



BREAKFAST SPECIALS

AMERICAN BREAKFAST	\$9.99
TWO EGGS, BACON OR SAUSAGE LINKS, TOAST & FRUITS	
STEAK AND EGGS	\$12.99
TWO EGGS, STEAK, TOAST & FRUITS	
BUTTER MILK PANCAKES	\$6.99
GLUTEN FREE OPTION	
OATMEAL BOWLS	\$3.99
EXTRA 2 FRUITS CHOICES + \$1.00	
OMELETTE WITH TOAST & FRUITS	\$9.99
• VEGGIES	
• BACON OR SAUSAGE	
• HAM & CHEESE	
• TURKEY & CHEESE	
• PLAIN	\$8.99
CROISSANT OR TOSTADA	
+ BUTTER	\$3.99
+ CHEESE	\$3.99
+ EGG & CHEESE	\$5.99
+ HAM & CHEESE	
+ TURKEY & CHEESE	
+ BACON & CHEESE	
+ SAUSAGE & CHEESE	
+ EGG, HAM, & CHEESE	\$6.99
+ BACON, EGG, & CHEESE	
+ SAUSAGE, EGG, & CHEESE	
+ TURKEY, EGG, & CHEESE	
BAGELS	
(CHOICE OF PLAIN, WHEAT, WHEAT & OATS, OR EVERYTHING)	
+ BUTTER	\$2.99
+ CREAM CHEESE	\$3.99
+ CHEESE	
+ EGG & CHEESE	\$4.99
+ HAM & CHEESE	
+ TURKEY & CHEESE	
+ BACON & CHEESE	
+ SAUSAGE & CHEESE	
+ BACON, EGG, & CHEESE	\$5.99
+ HAM, EGG, & CHEESE	
+ SAUSAGE, EGG, & CHEESE	
+ TURKEY, EGG, & CHEESE	



WRAPS & AVOCADO TOAST

WRAPS	
EGG & CHEESE	\$5.99
HAM & CHEESE	
TURKEY & CHEESE	
BACON & CHEESE	
SAUSAGE & EGG	
EGG, HAM, & CHEESE	\$6.99
BACON, EGG, & CHEESE	
TURKEY, EGG, & CHEESE	
SAUSAGE EGG, & CHEESE	
AVOCADO TOAST **	
AVOCADO TOAST PLAIN	\$8.99
+ POACHED EGGS	\$9.99
+ BLACK OLIVES & ARUGULA	
+ TOMATOES & ARUGULA	
+ TOMATOES & BACON	
** ALL TOASTS COME WITH MULTIGRAIN BREAD AND FRESH AVOCADO *	

SOUPS & LUNCH COMBOS

SOUPS	
CHICKEN VEGETABLE	\$5.99
GROUND BEEF	
(G)&(V) TOMATO BASIL	
(G)&(V) CREAM OF BROCCOLI	\$7.99
(G)&(V) CREAM OF ASPARAGUS	
LENTIL SAUSAGE	
LUNCH COMBOS (SERVED DAILY)	\$11.99
CREATE YOUR OWN LUNCH COMBO AND SELECT 2 CHOICES FROM:	
\$5.99 SMALL SOUPS, \$11.99 HALF SANDWICHES, SMALL GARDEN OR CAESAR SALAD , OR SMALL PASTA BOWL (CHOICE OF MEAT MARINARA OR PESTO SAUCE)	



SALADS

CAESAR SALAD	\$9.99
ROMAINE LETTUCE WITH SHREDDED, PARMESAN CHEESE, WITH CAESAR DRESSING AND CROUTONS	
GARDEN SALAD	\$10.99
SPRING MIXED GREENS WITH CHERRY TOMATOES, SHREDDED CARROTS AND RED CABBAGE WITH SHAVE ALMONDS WITH HONEY MUSTARD HOUSE DRESSING	
TROPICAL SALAD	\$12.99
SPRING MIX GREENS, DICED STRAWBERRIES, RED APPLE, AND PEARS WITH HONEY MUSTARD HOUSE DRESSING	
GREEK SALAD	\$12.99
SPRING MIX GREENS, CUCUMBER, BLACK OLIVES, FETA CHEESE, RED ONIONS, CHERRY TOMATOES, SLICED PEPPERONCINI PEPPERS WITH BALSAMIC HOUSE DRESSING	
MEDITERRANEAN PASTA SALAD	\$12.99
PASTA, CUCUMBER, BLACK OLIVES, FETA CHEESE, RED ONIONS, CHERRY TOMATOES SLICED PEPPERONCINI PEPPERS BALSAMIC HOUSE DRESSING	
ADD CHICKEN	\$2.99
ADD TUNA	\$2.50
ADD AVOCADO	\$2.50
CHOICES OF DRESSINGS: CAESAR, RANCH, HONEY MUSTARD, BALSAMIC OR OLIVE OIL VINAGRETTE.	
*EXTRA SIDE DRESSING \$0.50 *	



SEAFOOD

SHRIMP COCKTAIL COLOMBIAN STYLE	\$14.99
MARINATED COOKED SHRIMP IN LIME JUICE, GARLIC, OLIVE OIL, CILANTRO, SALT, AND PEPPER WITH PINK SALSA (MAYO & KETCHUP)	
PERUVIAN STYLE CEVICHE ***	\$14.99
MARINATED MINCED FISH CURED IN LIME JUICE, SALT, BLACK PEPPER, GARLIC, GINGER, CILANTRO, CELERY, AND RED ONIONS, SERVED WITH POTATO AND PERUVIAN CORN	



SANDWICHES + CHIPS

BREADS: WHITE BAGUETTE, WHOLE WHEAT BAGUETTE, CUBAN BREAD, CROISSANT, WRAP, MULTIGRAIN RUSTIC BREAD OR GLUTEN FREE BAGUETTE FOR AN EXTRA CHARGE	
BTL (BACON, LETTUCE, & TOMATOES)	\$11.99
CAPRESE	\$11.99
TOMATOES, MOZZARELLA CHEESE, BASIL, ARUGULA, & OLIVE OIL	
CHICKEN SALAD SANDWICH	\$11.99
FRESHLY MADE CHICKEN SALAD WITH LETTUCE & TOMATOES	
MEATBALLS MARINARA (ONLY ON BAGUETTE BREAD)	\$11.99
MOZARELLA CHEESE & OREGANO	
HAM AND CHEESE SUPREME	\$11.99
SLICED HAM, CHEESE, LETTUCE, TOMATOES, & MAYO	
TURKEY DELIGHT	\$11.99
SLICED TURKEY, CHEESE, LETTUCE, TOMATOES, & MAYO	
TUNA CLASSIC OR TUNA MELT	\$11.99
TUNA SALAD, CHEESE, LETTUCE, & TOMATOES	
CUBAN (ONLY ON CUBAN BREAD)	\$12.99
HAM, SWISS CHEESE, PULLED PORK, PICKLES, & MUSTARD	
BUTIFARRA	\$12.99
SLICED PORK, LETTUCE, ONIONS SALSA, & MAYO	
VEGGIES DELIGHT	\$12.99
SPRING MIX GREENS, SAUTEED RED ONIONS, RED PEPPERS, MUSHROOMS & OLIVE OIL	
AVOCADO CHICKEN	\$13.99
GRILLED CHICKEN, AVOCADO, MOZZARELLA CHEESE, & LETTUCE	
CHICKEN PANINI	\$13.99
GRILLED CHICKEN, MOZZARELLA CHEESE, TOMATOES, ONIONS, BASIL, ARUGULA, & OLIVE OIL	
PAN CON BISTEC (ONLY ON CUBAN BREAD)	\$13.99
STEAK WITH CARAMELIZED ONIONS, LETTUCE, TOMATOES, & POTATO STICK	
POLLO SALTADO	\$13.99
STIR-FRIED MARINATED CHICKEN WITH ONIONS & TOMATOES	
LOMO SALTADO	\$13.99
STIR-FRIED MARINATED STEAK WITH ONIONS & TOMATOES	
SPECIALTY ITEMS	
VEGAN BURGER	\$14.99
SPRING MIX GREENS, TOMATOES, RED ONIONS, AND AVOCADO	
CLASSIC CHEESEBURGER	\$9.99
LETTUCE, TOMATOES, RED ONIONS, MAYO AND MUSTARD	
PERUVIAN STYLE PORK TAMAL	\$8.99
GRILLED CHEESE SANDWICH WITH CHIPS	\$4.99

\*\*\*Consuming raw or undercooked meats, poultry, seafood, shellfish, or eggs may increase your risk of foodborne illness, especially if you have certain medical conditions.\*\*\*





PITA PIZZAS

CHEESE	\$6.99
PEPPERONI & CHEESE	\$7.99
VEGGIES   MARGARITA	
BBQ PULLED PORK OR CHICKEN	\$8.99



CHICKEN TENDERS	\$10.99
WITH SIDE OF FRIES AND CHOICE OF BBQ SAUCE, BLUE CHEESE, OR RANCH DRESSING	
LOADED FRENCH FRIES	\$5.99
CHEDDAR CHESSE & BACON	
FRENCH FRIES	\$3.99



EMPANADAS (BAKED PATTIES)	\$2.99
CHICKEN   BEEF   HAM & CHEESE   PEPPERONI & CHEESE   SPINACH & CHEESE	

@monada.cafe

(561) 360-2552



DELICIOUS DESSERTS

DESSERTS, PASTRIES, & OTHERS

ALFAJORES	\$2.99
ALMOND CROISSANT	\$4.25
APPLE TURNOVER	\$2.25
BUTTER CROISSANT	\$3.25
CHEESE PASTRY	\$2.25
CHOCOLATE OR CORN MUFFINS	\$3.50
CHOCOLATE NAPOLITANA	\$4.00
COCONUT MACARON	\$1.25
COOKIES	\$1.50
CROISSANT PUDDING	\$3.99
FLAN	\$5.99
GUAVA	\$2.25
GUAVA AND CHEESE PASTRIES	\$2.25
HAM CROQUETTES	\$0.75
MAPLE PECAN	\$3.25
MINI CHEESECAKE DELIGHTS	\$4.99
MULTIGRAIN CROISSANT	\$3.95
PAN DE BONO	\$1.75
TEQUENO	\$1.99
TIRAMISU	\$5.99



CAKES & MUFFINS

(G) COFFEE CAKE	\$5.99
(G) CARROT, CHOCOLATE, & ORANGE CAKE	\$4.99
(V) BANANA NUTS, BLUEBERRIES, & CHOCOLATE CHIPS MUFFINS	\$3.50



AÇAI MONADA

AÇAI BOWL \$10.99

- > BERRIES ( BANANA, BLUEBERRIES, STRAWBERRIES, KIWI, & GRANOLA )
- > TROPICAL ( BANANA, PINEAPPLE, CANTALOUPE, & GRANOLA )
- + ALMONDS \$0.50
- + COCONUT FLAKES \$0.50
- + EXTRA GRANOLA \$0.75
- + NUTELLA \$0.75
- + EXTRA FRUIT (FROM 2 ORIGINAL RECIPES) \$1.00
- + HONEY OR AGAVE \$0.50
- + PEANUT BUTTER \$0.75
- + PROTEIN \$2.00

FRUIT SALAD BOWL (SM) \$3.49 (LG) \$6.99

YOGURT PARFAIT (W/ FRUIT & GRANOLA) \$6.99



HEALTHY SMOOTHIES

FRUIT SMOOTHIES \$8.99

(MAJORITY COME WITH NON-FAT GREEK YOGURT, ALMOND MILK, AND HONEY)

- STRAWBERRY & BANANA
- TROPICAL ( BANANA, MANGO, PINEAPPLES, & PEACHES )
- BERRIES BLEND ( BANANA, BLUEBERRIES, RASPBERRIES & BLACKBERRIES )
- BANANA PBO (BANANA, PEANUT BUTTER, OATS & DATE)
- MOCHACCINO (BANANA, DATE, GROUND COFFEE, & COCOA POWDER)
- APPLES & GREENS (BANANA, GREEN APPLE, SPINACH, PINEAPPLE, AVOCADO, WATER, AND HONEY) \*\*\*

+ AGAVE	\$0.50
+ EXTRA FRUIT	\$1.00
+ PEANUT BUTTER	\$0.75
+ PROTEIN	\$2.00
+ SPINACH	\$0.50

\*\*\* (NOTE ALL SMOOTHIES ARE PORTIONED AND CHANGES TO ORIGINAL RECIPE WILL AFFECT THE CONSISTENCY AND SERVING SIZE.) \*\*\*



COFFEES

(SYRUP FLAVORS, VANILLA, CARAMEL OR HAZELNUT REGULAR OR SUGAR FREE)

EUROPEAN DRIP COFFEE	(SM) \$2.25	(LG) \$2.99
ICE COLD BREW COFFEE		\$2.99
SINGLE ESPRESSO		\$2.25
DOUBLE ESPRESSO		\$3.25
CORTADITO		\$3.25
ESPRESSO MACCHIATO		\$3.25
CAFÉ LATTE		\$3.99
ICE LATTE CAFÉ		\$3.99
CAPPUCCINO		\$3.99
MOCHACCINO		\$4.50
FRAPPUCCINO		\$4.50
HOT CHOCOLATE		\$2.99

“NON-DAIRY MILK OPTIONS AVAILABLE”

TEA

ORGANIC HOT TEA	\$2.99
ICED TEA UNSWEETENED	
ORGANIC FLAVOR TEA	\$3.99
CHAI OR MATCHA GREEN TEA LATTE	
(CHOICE OF ICED OR HOT)	



SODAS & SOFT DRINKS

GATORADE   GINGER ALE ZERO   COKE ZERO	\$2.50
INKA KOLA OR DIET INKA   MANZANA POSTOBON SODA	
BOTTLED WATER   SPARKLING WATER	\$2.99
COKE   SPRITE   FANTA ORANGE	\$3.50
JARRITOS PINEAPPLE	
CHICHA MORADA   PASSION FRUIT JUICE	\$3.99
NATURAL JUICES 16OZ	
WINE AND BEER AVAILABLE	