



the SENIOR CALLER

WOODLANDS SENIOR ACTIVITY CENTER



Hello August!

Let's enjoy lazy summer days
and long walks on the beach.

AUGUST 2024

VOL. 51 - ISSUE 8

710 N. Opportunity Dr. - Columbia City, IN 46725
Office Hours: Mon-Thu 8 am - 4 pm / Fri 8 am - 1 pm
260-248-8944 1-800-290-1697
TTY Relay 800-743-3333

www.whitleycountycouncilonaging.org



Woodlands Senior Activity Center



the.woodlands.wccoa



ABOUT OUR CENTER

OUR MISSION

To enable the senior citizens of Whitley County to live confident, dignified, independent and productive lives through education, programs and services.

OUR SERVICES

- * Transportation
- * Weekday Lunches
- * Home Delivered Meals
- * Lending Library
- * Information & Referral
- * Food Share Programs
- * Annual Senior Fair
- * Senior Caller Newsletter
- * Tax Assistance (Feb-Apr)
- * Social Gatherings & Entertainment
- * Medical Equipment Loan Program
- * Incontinence Items
- * Health Programs/Exercise
- * Educational/Informational Programs
- * Non-Perishable Food Pantry & Bread Pantry
- * Pet Food Pantry
- * WCCOA Travel

TITLE VI NOTICE TO THE PUBLIC: All programs and services are provided without regard to age, race, color, religion, sex, sexual orientation, gender identity, or national origin in accordance with Title VI of the Civil Rights Act. Any person who believes she or he has been aggrieved by any unlawful discriminatory practice under Title VI may file a complaint with WCCOA.

OUR PEOPLE

CORPORATION OFFICERS

Thor Hodges/President (260-229-1284)
Larry Barr/Vice President (260-229-5945)

Duane Janssen/Treasurer (727-687-7958)
Jane Yohe/Secretary (260-248-8373)

BOARD MEMBERS

Larry Barr (260-229-5945)
Shelbi Brown (260-610-8020)
Dr. Christopher Grindrod (260-481-6455)
Thor Hodges (260-229-1284)
Duane Janssen (727-687-7958)
Sandy Kyler (260-229-1760)
Paula Langeloh (260-248-7848)

Marlin Leininger (260-466-5231)
Connie Reimer (260-248-2826)
Joan Western (260-229-9902)
Virginia Wright (260-609-5249)
Steve Yann (260-449-1663)
Jane Yohe (260-248-8373)

STAFF DIRECTORY

Leslie Blakley	Executive Director	ext 3
Nancy Bledsoe	Office Manager	ext 4
Sheila Troyer/Manager, Debbie, Cheryl	Nutrition	ext 2
Carrie Perry	Activities Manager	ext 9
Bernie King/Manager, Kim, Sarah	Transportation	ext 1
Terry Almon	Travel Coordinator	ext 14
Nancy Lou, Gabby, Rose, Sharon, Samara	Reception	ext 5

CONTACT US

Call **248-8944** for a ride! Toll Free: 1-800-290-1697

Hours: 7am - 5pm Monday - Friday. **A 48 hour notice (prior to 1 pm) is necessary.**

Senior Transportation Services are funded in part through Title III of the Older Americans Act and Social Service Block Grants distributed through Aging and In-Home Services of Northeast Indiana. We are a Medicaid transit provider.

INFORMATION WE NEED

Who: Name, address, phone number, birthday, any disabilities, and if the client has Medicaid.

When: Appointment date and time.

Where: Destination, including address.

Contact/Billing Information: Name and address of the responsible parties.

PRICING

Distance	Fees - One Way	Fees - Round Trip
1-4 miles	\$6	\$12
5-10 miles	\$8	\$16
11-15 miles	\$12	\$24
16-25 miles	\$15	\$30
Over 25 miles	\$17	\$34
Out of County	\$29	\$58



Stated mileage are for trips made within Whitley County.

- * Children under 12 ride free with an adult. Adults must provide car seats when necessary.
- * Veterans - \$20 Round Trip for trips outside of Whitley County.
- * Working Seniors 60+ - public rates apply.
- * Seniors 60+ - donation only; service is not denied to anyone who is not able to donate.

Exact payment is required. For your convenience, you may buy Transit Punch Cards for \$40 per card (a \$45 value).

CLIENTS MUST BE READY 15 MINUTES PRIOR TO SCHEDULED PICK-UP TIME

All vans are sanitized throughout the day for your safety.

MOVIE DAYS**Friday, August 2 @ 12:15 p.m.**

A story of how an American theoretical physicist helped to develop the atomic bomb during WWII.

Monday, August 19 @ 12:15 p.m.

In pursuit of a career during the time of the Korean War, a woman's faith and strength is tested and her life is forever altered.

HEALTH & WELLNESS WITH DARCY**Class: Wednesday, August 14 @ 10:30 a.m.**Topic: *"Cooking for One"*

Remember to add this Health Class to your calendar for the 2nd Wednesday of each month!

**One-on-One Sessions: Friday, August 30 @ 10 a.m.**

Darcy Hoopingarner, NP, will be available for confidential one-on-one sessions to talk about personal, medical, or mental health issues!

CELEBRATE**Celebrate August Birthdays!**

Thursday, August 22 @ 11:30 a.m.

Swedish Meatballs w/Cake & Ice Cream for dessert
(ice cream for in-house dining only)

After lunch, music by Pat Murphy.*** RESERVATIONS REQUIRED ***

EVENING AT THE WOODLANDS

Bingo, Tenderloins & Music!

Tuesday, August 27

Bingo @ 4 p.m. *Remember to bring Bingo Prizes*

Tenderloins @ 5 p.m.— \$5 per person

Music by Melvin Mullins @ 5:30 p.m.

*** RESERVATIONS REQUIRED ***



NUTRITION

Wednesday, August 28 @ 10:30 a.m.

Cindy Cartwright from Miller’s will be heading a “Heart Healthy Tips” class. Don’t miss out on some great information!

RETIREMENT CELEBRATION

Happy
Retirement

Join us as we celebrate **Carrie Perry’s 20 years** of hard work and dedication, as well as the start of her new retirement adventure!

Thursday, August 29

4 p.m. - 7 p.m.

DAY TRIP***Four Winds Casino, South Bend!***

Thursday, September 5

Cost: \$20 per person (for bus ride only)

Must be paid in advance to reserve your spot.



www.fourwindscasino.com/southbend/

Depart from the Woodlands at 8:45 a.m.

Depart from the Casino at 2:30 p.m.

We'll make a stop at Ritters in Warsaw on the way home for an ice cream treat to-go!

Open to the public!

****Visit the Woodlands prior to August 19 to register.****

710 N Opportunity Dr - Columbia City

Reservation Form

Name: _____ DOB: _____

Address: _____

City, State, Zip: _____

Phone: _____ Email: _____

Trip: _____

Emergency Contact Name and Number (someone not traveling with you):

Dietary restrictions or allergies: _____

Make check payable to: WCCOA

THE WOODLANDS 260-248-8944

RESERVATIONS REQUIRED 2 BUSINESS DAYS
IN ADVANCE. \$5 PER MEAL.

AUGUST 2024

Monday	Tuesday	Wednesday	Thursday	Friday
			<p>1 11:30 Honey Lime Pork Chop</p>	<p>2 MOVIE DAY 9:00 Euchre 9:00 Line Dancing 11:30 Layered Salad 12:15 Movie: Call for details 6:00 Travel Show with Nancy Lou</p>
<p>5 9:00 Line Dancing 10:00 Chair Exercise 11:30 Creamed Chicken over Biscuit</p>	<p>6 9:00 Euchre 9:00 Bible Study with Cheryl 11:30 Mexican Lasagna 12:00 Dominoes 1:00 Bible Study w/Bob</p>	<p>7 9:00 Line Dancing 9:00 Pixie Bingo: Partner, Symmetry Financial Group/ Adia Lewis Field *Players must bring prizes! 10:00 Chair Exercise 11:30 BBQ Ribs 12:30 Hand & Foot Game</p>	<p>8 11:30 Breaded Fish Sandwich 12:00 Miller's Bingo *Players must bring prizes! 12:45 Ice Cream 6:30 Grieving Friends Support Group</p>	<p>9 9:00 Euchre 9:00 Line Dancing 11:30 Smorgasbord 11:30 Computer Lab</p>
<p>12 9:00 Line Dancing 10:00 Exercise w/Brittney 11:30 Corn Dog 1:00 Mahjong</p>	<p>13 9:00 Euchre 9:00 Bible Study with Cheryl 11:30 Chicken Marinara 12:00 Dominoes 1:00 Bible Study w/Bob</p>	<p>14 9:00 Line Dancing 10:00 Health Class 10:45 Blood Pressure Ck 11:30 Meatloaf 12:30 Hand & Foot Game</p>	<p>15 11:30 Grilled Cheese and Bean Soup 1:00 Euchre Try: \$5 entry fee</p>	<p>16 9:00 Euchre 9:00 Line Dancing 10:00 Chair Exercise 11:30 Chicken Salad Sandwich</p>

<p>19 BONUS MOVIE DAY 9:00 Board Meeting 9:00 Line Dancing 10:00 Chair Exercise 11:30 Sausage Gravy over Biscuit 12:15 Movie: Call for details</p>	<p>20 9:00 Euchre 9:00 Bible Study w/Cheryl 11:30 Salisbury Steak 12:00 Dominoes 1:00 Bible Study w/Bob 1:30 The League</p>	<p>21 9:00 Line Dancing 9:00 Pixie Bingo: Partner, Oberlin Mktg/Heidi Darley <i>*Players must bring prizes!</i> 10:00 Chair Exercise 11:30 Loaded Baked Potato 12:30 Hand & Foot Game</p>	<p>22 BIRTHDAY WISHES 10:15 Alzheimer's Discussion 11:30 Swedish Meatballs *Cake w/Ice Cream 12:15 Pat Murphy</p>	<p>23 9:00 Euchre 9:00 Line Dancing 10:00 Exercise with Brittney 11:30 Chili Dog</p>
<p>26 9:00 Line Dancing 10:00 Exercise with Brittney 11:30 Cheeseburger 1:00 Mahjong</p>	<p>27 9:00 Euchre 9:00 Bible Study w/Cheryl 11:30 Baked Fish 12:00 Dominoes 1:00 Bible Study w/Bob 4:00 Bingo <i>*Players must bring prizes!</i> 5:00 Tenderloins 5:30 Melvin Mullins</p>	<p>28 9:00 Line Dancing 10:00 Chair Exercise 10:30 Miller's Nutrition: <i>Heart Healthy Tips</i> 11:30 Onion Crunch Chicken 12:15 Miller's Games 12:30 Hand & Foot Game</p>	<p>29 11:30 Smoked Sausage, Green Beans, and Potatoes 4:00 Carrie's Retirement Celebration</p>	<p>30 9:00 Euchre 9:00 Line Dancing 10:00 One-On-One Sessions w/Darcy 11:30 Breakfast Casserole</p>



SEPTEMBER

<p>2 CLOSED for <i>Labor Day!</i></p>	<p>3 11:30 Grilled Cheese and Tomato Soup</p>	<p>4 11:30 Beef Soft Taco</p>	<p>5 11:30 Pulled Pork Sandwich</p>	<p>6 11:30 Mushroom Chicken Pasta</p>
------------------------------------------------------------------------------	---------------------------------------------------------------------	-----------------------------------------------------	-----------------------------------------------------------	-------------------------------------------------------------

Take-Out & Delivery: Orders must be placed 2 business days in advance. The meal is \$5. There is a \$2 charge for each meal delivery. Evening dinners are not available for delivery.

A Garden Salad can be ordered in place of any meal.

This menu is subject to change at the discretion of our kitchen staff.

WOODLAND TOURS

WOODLAND TOURS

Travel Show with Nancy Lou

Friday, August 2 @ 6 p.m.



Whitley County
Council on Aging

Are you ready to get back on the road?

Join Nancy Lou as she discusses the remaining day trips for 2024 and what she has in store for 2025.



Photo courtesy of: www.simon.com



Photo courtesy of: www.thebluegate.com



Photo courtesy of: www.turkeyville.com

Let the adventures begin!

710 Opportunity Dr. Columbia City 260-248-8944 x5

WOODLAND TOURS

September 4: “Million Dollar Quartet” at Cornwell’s Turkeyville. An experience that brings the music of beloved musicians—Elvis Presley, Jerry Lee Lewis, Carl Perkins, and Johnny Cash— back to life. Showcasing their hit songs, this is one trip you don’t want to miss!

We will leave the Woodlands at 8:15 a.m. Once at Turkeyville, you will have time to shop in the country store before we are seated for a delicious turkey lunch with all the trimmings. After lunch, you will have time to do some more shopping. The show will begin at 2 p.m.

We will arrive back at the Woodlands around 6:30 p.m.

Cost: \$145 (includes transportation, snacks, lunch and the show)

Visit the Woodlands prior to August 9 to register!

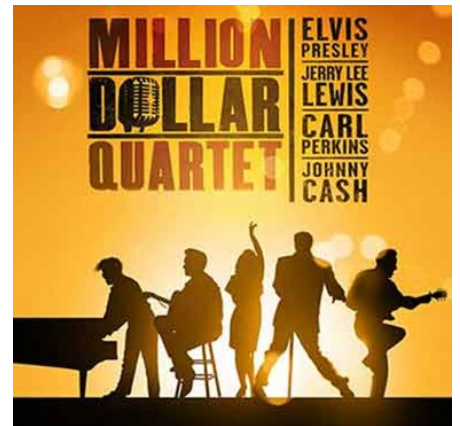


Photo courtesy of: www.turkeyville.com

Reservation Form

Name: _____ Birthdate _____

Address: _____

City, State, Zip: _____

Phone: _____ Email: _____

Trip: _____

Emergency Contact Name and Number (someone not traveling with you):

Dietary restrictions or allergies: _____

Make checks payable to: WCCOA

WOODLAND TOURS

October 9: “Lighthouse Place Premium Outlets” in Michigan City. Shop till you drop at this outdoor outlet mall!! With over 70 shops to explore, your early Christmas shopping will be a cinch; and remember to get yourself something amazing too! But first, we’ll have lunch at 11 a.m. at Holly’s Restaurant, a local hotspot.

We will leave the Woodlands at 8:45 a.m. and return around 6 p.m.

Cost: \$80

(includes transportation & snacks)

Visit the Woodlands prior to September 13 to register!



https://nicetopsm.best/product_details/16093109.html

Reservation Form

Name: _____ Birthdate _____

Address: _____

City, State, Zip: _____

Phone: _____ Email: _____

Trip: _____

Emergency Contact Name and Number (someone not traveling with you):

Dietary restrictions or allergies: _____

Make checks payable to: WCCOA

SENIOR FAIR

THE WOODLANDS

SENIOR HEALTH FAIR



2024

Friday
OCTOBER 4
 10 - 1 p.m.

4H CENTER

680 W. Squawbuck Rd.
 Columbia City, IN 46725

Free Admission & Parking
 Free Lunch & Ice Cream
 Free Blood Pressure Checks
 Immunizations

***bring your Insurance Cards*

Vendor Booths w/Giveaways
 Door Prizes
 50/50 Raffle

*2024 Senior Fair
 Sponsor!*



www.whitleycountycouncilonaging.org

FOOT CARE**Foot Care & Reflexology**

by Toni Mowery, LPN

Monday, August 12**Tuesday, August 13**

\$35 ~ Call 248-8944 for appointments.

** Please bring a wash basin & large bath towel. ****HAIR CARE****Haircuts & Eyebrow Waxing**

by Lyndah

Wednesday, August 14

Call 248-8944 for your appointment.

Haircut \$10
 Cut w/style \$11
 Men's Haircuts \$5
 Eyebrow Waxing \$5

NAIL CARE**Manicures**

by Lyndah

Wednesday, August 21

Call 248-8944 for your appointment.

Filing \$3
 Polish \$5
 Filing & Polish \$8
Please bring your own nail polish.

IMPORTANT NUMBERS**FSSA/WC Division of Family Resources:** 800-403-0864 545 N line St., Columbia City**SHIP Representative:** Marlene McDaniel 260-403-4083**Social Security Administration:** 877-223-6061 2122 Lincolnway Ct., Ft. Wayne**Whitley County Health Department:** 260-248-3121

EQUIPMENT LOAN PROGRAM

SHORT-TERM LOANER EQUIPMENT

Walkers, canes, crutches, and shower chairs require a \$10 deposit.

Wheelchairs and knee scooters require a \$25 deposit.

* * * * *

Incontinence items are also available. Each recipient is allowed one package per month.

FOOD PROGRAMS

WEEKEND MEALS

Order as many weekend meals as you like by Wednesday at noon, then pick them up on Friday or have them delivered. Call the Woodlands for more details.

NON-PERISHABLE FOOD PANTRY

The senior food pantry is available to seniors **50+** who find themselves short on non-perishable grocery items. It can be used as a supplemental food source **one time per month**. Pantry hours are Monday, Tuesday, Thursday 9 am - 10:30 am & 1 pm - 2 pm.

***Bread is available dependent on supply.*

WOODLANDS FOOD SHARE PROGRAM

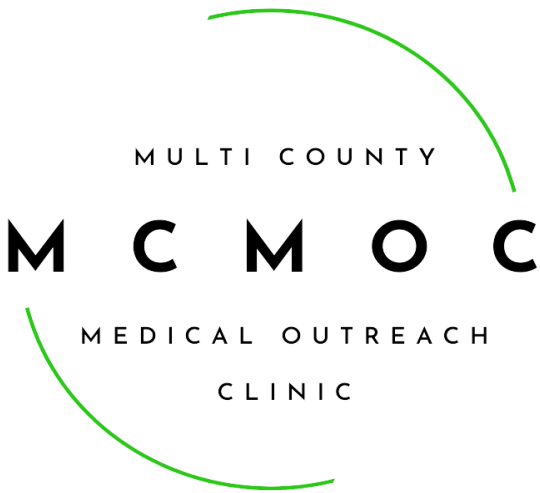
Seniors living on a limited income and in need of additional food items on an ongoing basis can apply for a supplemental food program. The program provides a 10 to 15 lb bag of shelf stable food items **one time per month**. Call the Woodlands for more details.

PET FOOD

PET PANTRY

Dog and cat food is available for pick up **once per month**. The Pet Food Pantry hours are Monday, Tuesday, Thursday 9 am - 10:30 am & 1 pm - 2 pm. ***Pet food is available dependent on supply.***





**No medical insurance?
Underinsured?
Need medical care?**

Come to our FREE CLINIC!

**885 W. Connexion Way
Columbia City**

Thursdays 1 pm–5 pm

**MEDICARE
SUPPLEMENTS**

**MEDICARE
ADVANTAGE PLANS**

**MEDICARE DRUG
PLANS**

**INCOME-BASED
ASSISTANCE**

**VETERANS
MEDICARE PLANS**



**SCOTT ALLISON
(574) 212-2888**



*Allison &
Associates
Insurance*

107 N CHAUNCEY STREET
COLUMBIA CITY, IN 46725

Your local Medicare agent



WHITLEY COUNTY COUNCIL ON AGING INC.
710 N Opportunity Drive
Columbia City, IN 46725

NON-PROFIT ORGANIZATION
U.S. POSTAGE PAID
COLUMBIA CITY, IN 46725
(PERMIT NO. 263)



"YOUR BEST LOCAL RESOURCE FOR SENIOR SERVICES"

Thank you WCCOA Sponsors!

Autumn Trace Senior Communities, Columbia City

Miller's - Oak Pointe

Oberlin Marketing - Heidi Darley

Stillwater Hospice

Symmetry Financial Group - Adia Lewis Field



2024 Senior Fair Sponsor!