



BREAKFAST SPECIALS

AMERICAN BREAKFAST ————— \$9.99

TWO EGGS, BACON OR SAUSAGE LINKS, TOAST & FRUITS

STEAK AND EGGS ————— \$12.99

TWO EGGS, STEAK, TOAST & FRUITS

BUTTER MILK PANCAKES ————— \$6.99

GLUTEN FREE OPTION

OATMEAL BOWLS ————— \$3.99

EXTRA 2 FRUITS CHOICES + \$1.00

OMELETTE WITH TOAST & FRUITS ————— \$9.99

• VEGGIES

• BACON OR SAUSAGE

• HAM & CHEESE

• TURKEY & CHEESE

• PLAIN ————— \$8.99

CROISSANT OR TOSTADA

+ BUTTER ————— \$3.50

+ CHEESE ————— \$3.99

+ EGG & CHEESE ————— \$5.99

+ HAM & CHEESE

+ TURKEY & CHEESE

+ BACON & CHEESE

+ SAUSAGE & CHEESE

+ EGG, HAM, & CHEESE ————— \$6.99

+ BACON, EGG, & CHEESE

+ SAUSAGE, EGG, & CHEESE

+ TURKEY, EGG, & CHEESE

BAGELS

(CHOICE OF PLAIN, WHEAT, WHEAT & OATS, OR EVERYTHING)

+ BUTTER ————— \$2.99

+ CREAM CHEESE ————— \$3.99

+ CHEESE

+ EGG & CHEESE ————— \$4.99

+ HAM & CHEESE

+ TURKEY & CHEESE

+ BACON & CHEESE

+ SAUSAGE & CHEESE

+ BACON, EGG, & CHEESE ————— \$5.99

+ HAM, EGG, & CHEESE

+ SAUSAGE, EGG, & CHEESE

+ TURKEY, EGG, & CHEESE



WRAPS & AVOCADO TOAST

WRAPS

EGG & CHEESE ————— \$5.99

HAM & CHEESE

TURKEY & CHEESE

BACON & CHEESE

SAUSAGE & EGG

EGG, HAM, & CHEESE ————— \$6.99

BACON, EGG, & CHEESE

TURKEY, EGG, & CHEESE

SAUSAGE EGG, & CHEESE

AVOCADO TOAST **

AVOCADO TOAST PLAIN ————— \$8.99

+ POACHED EGGS ————— \$9.99

+ BLACK OLIVES & ARUGULA

+ TOMATOES & ARUGULA

+ TOMATOES & BACON

** ALL TOASTS COME WITH MULTIGRAIN BREAD AND FRESH AVOCADO *



SOUPS & LUNCH COMBOS

SOUPS

CHICKEN VEGETABLE ————— \$5.99

GROUND BEEF

(G)&(V) TOMATO BASIL

(G)&(V) CREAM OF BROCCOLI ————— \$7.99

(G)&(V) CREAM OF ASPARAGUS

LENTIL SAUSAGE

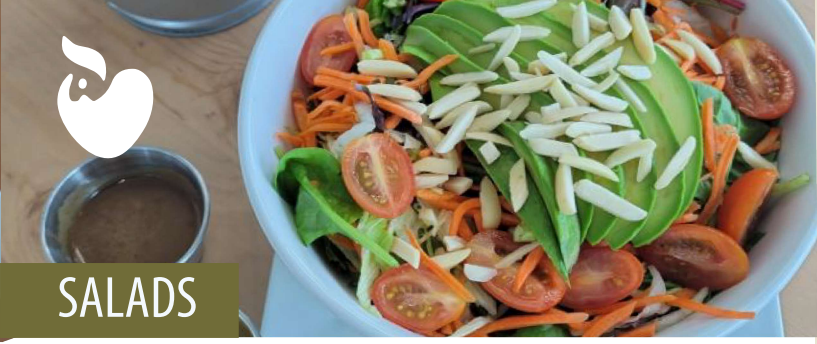
LUNCH COMBOS (SERVED DAILY) ————— \$11.99

CREATE YOUR OWN LUNCH COMBO AND SELECT 2 CHOICES FROM:

\$5.99 SMALL SOUPS, \$11.99 HALF SANDWICHES, SMALL GARDEN

OR CAESAR SALAD , OR SMALL PASTA BOWL (CHOICE OF

MEAT MARINARA OR PESTO SAUCE)



SALADS

CAESAR SALAD ————— \$9.99

ROMAINE LETTUCE WITH SHREDDED, PARMESAN CHEESE, WITH CAESAR

DRESSING AND CROUTONS

GARDEN SALAD ————— \$10.99

SPRING MIXED GREENS WITH CHERRY TOMATOES, SHREDDED CARROTS AND RED

CABBAGE WITH SHAVE ALMONDS WITH HONEY MUSTARD HOUSE DRESSING

TROPICAL SALAD ————— \$12.99

SPRING MIX GREENS, DICED STRAWBERRIES, RED APPLE,

AND PEARS WITH HONEY MUSTARD HOUSE DRESSING

GREEK SALAD ————— \$12.99

SPRING MIX GREENS, CUCUMBER, BLACK OLIVES, FETA CHEESE, RED ONIONS, CHERRY

TOMATOES, SLICED PEPPERONCINI PEPPERS WITH BALSAMIC HOUSE DRESSING

MEDITERRANEAN PASTA SALAD ————— \$12.99

PASTA, CUCUMBER, BLACK OLIVES, FETA CHEESE, RED ONIONS, CHERRY TOMATOES

SLICED PEPPERONCINI PEPPERS BALSAMIC HOUSE DRESSING

ADD CHICKEN \$2.99

ADD TUNA \$2.50

ADD AVOCADO \$2.50

CHOICES OF DRESSINGS: CAESAR, RANCH, HONEY MUSTARD,
BALSAMIC OR OLIVE OIL VINAGRETTE.

*EXTRA SIDE DRESSING \$0.50 *



SEAFOOD

SHRIMP COCKTAIL COLOMBIAN STYLE ————— \$14.99

MARINATED COOKED SHRIMP IN LIME JUICE, GARLIC, OLIVE OIL, CILANTRO, SALT,
AND PEPPER WITH PINK SALSA (MAYO & KETCHUP)

PERUVIAN STYLE CEVICHE *** ————— \$14.99

MARINATED MINCED FISH CURED IN LIME JUICE, SALT, BLACK PEPPER,
GARLIC, GINGER, CILANTRO, CELERY, AND RED ONIONS, SERVED WITH
POTATO AND PERUVIAN CORN



CHOICE OF BREAD, WHITE BAGUETTE, WHOLE WHEAT BAGUETTE,
CUBAN BREAD, CROISSANT, WRAP, OR MULTIGRAIN RUSTIC BREAD
OR GLUTEN FREE BAGUETTE FOR AN EXTRA CHARGE

CAPRESE ————— \$11.99

TOMATOES, MOZZARELLA CHEESE, BASIL, ARUGULA, & OLIVE OIL

CHICKEN SALAD SANDWICH ————— \$11.99

FRESHLY MADE CHICKEN SALAD WITH LETTUCE & TOMATOES

MEATBALLS MARINARA (ONLY ON BAGUETTE BREAD) – \$11.99

MOZARELLA CHEESE & OREGANO

HAM AND CHEESE SUPREME ————— \$11.99

SLICED HAM, CHEESE, LETTUCE, TOMATOES, & MAYO

TURKEY DELIGHT ————— \$11.99

SLICED TURKEY, CHEESE, LETTUCE, TOMATOES, & MAYO

TUNA CLASSIC OR TUNA MELT ————— \$11.99

TUNA SALAD, CHEESE, LETTUCE, & TOMATOES

CUBAN (ONLY ON CUBAN BREAD) ————— \$12.99

HAM, SWISS CHEESE, PULLED PORK, PICKLES, & MUSTARD

BUTIFARRA ————— \$12.99

SLICED PORK, LETTUCE, ONIONS SALSA, & MAYO

VEGGIES DELIGHT ————— \$12.99

SPRING MIX GREENS, SAUTEED RED ONIONS, RED PEPPERS, MUSHROOMS
& OLIVE OIL

AVOCADO CHICKEN ————— \$13.99

GRILLED CHICKEN, AVOCADO, MOZZARELLA CHEESE, & LETTUCE

CHICKEN PANINI ————— \$13.99

GRILLED CHICKEN, MOZZARELLA CHEESE, TOMATOES, ONIONS, BASIL,
ARUGULA, & OLIVE OIL

PAN CON BISTEC (ONLY ON CUBAN BREAD) ————— \$13.99

STEAK WITH CARAMELIZED ONIONS, LETTUCE, TOMATOES, & POTATO STICK

POLLO SALTADO ————— \$13.99

STIR-FRIED MARINATED CHICKEN WITH ONIONS & TOMATOES

LOMO SALTADO ————— \$13.99

STIR-FRIED MARINATED STEAK WITH ONIONS & TOMATOES

SPECIALTY ITEMS

VEGAN BURGER ————— \$14.99

SPRING MIX GREENS, TOMATOES, RED ONIONS, AND AVOCADO

CLASSIC CHEESEBURGER ————— \$9.99

LETTUCE, TOMATOES, RED ONIONS, MAYO AND MUSTARD

PERUVIAN STYLE PORK TAMAL ————— \$8.99

GRILLED CHEESE SANDWICH WITH CHIPS ————— \$4.99

Consuming raw or undercooked meats, poultry, seafood, shellfish, or eggs may increase your risk of foodborne illness, especially if you have certain medical conditions.



PITA PIZZAS

CHEESE	\$6.99
PEPPERONI & CHEESE	\$7.99
VEGGIES MARGARITA	
BBQ PULLED PORK OR CHICKEN	\$8.99



CHICKEN TENDERS	\$10.99
WITH SIDE OF FRIES AND CHOICE OF BBQ SAUCE, BLUE CHEESE, OR RANCH DRESSING	
LOADED FRENCH FRIES	\$5.99
CHEDDAR CHEESE & BACON	
FRENCH FRIES	\$3.99



EMPANADAS (BAKED PATTIES)	\$2.99
CHICKEN BEEF HAM & CHEESE PEPPERONI & CHEESE SPINACH & CHEESE	

@monada.cafe

(561) 360-2552



DELICIOUS DESSERTS

DESSERTS, PASTRIES, & OTHERS	
ALFAJORES	\$2.99
ALMOND CROISSANT	\$4.25
APPLE TURNOVER	\$2.25
BUTTER CROISSANT	\$3.25
CHEESE PASTRY	\$2.25
CHOCOLATE OR CORN MUFFINS	\$3.50
CHOCOLATE NAPOLITANA	\$4.00
COCONUT MACARON	\$1.25
COOKIES	\$1.50
CROISSANT PUDDING	\$3.99
FLAN	\$5.99
GUAVA	\$2.25
GUAVA AND CHEESE PASTRIES	\$2.25
HAM CROQUETTES	\$0.75
MAPLE PECAN	\$3.25
MINI CHEESECAKE DELIGHTS	\$4.99
MULTIGRAIN CROISSANT	\$3.95
PAN DE BONO	\$1.75
TEQUENO	\$1.99
TIRAMISU	\$5.99



CAKES & MUFFINS

(G) COFFEE CAKE	\$5.99
(G) CARROT, CHOCOLATE, & ORANGE CAKE	\$4.99
(V) BANANA NUTS, BLUEBERRIES, & CHOCOLATE CHIPS MUFFINS	\$3.50



AÇAI MONADA

AÇAI BOWL	\$10.99
> BERRIES (BANANA, BLUEBERRIES, STRAWBERRIES, KIWI, & GRANOLA)	
> TROPICAL (BANANA, PINEAPPLE, CANTALOUPE, & GRANOLA)	
+ ALMONDS	\$0.50
+ COCONUT FLAKES	\$0.50
+ EXTRA GRANOLA	\$0.75
+ NUTELLA	\$0.75
+ EXTRA FRUIT (FROM 2 ORIGINAL RECIPES)	\$1.00
+ HONEY OR AGAVE	\$0.50
+ PEANUT BUTTER	\$0.75
+ PROTEIN	\$2.00

FRUIT SALAD	
SMALL BOWL	\$3.49
LARGE BOWL	\$6.99



HEALTHY SMOOTHIES

FRUIT SMOOTHIES	\$8.99
(MAJORITY COME WITH NON-FAT GREEK YOGURT, ALMOND MILK, AND HONEY)	
STRAWBERRY & BANANA	
TROPICAL (BANANA, MANGO, PINEAPPLES, & PEACHES)	
BERRIES BLEND (BANANA, BLUEBERRIES, RASPBERRIES & BLACKBERRIES)	
BANANA PBO (BANANA, PEANUT BUTTER, OATS & DATE)	
MOCHACINO (BANANA, DATE, GROUND COFFEE, & COCOA POWDER)	
APPLES & GREENS (BANANA, GREEN APPLE, SPINACH, PINEAPPLE, AVOCADO, WATER, AND HONEY) ***	
+ AGAVE	\$0.50
+ EXTRA FRUIT	\$1.00
+ PEANUT BUTTER	\$0.75
+ PROTEIN	\$2.00
+ SPINACH	\$0.50
*** (NOTE ALL SMOOTHIES ARE PORTIONED AND CHANGES TO ORIGINAL RECIPE WILL AFFECT THE CONSISTENCY AND SERVING SIZE.) ***	



COFFEES

(SYRUP FLAVORS, VANILLA, CARAMEL OR HAZELNUT REGULAR OR SUGAR FREE)		
AMERICAN DRIP COFFEE	(SM)	\$2.25
ICE COLD BREW COFFEE	(LG)	\$2.99
SINGLE ESPRESSO		\$2.25
DOUBLE ESPRESSO		\$3.25
CORTADITO		\$3.25
ESPRESSO MACCHIATO		\$3.25
CAFÉ LATTE		\$3.99
ICE LATTE CAFÉ		\$3.99
CAPPUCCINO		\$3.99
MOCHACINO		\$4.50
FRAPPUCCINO		\$4.50
HOT CHOCOLATE		\$2.99
"NON-DAIRY MILK OPTIONS AVAILABLE"		

TEA	
ORGANIC HOT TEA	\$2.99
ICED TEA UNSWEETENED	
ORGANIC FLAVOR TEA	\$3.99
CHAI OR MATCHA GREEN TEA LATTE	
(CHOICE OF ICED OR HOT)	



SODAS & SOFT DRINKS

GATORADE GINGER ALE ZERO COKE ZERO	\$2.50
INKA KOLA OR DIET INKA MANZANA POSTOBON SODA	
BOTTLED WATER SPARKLING WATER	\$2.99
COKE SPRITE FANTA ORANGE	\$3.50
JARRITOS PINEAPPLE	
CHICHA MORADA PASSION FRUIT JUICE	\$3.99
NATURAL JUICES 16OZ	
WINE AND BEER AVAILABLE	