

ELITE SCULPT

- I am aware that the treatment can't be applied over the head and heart.
- I am aware that pregnancy and nursing are contraindicated, and pregnant women cannot undergo the treatment.
- I understand that there are certain risks associated with Elite Sculpt treatments. They include but are not limited to muscular pain, temporary muscle spasm, temporary joint or tendon pain, and local erythema or skinredness.
- I understand that the treatment may involve risks of complications or injury from both known and unknown causes, and I freely assume these risks.
- I agree to before and after treatment photographs, measurements, and weighing, as this will help for medical evaluation of the treatment results. Information will be acquired for medical records or marketing purposes.
- I understand the results may vary from person to person and that an exact result cannot be predicted. Completing a full treatment series is necessary to maximize treatment efficacy. It is very unlikely, but it is possible that you will not feel any recognizable result after the procedure.
- I acknowledge the results may not meet my expectations.
- I certify that I have read this entire document and that I agree with all provisions.
- I certify that I have had the opportunity to ask questions. These questions have been answered in full to my satisfaction. I fully understand the treatment conditions, the procedure, and possible side effects.
- I have read the above information, and I request and consent to be treated with the Elite Sculpt by the service provider in this practice and his/her designated staff.

My signature below indicates that the above information is accurate and current.

Client Name(Print) _____

Clients Name (Signature) _____ Date _____

ELITE SCULPT

CONSULTATION FORM

You are scheduled for a series of non-invasive treatments with the Elite Sculpt. The device is indicated for the improvement of abdominal tone and strengthening the abdominal muscles, the same as for strengthening, toning, and buttocks.

Your treatment provider will discuss your specific treatment needs. The recommended number of treatments is

4. The treatment is typically about 30 minutes per session, with sessions separated by at least 2 days, depending on your needs. Completing a full treatment series is necessary to maximize treatment efficacy. You may need additional treatments depending on your condition.

Before the treatment, you are not required to do anything special. On the day of the treatment, you are advised to wear comfortable clothing, allowing flexibility for correct positioning during the treatment. You will be asked to remove all jewellery and electronic devices.

I acknowledge that a successful treatment outcome can be affected by smoking or excessive alcohol consumption, as well as: eating disorders or on-going medication. While no special diet is required, you are encouraged to eat healthily to help promote and maintain results.

There is typically no pain associated with your treatment, and there is no anaesthetic required. During the application, you will feel intense yet not painful contractions in the treated area. The procedure doesn't require any recovery time. Typically, you can get back to your daily routine right after the treatment.

Please answer whether you currently have or have had any of the

- | | |
|--|---|
| <input type="checkbox"/> following: Metal or electronic implants | |
| <input type="checkbox"/> Cardiac pacemakers, implanted defibrillators, implanted | |
| <input type="checkbox"/> neurostimulators Drug pumps | <input type="checkbox"/> Pulmonary |
| <input type="checkbox"/> insufficiency | <input type="checkbox"/> |
| <input type="checkbox"/> Malignant tumor | <input type="checkbox"/> Fever |
| <input type="checkbox"/> Sensitivity or allergy to latex | <input type="checkbox"/> Hemorrhagic conditions |
| <input type="checkbox"/> Anticoagulation therapy | <input type="checkbox"/> Heart disorders |
| <input type="checkbox"/> Epilepsy recent surgical procedures (muscle contraction may disrupt the | |
| <input type="checkbox"/> healing) Areas of the skin which lack normal sensation | |

If you answer YES to any of these questions, please specify:

Please answer the following:

Have you been pregnant? YES NO

C-section? YES NO

Vaginal birth? YES NO

Are you satisfied with the strength of your core muscles? YES

NO Are you satisfied with the shape of your buttock? YES NO

EMSCULPT

FREQUENTLY ASKED QUESTIONS

What is ELITE SCULPT?

ELITE SCULPT® is a revolutionary technology that builds muscle and reduces fat. It's an innovative way to contour your body by stimulating muscle contractions with no surgery or downtime. ELITE SCULPT is FDA-cleared to safely and effectively build muscle, improve muscle tone and increase strength. Treatment areas currently include the abdomen and buttocks.

Who can benefit from ELITE SCULPT?

ELITE SCULPT is the ideal treatment for anyone looking to build muscle and reduce fat to get defined abs or a non-invasive booty lift. If you are frustrated by fad exercises or long hours in the gym and feel like you could use some help achieving your desired results, ELITE SCULPT is the perfect solution for you. Our ELITE SCULPT Specialists will work with you on the best treatment plan tailored to your individual needs. Treatment plans are customized to achieve the results you desire.

What Does ELITE SCULPT Treatment feel like?

The ELITE SCULPT procedure feels like an intensive workout of muscles in the target area being treated. The variable level is increased by the ELITE SCULPT Specialist during the course of the treatment based on your feedback. The level is gradually increased over the series of treatments. You can lay down, relax, watch TV and talk during the treatment. Use of portable electronic devices is not recommended since proximity to the ELITE SCULPT applicator may cause damage to delicate electronics.

How Fast Will I See Results?

Tangible results are felt right after the treatment, similar to an intensive workout of the target area muscles. Positive visible results are usually seen two to four weeks after the last session in the series of treatments. The underlying muscles require time to adapt and strengthen. Fat cells that are destroyed through apoptosis during the series of treatments are gradually and naturally eliminated by the body. Visible results continue to improve for weeks to months after the treatment series.

How many ELITE SCULPT treatments are needed to see results?

The number of treatments required is dependent on your desired results and where you are starting in terms of muscle tone and undesirable fat. One series of ELITE SCULPT treatment will increase muscle up to 16% and reduce fat by up to 19% in the treated area. Many people are pleased with the results of just one series of ELITE SCULPT treatment. Some people feel that they need more than one series of treatment to achieve their desired results.

How long does the ELITE SCULPT treatment take?

The ELITE SCULPT treatment will take about 30 minutes. Some people may elect to have additional treatments performed. Since ELITE SCULPT is non-surgical and non-invasive, there is no downtime. You could schedule a treatment for your lunch break and return to work immediately after. Normal physical activities can be resumed immediately after your ELITE SCULPT.

Can ELITE SCULPT tighten loose skin?

ELITE SCULPT is highly effective for building muscle and reducing fat – up to 19% per series of treatments – on the abdomen. ELITE SCULPT may result in some skin tightening in the treated area. However, ELITE SCULPT is not a skin tightening treatment.

Is there any pain or discomfort?

While pain and discomfort are relative and experiences will vary, ELITE SCULPT involves minimal discomfort, if any. During the procedure, you will feel muscles contract with the treatment level gradually increased by the ELITE SCULPT Specialist. After treatment, you will feel like your muscles have been worked. Any such feelings will be short-lived.

Can I Undergo an ELITE SCULPT Treatment While Pregnant?

ELITE SCULPT is FDA-cleared and has helped many people build muscle and reduce excess fat. However, the procedure is not recommended for everyone. Prior to or after a pregnancy, ELITE SCULPT has no negative impact on women. However, pregnant women are advised not to undergo a ELITE SCULPT treatment on any part of their body.