**PIP Assessment Practice**

**[Enter Name]’s Notes- Part 1**

**Charlie Note:***In part 1 there are more words. This is your first practice assessment so aim to have one like this that reflects* ***your*** *life.*

*If you do not score points in a section (‘communication’ for example) do NOT include it on this sheet.*

***Bold & underlined****= points. It is critical that you communicate these key words.*

*REMEMBER- Use your own words. Do not just copy my wording as you might risk losing.*

**PREPARING FOOD**

* **Not SAFE**
* [enter name] has to prepare food
* Drop things

**EATING**

* [enter name] **CUTS** food due to [enter details] and **NAGS**

**MANAGING THERAPY**

* [enter therapy] takes **30-40 minutes** a day.
* [enter name] **nags** a LOT

**WASHING**

* [enter name] **LIFTS** left leg
* **Lower** body, right side

**TOILET**

* Accidents, [enter name] **HELPS** with clothes once a week
* Hold **SINK** to get up/down on toilet

**GETTING DRESSED**

* [enter name] **HELPS BUTTONS** and shoe **LACES**

**MONEY**

* [enter details]

**ENGAGING WITH PEOPLE FACE TO FACE**

* [enter details]
* FRUSTRATED
* Stay **IN** avoid

**PLANNING A JOURNEY**

* Only go with [enter name]
* **NEVER** on my own to somewhere new

**MOBILITY**

* No more than [enter details] bus lengths, then rest
* **SLOW** walker
* LEAN ON WALL OR SIT AFTER REST= CAN DO A BIT MORE

**IMPORTANT**

[Add key words/phrases here that you need to remember. Maximum 4 words/phrases]

1. ### (example- NOT SAFE)
2. ### (example- MORE TIRED AS DAY GOES ON)
3. ###
4. ###

Charlies reminder for you: *This is for your INDEPENDENCE!*

*You CAN do this!*

*Just be honest and stand your ground!*