

A New Day Beginning



Far Infrared Sauna Menu



Schedule Sauna Package: the best way to ease your body into using the Infrared Sauna and help eliminate the possibility of detoxification reactions. The Schedule Sauna Package is ideally completed within a two - week period.

1st session: 15 minutes
2nd session: 15 minutes
3rd session: 20 minutes
4th session: 25 minutes

\$65 / 1 person | \$85 / 2 people

Included: 2 bath towels, one hand towel, bottle of water, and full body wet wipe each client.

Single Sauna Sessions: 30 minutes

Your towels*

\$25/1 person

\$35/2 people

Our towels

\$35/1 person

\$50/2 people

*Your towels: Bring 3 bath towels, 1 hand towel

Special Sauna Package: 30 minutes, 10 for the price of 9

1 person/your towels – \$225

1 person/our towels – \$360

Included: one bottle of water (each client), a full body wet wipe

All Sessions are by Appointment.

ANDB: Rev42218M