## YES CHEF CATERING LTD SCHOOL MEAL ALLERGEN CONTENT - Summer 2024



IMPORTANT NOTE: All food is prepared in a kitchen where nuts, gluten and other allergens could be present. Updated 15/03/2024

The below allergen content is a guide as on occasions menus, ingredients and products may have to be substituted.

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UPDATED 15th March 2024	***		T			APRIN MOLE	Mak		MUSTARD		S.			AN AN
MAIN DISHES	Celery	Cereals containing gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts	Peanuts	Sesame seeds	Soya	Sulphur Dioxide
Battered Chicken Burger		<b>✓</b>		<b>✓</b>									<b>√</b>	
Bbq Chicken														
Beef Bolognaise	<b>√</b>													<b>√</b>
Beef Burger		1							<b>√</b>					
Beef Burger ( Paragon Bookers)		1											1	
Beef Cowboy Chilli														<b>√</b>
Breaded Chicken		1												
Breaded Cod Fillet with Lemon		1			<b>√</b>									
Breaded Fish		1			<b>√</b>									
Cheese Burger		1											<b>√</b>	<b>√</b>
Chicken & Tomato Pasta		1												
Chicken BBQ		1												
Chicken Curry									<b>√</b>					<b>√</b>
Chicken Katsu Curry		1												
Chilli Con Carne (mild)														<b>√</b>
Honey Glazed Gammon														
Italian Meatballs in Tomato & Oregano Sauce		1											<b>√</b>	<b>√</b>
Mexican Chicken Fajita		1												
Roast Breast of Chicken														

Roast Pork Loin														
Roast Turkey														
Southern Fried Chicken		1					1							
	***		T				Malk		(MUSTARD)		· 100			New York
MAIN DISHES continued	Celery	Cereals containing gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts	Peanuts	Sesame seeds	Soya	Sulphur Dioxide
Cottage Pie														<b>4</b>
Honey Glazed Pork Sausages		1											<b>4</b>	<b>4</b>
Hot Dog														
Large Jacket Potato Hot Topping														
Pepperoni, Tomato & Mozzarella Pizza		<b>~</b>					<b>√</b>							
Pigs in Blanket (Christmas)		<b>~</b>											<b>✓</b>	<b>~</b>
Pork Meat Balls & Tomato & Basil Sauce	<b>✓</b>	<b>~</b>											<b>✓</b>	<b>√</b>
Pork Sausages BBQ Glazed		<b>~</b>											<b>✓</b>	<b>~</b>
Prime Pork Sausages		1											<b>4</b>	1
Sausage Plait		1											<b>√</b>	<b>4</b>
Toad in the hole		<b>√</b>		✓			✓							

Main meals and desserts are served to a food standards portion size.

Children can also help themselves to a selection of salads which vary each week and alternative desserts of yogurts and fruit salad.

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Food Standards 4. Agency

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Yes Chef Catering Ltd MUST be informed of any food allergies or dietary requirements & the day(s) the child wishes to eat before the start of each half term.

UPDATED 15th March 2024

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UPDATED 15th March 2024	***	W	T <sub>ink</sub>			- Pari	The state of the s		(WANTAN)		*			e de la companya de l
HALAL MAIN DISHES	Celery	Cereals containing gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts	Peanuts	Sesame seeds	Soya	Sulphur Dioxide
Halal BBQ Chicken		✓												
Halal BBQ Glazed Beef & Chicken sausages		<b>4</b>											✓	✓
Halal Beef Burger		<b>4</b>											✓	
Halal Beef Hot Dogs														
Halal Breaded Chicken BBQ		<b>4</b>												
Halal Chicken Curry														
Halal Chicken Fajitas		<b>4</b>												
Halal Chicken Katsu Curry		<b>4</b>												
Halal Cowboy Beef & Beans		<b>4</b>												
Halal Chicken Sausages		<b>4</b>											<b>√</b>	✓
Halal Crispy Chicken		<b>4</b>		<b>√</b>									✓	
Halal Honey Glazed Chicken		<b>4</b>												
Halal Honey Glazed Chicken sausages		<b>4</b>											✓	✓
Halal Lamb Bolognaise	<b>√</b>													<b>√</b>
Halal Lamb Burger		<b>4</b>												
Halal Lamb Chilli (mild)														<b>√</b>
Halal Lamb Meatballs in a Tomato Sauce														
Halal Lamb Sausage Plait		<b>4</b>		<b>√</b>										
Halal Lamb Shepherd's Pie														✓
Halal Mexican Chicken Fajita		<b>4</b>												
Halal Roast Breast of Chicken														
Halal Roast Chicken														
Halal Southern Fried Chicken		<b>√</b>					✓							
Halal Toad in the Hole		<b>4</b>		<b>√</b>			✓							

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UPDATED 15th March 2024						AUC AUC	Mik		(MUSSWED)		080			
MAIN VEGETARIAN DISHES	Celery	Cereals containing gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts	Peanuts	Sesame seeds		
BBQ Falafel														
BBQ Glazed Vegetarian Sausage (v)		1												
BBQ Vegetable Burrito (v)		1												
Cheese & Onion Pastie(V)		1		1			<b>√</b>							
Chunky Roasted Vegetables & Pasta (v)		<b>√</b>												
Fusilli Pesto Pasta with Herb Crumb & Cheese Topping (v)		<b>√</b>					<b>√</b>							
Halloumi & Sauté Mushroom(v)							1							
Halloumi Burger		1					<b>√</b>							
Italian Vegetable Balls & Tomato & Basil Sauce (v)	✓	<b>~</b>												✓
Large jacket Potato														
Macaroni Cheese (v)		<b>√</b>					✓							
MAIN VEGETARIAN DISHES continued	Celery	Cereals containing gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts	Peanuts	Sesame seeds	Soya	Sulphur Dioxide
Margarita Pizza(v)		<b>~</b>					<b>√</b>							
Mexican Bean Fajita (V)		<b>~</b>												
Mexican Vegetable Fajita with Sour Cream & Salsa (v)		1					1							
Mushroom Stroganoff							<b>√</b>						✓	
Penne Pasta Sweet Tomato & Basil Sauce (v)		1												<b>√</b>
Quorn Roast				<b>√</b>			✓							
								ì			1			i e
Quorn Sausage Hotdog (v)		1												
Quorn Sausage Hotdog (v)  Ratatouille Bake (V)		1												<b>√</b>
-														√ √
Ratatouille Bake (V)		<b>✓</b>												-

Stuffed Mushrooms (v)										
Stuffed Peppers (v)						<b>√</b>				
Vegetarian Bean Fajita's		<b>√</b>								
Vegetable Bolognaise (v)	<b>√</b>									<b>√</b>
Vegetable Burger (v)		<b>√</b>								
Vegetable Chilli (v)										<b>√</b>
Veggie Finger (Asda Plant Based)		✓								
Vegetable Hot Pot	<b>√</b>									<b>√</b>
Vegetable Katsu Curry (v)		<b>√</b>							<b>√</b>	
Vegetable Lasagne (v)	<b>√</b>	<b>√</b>								✓
Vegetable Lattice (v)		<b>√</b>		<b>√</b>		<b>√</b>				
Vegetable Pie										<b>√</b>
Vegetarian Toad in the Hole		<b>√</b>		<b>√</b>		<b>√</b>				
	***************************************	<b>W</b>	T		WEE	Mik	(M.STARD)	080		

Main meals and desserts are served to a food standards portion size.

Children can also help themselves to a selection of salads which vary each week and alternative desserts of yogurts and fruit salad.

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#### UPDATED 15th March 2024

UPDATED 15th March 2024		W.	T.				wiik		MUSTARO					A THE
SIDE DISHES	Celery	Cereals containing gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts	Peanuts	Sesame seeds	Soya	Sulphur Dioxide
Apple Sauce														
Baked Beans														
Basmati Rice														
Braised Rice														
Braised vegetable Rice														
Bread		<b>√</b>											✓	
Bread Sticks		✓										✓		
Brocolli														
Bun		<b>√</b>												
Butter							✓							
Caesar Salad							✓							
Carrots (Glazed)														
Cheese							✓							
Coleslaw				✓					✓					
Crunch Salad	✓													
Crusty Roll		<b>~</b>												
Garlic Bread		✓												
Garlic Roasted Potato wedges														
Garlic Roasted Potatoes														
Gravy	✓													
Hash Brown														
Herb Diced Potatoes														
Herby Potatoes														
Jacket Wedges														
Lightly Spiced Potato Wedges														

			**				Milk		MUSTARD					
Mashed Potato														
Sour Cream & Salsa							✓							✓
Mexican Savoury Rice														
Mini Jacket Potatoes														
Minted Peas														
Mixed Salad														
Mixed Vegetables														
Naan Bread		<b>√</b>					✓						✓	
Nachos														
Flat Bread & Tzatziki		✓					✓							
New Potatoes														
Noodles		✓		✓									<b>√</b>	
Pasta		✓												
Peas														
Pom Pin Potatoes							✓							✓
Potato & Carrot Hash														
Rice														
Roasted New Potatoes														
Roasted vegetables														
Slaw				✓					✓					
Stir Fried vegetables														
Sage & Onion Stuffing	<b>√</b>	✓												
Stuffing	✓	✓												
Sweetcorn														
Sweetcorn & Peppers														
Tomato & Basil Salad														
Tomato & Corn Salad														
Tuna & Mayonnaise				✓	✓				✓					
Vegetable Bites	<b>√</b>													
		***	X**	<b>**</b>			Milk		MUSTASD		<b>%</b>			
SIDE DISHES continued	Celery	Cereals containing gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts	Peanuts	Sesame seeds	Soya	Sulphur Dioxide
Vegetable Rice														

Vegetable Slaw		<b>√</b>			<b>√</b>			
Vegetables								
Wraps	✓							
Yorkshire Pudding	✓	✓		<b>√</b>				

Main meals and desserts are served to a food standards portion size.

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#### UPDATED 15th March 2024

Please contact: Kevin Burn at Yes Chef Catering Ltd M: 07854 193595 Email: email@yeschefcateringltd.co.uk

UPDATED 15th March 2024			X*			upn Reur	Milk		(MALAS SAGE)					
SALAD BAR	Celery	Cereals containing gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts	Peanuts	Sesame seeds	Soya	Sulphur Dioxide
Carrots														
Celery	✓													
Coleslaw				✓					✓					
Cous Cous		✓												
Cucumber														
Greek Salad														
Lettuce														
Mixed salad														
Pasta		✓		✓					✓					
Peppers														
Rice Salad			_											
Sugar Snap Peas														
Sweetcorn														

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UPDATED 15th March 2024			Y			Jugar Meser	Mik		(MUZZYKO)	<b>A</b>	S.			UNE UNE
DESSERTS	Celery	Cereals containing gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts	Peanuts	Sesame seeds	Soya	Sulphur Dioxide
Apple Flapjack		✓												
Apple Pie		<b>4</b>		✓										
Banana Cake		<b>√</b>		✓			✓						✓	
Banana Flapjack		<b>√</b>											✓	✓
Banana Toffee Crumble		<b>√</b>					✓							
Blueberry Cake		<b>4</b>					✓							
Blueberry Muffin		<b>√</b>		✓			✓							
Carrot Cake ( Made Dairy Free)		<b>√</b>		✓										
Carrot Cake (Cake Mix Waterdene)		✓		✓			✓						✓	
Cheesecake		<b>√</b>					✓							
Choc Ice (Waterdene 9104)							✓						✓	
Chocolate Brownie (Bookers)		<b>√</b>		✓										
Chocolate Brownie (Waterdene)		<b>√</b>		✓			✓							
Chocolate Cake		<b>√</b>		✓			✓							
Chocolate Cookie Mix (Waterdene)		<b>√</b>		✓										
Chocolate Cornflake Cake		<b>√</b>												
Chocolate Fudge Cake		✓		✓			✓							
Chocolate Sponge & Chocolate Sauce		<b>√</b>		✓			✓							✓
Chocolate Swirl Mousse							✓							
Cookie Mix (Plain Cookie Mix) Waterdene)		<b>√</b>		<b>√</b>			✓							
Cream							<b>√</b>							
Custard							<b>√</b>							
Dried Fruit														1

Festive Chocolate Cupcake		<b>_</b>		<b>√</b>			<b>√</b>							
Fresh Fruit Platter		•		•			,							
Fruit Crumble		<b>√</b>					<b>√</b>						<b>√</b>	<b>√</b>
Fruit Ice Lolly							-						-	
Fruit Jelly Pots														<b>√</b>
Fruity Bake		<b>√</b>												•
Truty butte		M & .	<b>~</b>	$\sim$			<i>A</i>			<b>A</b>	0100	<u> </u>	200	
			Y			Juni Rose	Milk		IMALES SALESS				£	
DESSERTS continued	Celery	Cereals containing gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts	Peanuts	Sesame seeds	Soya	Sulphur Dioxide
Fruit Salad														
Fruit Yogurt Selection							✓							✓
Fudge Shortbread		<b>✓</b>					✓							
Golden Syrup Sponge (Sponge Mix Waterdene)		✓		<b>√</b>			✓						✓	
Golden Syrup Sponge		✓		<b>~</b>										
Ginger Cake		✓		<b>&gt;</b>										
Ice Cream				<b>&gt;</b>			✓							
Ice Cream Pot							✓							
Jam Doughnut		<b>✓</b>					✓							
Jam Sponge		<b>✓</b>		✓			✓							✓
Lemon Drizzle Cake		<b>✓</b>		✓										
Lemon Shortbread		✓												
Melon Slices														
Oat & Raisin Cookie		<b>✓</b>												✓
Rocky Road		✓					✓							
Salted Carmel Cookies		<b>✓</b>		<b>&gt;</b>			✓							
Shortbread Biscuit		<b>√</b>												
Strawberry Ice-Cream				<b>√</b>			<b>√</b>							
Sugared ring Doughnut		<b>√</b>		<b>√</b>			<b>√</b>							
Treacle Sponge & Cream		<b>√</b>		<b>√</b>			<b>√</b>							✓
Yogurts							✓							✓