

Menu one Week commencing: Thurs 5th Sept / Mon 23rd Sept / Mon 14th Oct / Mon 4th Nov / Mon 25th Nov / Mon 16th Dec

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Spaghetti Pasta with Tomato & Basil Sauce with Chorizo(H)	Cowboy Beef & Beans with Nachos	Roast Chicken	Yes Chef Chicken Curry loaded with Fresh Vegetables	Pork Hot Dog
Spaghetti Pasta with Tomato & Basil Sauce (V)	Halal Cowboy Lamb & Beans with Nachos (H)	Roast Halal Chicken (H)	Yes Chef Halal Chicken Curry loaded with Fresh Vegetables (H)	Halal Beef Hot Dog (H)
Roasted Corn & Peppers	Macaroni Cheese & Petit Pain(V)	Creamy Vegetable Lattice (V)	Yes Chef Vegetable Curry (V)	Quorn Sausage Hot Dog (V)
Garlic Bread	Crunchy Salad	Yorkshire Pudding,	Basmati Rice & Naan Bread	Jacket Wedges & Sweetcorn
Yogurt Bar	Carrot Cake	Roasted Potato, Fresh Mixed Veg & Gravy	Fruit Platter	Banana Cake
		Chocolate Brownie		

Menu two Week commencing: Mon 9th Sept / Mon 30th Sept / Mon 21st Oct / Mon 11th Nov / Mon 2nd Dec

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Breaded Fish (H)	Beef Wholemeal Pasta Bolognese	Roast Pork	Sausage Plait & Roasted Vegetables	Pepperoni Pizza
Veggie Cake (V)	Halal Lamb Wholemeal Pasta Bolognese (H)	Roast Halal Chicken (H)	Halal Lamb Plait & Roasted Vegetables(H)	Margarita Pizza (V) (H)
New Potatoes & Peas	Roasted Vegetable & Wholemeal Pasta Bolognese (V)	Quorn Roast (V)	Cheese & Onion Pasty Bake(V)	Herb Diced Potatoes & Slaw
Sultana Flapjack	Garlic Bread	Yorkshire Pudding,	Roasted Veg & Gravy	Strawberry Shortbread Biscuit
	Jelly	Roasted Potato, Mixed Veg & Gravy	Chocolate cake	
		Apple Crumble & Cream		

Menu three Week commencing: Mon 16th Sept / Mon 7th Oct / Mon 18th Nov / Mon 9th Dec (Friday 13th Dec Xmas Dinner)

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Jacket Potato Day (V) (H)	Chicken Katsu Curry	Roast Gammon Day	Pork Sausages	Chicken Burger
Choice of Hot Topping, Coleslaw, Baked Beans, Tuna Mayo or Grated Cheese	Halal Chicken Katsu Curry (H)	Roast Halal Chicken (H)	Halal Chicken Sausages (H)	Halal Chicken Burger (H)
Mousse	Vegetable Katsu Curry (V)	Mushroom Stroganoff & Rice (V)	Quorn Sausages(V)	Haloumi & Mushroom Burger (V)
	Basmati Rice	Yorkshire Pudding,	Mash Potato & Peas	Hash Browns & Baked Beans
	Lemon Drizzle	Roasted Potato, Mixed Veg & Gravy	Golden Syrup Sponge Cake	Fruit Jelly
		Melon Slices		

(V) = Vegetarian (H) = Halal. **A selection of salads and alternative desserts of fresh fruit & yogurts are available each day.**

Halal option ordering - All main meat meals can be prepared using HALAL ingredients. Halal meals will need to be pre booked when placing orders through the School.

Dietary Ordering: If your child has an Allergy / Intolerance you will be required to complete a referral form supported by regulated health care professional documents. A form is available from the school Office. Yes Chef Catering **MUST** be informed of any food allergies / dietary requirements before the start of the menu. A list of the day(s) and the meals your child wishes to eat must be supplied to the school before the start of each menu.

Allergens: All food is prepared in a kitchen where gluten and other allergens are present. We do have a nut free policy within our kitchens. Our menu descriptions do not include all ingredients.

Allergen information is available at yeschefcateringltd.co.uk Note: Allergen content is a guide as on occasions menus and ingredients may have to be substituted.



Marsworth School – Order Form

Autumn Term

Please fill in the day(s) you require school meals and return to the office by the date stated.

If you would like to choose the vegetarian option, please clearly put the word **VEG** in the day(s) required

If you would like to choose the Halal option, please clearly put the letter **H** in the day(s) required

Please mark the days required	MON	TUES	WED	THUR	FRI
W/C 2 nd Sept					
W/C 9 th Sept					
W/C 16 th Sept					
W/C 23 rd Sept					
W/C 30 th Sept					
W/C 7 th Oct					
W/C 14 th Oct					
W/C 21 st Oct					
W/C 4 th Nov					
W/C 11 th Nov					
W/C 18 th Nov					
W/C 25 th Nov					
W/C 2 nd Dec					
W/C 9 th Dec					
W/C 16 th Dec					

Childs name:

Class:

Allergy or Intolerance information: