

## How To Make Happy Coffee or Choclevate?

### Happy Coffee

Pour into 8-12 oz. of hot water add creamer and/or sweetener if that's how you like it. It is strongly recommended that you start with a half serving and work your way up to a full serving.

This functional beverage can be mixed with ALMOST anything.

You may choose to drink alone, add to your existing coffee, blend in a smoothie mix in your juice, add to cold water prior to working out etc.

Everyone is different so it's best to find your own Mojo!

The possibilities for recipes are endless!





For all of our Smart Coffee and Choclevate fans, I made this Frappe a few days ago:

1/2 scoop Smart Coffee AND 1/2 scoop Choclevate, or 1 scoop of Happy Coffee OR 1 scoop of Choclevate

8oz unsweetened vanilla almond milk (or coconut milk) blend with Ice and put a dollop of Heavy Whipping cream on top and sprinkle with Lilly's Chocolate Chips (Keto Friendly) with a few chopped Nuts.... It's the BOMB!



8 oz. unsweetened vanilla almond milk (or coconut milk) 1 scoop Choclevate, 1 scoop KetoCre (opt),  
1 cup blueberries, 1 cup strawberries ½ banana ½ cup ice and blend. Enjoy!

*Linda Martínez*

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