

## the SENIOR CALLER

WOODLANDS SENIOR ACTIVITY CENTER



710 N. Opportunity Dr. - Columbia City, IN 46725
Office Hours: Mon-Thu 8 am - 4 pm / Fri 8 am - 1 pm
260-248-8944 1-800-290-1697
TTY Relay 800-743-3333

www.whitleycountycouncilonaging.org



**Woodlands Senior Activity Center** 



### 02 A

#### **ABOUT OUR CENTER**

#### **OUR MISSION**

To enable the senior citizens of Whitley County to live confident, dignified, independent and productive lives through education, programs and services.

#### **OUR SERVICES**

- \* Transportation
- \* Weekday Lunches
- \* Home Delivered Meals
- \* Lending Library
- \* Information & Referral
- \* Food Share Programs
- \* Annual Senior Fair

- \* Senior Caller Newsletter
- \* Tax Assistance (Feb-Apr)
- \* Social Gatherings & Entertainment
- \* Medical Equipment Loan Program
- \* Incontinence Items

- \* Health Programs/Exercise
- \* Educational/Informational Programs
- \* Non-Perishable Food Pantry & Bread Pantry
- \* Pet Food Pantry
- \* Woodland Trips

**TITLE VI NOTICE TO THE PUBLIC:** All programs and services are provided without regard to race, color, or national origin in accordance with Title VI of the Civil Rights Act. Any person who believes she or he has been aggrieved by any unlawful discriminatory practice under Title VI may file a complaint with WCCOA.

#### **OUR PEOPLE**

#### CORPORATION OFFICERS

Thor Hodges/President	(260-229-1284)	Duane Janssen/Treasurer	(727-687-7958)
Larry Barr/Vice President	(260-229-5945)	Shelbi Brown/Secretary	(260-610-8020)

#### **BOARD MEMBERS**

Larry Barr	(260-229-5945)	Paula Langeloh	(260-248-7848)
Shelbi Brown	(260-610-8020)	Marlin Leininger	(260-466-5231)
Clay Geiger	(260-609-9032)	Connie Reimer	(260-248-2826)
Dr. Christopher Grindrod	(260-481-6455)	Joan Western	(260-229-9902)
Thor Hodges	(260-229-1284)	Virginia Wright	(260-609-5249)
Duane Janssen	(727-687-7958)	Steve Yann	(260-449-1663)
Sandy Kyler	(260-229-1760)	Jane Yohe	(260-248-8373)

#### STAFF DIRECTORY

Jim Johnson	Executive Director	ext 3
Nancy Bledsoe	Office Manager	ext 4
Sheila Troyer/Manager	Nutrition	ext 2
Bernie King/Manager, Kim, Sarah	Transportation	ext 1
Gabby, Rose, Sharon	Reception	ext 5
Aimee Ray	Activities Manager	ext 9

#### **CONTACT US**

Call 248-8944 for a ride! Toll Free: 1-800-290-1697

Hours: 7am - 5pm Monday - Friday. A 48 hour notice (prior to 1 pm) is necessary.

Senior Transportation Services are funded in part through Title III of the Older Americans Act and Social Service Block Grants distributed through Aging and In-Home Services of Northeast Indiana. We are a Medicaid transit provider.

#### **INFORMATION WE NEED**

Who: Name, address, phone number, birthday, any disabilities, and if the client has Medicaid.

When: Appointment date and time.
Where: Destination, including address.

**Contact/Billing Information:** Name and address of the responsible parties.

#### **PRICING**

Distance	Fees - One Way	Fees - Round Trip
1-4 miles	\$6	\$12
5-10 miles	\$8	\$16
11-15 miles	\$12	\$24
16-25 miles	\$15	\$30
Over 25 miles	\$17	\$34
Out of County	\$29	\$58



Stated mileage are for trips made within Whitley County.

- \* Children under 12 ride free with an adult. Adults must provide car seats when necessary.
- \* Veterans \$20 Round Trip for trips outside of Whitley County.
- \* Working Seniors 60+ public rates apply.
- \* Seniors 60+ donation only; service is not denied to anyone who is not able to donate.

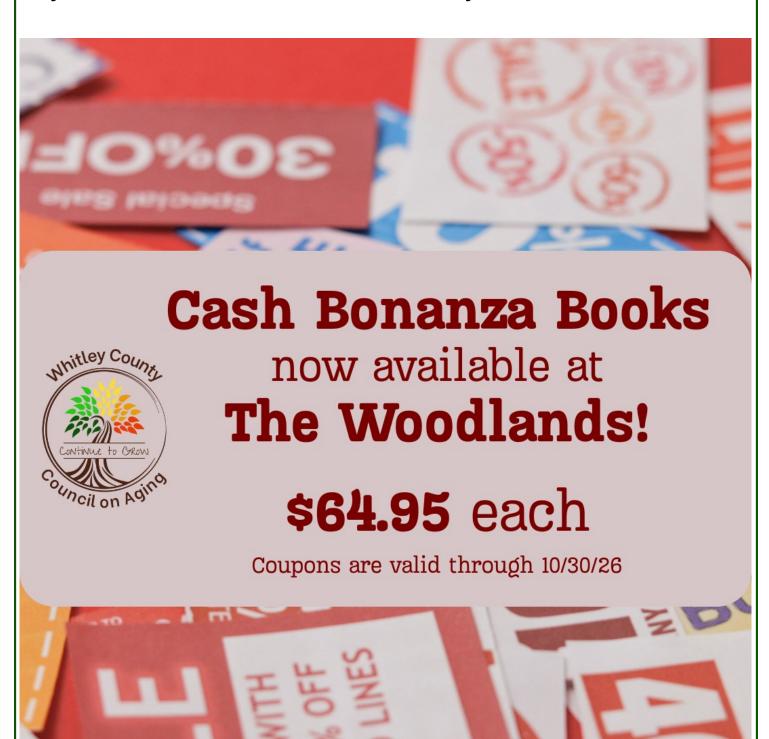
**Exact payment is required.** For your convenience, you may buy Transit Punch Cards for \$40 per card (a \$45 value).

CLIENTS MUST BE READY 15 MINUTES PRIOR TO SCHEDULED PICK-UP TIME

All vans are sanitized throughout the day for your safety.

#### **CASH BONANZA**

# Help support the Woodlands; buy your book before they're sold out!



#### **LUNCH N LEARN**



November
3<sup>rd</sup> we will
have Derrick
Hughes from
George's
Medical

December

2<sup>nd</sup> we will
have John
Johnston
from 1<sup>st</sup>
Source
Bank.





#### **NOTABLE DATES**

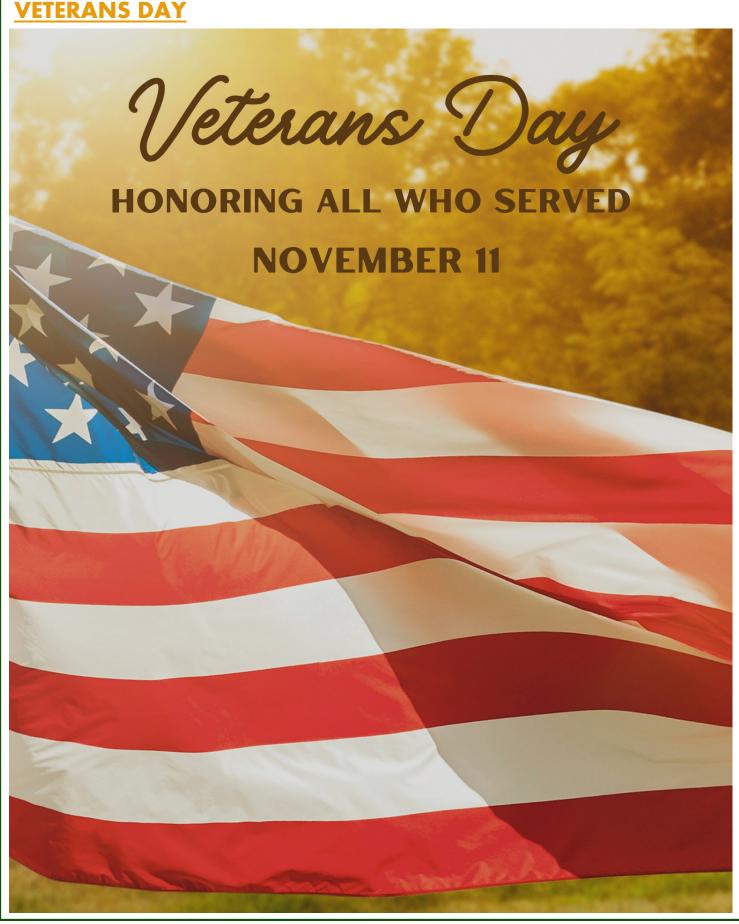


11/10/25 Veteran's Day Lunch 11/20/25 Tenderloin Lunch 11/25/25 Thanksgiving Lunch

# Movie days are back...

There will be a new movie played every Monday at 12:15. Come join us for popcorn and a good time





# NOVEMBER 2025

# THE WOODLANDS 260-248-8944 RESERVATIONS REQUIRED 2 BUSINESS DAYS IN ADVANCE. \$7 PER MEAL.

Monday	Tuesday	Wednesday	Thursday	Friday
3 9:00 Line Dancing 10:00 Chair Exercise with Brittney & "Cooking and Grocery Shopping for One" 11:30 Lunch N Learn: by Derrick Hughes from George's Medical; Creamed Beef on Toast for Pickup and Delivery 12:15 Movie 1:00 Mahjong	4 9:00 Euchre 9:00 Bible Study with Cheryl 11:30 BBQ Chicken Sandwich 12:00 Dominoes 12:30 Bible Study w/Bob	5 9:00 Pixie Bingo: Partner, The Waters *Players must bring prizes! 9:00 Line Dancing 10:15 Drumming Class 11:30 Beef Stew 12:30 Hand & Foot Game	6 10:00 Alzheimer's: "Sleep Well, Be Well" 11:30 Stuffed Cabbage Roll 12:30 Euchre	7 9:00 Euchre 9:00 Line Dancing 10:00 Chair Exercise 11:30 Chili Dog
10 No Activities today due to a Private Event. Lunch will be as follows: Chicken Salad Sandwich *Pickup & Delivery ONLY *NO Dine-In available	9:00 Euchre 9:00 Bible Study with Cheryl 11:30 Veggie Lasagna 12:00 Dominoes 12:30 Bible Study w/Bob	9:00 Line Dancing 10:00 1 on 1 w/Darcy 10:15 Drumming Class 10:45 Blood Pressure Ck 11:30 Breakfast Casserole 12:00 Health Class with Darcy: "Five Myths about Aging" 12:30 Hand & Foot Game	13 BIRTHDAY WISHES 11:30 Cube Steak w/Beef Gravy 12:15 Music by: Scotty Rocker 12:30 Euchre 6:30 Grieving Friends Support Group	14 9:00 Euchre 9:00 Line Dancing 10:00 Chair Exercise 11:30 Tuna Noodle Casserole
9:00 Board Meeting 9:00 Line Dancing 10:00 Chair Exercise 11:30 Beef Liver with Onions 12:15 Movie 1:00 Mahjong	9:00 Euchre 9:00 Bible Study with Cheryl 11:30 Creamy Chicken Mushroom Pasta 12:00 Dominoes 12:30 Bible Study w/Bob 1:30 The League	9:00 Pixie Bingo: Partner Oberlin Mrktg/Heidi Darley *Players must bring prizes! 9:00 Line Dancing 10:15 Drumming Class 11:30 Smoked Sausage, Green Beans and Potatoes 12:30 Hand & Foot Game	20 11:30 Tenderloin 12:15 Entertainment: Joe Gottschalk 12:30 Euchre Tourney	9:00 Euchre 9:00 Line Dancing 10:00 Chair Exercise 11:30 Potato Beef Casserole

24	25	26	27	28
9:00 Line Dancing	9:00 Euchre			AND DESCRIPTION OF THE PERSON
10:00 Chair Exercise	9:00 Bible Study with		E	市 きょうこう
11:30 French Toast Cas-	Cheryl			
serole w/Sausage	11:30 Thanksgiving Lunch:	40		
Patty	Turkey w/Fixings			Contract of the last
12:00 Presentation: Gary	12:00 Dominoes			W.
Bird will discuss Whitley	12:30 Bible Study w/Bob	9	CI OCED EOF	
County Cemetery Cleaning		Ī	OLOSED FOR	
and Restoration/Wreaths		-	MANKAGIVIN	
Across America			II de la	
12:15 Movie				

# DECEMBER

T	2	က	4	ಬ
11:30 Scalloped Potatoes 11:30 Chicken Broccoli	11:30 Chicken Broccoli	11:30 Grilled Cheese with	11:30 Grilled Salmon	11:30 Philly Cheesesteak
and Ham	Rice Casserole	Taco Soup		

- Take-Out & Delivery: Orders must be placed 2 business days in advance. The meal is \$7. There is a \$2 charge for meal delivery. Please note that shifting of food may occur during delivery; therefore, be cautious when opening the container(s). Evening dinners <u>are not</u> available for delivery. X
- \* A Garden Salad can be ordered in place of any meal.
- \* This menu is subject to change at the discretion of our kitchen staff.

### 10

#### **HEALTH & WELL-BEING**

#### **EQUIPMENT LOAN PROGRAM**

#### **SHORT-TERM LOANER EQUIPMENT**

Walkers, canes, crutches, and shower chairs require a \$10 deposit. Wheelchairs and knee scooters require a \$25 deposit.

Incontinence items are also available. Each recipient is allowed one package per month.

#### **FOOD PROGRAMS**

#### **WEEKEND MEALS**

Order as many weekend meals as you like by Wednesday at noon, then pick them up on Friday or have them delivered. Call the Woodlands for more details.

#### NON-PERISHABLE FOOD PANTRY

The senior food pantry is available to seniors **50+** who find themselves short on non-perishable grocery items. It can be used as a supplemental food source <u>one time per month</u>. Pantry days/hours: Monday and Thursday from 9 am - 11 am & 12 pm - 3 pm.

#### WOODLANDS FOOD SHARE PROGRAM

Seniors living on a limited income and in need of additional food items on an ongoing basis can apply for a supplemental food program. The program provides a 10 to 15 lb bag of shelf stable food items **one time per month**. Call the Woodlands for more details.

#### PET FOOD

#### **PET PANTRY**

Dog and cat food is available for pick up <u>once per month</u>. The Pet Food Pantry days/hours are Monday and Thursday from 9 am - 11 am & 12 pm - 3 pm. *Pet food is available dependent on supply.* 



#### **HAIR CARE**

#### **Haircuts & Eyebrow Waxing by Lyndah**

Call 248-8944 x5 for more information.

Haircut \$10
Cut w/style \$11
Men's Haircuts \$5
Eyebrow Waxing \$5

#### **NAIL CARE**

#### **Manicures by Lyndah**

Call 248-8944 x5 for more information.

Filing \$3
Polish \$5
Filing & Polish \$8
Please bring your own nail polish.

#### **FOOT CARE**

#### Foot Care & Reflexology by Toni Mowery, LPN

Call 248-8944 x5 for more information.

\* Please bring a wash basin & large bath towel. \*



#### **MASSAGE**

#### Massage by Annette Bear, LMT

15-minute chair massage for \$15

Call 248-8944 x5 for more information.

\*All equipment will be sanitized prior to each appointment time.\*



#### **MEMBER OF THE MONTH**

We are extremely honored to receive this recognition by the Whitley County
Chamber of Commerce!



#### October Member of the Month







Congratulations to this month's Member of the Month - The Woodlands Senior Activity Center!

The Woodlands Senior Activity Center, overseen by the Whitley County Council on Aging, plays a vital role in supporting Whitley County seniors as they pursue independent, active, and fulfilling lives. Conveniently located in Columbia City, The Woodlands offers a wide range of weekly activities, programs, games, entertainment, and meals—along with valuable resources for adults ages 50 and older. In partnership with Whitley County Transit, the county's rural public transportation system, they continue to make a meaningful impact throughout the community.

The Chamber is proud to recognize The Woodlands for their ongoing involvement and continued support of local initiatives.

**CONGRATULATIONS!** 

#### DAYLIGHT SAVING



# It's time!! Sunday November 2

#### **ADVERTISEMENTS**

## Volunteer with SHIP and help others with THEIR Medicare questions!



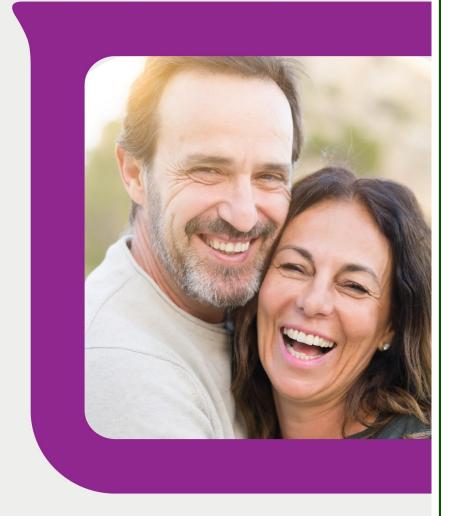
## We need YOU to help your neighbors in Whitley County!

SHIP is driven by highly trained, certified volunteers who are committed to helping people with Medicare determine the best health insurance choices for their individual situations and to understand their Medicare benefits and options: Medicare Advantage, Medicare Supplement Plans, Part D drug coverage, long term care options, and financial assistance programs.



Learn more at www.in.gov/ship/become-a-ship-volunteer or call (800) 452-4800.





# Convenient Care. Just for You.

#### Mental and physical health care in a single visit.

Make your appointment.

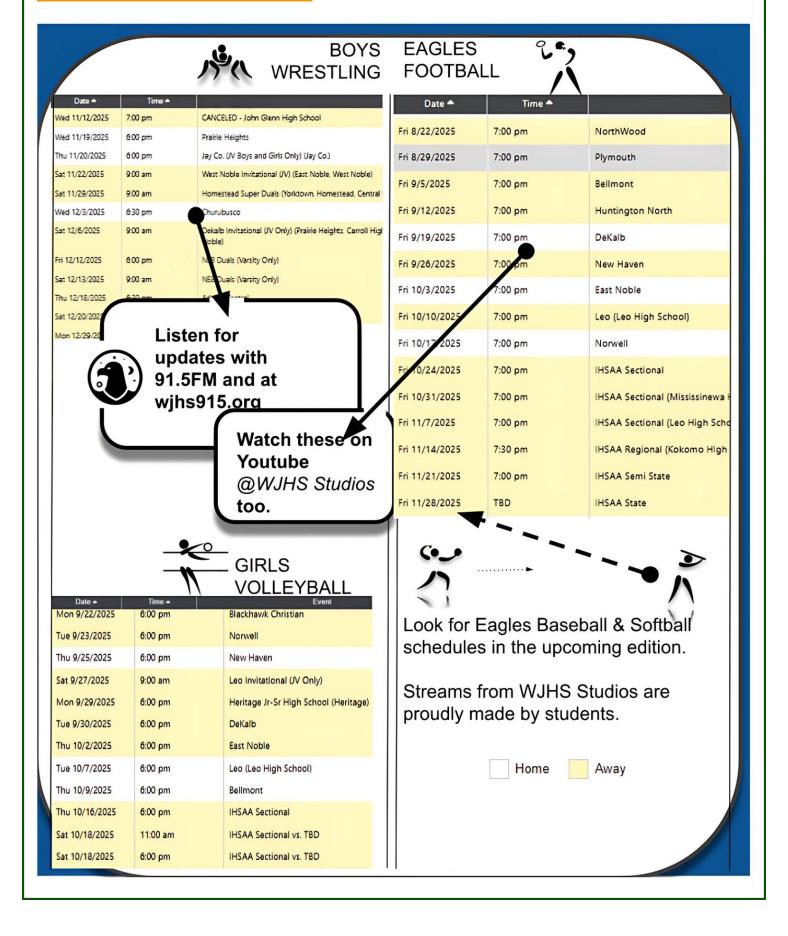
800-342-5653 BowenHealth.org

New name, same compassionate commitment to you. At Bowen Health, we offer combined services at our locations. So, you can get mental health care, medical health care, addiction recovery support and life skills coaching all under one roof. Our warm, friendly care team is ready to welcome you in, regardless of your ability to pay. Come see us or schedule an online video appointment and get the care you need today.



BOWEN HEALTH

#### **CCHS SPORTS SCHEDULE**





#### "YOUR BEST LOCAL RESOURCE FOR SENIOR SERVICES"

#### Thank you WCCOA Sponsors!

Cedar Creek Assisted Living, Warsaw

Home Instead

Miller's - Oak Pointe

Oberlin Marketing - Heidi Darley

Seasons Home Care

Stillwater Hospice

The Waters

