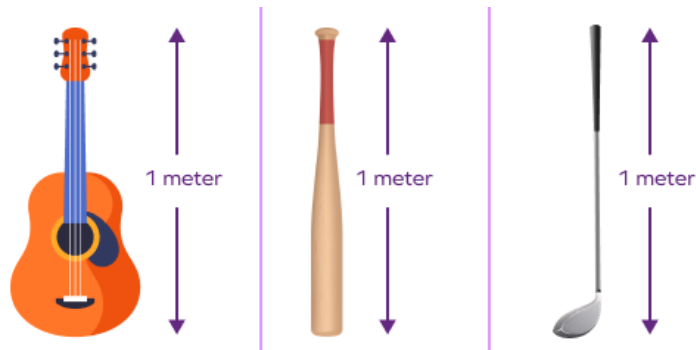
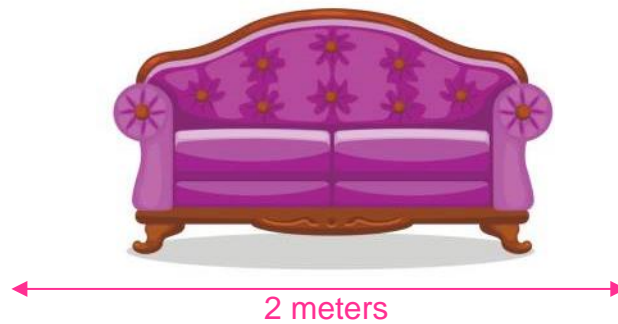
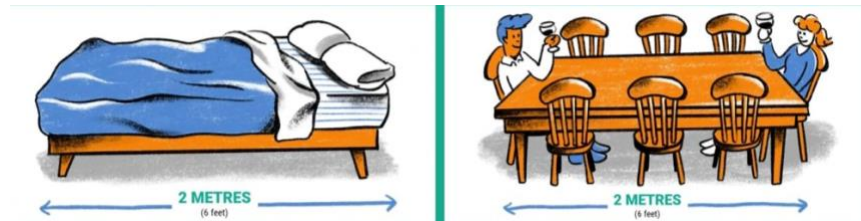


This is to help you assess your own walking distances:

1 meter is roughly the length of a guitar, baseball bat or golf club



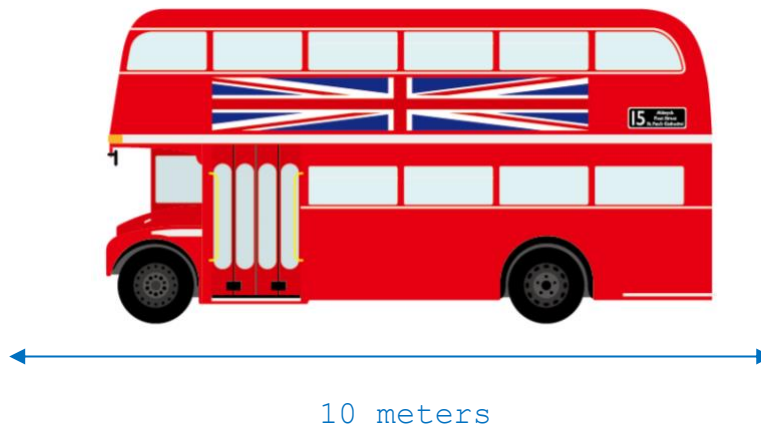
2 meters is roughly the length of most beds, 2-seater sofas or dining tables



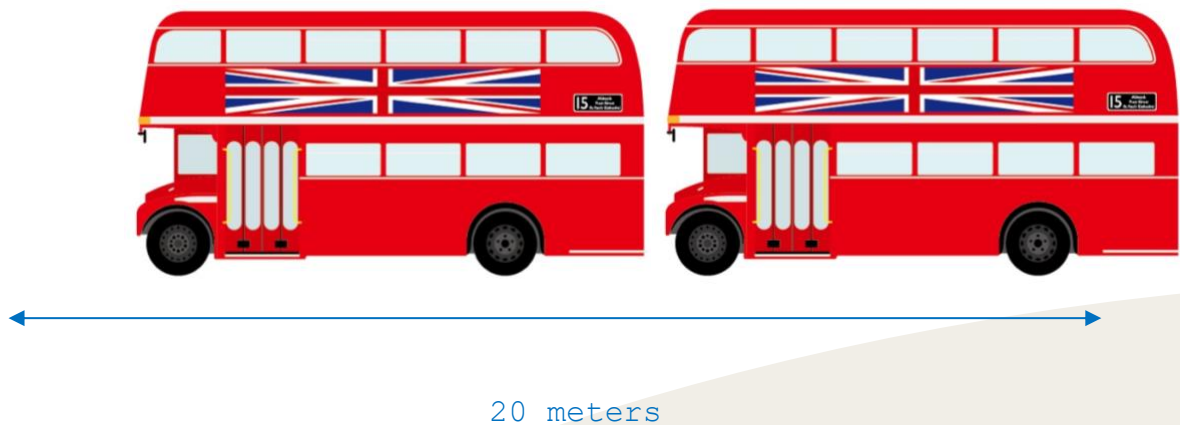
3 meters is roughly the length of most 3-seater sofas



10 meters is roughly the length of a bus



20 meters is roughly the length of TWO buses





50 meters is roughly the length of FIVE buses or half a football pitch





200 meters is roughly the length of 20 buses, 2 football pitches OR a distance like this

