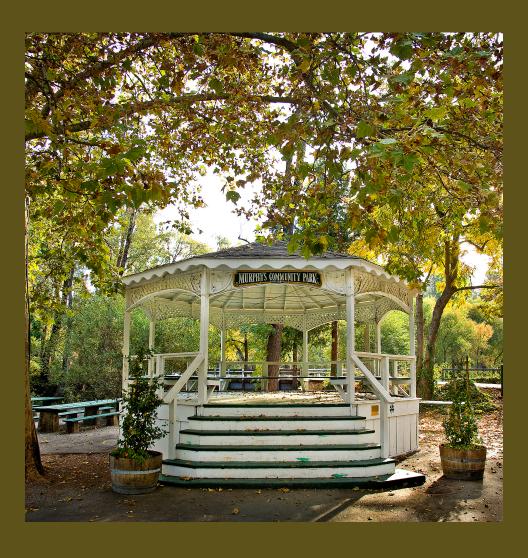
SOLO TRAVELERS GUIDE MURPHYS CALIFORNIA

Sample Itineraries

Things to Do & Insider Tips

Self Care & Classes



ABOUT MURPHYS, CA





Photo Credit: Sandra Beals



Welcome to Murphys, CA located in the Sierra Foothills of Northern California, about a two hour drive from Sacramento and the greater Bay Area. Our Gold-Rush Era town is a refreshing getaway from the hustle and bustle of city life. Murphys, Queen of the Sierras, is located at an elevation of 2400 feet above sea level and just below the snow line - perfect for year-round outdoor exploration.

A former gold mining settlement, the Main Street today is lined with over two dozen wine tasting rooms and surrounded by local vineyards. Nearby attractions include Calaveras Big Trees State Park, Bear Valley Ski Resort and Historic Caverns. The world's largest crystalline gold leaf is displayed just south of town at Ironstone Vineyards. The community hosts fun annual fundraising events.

Visitors to our two B&Bs - Victoria Inn and Historic Dunbar House as well as our V Vacation Rentals, love the privacy and proximity to Historic Main Street Restaurants and Shops - most within walking distance. Solo Travelers can leave the car parked and take in most of the historic sites and adventures that Murphys has to offer on foot. We have created this handy Solo Traveler Guide to take the guesswork out of your visit to our charming town of Murphys. Reach out to book your perfect Murphys Solo Trip at reservations@experiencemurphys.com. We look forward to hosting you!

SOLO TRAVELER **ITINERARIES**

Murphys, CA - Queen of the Sierras

Of all the Gold Rush communities, Murphys has maintained the character of the original town," says Michael Ninos, owner of The Victoria Inn, Historic Dunbar House and V Vacation Rentals. "It's not on a major thoroughfare. The highway bypassed the town, so it escape and the development of mini-marts and strip malls in the 1970s. Newer buildings have been built in keeping with the aesthetic of the town."

DAY ONE

After your drive through rolling hills to Murphys, we suggest that you begin your visit with a nature walk (weather permitting). Park near the Murphys Community Park and head to Ironstone Vineyards & Heritage Museum (about 1.5 miles each way from Downtown Murphys). Stroll through the gorgeous gardens that make up the 1100-acre grounds, explore the wine caverns, and see the World's Largest Gold Leaf Specimen (44 pounds) while delving into the deep history of Ironstone Vineyards, Murphys and the Gold Rush. Grab some snacks and wine at the deli to enjoy at one of their outdoor picnic tables or next to the peaceful pond. A perfect solo spot to journal or take in your favorite book. Reservations can be made HERE.



Photo Credit: Sandra Beals



Photo Credit: Sandra Beals

If a Nature Walk is not your thing, take in a Workshop at Serendipity - Arts and Crafts downtown Murphys. Be sure to reach out in advance HERE to check their workshop schedule and make reservation. Get ready to to create and explore their beautiful shop that features wares from local artists.

DAY ONE CONT'D...

Perhaps you would like to begin your visit with a Spa Day for the ultimate Self Care. Reach out ahead of your trip to schedule a variety of services at <u>Jillian Day Spa and Salon</u> or <u>Elements</u>. We can also arrange an In-Room Massage Service if you prefer.

When arriving Thursday through Sunday, you can enjoy a Pub Inspired Dinner and Live Music at the <u>Murphys Irish Pub</u>, downtown Murphys. Considered the Public House of Murphys this is a great spot for solo travelers to connect with others and get recommendations.



Photo Credit: Sandra Beals



Photo Credit: Sandra Beals



Photo Credit: Elements Day Spa



Photo Credit: Jillian Day Spa

SOLO TRAVELER ITINERARIES

Murphys, CA - Queen of the Sierras

There are so many great restaurants here that you'll feel spoiled for choice. Our chefs take their menus very seriously – offering exquisite food at affordable prices. In fact, there's a distinct possibility you'll find your favorite ever dish here in this beautiful, historic town," shares Calaveras Visitors Bureau Director, Martin Huberty.

DAY TWO

Enjoy a delicious hot breakfast and coffee at both of our B&Bs - included with your stay and a perfect start to the day. Our Vacation Rental guests often opt to take a short walk to <u>Gold Country Roasters</u> for hand crafted espressos, lattes, and fancy coffee drinks. With plenty of indoor and outdoor seating spaces, this is an ideal spot to catch up on laptop projects or get back into your favorite book.



Photo Credit: Calaveras Visitors Bureau



If Yoga and Meditation is on your agenda, Good Karma Yoga Loft is the space for you today. With 3-5 classes offered most days, you will find something just right during your visit to Murphys. It's a good idea to call ahead to learn about the classes and also confirm availability. An easy walk from most of our lodging spots.

FOR THE MORE ADVENTUROUS SPIRIT...

Bear Valley Mountain Resort

If visiting during the snow season a road trip to Bear Valley Mountain Resort for ski and snowboard fun is certainly in order. Nestled off scenic highway 4 in the Central Sierra Mountains and Stanislaus National Forest, Bear Valley Mountain Resort offers world-class terrain at 8,495 feet. Easily accessible from all of Northern and Central California, Bear Valley is a retreat for both beginner and expert skiers and snowboarders seeking space and breathtaking views. At Bear Valley, you'll find a big mountain ski and ride experience with small town vibes. Check out their Events Calendar for extra special activities or take in a Clinic or Lesson from the pros.

Lakes and Rivers of the High Sierras

A few easy in and out options within 30-45 minutes from downtown Murphys include White Pines Lake in Arnold and the Stanislaus River off of Boards Crossing Road in Dorrington. White Pines Lake also offers a beautiful <u>Arnold Rim Trail Hike</u> with breathtaking views of nature and the mountains.

Sourgrass Recreation Area is a truly magical spot to take in the majestic river running through boulders and trees. A trip to Dorrington wouldn't be complete without a visit to the <u>Lube Room Saloon and Grill</u> where you will find some of the best onion rings and burgers around. In 1975, this building was an outdoor grease rack, dirt floor and all. In 1977, the original Owners decided to switch from grease to BEER. Hence, "THE LUBE ROOM SALOON". Everything that is hanging has been brought by their customers and friends. With Outdoor Concerts during the Summer and Karaoke and a great Juke Box during the colder months, there is always something fun happening.

Down the hill from Murphys about 45 minutes to an hour and a half is <u>Lake Camanche</u>, <u>New Hogan</u>, <u>New Melones</u>, and <u>Lake Tulloch</u> - all welcome personal watercraft and other towables. All outletsl offer boating, fishing, day-use hiking, biking, seasonal wildflowers, wildlife viewing, and interpretive programs.



Photo Credit: Sandra Beals



Photo Credit: Sandra Beals



Photo Credit: Sandra Beals

DAY TWO CONT'D....

If you love to create, consider a visit to <u>Quyle Kilns Pottery Studio</u> - just five minutes up the highway from the main Street and located on the same property as <u>Brice Station Vineyards</u>, Tasting Room, Outdoor Amphitheater and Sculpture Garden. The Summer Concert Series is a local favorite. The family here are some of the oldest land owners our historic town. You will want to reach out in advance to book your class.





Our family run, organic vineyard sits at 3,300ft - one of the highest vineyards in California. Come by to taste our award winning wines. Call to schedule an appointment to tour the grounds. (209) 728-9893

EXPLORE 50+ STYLES OF WINE DOWNTOWN MURPHYS

With 20 tasting rooms smattered along Main Street, pick a handful to visit on day two where you can sample over 50 varieties of wine in a one mail stretch. Find a listing of local vintners and wine country events at the Calaveras Winegrape Alliance site HERE.

Think Laid Back Vibe, Up Close and Personal with Winemakers and Winery Owners, and exploration. Taste in Historic Stone Buildings along Main Street or Venture out to the Vineyards along Highway Four.



Photo Credits: Sandra Beals



Photo Credit: Calaveras Winegrape Alliance.

If you have never been a part of a Grape Stomp Competition, be sure to visit Murphys the first weekend in October! For over 30 years the town has come together for a good cause and the Gold Rush Street Fair has live music and festivities all day. Silent Auction and Part of the Grape Stomp Proceeds get donated to local parks and non profit groups.

SOLO TRAVELER ITINERARIES

DAY THREE & BEYOND

By now, you have had time to get familiar with the friendly folks of our town and it will be hard to leave! For those who prefer to stay for a long weekend, we suggest that you wrap up your visit with an adventure. Cavern Tours, Museum Visits, Hiking at Big Trees State Park, Stand Up Paddle Board fun at nearby lakes, and so much more awaits. Find a complete list of Things to Do at the Calaveras Visitors Bureau website HERE.

No visit to Murphys is complete without a visit to the <u>Spice Tin</u> for those who love to cook. And those who love to eat love <u>Nelsons Candy Kitchen</u> and <u>Jomas Handmade Ice Cream</u>. We even have a local book store - <u>Books on Main</u>. All of these special spaces are within walking distance in downtown Murphys.

"Travel is fatal to prejudice, bigotry, and narrow-mindedness, and many of our people need it sorely on these accounts".

-Mark Twain



Photo Credit: Sandra Beals



Photo Credit: Sandra Beals

Until next time! We hope that you delighted In your time with yourself on this Solo Trip to Murphys. May you leave inspired and renewed.

-The Experience Murphys Team