	New Haven
Sat 9/27/2025	9:00 am	Leo Invitational (JV Only)
Mon 9/29/2025	6:00 pm	Heritage Jr-Sr High School (Heritage)
Tue 9/30/2025	6:00 pm	DeKalb
Thu 10/2/2025	6:00 pm	East Noble
Tue 10/7/2025	6:00 pm	Leo (Leo High School)
Thu 10/9/2025	6:00 pm	Bellmont
Thu 10/16/2025	6:00 pm	IHSAA Sectional
Sat 10/18/2025	11:00 am	IHSAA Sectional vs. TBD
Sat 10/18/2025	6:00 pm	IHSAA Sectional vs. TBD

## EAGLES FOOTBALL



Date	Time	Event
Fri 8/22/2025	7:00 pm	NorthWood
Fri 8/29/2025	7:00 pm	Plymouth
Fri 9/5/2025	7:00 pm	Bellmont
Fri 9/12/2025	7:00 pm	Huntington North
Fri 9/19/2025	7:00 pm	DeKalb
Fri 9/26/2025	7:00 pm	New Haven
Fri 10/3/2025	7:00 pm	East Noble
Fri 10/10/2025	7:00 pm	Leo (Leo High School)
Fri 10/17/2025	7:00 pm	Norwell
Fri 10/24/2025	7:00 pm	IHSAA Sectional
Fri 10/31/2025	7:00 pm	IHSAA Sectional (Mississinewa)
Fri 11/7/2025	7:00 pm	IHSAA Sectional (Leo High School)
Fri 11/14/2025	7:30 pm	IHSAA Regional (Kokomo High School)
Fri 11/21/2025	7:00 pm	IHSAA Semi State
Fri 11/28/2025	TBD	IHSAA State



Look for Eagles Baseball & Softball schedules in the upcoming edition.

Streams from WJHS Studios are proudly made by students.

☐ Home ☐ Away



## Convenient Care. Just for You.



### Mental and physical health care in a single visit.

New name, same compassionate commitment to you. At Bowen Health, we offer combined services at our locations. So, you can get mental health care, medical health care, addiction recovery support and life skills coaching all under one roof. Our warm, friendly care team is ready to welcome you in, regardless of your ability to pay. Come see us or schedule an online video appointment and get the care you need today.



Make your appointment.  
800-342-5653  
[BowenHealth.org](https://BowenHealth.org)



Mind. Body. Bowen.



**WHITLEY COUNTY COUNCIL ON AGING INC.**  
710 N Opportunity Drive  
Columbia City, IN 46725

NON-PROFIT ORGANIZATION  
U.S. POSTAGE PAID  
COLUMBIA CITY, IN 46725  
(PERMIT NO. 263)



***"YOUR BEST LOCAL RESOURCE FOR SENIOR SERVICES"***

**Thank you WCCOA Sponsors!**

Cedar Creek Assisted Living, Warsaw

Home Instead

Miller's - Oak Pointe

Oberlin Marketing - Heidi Darley

Seasons Home Care

Stillwater Hospice

The Waters

