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#### TUES - SUN 8A - 1:30P

# APPETIZERS

ICHOUPITOULAS FRIES	٦Ļ
BOUDIN BALLS	\$9
FIRE CRACKER SHRIMP	\$1
FIRE CRAB BITES (6)	\$1

## ENTREES

THE UP&ADAM BREAKFAST Two eggs any style served with your choice of meat, grit or seasoned potatoes & toast. Biscuit add \$2	\$14 s
CATFISH & GRITS Fresh catfish fried to perfection topped with a crawfish cream sauce with creamy cheese grits	\$18
SHRIMP & GRITS Gulf shrimp sautéed with bell peppers & onion in a cream sau over creamy cheese grits	\$18 ce
TCHOUPITOULAS OMELETTE Crab meat & cheddar cheese omelette topped with grilled shrimp & crawfish cream sauce	\$18
THE GARDEN DISTRICT OMELETTE Bell peppers, tomatoes, onion, & cheddar cheese	\$14
FRENCH MARKET BREAKFAST SANDWICH Your choice of Sausage or Bacon, scrambled egg and cheese served on toast with potatoes or grits	\$12
CATFISH TCHOUPITOULAS Fried Catfish over Shrimp & Crawfish Rice topped with crab meat & crawfish cream sauce	\$22
TCHOUP BOWL Fried potatoes topped with cheddar cheese, crawfish cream sauce, & scrambled eggs. add bacon or sausage \$2	\$14
DOWNTOWN BREAKFAST Grilled pork chop with grits and two scrambled eggs	\$15
PANCAKE TRIO 2 Pancakes served with two scrambled eggs and your choice of sausage or bacon	\$14
CATFISH & PANCAKES	\$16

FRIED SHRIMP & CATFISH PLATTER

### SMALL PLATES

AVOCADO TOAST	\$10
Pickled red onion, arugula , scrambled egg & avocado spre on toast	ad
HOLLYGROVE CHICKEN BISCUIT Honey Tabasco marinated chicken with biscuit	\$12
LIL' EGG N RICE Shrimp & Crawfish Rice topped with an scrambled egg	\$13
SEAFOOD BISCUIT Grilled biscuit topped with shrimp & crab meat with tchoupitoulas sauce	\$12

#### **UP SIDES**

Grits	\$7
Seasoned Potatoes	\$5
Egg Any Style (1)	\$3
Side Pancake (2)	\$7
Buttermilk Biscuit w/ Honey Butter	\$4
French Fries	\$5
Bacon (3pcs)	\$4
Pork Sausage Links	\$4
Tchoupitoulas Sauce	\$7

#### BEVERAGES

Proudly Serving Up&Adam Coffee	
Cold Brew Coffee Hot Coffee	\$5 \$4
Hot Chocolate	\$4
Orange, Apple, Cranberry Juice	\$4
Hot Tea	\$3
Soda, Lemonade	\$3

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Some items may be cooked to order. Consuming raw or undercooked meats, poultry, seafood, shellfish or eggs may increase your risk of food borne illness, especially if you have certain medical conditions. Food prepared in our kitchen may contain or come in contact with peanuts, tree nuts, soy bean, milk, wheat, fish & shellfish. Please let your server know if you have a food allergy or other dietary restriction. Seafood is domestically sourced.

Served with one side \$22