**SCRIPTURE**

1 SAMUEL 16:7

“But the LORD said to Samuel, “Have no regard for his appearance or stature, because I haven’t selected him. God doesn’t look at things like humans do. Humans see only what is visible to the eyes, but the LORD sees into the heart.”

**TRADITION
HIERARCHY**

laity
clergy
sacramental authority
preacher
pastor
conference
congregation
priesthood of all believers

**VITAL WITNESS
POWER**

Dominate- to exert the supreme determining or guiding influence on.

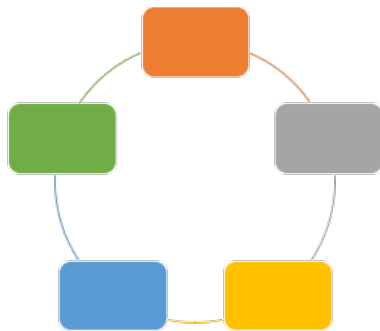
Collaborate- to work jointly with others or together especially in an intellectual endeavor.

Authorize- to endorse or empower by recognized process/structure.

**SCIENCE
INTEGRATION**

Integration is a marker of health – remaining connected, while honoring differences without becoming either rigid or chaotic.

GOD GETS THINGS DONE



Power With or Power Over

“But Jesus called them over and said, ‘You know that those who rule the Gentiles show off their authority over them and their high-ranking officials order them around. But that’s not the way it will be with you. Whoever wants to be great among you will be your servant. Whoever wants to be first among you will be your slave— just as the Human One didn’t come to be served but rather to serve and to give his life to liberate many people.’” Matthew 20:25-28

Case Study

Power With	Power Over	Power Among

“You don’t have to threaten someone or shame someone or intimidate or harass someone. You don’t have to exercise power over people to love them.”

“Church has become power over... when Jesus was power with.”

Brene Brown

Read 1 Samuel 16:1-13



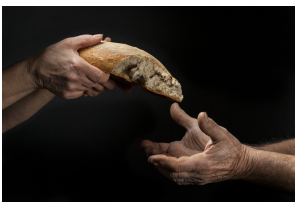

Who has power in the text?

How did they get it?

Is it connected to God?

How do I know that it is/is not authored by God?

When the lightbulb comes on, how do I know God is the source of the energy?

	<p>Cause Thriving [Psalm 1]</p>	
	<p>Humble (not arrogant or prideful) [Matthew 20:25-28 and the prophets]</p>	<p>Other ways of knowing?</p> <ul style="list-style-type: none"> ▶ The action promotes integration (science) ▶ ▶ ▶
	<p>From the Heart [1 Samuel 16:1-13 and others]</p>	

Week 5 Practice:

The spiritual journey is a discipline, and requires intentional practice.

This week:

- Every day pay attention to when something is getting done (when you discern the presence of power in action).
- At least 3 times this week, jot down the who, what, when, where, and how of the experience.
- After noting the experience, comment on whether you witnessed **power with** or **power over**. What characteristics/qualities informed your decision?

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday

Date	Who, What, When, Where, and How of the Experience
	<p>Did you observe power with or power over?</p> <p>What characteristics/qualities informed your decision?</p>

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