



## APPETIZERS

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|-----------------------|------|
| TCHOUPITOUHAS FRIES   | \$14 |
| BOUDIN BALLS          | \$9  |
| FIRE CRACKER SHRIMP   | \$12 |
| FIRE CRAB BITES (6)   | \$10 |
| MID-CITY BEIGNETS (3) | \$9  |

## ENTREES

|                                                                                                         |      |
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| THE UP&ADAM BREAKFAST                                                                                   | \$14 |
| Two eggs any style served with your choice of meat, grits or seasoned potatoes & toast. Biscuit add \$2 |      |

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| CATFISH & GRITS                                                                               | \$18 |
| Fresh catfish fried to perfection topped with a crawfish cream sauce with creamy cheese grits |      |

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| SHRIMP & GRITS                                                                          | \$18 |
| Gulf shrimp sautéed with bell peppers & onion in a cream sauce over creamy cheese grits |      |

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| TCHOUPITOUHAS OMELETTE                                                                | \$18 |
| Crab meat & cheddar cheese omelette topped with grilled shrimp & crawfish cream sauce |      |

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| THE GARDEN DISTRICT OMELETTE                    | \$14 |
| Bell peppers, tomatoes, onion, & cheddar cheese |      |

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| FRENCH MARKET BREAKFAST SANDWICH                                                                 | \$12 |
| Your choice of Sausage or Bacon, scrambled egg and cheese served on toast with potatoes or grits |      |

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| CATFISH TCHOUPITOUHAS                                                                  | \$22 |
| Fried Catfish over Shrimp & Crawfish Rice topped with crab meat & crawfish cream sauce |      |

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| TCHOUP BOWL                                                                                                 | \$14 |
| Fried potatoes topped with cheddar cheese, crawfish cream sauce, & scrambled eggs. add bacon or sausage \$2 |      |

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| DOWNTOWN BREAKFAST                                  | \$15 |
| Grilled pork chop with grits and two scrambled eggs |      |

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| PANCAKE TRIO                                                                  | \$14 |
| 2 Pancakes served with two scrambled eggs and your choice of sausage or bacon |      |

|                    |      |
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| CATFISH & PANCAKES | \$16 |
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|                                |      |
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| FRIED SHRIMP & CATFISH PLATTER | \$22 |
| Served with one side           |      |

## SMALL PLATES

|               |      |
|---------------|------|
| AVOCADO TOAST | \$10 |
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Pickled red onion, arugula, scrambled egg & avocado spread on toast

|                                              |      |
|----------------------------------------------|------|
| HOLLYGROVE CHICKEN BISCUIT                   | \$12 |
| Honey Tabasco marinated chicken with biscuit |      |

|                                                     |      |
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| LIL' EGG N RICE                                     | \$13 |
| Shrimp & Crawfish Rice topped with an scrambled egg |      |

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| SEAFOOD BISCUIT                                                         | \$12 |
| Grilled biscuit topped with shrimp & crab meat with tchoupitoulas sauce |      |

## UP SIDES

|                                    |     |
|------------------------------------|-----|
| Grits                              | \$7 |
| Seasoned Potatoes                  | \$5 |
| Egg Any Style (1)                  | \$3 |
| Side Pancake (2)                   | \$7 |
| Buttermilk Biscuit w/ Honey Butter | \$4 |
| French Fries                       | \$5 |
| Bacon (3pcs)                       | \$4 |
| Pork Sausage Links                 | \$4 |
| Tchoupitoulas Sauce                | \$7 |

## LATE LUNCH AFTER 3pm

|                                                           |      |
|-----------------------------------------------------------|------|
| BBQ Bacon Cheeseburger                                    | \$14 |
| 4 oz smash burger with cheddar cheese, bacon, & BBQ sauce |      |

|                                                                         |      |
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| Tchoupitoulas Pasta                                                     | \$18 |
| Penne pasta in a crawfish cream sauce, sauteed shrimp & Parmesan cheese |      |

## BEVERAGES

### Proudly Serving Up&Adam Coffee

|                                         |     |
|-----------------------------------------|-----|
| Cold Brew Coffee                        | \$5 |
| Hot Coffee                              | \$4 |
| Hot Chocolate                           | \$4 |
| Orange, Apple, Cranberry Juice          | \$4 |
| Hot Tea                                 | \$3 |
| Pepsi, Pepsi Zero, Starry, Mountain Dew | \$3 |
| Mug Root Beer, Tropicana Lemonade       |     |