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Subject: FW: A Message from the VHA Executive in Charge to Veteran Services Organizations - COVID-19 Call to Action: Reach Out to Check In

Forwarding this message sent out by VHA.

MESSAGE FROM THE VHA EXECUTIVE IN CHARGE

April 29, 2020

COVID-19 VSO Call to Action: Reach Out to Check In

VSO partners, please take a moment to watch this [video](#) call to action. I am asking you to please take the time to call a few of your Veteran friends to check in on their mental health and wellbeing.

While many of us are uncomfortable with large groups or avoid crowds after our service, social distancing is still hard. If you're thinking about a Veteran you know, pick up the phone and call them.

I can't overemphasize how important this is. Making even a small connection can improve their mood or save a life. When you call them, let them know you're thinking about them. Invite them to call you any time they want to connect.

Thank you for all you do for our Veterans.

Richard A. Stone, MD

Executive in Charge