BREAKFAST

AMERICAN BREAKFAST TWO EGGS BACON OR SAUSAGE LINK, TOAST AND SMALL FRUIT CUP

OMELETTE WITH TOAST AND FRUIT

- VEGGIE
- BACON OR SAUSAGE
- HAM AND CHEESE
- TURKEY AND CHEESE
- PLAIN

TOSTADA AND CROISSANT WITH BUTTER WITH CHEESE WITH EGG AND CHEESE WITH HAM AND CHEESE WITH TURKEY AND CHEESE WITH EGG, HAM AND CHEESE WITH BACON EGG AND CHEESE WITH SAUSAGE, EGG, AND CHEESE WITH TURKEY, EGG, AND CHEESE



WITH CREAM CHEESE

WITH CHEESE

WITH EGG AND CHEESE

WITH HAM AND CHEESE

WITH TURKEY AND CHEESE

WITH BACON, EGG, AND CHEESE

WITH HAM, EGG, AND CHEESE

WITH SAUSAGE, EGG, AND CHEESE

WITH TURKEY, EGG, AND CHEESE

WRAPS

WITH EGG AND CHEESE WITH HAM AND CHEESE

WITH TURKEY & CHEESE WITH EGG, HAM AND CHEESE WITH BACON, EGG AND CHEESE

AVOCADO TOAST **

AVOCADO TOAST PLAIN AVOCADO TOAST WITH TOMATO AND BACON AVOCADO TOAST W/ TOMATO & ARUGULA AVOCADO TOAST W/ POACHED EGGS AVOCADO TOAST WITH BLACK OLIVES AND ARUGULA

** ALL TOASTS COME WITH V. MULTIGRAIN BREAD

STEAK AND EGGS

TWO EGGS, STEAK, TOAST AND SMALL FRUIT CUP

3 BUTTER MILK PANCAKES (GLUTEN FREE) ADD CHOCOLATE CHIP

ADD FRUIT (CHOICE OF STRAWBERRIES, BLUEBERRIES, OR BANANAS)

SOUPS

CHICKEN VEGETABLE GROUND BEEF TOMATO BASIL CREAM OF BROCCOLI CREAM OF ASPARAGUS LENTIL SAUSAGE

LUNCH COMBOS (SERVED EVERYDAY)

(CHOICES OF \$5.99 SOUPS AND \$10.99 SANDWICHES) SMALL SOUP AND MIX SALAD SMALL SOUP OR SALAD WITH HALF SANDWICH SMALL SOUP OR SALAD WITH PASTA BOWL (CHOICE OF MEAT OR PESTO SAUCE)

SALADS

GARDEN SALAD

SPRING MIXED GREENS WITH CHERRY TOMATOES SHREDDED CARROTS AND CABBAGE WHICH SHAVE ALMONDS BALSAMIC HOUSE DRESSING

CAESAR SALAD **ROMAINE LETTUCE WITTH SHREDDED** PARMESAN CHEESE, CAESAR CREAMY DRESSING AND CROUTONS

TROPICAL SALAD SPRING MIX GREEN STRAWBERRY RED APPLES DICED HONEY MUSTARD HOUSE DRESSING

GREEK SALAD SPRING MIX GREENS CUCUMBER BLACK OLIVES FETA CHEESE ONIONS CHERRY TOMATOES SLICED PEPPERONCINI PEPPERS **BALSAMIC HOUSE DRESSING**

MEDITERRANEAN PASTA SALAD

PASTA, CUCUMBER BLACK OLIVES FETA CHEESE ONIONS CHERRY TOMATOES SLICED PEPPERONCINI PEPPERS

> ADD CHICKEN ADD TUNA ADD AVOCADO

CHOICES OF DRESSINGS: CAESAR, HONEY MUSTARD OR BALSAMIC VINAIGRETTE

EXTRA SIDE DRESSING

CHICKEN SALAD SANDWICH FRESHLY MADE CHICKEN SALAD WITH LETTUCE AND TOMATOES

TUNA CLASSIC OR TUNA MELT TUNA SALAD, CHEESE, LETTUCE AND TOMATO

CAPRESE AND OLIVE OIL

CUBAN (ONLY ON CUBAN BREAD) HAM, CHEESE, PORK, PICKLES, AND MUSTARD

CHICKEN PANINI SLICED CHICKEN, MOZZARELLA, TOMATOES, ONIONS, **BASIL, ARUGULA AND OLIVE OIL**

AVOCADO CHICKEN CHICKEN, AVOCADO, MOZARELLA, AND LETTUCE

BUTIFARRA

PAN CON BISTEC (ONLY ON CUBAN BREAD) STEAK WITH CARAMELIZED ONIONS LETTUCE TOMATO AND POTATO STICK

POLLO SALTADO STIR-FRIED MARINATED CHICKEN WITH ONIONS AND TOMATO

LOMO SALTADO STIR-FRIED MARINATED STEAK WITH ONIONS AND TOMATO

VEGGIES DELIGHT LETTUCE, TOMATOES, CUCUMBERS, MUSHROOMS, RED PEPPERS, AND RED **ONIONS, WITH OLIVE OIL**

SHRIMP COCKTAIL **PERUVIAN CEVICHE*****

BRUSCHETTA **BURRATA**

VEGAN BURGER AVOCADO, LETTUCE, TOMATOES, AND ONIONS **CLASSIC CHEESE BURGER** WITH LETTUCE, TOMATOES, ONIONS, MAYO, AND MUSTARD **FRENCH FRIES** LOADED FRENCH FRIES (WITH CHEDDAR CHEESE AND BACON) **GRILLED CHEESE SANDWICH W/ CHIPS**























SANDWICHES W / CHIPS

CHOICES OF FRENCH BAGUETTE, CIABATTA, CROISSANT, WRAP, OR CUBAN BREAD

TURKEY DELIGHT SLICED TURKEY, CHEESE, LETTUCE TOMATO MAYO

HAM AND CHEESE SUPREME SLICED HAM, CHEESE, LETTUCE, TOMATO, MAYO



TOMATOES, MOZZARELLA, FRESH BASIL, ARUGULA,

PORK, LETTUCE, ONIONS SALSA, MAYO









PITA PIZZA

- CHEESE
- **PEPPERONI & CHEESE**
- VEGGIE
- MARGARITA
- **BBQ PULLED PORK OR CHICKEN**

BAKED CHICKEN WINGS 8 PIECES WITH CELERY AND CARROTS AND CHOICE OF BBQ SAUCE, BLUE CHEESE, OR RANCH DRESSING.

EMPANADAS (BAKED PATTIES)

- CHICKEN
- BEEF
- HAM & CHEESE
- HAWAIIAN: HAM, CHEESE & PINEAPPLE
- PEPPERONI & CHEESE
- SPINACH & CHEESE

DESSERTS

HAM AND CHEESE CROISSANT PASTRY APPLE TURNOVER

CROISSANT PUDDING

CARROT CAKE (GLUTEN FREE)

CHOCOLATE CAKE (GLUTEN FREE)

COCONUT MACAROON (GLUTEN FREE)

ORANGE CAKE (GLUTEN FREE

BUTTER CROISSANT CHOCOLATE CROISSANT ALMOND CROISSANT PAN DE BONO TEQUENO **GUAVA AND CHEESE PASTRIES GUAVA** HAM CROQUETTES **MUFFINS VEGAN** (CHOICE OF BANANA, BLUEBERRIES, OR CHOCOLATE CHIP) CREAM CHEESE BOMBS **ALFAJORES CHOCOLATE MUFFINS** PIONONO TIRAMISU FLAN CHEF'S SPECIAL FRUIT CAKE COCINHA - CHICKEN POTATO DOUGH BITES WITH CHEESE ENROLADINHO DE SALSICHA

GRANDMA'S CHOCOLATE DELIGHT

FRUIT SALAD (SM) OR (LG)

ACAI BOWL

BERRIES, BANANA, KIWI, & GRANOLA

TROPICAL, BANANA, PINEAPPLE, CANTALOUPE, & GRANOLAADD ALMONDS

- •ADD COCONUT FLAKES
- **•ADD EXTRA GRANOLA**
- •ADD EXTRA FRUIT (FROM 2 ORIGINAL RECIPES)
- **•ADD HONEY OR AGAVE**
- •ADD PEANUT BUTTER
- ALL ADD ONS ARE EXTRA, ADD FRUITS



(MAJORITY COME WITH NON-FAT GREEK YOGURT, ALMOND MILK, BANANAS, AND HONEY) **STRAWBERRY & BANANA** TROPICAL (MANGO, PINEAPPLES, & PEACHES) **BERRIES BLEND** BANANA PBO (BANANA, PEANUT BUTTER, OATS & DATE) MOCHACCINO (BANANA, DATE, GROUND COFFEE, & COCOA POWDER)

APPLES & GREENS

(GREEN APPLE, SPINACH, PINEAPPLE, AVOCADO WATER, AND HONEY)

- ADD AGAVE
- ADD EXTRA FRUIT
- ADD PEANUT BUTTER
- ADD PROTEIN
- ADD SPINACH

(NOTE ALL SMOOTHIES ARE PORTIONED AND CHANGES TO ORIGINAL RECIPE WILL AFFECT THE CONSISTENCY AND SERVING SIZE.)

SODAS / DRINKS

ACQUA PANNA WATER

SAN PELLEGRINO SPARKLING WATER

WHOLE MILK, STRAWBERRY, OR CHOCOLATE 16 OZ BOTTLE

CHICHA MORADA

COKE, SPRITE, ORANGE FANTA, PINEAPPLE JARRITOS (BOTTLE)

COKE ZERO, GINGER ALE ZERO, INKA COLA, DIET INKA COLA, JUPINA (CAN)

NATALIE'S JUCIES

CARROT GINGER, ORANGE, ORANGE MANGO, ORANGE PINEAPPLE, PINEAPPLE KALE, TANGERINE, LEMONADES (CHOICE OF REGULAR, GUAVA, MANGO OR STRAWBERRY)

WINE AVAILABLE **BEER AVAILABLE**

COFFEE

AMERICAN COFFEE (SM) AMERICAN COFFEE (LG) **ICE COFFEE ESPRESSO DOUBLE ESPRESSO** MACCHIATO **CORTADITO** CAFÉ LATTE ICE CAFÉ LATTE CAPPUCCINO MOCHACCINO FRAPPUCCINO HOT CHOCOLATE

TEA

HOT TEA ICED TEA MATCHA GREEN TEA LATTE (CHOICE OF COLD OR HOT) MATCHA GREE TEA LATTE (CHOICE OF HOT OR ICED)

CHAI TEA LATTE (CHOICE OF HOT OR ICED)

















onada





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MENU

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Hours

Mon - Fri : 8am - 6pm **Sat - Sun : 8am - 3pm**