



Dear Executive,

I see you.

Behind the title, the success, and the recognition, there's a part of you that feels deeply alone. You've climbed to the top, earned your place at the table, and yet, when the day is done, there's a hollowness. I know what it's like to be celebrated for what you achieve at work while feeling like a stranger in your own home, disconnected from the people who matter most. I've been where you are—highly successful, but quietly struggling.

You may be admired by your colleagues, respected by your peers, but when you walk through the door at home, you're faced with broken relationships, silence, or even resentment. Perhaps your family doesn't see you the way your colleagues do. Maybe your kids don't look up to you, or you feel like you've lost connection with the person you love most.

I know because I've lived it. I've walked the same path. I've held power in one hand and loneliness in the other. And, like you, I reached a point where I questioned whether it was all worth it.

But unlike most, my journey led me to a place few have been—into captivity, an international hostage for years. It was in that place, stripped of everything, that I learned the true value of life. And while I wouldn't wish my experience on anyone, I gained a profound understanding of what truly matters. I discovered that success at work means nothing if you're disconnected from your family, your peace, and your sense of self.

Today, I live with more peace, joy, and gratitude than ever before. I didn't just survive my ordeal; I learned how to reclaim my life, my balance, and my family. And now, I'm offering to help you do the same—without the trauma I endured. You don't have to lose everything to realize what's truly important.

As a former C-suite executive, I know your struggles intimately. The sleepless nights, the endless demands, the pressure to always be on top—it's all-consuming. But I also know how to guide you through these challenges, because I've been where you are. I've navigated the same terrain and come out the other side.

This isn't just another coaching program. This is a partnership where I help you find the balance you're missing, to reconnect with the parts of your life that feel distant or broken. Together, we'll work to rebuild what's been lost—without sacrificing your professional success. You deserve to be a leader in every part of your life, not just at work.

I see you. I hear you. And I'm here to help.

Let's begin this journey together.

Warmly,

Jose Pereira

Executive Coach, Survivor, & Advocate

Jose@JoseConnect.com