



PIP Assessment Practice

[Enter Name]'s Notes- Part 2

Charlie Note:

This is your FINAL practice assessment so aim to have one like this that reflects your life.

If you do not score points in a section ('communication' for example) do NOT include it on this sheet.

***Bold & underlined**= points. It is critical that you communicate these key words.*

REMEMBER- Use your own words. Do not just copy my wording as you might risk losing.

PREPARING FOOD

- **CHAIR**
- **MICROWAVE**
- POTS



EATING

- Husband CUTS food due to fatigue and NAGS

MANAGING THERAPY

- 15-20 minutes a day.
- Depression

WASHING

- HAIR
- CHAIR

TOILET

- Accidents, wife HELPS with clothes once a week
- SINK

GETTING DRESSED

- SOCKS

MONEY

- [enter details]



ENGAGING WITH PEOPLE FACE TO FACE

- CANNOT DO IT ALONE
- FRUSTRATED
- Stay IN avoid

PLANNING A JOURNEY

- Only go with mum
- NEVER on my own to somewhere new

MOBILITY

- No more than **5** bus lengths, then rest
- LEAN ON WALL OR SIT AFTER REST= CAN DO A BIT MORE



IMPORTANT

[Add key words/phrases here that you need to remember. Maximum 4 words/phrases]

1. ### (example- NOT SAFE)
2. ### (example- MORE TIRED AS DAY GOES ON)
3. ###
4. ###

Charlies reminder for you: *This is for your INDEPENDENCE!*

You CAN do this! Just be honest and stand your ground!

REMEMBER- Do not practice too much. You cannot sound 'scripted'. This practice is to get you the main points you need to communicate in your head. You will chat with PIP, in conversation. Trust me!