

The Search Is Over

Sonia-Rose Lyle

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ACKNOWLEDGEMENT

First, I want to thank God for redeeming me and setting me free from many years of anxiety, depression, and trauma. Writing this book was harder than I thought and more rewarding than I could have ever imagined. This book would not have been published without the support of my family and friends, who supported and encouraged me throughout my writing journey. I thank every person who reads this poetry book.

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DEDICATION

To each person who suffers from anxiety and has suffered from past trauma, great plans full of hope and a future are in store for you. To every individual who has lost a loved one, may you experience comfort and peace as you read this book. I hope you find your purpose and have a mental breakthrough as you read this book.

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Part 1

Remote Work

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THE SEARCH IS OVER

New Job

I have a new job.
I build software solutions.
Software engineer

Design and Write

It is time to write.
More codes need to be written.
I need to finish.

I hope this ends soon.
I need some pretzels right now.
Give me a moment.

Delicious pretzels
Let me see the progress now.
They are almost done.

Two more lines remain.
The two lines of code are done.
The design phase starts.

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New Project

I work with a team.
We are doing a project.
Healthcare bot system

Conversation with Benji

“Good morning, Benji.”

“Hey Asher. How are you now?”

“I am doing well.”

“How are your parents?”

“My parents are doing well.”

“That is good to hear.”

“I have a question.

What is for dinner tonight?”

“A surprise dinner”

“Send me a picture.”

“I will send you a picture.”

“I will wait for it.”

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Productive Day

It was a good day.
I wrote and tested some code.
A productive day

Relaxation Time

It is time to chill.
I could use some tea now.
Hot chamomile tea

It tastes delicious.
I need to sit and relax.
Where can I sit down?

I found a good spot.
I see a comfy blue couch.
First, I need my tea.

My tea is ready.
I am sitting on the couch.
That is relaxing.

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Prayer Time in My Room

The house is quiet.
I will go to my room now.
It is prayer time now.

My Dinner Prep Time

It is time to cook.

I need an iron skillet.

I need six large eggs.

I need tomatoes.

I need some tomato sauce.

I need some spices.

I need garlic cloves.

Dinner is almost ready.

I need to make bread.

Pita bread is done.

I need to add olive oil.

I am hungry now.

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Time to Eat Dinner

Dinner is ready.
Shakshuka and pita bread
Dinner time starts now.

Last Conversation

My parents and I talked.
We enjoyed tonight's dinner.
We ate pita bread.

We talked for an hour.
We talked about our prayer times.
We cried together.

We laughed together.
I enjoyed talking with them.
I love my parents.

Great dialogue
This was our last dialogue.
I will share why soon.

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Part 2

Where Are My Parents?

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Unusual Night

I am concerned now.
My parents did not come home.
Where are my parents?

I have not seen them.
They prayed in Jerusalem.
East Jerusalem

They are not home now.
They prayed at a synagogue.
They should be back now.

This is not normal.
I wonder where they are now.
Unusual night

Where Are My Parents?

Where are my parents?
I wonder where they are now.
Where are they right now?

A Sad Tragedy

I was terrified.
I heard three knocks at the door.
I opened the door.

I saw the police.
One officer shared the news.
“Your parents are dead.”

I was very shocked.
“Your parents were shot tonight.”
My heart was sinking.

The officer left.
I closed the door, and I cried.
What a sad evening!

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Heavy Depression

I am depressed now.
My tears are my food each night.
Heavy depression

Unexpected Loss

Unexpected loss
My mother and father are dead.
A horrible loss

A shocking surprise
It happened so suddenly.
Sudden tragedy

My parents are gone.
I live in this house alone.
How could this happen?

This loss breaks my heart.
This is hard to believe now.
Unexpected loss

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A Time of Mourning

I have cried all night.
The bed sheets are soaked in tears.
Mourning time is here.

A Need for True Peace

My mind has no peace.
My heart has anxiety.
Fear holds my heart.

My parents are dead.
How can I pay for the rent now?
I need finances.

I have real concerns.
They keep me awake each night.
Real insomnia

How can I find peace?
My parents died instantly.
I need true peace now.

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A Quiet Moment

The house is silent.
I need a quiet moment.
A quiet moment

A Difficult Sleep

I cannot sleep now.
It is hard to fall asleep.
What do I do now?

I will have hot tea.
That will help me fall asleep.
Let me take a look.

I found one right here.
Magnolia tea sounds good.
This will help me sleep.

I hope I can sleep.
This loss keeps me up each night.
A difficult sleep

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A Horrible Night

My parents are dead.
This is the worst night ever.
A horrible night

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Part 3

Anxiety

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My Mind Is Anxious

My mind is anxious.
My thoughts run in circles now.
Apprehensive mind

Panic Attacks

I do not feel good.
Their death leads me to fear death.
My mind panics now.

My mind is racing.
The chest pain is increasing.
This is not okay.

My heart is anxious.
My heart is beating faster.
I need to calm down.

No more panicking
I need to take more deep breaths.
I need to relax.

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Worried Thoughts

Worry fills my mind.
My thoughts drown in anxious waves.
I worry too much.

Loss of Focus

I cannot focus.
Working from home is not fun.
I get distracted.

I lost my focus.
It takes longer to write codes.
I need extra time.

I am stressed right now.
I cannot concentrate now.
I cannot work now.

I should take a break.
I need to refocus now.
Time to refocus

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Rent Payment Is Due

I should pay rent soon.

I will pay the rent right now.

The rent is paid now.

More Conversations

“Good morning, Asher”
“Hi Benji. How are you now?”
“I am doing well.”

“How are you feeling?”
“I am feeling anxious now.”
“Why are you anxious?”

“My parents are dead.”
“I feel anxious all the time.
I cannot sleep each night.”

“That is not easy.
I will pray for you, Asher.”
“Thank you very much.”

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A Silent Dinner

The house is quiet.
I eat dinner silently.
A silent dinner

What Do I Do Now?

Dinner is finished.
I washed all of the dishes.
What do I do now?

I will have a snack.
Nevermind. I see no snacks.
What do I do now?

I will have hot tea.
Nevermind. I have no tea.
What do I do now?

I have no tea bags.
There are no snacks in the house.
Should I fast tonight?

THE SEARCH IS OVER

A Time of Fasting

I need to fast now.

I will have water only.

It is time to fast.

A Need for Comfort

This fast is intense.
I have not fasted in years.
When was my first fast?

I fasted three months ago.
I fasted with my parents.
We fasted each year.

My soul needs comfort.
I miss my parents a lot.
I miss their hugs now.

I am hungry now.
An uncomfortable fast
I need comfort now.

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Part 4

Fear of Death

THE SEARCH IS OVER

Sleepless Nights

I have sleepless nights.
Each night is a bad nightmare.
No rest for my eyes

I do not have rest.
It is hard to stay asleep.
How do I sleep now?

Should I lay down now?
Should I play softer music?
Should I close my eyes?

This struggle is hard.
I have not slept for two weeks.
Can I sleep right now?

THE SEARCH IS OVER

A Troubled Heart

My heart is troubled.
My heart longs for peace right now.
Stressful and anxious

Endless Thoughts of Fear

This is a nightmare.
These fearful thoughts torment me.
They do not bring life.

Fearful thoughts haunt me.
These thoughts bring no peace at all.
They torment my heart.

How do I stop them?
How can I stop the fearful thoughts?
I do not want them.

These thoughts bother me.
They distract me when I work.
Endless thoughts of fear

THE SEARCH IS OVER

The Shadow of Death

I saw a shadow.
I saw the shadow of death.
It was in my room.

My Heart Is Anxious

My heart is worried.
It always makes me worried.
No eternal peace

My heart is racing.
It pounds faster than one beat.
Sometimes, it slows down.

My heart is stressed out.
High stress levels affect me.
Emotional heart

My heart is nervous.
I worry about each day.
My heart is anxious.

THE SEARCH IS OVER

Traumatic Flashback

I had a flashback.
I saw my parents get killed.
Traumatic flashback

What If I Die Young?

Life is too short now.
People can die while they sleep.
Will I die tonight?

Will I die sooner?
Will I die during my sleep?
I have no idea.

What if I get killed?
Will I live another day?
One way to find out.

Life comes, and it goes.
Should I write a will right now?
What if I die young?

THE SEARCH IS OVER

I Am Fearful Now

I have a real fear.
What if I die in my sleep?
I am fearful now.

I Need Courage

I need to be brave.
I need to overcome fear.
I have to face it.

I do not want to fear.
I need to overcome it.
Fear has to go now.

I need help right now.
I refuse to have fear now.
I need courage now.

Who can help me now?
I do not want to have fear.
I need courage now.

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I Need Inner Peace

My mind is a storm.
My thoughts are endless sea waves.
I need inner peace.

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THE SEARCH IS OVER

Part 5

Time of Grief

THE SEARCH IS OVER

THE SEARCH IS OVER

A Moment of Grief

I need to cry now.
It is hard to lose loved ones.
A moment of grief

Transparent Moment

I need to confess.
Can I be honest with you?
I feel lonely right now.

It is difficult.
I feel alone with no dad.
It is so hard now.

This is heartbreaking.
I feel alone with no mom.
I miss her long hugs.

I will be honest.
Losing loved ones is so tough.
Transparent moment

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I Am Angry

My parents are gone.

I am so furious now.

I am angry now.

How Could They Leave Me?

I think to myself.
How could they leave me?
They left me too soon.

How could they leave me?
They had no reason to die.
My parents looked good.

How could this happen?
Why did my parents get killed?
How could they leave me?

I miss them a lot.
I think about my parents.
How could they leave me?

THE SEARCH IS OVER

The Waves of Sadness

The waves of sadness
Each wave crashes within me.
My heart is sinking.

Prayer Session at Home

I closed the door gently.
I removed all distractions.
I prayed in my room.

I prayed for one hour.
One hour became like one day.
My mind was focused.

I prayed for myself.
I asked God for His comfort.
I asked for His strength.

After prayer, I cried.
My heart was so overwhelmed.
This was my prayer time.

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An Evening of Tears

Tonight, I am sad.
I cry for comfort and hope.
An evening of tears

Funeral Service

The mourners are here.
I am glad to see Benji.
He stands beside me.

I saw two caskets.
The caskets are made of wood.
They are not embalmed.

Time to read a Psalm.
My God, I cry every day.
I have no answer.

Eulogy is done.
Time to bury my parents
This is a sad day.

THE SEARCH IS OVER

A Time of Sorrow

I am sorrowful.
My soul is filled with sorrow.
It is time to cry.

The Sound of Mourning

A time to cry more
I cry all day and all night.
I drink tears each night.

My neighbors ask me,
“Where is your God at this time?
Where is your God now?”

My cry is so loud.
It is louder than the drums.
The birds can hear me.

My voice is tired.
I need to rest from mourning.
Time to stop mourning

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Part 6

The Search Begins

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Work Presentation

I clocked into work.
I checked and read my emails.
My boss messaged me.

“Good morning, Asher.
The presentation starts now.
Click the link and join.”

Then, I clicked the link.
I joined a virtual meeting.
My boss said, “Hello.”

The team said, “Hello.”
My boss shared some work updates.
Work presentation

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My Morning Break Time

My morning break time
The chocolate waffles were good.
I took a short nap.

Morning Team Meeting

The meeting starts soon.
Let me find the meeting's link.
Okay. I found it.

I joined the meeting.
My team members and I waited.
My boss said, "Shalom."

Benji said, "Shalom."
My boss shared this week's updates.
I could not focus.

No one had questions.
The morning meeting is done.
It is time for lunch.

A Restful Lunch Break

I had my lunch break.
I enjoyed chicken shawarma.
I took a nice nap.

Confession Time

My day is okay.
Today has been a good day.
I am okay now.

I feel alright now.
I took a few naps today.
Rest is important.

I need to share this.
To be honest, I miss them.
I miss my parents.

Interesting day
Hopefully, my day ends well.
What could go wrong now?

THE SEARCH IS OVER

A Moment of Shock

I hear a loud noise.
I jump off of the blue couch.
A moment of shock

How Are You Right Now?

“Good afternoon, friend.”

“Hey, Benji. How are you now?”

“I am very well.”

“How are you right now?”

“I am feeling shocked right now.”

“What happened, Asher?”

“I heard a loud sound.

The loud noise was a trigger.

I was shocked and scared.”

My heart beats so fast.

Benji replied, “That is hard.

I would be shocked, too.”

THE SEARCH IS OVER

I Need a Long Break

I need a long break.
I will request a long break.
I need it today.

Can I Take a Break?

Work ends very soon.
I will request a long break.
Let me do it now.

“Hello, Aviel.
I hope you are doing well.
I have a request.

Can I take a break?
My parents’ deaths give me stress.
I need two weeks off.”

My boss replied, “Hi.
I am sorry for your loss.
You can take a break.”

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The Search Begins Now

I am desperate.
I need to find peace right now.
The search begins now.

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Part 7
The Wailing Wall

THE SEARCH IS OVER

THE SEARCH IS OVER

Will I Find Peace Here?

I need to find peace.
I am at the wailing wall.
Will I find peace here?

The Cries of People

I hear people cry.
Some mourn over their lost friends.
The Jews cry for help.

Desperate people
They wail and pray every day.
They search for peace, too.

They cry for answers.
They are looking for freedom.
They cannot find peace.

Their cries are so loud.
I cannot hear my cry now.
The cries of people

THE SEARCH IS OVER

Time to Search for Peace

I do not have peace.
It is time to search for peace.
Where can I find it?

I Want to Give Up

I want to give up.
I am tired of searching.
Peace is hard to find.

I am still anxious.
There is no peace on this wall.
My mind is worried.

I prayed for hours.
I found no peace in my soul.
I want to give up.

This search gives me stress.
I am so tired right now.
I want to give up.

THE SEARCH IS OVER

I Want to Leave Now

I want to leave now.
The wailing wall gives no peace.
I will go back home.

A Walk to My House

I will walk back home.
It will take thirty minutes.
It will be okay.

So far, it is good.
It is not raining right now.
I need to turn left.

Okay. Keep walking.
I feel a gentle breeze now.
I am almost home.

My neighbor greets me.
I arrive at the front door.
I am back safely.

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My Heart Is Broken

My heart is broken.
I have no peace in my life.
This is not okay.

I Have Found No Peace

I cannot find peace.
I went to the Western Wall.
I found no peace there.

I went to the beach.
I looked for peace at the beach.
I did not find it.

I have found no peace.
I went to my patio.
I could not find peace.

I searched on my phone.
I looked for forty minutes.
I have not found peace.

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When Will I Have Peace?

When will I have peace?
The lack of peace worries me.
I need to have peace now.

Yom Kippur Is Near

The day is coming.
Yom Kippur is approaching.
A day of fasting

A time to reflect
Who do I need to forgive?
How can I improve?

What should I cook now?
I need to cook some more food.
Let me take a look.

What should I eat now?
Challah, bean soup, and brown rice
Yom Kippur is near.

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THE SEARCH IS OVER

Part 8

Yom Kippur

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Day of Atonement

Today is the day.
The day of prayer and fasting
The holiest day

A day of no work
A day to change how I think
A time to repent

I saw this small book.
I saw the book of Jonah.
I picked up the book.

Jonah disobeyed.
God showed mercy to this man.
Please, I need mercy.

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One Day of Fasting

One day of fasting
A day of drinking water
No food is allowed.

Intense Time of Prayer

I am on my knees.
I release an intense cry.
A cry for mercy

Today, I confess.
I am lost without you now.
I need your love now.

I need help today.
My whole being cries out now.
Yahweh, hear my cry.

Hear my cry today.
Forgive me and have mercy.
I need you today.

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I Need Forgiveness

I have to admit.
I am desperate for help.
I need forgiveness.

Hear My Cry Right Now

Hear my cry right now.
How long will I cry to you?
Do you hear me now?

I have cried all day.
My soul is growing weaker.
Yahweh, I need help.

Forgive me today.
Please help me find perfect peace.
Pay attention now.

Hear my cry today.
Do not ignore my cry now.
Hear my prayer today.

THE SEARCH IS OVER

My Mind Has No Peace

My mind has no peace.
The lack of peace bothers me.
More intrusive thoughts

My Heart Is Troubled

My heart is in pain.
My heart lacks peace every day.
My heart longs for peace.

Anxious and broken
My heart is tired right now.
Crushed and abandoned

Confused and fearful
My heart lacks comfort right now.
My heart is perplexed.

My heart needs comfort.
My heart is filled with worries.
My heart is troubled.

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I Am Not Hungry

I am not hungry.
My mind is preoccupied.
I am too anxious.

What Can Give Me Peace?

What can give me peace?
Can nature give me peace now?
I do not think so.

Can tea give me peace?
I drank tea and had no peace.
What can give me peace?

My phone steals my peace.
I spent one hour online.
It did not bring peace.

Can food give me peace?
Too much food does not bring peace.
I need to find peace.

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The Search Continues

I need to find peace.
I need to have perfect peace.
The search continues.

THE SEARCH IS OVER

Part 9
How Can I Have Peace?

THE SEARCH IS OVER

THE SEARCH IS OVER

I Cannot Find Peace

I look everywhere.
Where can I go to find peace?
I cannot find peace.

Traumatic Nightmare

I had a nightmare.
It was very traumatic.
It filled me with fear.

Last night, I had fear.
I dreamt of resting at home.
Then, I heard a knock.

I walked to the door.
I opened the door slowly.
Then my mouth dropped wide.

I saw a tall man.
He tried to destroy my life.
Then, I stopped sleeping.

THE SEARCH IS OVER

I Am Afraid

I am filled with fear.
This lack of peace gives me fear.
I am afraid now.

I Have Fearful Thoughts

I have fearful thoughts.
They fill my mind without end.
They give me no peace.

They keep me afraid.
Fearful thoughts torment my mind.
My mind has no rest.

Countless thoughts of fear
They cause me to be anxious.
They distract my mind.

I want to be free.
I do not want fearful thoughts.
They do not bring peace.

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My Soul Has No Peace

My soul cries for help.
It longs for eternal peace.
My soul has no peace.

How Long Is the Search?

How long is the search?
I have searched for peace for days.
More than ten days

This is so hard.
Did I search in the wrong place?
Should I stop the search?

Where should I search next?
I have searched for peace all day.
I cannot find it.

How long is the search?
Will the search for peace end soon?
I hope it ends soon.

THE SEARCH IS OVER

Can Someone Help Me?

Can someone help me?
I need to find peace today.
I need some guidance.

Where Do I Turn Now?

I have searched each day.
I cannot find peace at all.
Where can I find it?

I searched everywhere.
I cannot find perfect peace.
Where do I turn now?

I need help today.
Where should I look for peace now?
Can someone help me?

I need to find peace.
Where can I find perfect peace?
Where do I turn now?

THE SEARCH IS OVER

How Can I Have Peace?

I searched for too long.

I need an answer sooner.

How can I have peace?

Will I Have Peace Soon?

I need peace each day.

I do not want to worry.

I want perfect peace.

My mind wants peace now.

I want to go to sleep now.

Will I have peace soon?

My heart wants peace now.

Will I have perfect peace soon?

The search takes very long.

I am desperate.

I cannot wait anymore.

Will I have peace soon?

THE SEARCH IS OVER

Part 10

Sea of Galilee

THE SEARCH IS OVER

A Beautiful Sea

Sea of Galilee
I see a beautiful sea.
A wonderful sea

A refreshing place
A popular location
A place for healing

A sea of breakthrough
Miracles happen right here.
Yeshua was here.

A beautiful sea
I would love to find peace here.
Can I find peace here?

THE SEARCH IS OVER

A Refreshing Lake

Sea of Galilee

A body of freshwater

A refreshing lake

Peaceful Encounter

I looked at the sea.
Suddenly, I felt the wind.
My face felt the wind.

I saw a white dove.
It flew towards me and landed.
It was next to me.

I looked at this dove.
This dove looked at me and stopped.
This dove looked away.

I asked, "Where is peace?"
This dove said, "Peace is right here."
I know who can help."

THE SEARCH IS OVER

Beyond Understanding

Jehovah Shalom
His peace is amazing.
I cannot comprehend.

I Am Not Afraid

I am not afraid.
I am not afraid at night.
I have no fear now.

I do not panic.
Peace fills and covers my mind.
Peace guards my heart now.

Peace is my portion.
Fear is not my master now.
No more anxious thoughts.

Peace keeps me calm now.
There is no time to worry.
I am not afraid.

THE SEARCH IS OVER

Peace Restores My Soul

Peace destroys worry.
Peace destroys all of my fears.
Peace restores my soul.

A Beloved Sleep

I slept well last night.
I had a wonderful sleep.
No one woke me up.

It was so peaceful.
I could sleep with no worries.
It was so restful.

No concerns at all.
When I slept, I had no fear.
I was not anxious.

It was amazing.
It was the best sleep ever.
A beloved sleep

THE SEARCH IS OVER

I Have Perfect Peace

I receive peace now.
It is everlasting peace.
I have perfect peace.

Will You Follow Me?

I walked to the lake.
It was a quiet morning.
I sat by myself.

I looked at the lake.
It was a beautiful lake.
I saw clear water.

A few moments later,
My heart heard a small whisper.
“Asher, I am here.”

“I will give you peace.
Give me your worries today.
Will you follow me?”

THE SEARCH IS OVER

Time to Return Home

This was a great trip.
It is time to return home.
I need to leave now.

THE SEARCH IS OVER

Part 11
Whose Report Will I Believe?

THE SEARCH IS OVER

THE SEARCH IS OVER

Where Is Perfect Peace?

Where is perfect peace?
I have searched for many days.
I need to have peace.

Counseling Session

“Good afternoon, Asher.”

“Good afternoon, counselor.”

“How are you today?”

“I am not okay.”

“I hear you are concerned now.

Why are you concerned?”

“My parents are gone.

I searched for peace for so long.

I need to have peace.”

“Thank you for sharing.

Asher, you will receive peace.

Do some deep breathing.”

THE SEARCH IS OVER

Eight Hours Later

Eight hours later,
I did not have peace at all.
I am frustrated.

I Need Peace Right Now

Are you serious?!

How can deep breaths give me peace?

Let me try again.

I took a deep breath.

I have no peace at all now.

This is not helpful.

I need peace right now.

The counselor did not help.

How do I find peace?

I need peace today.

The search for peace ends today.

I need peace right now.

THE SEARCH IS OVER

Who Can Give Me Peace?

Who can give me peace?
Can someone help me today?
I need to know now.

Will I Receive Peace?

I searched for so long.
Will I receive peace today?
I cannot wait now.

I need peace today.
My mind needs a miracle.
I need perfect peace.

How long is the wait?
Will I receive peace right now?
I need hope today.

Will I have peace now?
I need to have peace each day.
Will I receive peace?

THE SEARCH IS OVER

Still and Small Whisper

I heard a whisper.
I heard, "I will give you peace.
Come and follow me."

Overwhelming Peace

Amazing moment
Anxiety left my heart.
Worry left my mind.

I heard a whisper.
“I will always give you peace.
Give me your worries.”

Now, I am convinced.
Yeshua can give me peace.
His face turned toward me.

Overwhelming peace
I have no words to describe.
I am amazed now.

THE SEARCH IS OVER

A Vital Question

I wonder today.
Whose report will I believe?
A vital question

His Report Gives Hope

I have hope today.
There is a better report.
A report of hope

I can have peace now.
Jehovah Shalom gives peace.
His peace gives me hope.

His life gives me peace.
His death paid the price for me.
The price of true peace

He delivered me.
He takes away my worries.
His report gives hope.

THE SEARCH IS OVER

Part 12
The Search Is Over

THE SEARCH IS OVER

Everything Is Yours

I confess today.
I cannot do this alone.
Come into my life.

Everything is yours.
I give you my pain and sorrow.
I give you my worries.

You paid a high price.
You died so that I could live.
Everything is yours.

I trust you each day.
Everything I have is yours.
Everything is yours.

THE SEARCH IS OVER

My Heart Receives Peace

I am relieved now.
The Prince of Peace gives me peace.
My heart receives peace.

Thoughts of Peace and Hope

I was sitting still.
I was sitting on the couch.
The door knocked again.

I went to the door.
I opened the door slowly.
Then, I saw no one.

I looked at the ground.
I saw a piece of paper.
I thought that was odd.

Then, I picked it up.
I read, "I have plans for you."
Thoughts of peace and hope

THE SEARCH IS OVER

Fear Is Defeated

Fear is defeated.
I will not fear anymore.
His life gives me peace.

The Prince of Shalom

I slept with no fear.
Last night, I had a good dream.
I was in my room.

I felt so anxious.
Then, the environment changed.
Peace filled this whole room.

An abiding peace
When I cried, I felt comfort.
A comforting touch

The Prince of Shalom
He restored my mind to peace.
No room for worries

THE SEARCH IS OVER

Anxiety Is Gone

I am free today.
Anxiety left my mind.
I have peace today.

Great Deliverance

I am free today.
Yeshua delivered me.
No more hopelessness.

No more worries now.
There is no more panic now.
I have no nightmares.

No anxiety
His peace fills me every day.
His peace gives me hope.

I have freedom now.
I have an abiding peace.
I am free each day.

THE SEARCH IS OVER

He Gives Perfect Peace

He gives perfect peace.
The world does not give me peace.
I have perfect peace.

The Best Day Ever

The door knocked again.
I opened the door slowly.
Then, I saw Benji.

“Good afternoon, Asher.”
“Hey, Benji. I missed you, friend.”
We hugged each other.

“Asher, I missed you.
Here. This is the rent payment.”
I was so speechless.

“My parents love you.
Would you like to live with us?”
I nodded my head.

THE SEARCH IS OVER

The Search Is Over

The search is over.
I have peace in my heart now.
The search is over.

THE SEARCH IS OVER

ABOUT THE AUTHOR

While Sonia-Rose studied at the University of Valley Forge, she shared poetry at youth events. After she graduated from the University of Valley Forge, she published more poetry on Instagram and Writco (a global community mobile app for poets and writers). Today, Sonia-Rose has co-authored more than twenty anthologies with multiple global writers. Since 2021, Sonia-Rose has published three poetry books on Amazon and Flipkart: *Poesía Profética*, *Banquet in the Garden*, and *I Want to Live Forever*. As Sonia-Rose fulfills her calling as an author, people who suffer from mental health issues motivate her to write and publish captivating poetry and help people fulfill their satisfying purpose. Sonia-Rose lives in Chicago, Illinois.

THE SEARCH IS OVER