



PIP Assessment Practice

[Enter Name]'s Notes- Part 1

Charlie Note:

In part 1 there are more words. This is your first practice assessment so aim to have one like this that reflects your life.

If you do not score points in a section ('communication' for example) do NOT include it on this sheet.

***Bold & underlined**= points. It is critical that you communicate these key words.*

REMEMBER- Use your own words. Do not just copy my wording as you might risk losing.

PREPARING FOOD

- **Not SAFE**
- [enter name] has to prepare food
- Drop things



EATING

- [enter name] CUTS food due to [enter details] and NAGS

MANAGING THERAPY

- [enter therapy] takes 30-40 minutes a day.
- [enter name] nags a LOT

WASHING

- [enter name] LIFTS left leg
- Lower body, right side

TOILET

- Accidents, [enter name] HELPS with clothes once a week
- Hold SINK to get up/down on toilet

GETTING DRESSED

- [enter name] HELPS BUTTONS and shoe LACES

MONEY

- [enter details]



ENGAGING WITH PEOPLE FACE TO FACE

- [enter details]
- FRUSTRATED
- Stay IN avoid

PLANNING A JOURNEY

- Only go with [enter name]
- NEVER on my own to somewhere new

MOBILITY

- No more than [enter details] bus lengths, then rest
- SLOW walker
- LEAN ON WALL OR SIT AFTER REST= CAN DO A BIT MORE



IMPORTANT

[Add key words/phrases here that you need to remember. Maximum 4 words/phrases]

1. ### (example- NOT SAFE)
2. ### (example- MORE TIRED AS DAY GOES ON)
3. ###
4. ###

Charlies reminder for you: *This is for your INDEPENDENCE!*

You CAN do this!

Just be honest and stand your ground!