



BREAKFAST SPECIALS

- AMERICAN BREAKFAST

TWO EGGS, BACON OR SAUSAGE LINKS, TOAST & FRUITS

\$9.99
- STEAK AND EGGS

TWO EGGS, STEAK, TOAST & FRUITS

\$11.99
- BUTTER MILK PANCAKES

GLUTEN FREE OPTION

\$6.99
- OATMEAL BOWLS

EXTRA 2 FRUITS CHOICES + \$1.00

\$3.99
- OMELETTE WITH TOAST & FRUITS

• VEGGIES

• BACON OR SAUSAGE

• HAM AND CHEESE

• TURKEY AND CHEESE

\$9.99
- PLAIN

\$8.99

- CROISSANT OR TOSTADA

+ BUTTER

\$3.50
- + CHEESE

\$3.99
- + EGG & CHEESE

\$5.99
- + HAM & CHEESE
- + TURKEY & CHEESE
- + EGG, HAM, & CHEESE

\$6.99
- + BACON, EGG, & CHEESE
- + SAUSAGE, EGG, & CHEESE
- + TURKEY, EGG, & CHEESE

- BAGELS

(CHOICE OF PLAIN, WHEAT, WHEAT & OATS, OR EVERYTHING)
- + BUTTER

\$2.99
- + CREAM CHEESE

\$3.99
- + CHEESE
- + EGG & CHEESE

\$4.99
- + HAM & CHEESE
- + TURKEY & CHEESE
- + BACON, EGG, & CHEESE

\$5.99
- + HAM, EGG, & CHEESE
- + SAUSAGE, EGG, & CHEESE
- + TURKEY, EGG, & CHEESE



WRAPS & AVOCADO TOAST

- WRAPS

EGG AND CHEESE

\$5.99
- HAM AND CHEESE
- TURKEY AND CHEESE
- EGG, HAM, AND CHEESE

\$6.99
- BACON, EGG, AND CHEESE
- TURKEY, EGG, AND CHEESE
- AVOCADO TOAST \*\*

AVOCADO TOAST PLAIN

\$8.99
- + POACHED EGGS

\$9.99
- + BLACK OLIVES & ARUGULA
- + TOMATOES & ARUGULA
- + TOMATOES & BACON

\*\* ALL TOASTS COME WITH MULTIGRAIN BREAD AND FRESH AVOCADO \*



SOUPS & LUNCH COMBOS

- SOUPS

CHICKEN VEGETABLE

\$5.99
- GROUND BEEF
- (G)&(V) TOMATO BASIL
- (G)&(V) CREAM OF BROCCOLI

\$7.99
- (G)&(V) CREAM OF ASPARAGUS
- LENTIL SAUSAGE

- LUNCH COMBOS (SERVED DAILY)

CREATE YOUR OWN LUNCH COMBO AND SELECT 2 CHOICES FROM:

\$5.99 SMALL SOUPS, \$11.99 HALF SANDWICHES, SMALL GARDEN OR CAESAR SALAD , OR SMALL PASTA BOWL (CHOICE OF MEAT MARINARA OR PESTO SAUCE)



SALADS

- CAESAR SALAD

ROMAINE LETTUCE WITH SHREDDED, PARMESAN CHEESE, WITH CEASAR CREAMY DRESSING AND CROUTONS

\$9.99
- GARDEN SALAD

SPRING MIXED GREENS WITH CHERRY TOMATOES, SHREDDED CARROTS AND RED CABBAGE WITH SHAVE ALMONDS WITH HONEY MUSTARD HOUSE DRESSING

\$10.99
- TROPICAL SALAD

SPRING MIX GREENS, DICED STRAWBERRIES, RED APPLE, AND PEARS WITH HONEY MUSTARD HOUSE DRESSING

\$12.99
- GREEK SALAD

SPRING MIX GREENS, CUCUMBER, BLACK OLIVES, FETA CHEESE, RED ONIONS, CHERRY TOMATOES, SLICED PEPPERONCINI PEPPERS WITH BALSAMIC HOUSE DRESSING

\$12.99
- MEDITERRANEAN PASTA SALAD

PASTA, CUCUMBER, BLACK OLIVES, FETA CHEESE, RED ONIONS, CHERRY TOMATOES SLICED PEPPERONCINI PEPPERS BALSAMIC HOUSE DRESSING

\$12.99
- ADD CHICKEN

\$2.99
- ADD TUNA

\$2.50
- ADD AVOCADO

\$2.50

CHOICES OF DRESSINGS: CAESAR, RANCH, HONEY MUSTARD, BALSAMIC OR OLIVE OIL VINAGRETTE.  
\*EXTRA SIDE DRESSING \$0.50 \*



SEAFOOD

- SHRIMP COCKTAIL COLOMBIAN STYLE

MARINATED COOKED SHRIMP IN LIME JUICE, GARLIC, OLIVE OIL, CILANTRO, SALT, AND PEPPER WITH PINK SALSA (MAYO & KETCHUP)

\$14.99
- PERUVIAN STYLE CEVICHE \*\*\*

MARINATED MINCED FISH CURED IN LIME JUICE, SALT, BLACK PEPPER, GARLIC, GINGER, CILANTRO, CELERY, AND RED ONIONS, SERVED WITH POTATO AND PERUVIAN CORN

\$14.99



SANDWICHES + CHIPS

- CHOICE OF BREAD, WHITE BAGUETTE, WHOLE WHEAT BAGUETTE, CUBAN BREAD, CROISSANT, WRAP, OR MULTIGRAIN RUSTIC BREAD OR GLUTEN FREE BAGUETTE FOR AN EXTRA CHARGE
- CAPRESE

TOMATOES, MOZZARELLA CHEESE, BASIL, ARUGULA, & OLIVE OIL

\$11.99
- CHICKEN SALAD SANDWICH

FRESHLY MADE CHICKEN SALAD WITH LETTUCE & TOMATOES

\$11.99
- MEATBALLS MARINARA (ONLY ON BAGUETTE BREAD)

MOZZARELLA CHEESE & OREGANO

\$11.99
- HAM AND CHEESE SUPREME

SLICED HAM, CHEESE, LETTUCE, TOMATOES, & MAYO

\$11.99
- TURKEY DELIGHT

SLICED TURKEY, CHEESE, LETTUCE, TOMATOES, & MAYO

\$11.99
- TUNA CLASSIC OR TUNA MELT

TUNA SALAD, CHEESE, LETTUCE, & TOMATOES

\$11.99
- CUBAN (ONLY ON CUBAN BREAD)

HAM, SWISS CHEESE, PULLED PORK, PICKLES, & MUSTARD

\$12.99
- BUTIFARRA

SLICED PORK, LETTUCE, ONIONS SALSA, & MAYO

\$12.99
- VEGGIES DELIGHT

SPRING MIX, SAUTEED RED ONIONS, RED PEPPERS, MUSHROOMS, & OLIVE OIL

\$12.99
- AVOCADO CHICKEN

GRILLED CHICKEN, AVOCADO, MOZZARELLA CHEESE, & LETTUCE

\$13.99
- CHICKEN PANINI

GRILLED CHICKEN, MOZZARELLA CHEESE, TOMATOES, ONIONS, BASIL, ARUGULA, & OLIVE OIL

\$13.99
- PAN CON BISTEC (ONLY ON CUBAN BREAD)

STEAK WITH CARAMELIZED ONIONS, LETTUCE, TOMATOES, & POTATO STICK

\$13.99
- POLLO SALTADO

STIR-FRIED MARINATED CHICKEN WITH ONIONS & TOMATOES

\$13.99
- LOMO SALTADO

STIR-FRIED MARINATED STEAK WITH ONIONS & TOMATOES

\$13.99

SPECIALTY ITEMS

- VEGAN BURGER

SPRING MIX, TOMATOES, RED ONIONS, AND AVOCADO

\$14.99
- CLASSIC CHEESEBURGER

LETTUCE, TOMATOES, RED ONIONS, MAYO AND MUSTARD

\$9.99
- PERUVIAN STYLE PORK TAMAL

\$8.99
- GRILLED CHEESE SANDWICH WITH CHIPS

\$4.99

\*\*\*Consuming raw or undercooked meats, poultry, seafood, shellfish, or eggs may increase your risk of foodborne illness, especially if you have certain medical conditions.\*\*\*





PITA PIZZAS

CHEESE	\$6.99
PEPPERONI & CHEESE	\$7.99
VEGGIES   MARGARITA	
BBQ PULLED PORK OR CHICKEN	\$8.99



CHICKEN TENDERS	\$10.99
WITH SIDE OF FRIES AND CHOICE OF BBQ SAUCE, BLUE CHEESE, OR RANCH DRESSING	
LOADED FRENCH FRIES	\$5.99
CHEDDAR CHEESE & BACON	
FRENCH FRIES	\$3.99



EMPANADAS (BAKED PATTIES)	\$2.99
CHICKEN   BEEF   HAM & CHEESE   PEPPERONI & CHEESE   SPINACH & CHEESE	

@monada.cafe

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DELICIOUS DESSERTS

DESSERTS, PASTRIES, & OTHERS	
ALFAJORES	\$2.99
ALMOND CROISSANT	\$4.25
APPLE TURNOVER	\$1.99
BUTTER CROISSANT	\$3.25
CHEESE PASTRY	\$2.25
CHOCOLATE MUFFINS	\$3.50
CHOCOLATE NAPOLITANA	\$4.00
COCONUT MACARON	\$1.25
COOKIES	\$1.50
CROISSANT PUDDING	\$3.99
FLAN	\$5.99
GUAVA	\$2.25
GUAVA AND CHEESE PASTRIES	\$2.25
HAM CROQUETTES	\$0.75
MAPLE PECAN	\$3.25
MINI CHEESECAKE DELIGHTS	\$4.99
MULTIGRAIN CROISSANT	\$3.95
PAN DE BONO	\$1.75
TEQUENO	\$1.99
TIRAMISU	\$5.99



CAKES & MUFFINS

(G) COFFEE CAKE	\$5.99
(G) CARROT, CHOCOLATE, & ORANGE CAKE	\$4.99
(V) BANANA NUTS, BLUEBERRIES, & CHOCOLATE CHIPS MUFFINS	\$3.50



AÇAI MONADA

AÇAI BOWL	\$10.99
> BERRIES ( BANANA, BLUEBERRIES, STRAWBERRIES, KIWI, & GRANOLA )	
> TROPICAL ( BANANA, PINEAPPLE, CANTALOUPE, & GRANOLA )	
+ ALMONDS	\$0.50
+ COCONUT FLAKES	\$0.50
+ EXTRA GRANOLA	\$0.75
+ NUTELLA	\$0.75
+ EXTRA FRUIT (FROM 2 ORIGINAL RECIPES)	\$1.00
+ HONEY OR AGAVE	\$0.50
+ PEANUT BUTTER	\$0.75
+ PROTEIN	\$2.00

FRUIT SALAD	
SMALL BOWL	\$3.49
LARGE BOWL	\$6.99



HEALTHY SMOOTHIES

FRUIT SMOOTHIES	\$8.99
(MAJORITY COME WITH NON-FAT GREEK YOGURT, ALMOND MILK, AND HONEY)	
STRAWBERRY & BANANA	
TROPICAL ( BANANA, MANGO, PINEAPPLES, & PEACHES )	
BERRIES BLEND ( BANANA, BLUEBERRIES, RASPBERRIES & BLACKBERRIES )	
BANANA PBO (BANANA, PEANUT BUTTER, OATS & DATE)	
MOCHACCINO (BANANA, DATE, GROUND COFFEE, & COCOA POWDER)	
APPLES & GREENS (BANANA, GREEN APPLE, SPINACH, PINEAPPLE, AVOCADO, WATER, AND HONEY) ***	
+ AGAVE	\$0.50
+ EXTRA FRUIT	\$1.00
+ PEANUT BUTTER	\$0.75
+ PROTEIN	\$2.00
+ SPINACH	\$0.50
*** (NOTE ALL SMOOTHIES ARE PORTIONED AND CHANGES TO ORIGINAL RECIPE WILL AFFECT THE CONSISTENCY AND SERVING SIZE.) ***	



COFFEES

(SYRUP FLAVORS, VANILLA, CARAMEL OR HAZELNUT REGULAR OR SUGAR FREE)		
AMERICAN DRIP COFFEE	(SM)	\$2.25
(LG)	\$2.99	
ICE COLD BREW COFFEE		\$2.99
SINGLE ESPRESSO		\$2.25
DOUBLE ESPRESSO		\$3.25
CORTADITO		\$3.25
ESPRESSO MACCHIATO		\$3.25
ICE LATTE CAFÉ		\$3.99
CAPPUCCINO		\$3.99
MOCHACCINO		\$4.50
FRAPPUCCINO		\$4.50
HOT CHOCOLATE		\$2.99

“NON-DAIRY MILK OPTIONS AVAILABLE”

TEA	
ORGANIC HOT TEA	\$2.99
ICED TEA UNSWEETENED	
ORGANIC FLAVOR TEA	\$3.99
CHAI OR MATCHA GREEN TEA LATTE	
(CHOICE OF ICED OR HOT)	



SODAS & SOFT DRINKS

GATORADE   GINGER ALE ZERO   COKE ZERO	\$2.50
INKA KOLA OR DIET INKA   MANZANA POSTOBON SODA	
BOTTLED WATER   SPARKLING WATER	\$2.99
COKE   SPRITE   FANTA ORANGE	\$3.50
JARRITOS PINEAPPLE	
CHICHA MORADA   PASSION FRUIT JUICE	\$3.99
NATURAL JUICES 16OZ	