**{YOUR FULL ADDRESS}  
{YOUR POSTCODE}**

**{DATE}**

Dear **{MP NAME}**,

My names is **{YOUR NAME}**. I am writing to you today because I am extremely concerned about the Personal Independence Payments new Daily Living 4-point rule\* that will start in 2026 (for new claims and reviews).

This is something that is particularly important to me as I depend on this funding.

My PIP funding changed my life as I can now **{ENTER BLUNT, SNAPPY, BRUTAL REAL LIFE EXAMPLE IN A SENTENCE OR TWO}**.

If this rule is introduced and I am at risk of losing my PIP funding it would be catastrophic for me as I would not be able to **{ENTER BLUNT SNAPPY BRUTAL SENTENCE OR TWO – please do NOT mention rent as then other MP’s will say, there are benefits for this and it will mean your letter is wasted}**.

**{REMEMBER YOU ARE UNIQUE, KEEP YOUR EXAMPLES VERY PERSONAL FOR YOU, WE NEED THEM TO SEE US AS HUMANS}**.

I am asking you to take the following steps to address my concerns:

* Please pledge your support to our campaign and sign this petition: <https://chng.it/d6X8HvdZrQ>
* Please raise it in the House of Commons, where it will be officially recorded
* Please fight for us, in any other way that you can

I would really appreciate it if you could let me know if and how you are able to help. If you are unable to address this personally, please can you escalate my letter to the relevant Minister or department.

Please be aware, I am part of a very stubborn community and many of us will be writing to our local MP’s for help.

Yours sincerely,

**{YOUR NAME}**

\*The new 4 point rule means that if someone is currently receiving ‘Daily Living’ Personal Independence Payments funding, from 2026 if they do not have 4 points or above in ONE of the 10 Daily Living activities, they will lose their funding. I cannot put into word how negatively this will impact the quality of life for those who will lose the funding due to this new rule. Here is a video that explains the rule in more detail (Timestamp 15:07) <https://youtu.be/TpViU-JFoqg?si=Ke3KeD3Odg1cwReh>