



## **COVID-19 UPDATE**

As we continue on the COVID-19 rollercoaster, we have some reminders. Thank you for your support as we continue to navigate this. We are a registered COVID Safe Business and as always, we are following all directives and advice from relevant government agencies and peak bodies to ensure the safety of our organisation, clients and the greater community. We have the following reminders and requests to ensure the continuance of this:

- If we can solve a query or concern over the phone, please call us instead of coming into the office
- All visitors to the office are required to wear a mask, have their temperature checked and check in
- Questionnaires are still being conducted to ensure the safety of yourself and our workers
- If anyone in your household is unwell and awaiting a COVID-19 test or test results, please let us know
- It is encouraged that you wear a mask when services are being provided, however we understand this isn't always possible due to the nature of the support or individual health conditions
- If you or anyone in your household has been in any hotspots, you must isolate for 14 days. Please contact us as soon as possible if this applies to you

If you have any questions or concerns, or need clarification about any of the above information, please don't hesitate to contact us on 6558 2454.

For further COVID-19 or COVID- information, the external help lines to the left are available.

## HAPPY BIRTHDAY TO US!

On 12 July 2021 BWNG will mark 32 years of providing vital services and support to Gloucester and surrounds. First formed in 1989 to secure funding for a speech therapist for Gloucester Hospital, BWNG has grown and evolved to fill the gaps in services available locally. We look forward to continuing our services to the community for many years to come.

# MORE COVID-19 INFORMATION

The Older Persons' COVID-19 Support Line

# 1800 171 866

Information and support for senior Australians, their families and carers

#### The Disability Information Helpline 1800 643 787

Information and referrals for people with disability who need help because of COVID-19

The National Coronavirus & COVID-19 Vaccine Helpline

1800 020 080

Information about COVID-19, vaccines or help with the COVIDSafe app



### JULY IS EYE HEALTH AWARENESS MONTH

JulEYE is the Eye Foundation's Eye Health Awareness month that takes place in July each year to raise awareness of eye health issues, raise funding for research projects into the causes and cures of vision impairment and blindness and to support international eye health development projects. 75 percent of vision loss is preventable or treatable if detected early enough, yet less than three in five Aussies have their eyes tested on a regular basis. If you are over 60 years of age you should have your eyes tested annually, or every two years if under 60 years of age. If you are overdue for an eye test, make an appointment with an optometrist this July.

#### BWNG RETAINS EXCELLENT FOOD SAFETY RATING

As a Meals on Wheels provider, BWNG's cooking facilities and procedures are audited every twelve months to ensure we are complying with the governing regulations which keep our clients safe. BWNG last month underwent this year's audit, and retained our high rating.

### **'EATING WITH FRIENDS' RESUMES**

After it's suspension in 2020 due to COVID-19, our 'Eating with Friends' programme resumed last month, with seven community members joining Emily and Kylie G for a lovely lunch at United Chinese Restaurant, Gloucester.

We will continue to hold the monthly 'Eating with Friends' get togethers, but due to the uncertainty of COVID-19 the gatherings may be subject to last minute changes or cancellations.



The next 'Eating with Friends' lunch is scheduled for Friday 25<sup>th</sup> July at 'The Kitchen' – The Roundabout Inn. If you feel like a nice lunchtime outing with a lovely group of people at a very affordable price, please call us to reserve your spot. Ph: 6558 2454.

#### WE CAN HELP YOU USE THE SERVICE NSW PHONE APP

Most premises are required to keep a record of who has visited their premises. If a visitor tests positive, NSW Health is then able to alert other visitors who may have been in contact with that person.

The Service NSW app allows you to scan the QR code with the phone camera, and the app's check-in page automatically opens. The app can remember your details for an even faster check-in for the next business you visit.

Using the app to check in is preferred over keeping a hand written list as there have been problems with hand written lists being incomplete or inaccurate.

Our team can help you load the app on to your phone, teach you how to use it, and even give you a handy wallet-sized 'help-sheet' for you to carry with you in case you need a reminder.

If you would like some help with this please call our office on 6558 2454 to arrange a short appointment with Julie or Kathleen.



#### **CHRISTINE TAKES THE REINS OF TRANSPORT SERVICES**

Kylie Galvin has now headed off on her five-month adventure with her family to explore Australia, and Christine has officially commenced the coordination of BWNG's transport services in Kylie's absence. Christine is an established member of the BWNG team and has a great understanding of the process, and will do a great job 'holding the fort' so to speak, until Kylie returns.

If you have any questions about our transport, or would like to start using this service for the first time please call us on Ph: 6558 2454.