



Active Guardian

User Manual & Quick Activation Guide



STEP 1:

Complete and mail back the enclosed Service Agreement.



STEP 2:

Set up and install your device.



Call us to activate: **1-800-553-2212**

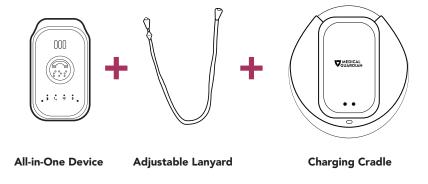
Thank you for choosing Medical Guardian!

As a member of our family, you're empowered to keep living life the way you want to, and with our round-theclock monitoring services, you will always be able to get help when you need it – that's our promise.

If you have any questions during the activation process, please call our Customer Care Team at **1-800-553-2212.** Our office hours are Monday through Friday, from 9:00AM to 9:00PM EST, and on Saturday and Sunday, from 9:00AM to 5:00PM EST.

What's in the Box

Your Active Guardian Base Package Includes:



Please reference the installation instructions for any requested add-ons inside your Welcome Kit.



Complete and mail back the enclosed Service Agreement.

Once you've confirmed that all of the information is correct, please sign and date the bottom of the Service Agreement, where indicated, and return it to us in the prepaid envelope provided **within seven (7) business days.** Please keep the second copy for your own personal records.

GUARDIAN	Medical Alert System SERVICE AGREEMENT	1888 Market Street, Suite 1200 Philadelphia, PA 19103 Phone (800) 315-1191
PLEASE SIGN TWO COPIES SEVEN DAYS, CRO	RETAIN ONE FOR YOUR RECORDS AND SS OUT AND MAKE ANY CHANGES OR AD	RETURN THE OTHER WITHIN DITIONS AS NEEDED.
Account Number		
Customer(s)		
John Doe		
123 Main St.		
Springfield	ᅄ	Teacobije
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Jane Doe	Daughter	
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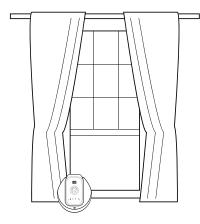




STEP 2: Set up and install your device.

(2a) Choose a location for the charging cradle.

We recommend placing the charging cradle near a window for quicker activation.



(2b) Plug in and charge the device.



PLEASE NOTE: DO NOT PLUG THE CHARGING CRADLE POWER CORD INTO AN ELECTRICAL OUTLET THAT IS CONTROLLED BY A LIGHT SWITCH OR INTO A POWER STRIP TO AVOID ACCIDENTALLY TURNING IT OFF.



- Plug the provided power cord into both the back of the charging cradle and into an outlet.
- Make sure that the charging cradle is receiving power by checking that the red LED light on the front of the charging cradle is illuminated.
- Place the device into the charging cradle.

PLEASE NOTE: WHEN THE ACTIVE GUARDIAN IS CHARGING, THE RED BATTERY LIGHT ON THE DEVICE WILL FLASH. WHEN FULLY CHARGED, THE RED LED BATTERY LIGHT REMAINS SOLID.

STEP 3: Call us to activate.



CALL US TO ACTIVATE 1-800-553-2212

One of our friendly Customer Care Specialists will help you:

- Verify account information.
- Test your device.

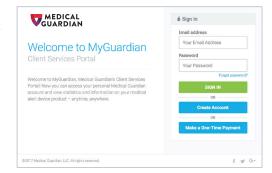
- Explain best practices and product features.
- Answer any questions you may have.

About Our MyGuardian Portal

As a member of the Medical Guardian family, you have access to MyGuardian, a portal specifically designed with your needs in mind. In addition to providing information on your device and educational e-books, this portal also allows you to update your billing information.

Here's how you can set up your MyGuardian account:

- 1. Visit https://www.medicalguardian.com/client-services-portal.
- 2. Select Create Account.
- Enter the email address that is associated with your Medical Guardian account. You will then be prompted to create a password.
- 4. Open your email account, and click on the link provided in the confirmation email from our Customer Care Team to complete setting up your MyGuardian account.
- 5. Enter your email address and password, and click SIGN IN.



PLEASE NOTE: IF YOU HAVE ANY DIFFICULTY SETTING UP YOUR MYGUARDIAN ACCOUNT, PLEASE CALL OUR CUSTOMER CARE TEAM AT **1-800-313-1191.**

Tips and Best Practices

Tip for Monthly Testing:

- **1.** Press the Call Button.
- 2. Tell our emergency operators that you are testing your device.





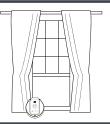
Tip for Wearing Your Neck Pendant:

For optimal protection and to lower the risk of false alarms, the device should rest on your breastbone.

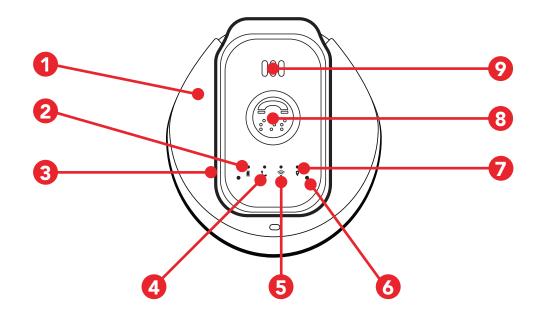


Tips for Charging Your Device:

- Keep the charging cradle near a window in your bedroom.
- Place the Active Guardian into the charging cradle each night so that it is fully charged throughout the day.



Active Guardian Features



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Charging Cradle

This charges the device in just 3 hours.



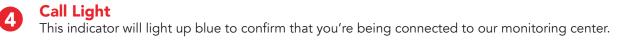
Battery Light

You will be notified by a flashing red light when the device needs to be charged.



On/Off Button

Use this button to turn your device on and off.





WiFi Light

This indicator flashes blue to confirm that the WiFi is on.



Microphone

Speak with an emergency operator using this microphone.



GPS Light This indicator flashes blue to confirm that there is a GPS signal.



Call Button

Press this button in an emergency to contact our monitoring center.



Speaker

You will clearly hear the emergency operator through this powerful speaker.

Active Guardian

Active Guardian Light Indicators

While On Charger

Red Battery Light Blue Call Light		Blue Wi-Fi Light		Blue GPS Light			
Flash every 2 seconds	Charging	Flash every 5 seconds	Normal	Off	Wifi off	Off	GPS off or no signal
Solid red	Charging			Flash every 5.5 seconds	Wifi on	Flash every 1 second	GPS signal

Off the Charger

Red Batte	ery Light	ht Blue Call Light		Blue Wi-Fi Light		Blue GPS Light	
Off	Normal	Flash every 5 seconds	Normal	Off	Wifi off	Off	GPS off or no signal
Flash every 1 second	Low Battery			Flash every 5.5 seconds	Wifi on	Flash every 1 second	GPS signal

During a Call

Red Battery Light Blue Call Light		Blue Wi-Fi Light		Blue GPS Light			
Off	Normal	Solid blue	Normal	Off	Wifi off	Off	GPS off or no signal
Flash every 1 second	Low Battery	Solid blue for 5 seconds then off.	Call failed	Flash every 5.5 seconds	Wifi on	Flash every 1 second	GPS signal

Powering On/Off

Red Battery Light	Blue Call Light	Blue Wi-Fi Light	Blue GPS Light
When powering on, solid red for 8 seconds then off.	When powering on, solid blue for 8 seconds then off.	When powering on, solid blue for 8 seconds then off.	When powering on, solid blue for 8 seconds then off.
When powering off, solid red for 15 seconds then off.			

About the Active Guardian's Fall Detection Capabilities

PLEASE NOTE: THE ACTIVE GUARDIAN DOES NOT AUTOMATICALLY COME WITH FALL DETECTION. IF YOU WOULD LIKE TO ACTIVATE THE DEVICE'S FALL DETECTION CAPABILITIES, PLEASE CALL OUR CUSTOMER CARE TEAM AT 1-800-313-1191.

How Fall Detection Works

- 1. Should you ever need help, press and hold the Call Button until the Call Light indicator lights up blue to contact our monitoring center.
- 2. If you are unable to press the Call Button and a fall is detected by the Active Guardian, an alert is sent to the monitoring center just as it would for an emergency button press.

PLEASE NOTE: THE ACTIVE GUARDIAN DOES NOT DETECT 100% OF FALLS. IF YOU ARE ABLE, YOU SHOULD ALWAYS PRESS THE BUTTON WHEN YOU NEED HELP.

Important Safety Information

- Due to the parameters of the device, you cannot test the Active Guardian's fall detection feature by dropping it or throwing it on the floor.
- If you accidentally set off the fall detection alarm, simply let the alarm go through to our monitoring center. Once you're connected to our monitoring center, tell our emergency operators that it is a false alarm, and no dispatch will be made.
- The Active Guardian **must** be worn around the neck if its fall detection capabilities are activated. Adjust the lanyard so that the device rests on your breastbone, and wear it outside of your shirt, as wearing it inside your shirt can reduce the percentage of falls being detected.

Frequently-Asked Questions About Your Device

How do I call for help?

• Should you ever need help, simply press and hold the Call Button until the Call Light indicator lights up blue. After a short delay, you will hear tones or ringing, and the device will vibrate. Once you are connected to one of our highly-certified emergency operators, you can then speak with an operator directly through the device and request emergency services or a member of your Care Circle to come and help you.

Can I cancel an emergency call in progress?

• No. You cannot cancel an emergency call in progress. If you accidentally press the Call Button, simply tell our emergency operators that it is a false alarm, and no dispatch will be made.

How long will the Active Guardian's battery last?

- The Active Guardian's battery can last up to 5 days per charge depending on usage and whether its fall detection capabilities have been activated.
 - Battery life with fall detection: 3 days
 - Battery life without fall detection: 5 days
 - Recommended: charge daily for optimal battery life
- The red Battery Light will begin flashing to show that you need to charge your device. The Active Guardian is charging when the red Battery Light is flashing, and after about 3 hours, the light will become solid to show that the device is fully charged.

Do I need to have WiFi in order for the Active Guardian to work?

• No. Your home does not need WiFi in order for the Active Guardian to work. Our emergency operators will be able to pinpoint your location using the Active Guardian's GPS and WiFi capabilities should you ever need help.

Can I wear my button in the shower?

• Yes. The wearable buttons are highly water-resistant so you can wear your neck pendant or wristband in the shower, but it should not be submerged in more than 3 feet of water for more than 30 minutes and should not be used in salt or chlorine water.

Can I wear the Active Guardian with a pacemaker?

• Yes. Review your pacemaker materials regarding interaction with cell phones, and take the same precautions the materials recommend for the Active Guardian.

Technical Information

Active Guardian is a 3G emergency alert pendant designed to expand users' horizons and enable them to live independently with confidence by offering help at the press of a button, anywhere in the US where there is AT&T 3G coverage. Active Guardian connects users to emergency care specialists at a UL-Listed, CSAA-Certified Five Diamond central station 24/7, and users speak with specialists via powerful built-in two-way voice technology. Specialists can send loved ones or emergency services to users.

General

- Communication Modes: GPRS/HSDPA packet data, TCP/IP, UDP and SMS
- **Operating Voltage:** 4.35 volt internal battery pack

Cellular

- Data Support: SMS, GPRS, HSDPA packet data
- Operating Bands (MHz): GSM/GPRS: 850/900/1800/1900, WCDMA: 850/1900
- Transmitter Power: GSM/GPRS: 850/900

 32.5d8,1800/1900 29.5d8, HSDPA/ UMTS: All band - 23dB
- HSDPA Data Rates: 384Kbps upload/3.6 Mbps download
- HSPA Fallback: GPRS/GSM quad band

Environmental

- **Temperature:** -20° to +70° C (operating); -40° to +85° C (storage)
- Humidity: 95%RH@ 50° C non-condensing
- RoHS Compliant
- Waterproof (rated IP67) enclosure

Electrical

- **Operating Voltage:** 4.35V internal battery
- Power Consumption: Typical 200µA@ 4.2V (deep sleep), Typical 3 1.5 mA@ 4.2V (SMS+UDP connection)

Physical

- **Dimensions:** 2.7 x 1.7 x 0.7" (67.9x 42.9x 17.4mm)
- Weight: 2.0 oz, (56 g) (internal)
- Connectors, SIM Access: SIM Access Internal
- Certifications: CE, FCC, IC, GCF, P TCRB, AT&T
- Battery and Charger: Certifications UL-Listed

QUESTIONS?

Call our Customer Care Specialists at **1-800-313-1191**

HOURS AVAILABLE: Mon - Fri, 9am - 9pm EST Sat - Sun, 9am - 5pm EST



1818 Market Street, Suite 1200 Philadelphia, PA 19103

www.MedicalGuardian.com