Meals on Wheels Menu November 2026

Client Name:

Week 1

Monday 02/11/26 — No dessert today

- ☐ Creamy Garlic Prawn Pasta
- ☐ Devilled Sausages
- ☐ Potato & veg
- ☐ Chips & salad
- ☐ Rice & greens

Tuesday 03/11/26

- ☐ Chicken Caesar salad bowls
- ☐ Lamb casserole
- ☐ Potato & veg
- ☐ Chips & salad
- ☐ Rice & greens
- ☐ Dolly Cake + Custard
- ☐ Fruit Jelly

Wednesday 04/11/26

- ☐ Corned meat fritters
- ☐ Pork Medallion in Plum Sauce
- ☐ Potato & veg
- ☐ Chips & salad
- ☐ Rice & greens
- ☐ Dolly Cake + Custard
- ☐ Fruit Jelly

Thursday 05/11/26

- ☐ Mongolian Chicken
- ☐ Roast Beef
- ☐ Potato & veg
- ☐ Chips & salad
- ☐ Rice & greens
- ☐ Dolly Cake + Custard
- ☐ Fruit Jelly

Friday 06/11/26 — Eating with Friends

- ☐ Chunky Beef Pie
- ☐ Prawn Cutlets
- ☐ Potato & veg
- ☐ Chips & salad
- ☐ Rice & greens
- ☐ Dolly Cake + Custard
- ☐ Fruit Jelly

Week 2

Monday 09/11/26 — No dessert today

- ☐ Salmon Patties
- ☐ Crumbed Lamb Chop
- ☐ Potato & veg
- ☐ Chips & salad
- ☐ Rice & greens

Tuesday 10/11/26

- ☐ Ranch chicken salad Bowls
- ☐ Cottage Pie
- ☐ Potato & veg
- ☐ Chips & salad
- ☐ Rice & greens
- ☐ Apple & Custard Pie
- ☐ Passionfruit Slice

Wednesday 11/11/26

- ☐ Chicken Rissoles
- ☐ Prawn Skewers
- ☐ Potato & veg
- ☐ Chips & salad
- ☐ Rice & greens
- ☐ Apple & Custard Pie
- ☐ Passionfruit Slice

Thursday 12/11/26

- ☐ Roast Lamb
- ☐ Chicken stir fry
- ☐ Potato & veg
- ☐ Chips & salad
- ☐ Rice & greens
- ☐ Apple & Custard Pie
- ☐ Passionfruit Slice

Friday 13/11/26

- ☐ Seafood Basket
- ☐ Quiche Lorraine
- ☐ Potato & veg
- ☐ Chips & salad
- ☐ Rice & greens
- ☐ Apple & Custard Pie
- ☐ Passionfruit Slice

Week 3

Monday 16/11/26 — No dessert today

- ☐ Lamb Rissoles + gravy
- ☐ Sausages + gravy
- ☐ Potato & veg
- ☐ Chips & salad
- ☐ Rice & greens

Tuesday 17/11/26

- ☐ Chicken + Avocado Salad
- ☐ Calamari Rings + Wedges
- ☐ Potato & veg
- ☐ Chips & salad
- ☐ Rice & greens
- ☐ Chocolate Cake + cream
- ☐ Berry Trifle

Wednesday 18/11/26

- ☐ BBQ Chicken Thighs
- ☐ Beef Stroganoff
- ☐ Potato & veg
- ☐ Chips & salad
- ☐ Rice & greens
- ☐ Chocolate Cake + cream
- ☐ Berry Trifle

Thursday 19/11/26

- ☐ Savoury mince
- ☐ Roast Pork
- ☐ Potato & veg
- ☐ Chips & salad
- ☐ Rice & greens
- ☐ Chocolate Cake + cream
- ☐ Berry Trifle

Friday 20/11/26

- ☐ Curried Sausages
- ☐ Grilled Fish
- ☐ Potato & veg
- ☐ Chips & salad
- ☐ Rice & greens
- ☐ Chocolate Cake + cream
- ☐ Berry Trifle

Week 4

Monday 23/11/26 — No dessert today

- ☐ Ham + Cheese parcels
- ☐ Beef Stroganoff
- ☐ Potato & veg
- ☐ Chips & salad
- ☐ Rice & greens

Tuesday 24/11/26

- Wombok Chicken Salad
- ☐ Irish Stew
- ☐ Potato & veg
- ☐ Chips & salad
- ☐ Rice & greens
- ☐ Pavlova + Fruit
- ☐ Vanilla Slice

Wednesday 26/11/26

- ☐ Honey Mustard Chicken Wraps
- ☐ Lasagne
- ☐ Potato & veg
- ☐ Chips & salad
- ☐ Rice & greens
- ☐ Pavlova + Fruit
- ☐ Vanilla Slice

Thursday 26/11/26

- ☐ Mongolian beef
- ☐ Roast Chicken
- ☐ Potato & veg
- ☐ Chips & salad
- ☐ Rice & greens
- ☐ Pavlova + Fruit
- ☐ Vanilla Slice

Friday 27/11/26

- ☐ Silverside and white sauce
- ☐ Seafood Basket
- ☐ Potato & veg
- ☐ Chips & salad
- ☐ Rice & greens
- ☐ Pavlova + Fruit
- ☐ Vanilla Slice

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Farewell Wishes

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BUCKETTS WAY Neighbourhood Group Inc.

Meals on Wheels New South Wales

Meals on Wheels Menu November 2026

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- ☐ Devilled Sausages
- ☐ Potato & veg
- ☐ Chips & salad
- ☐ Rice & greens

Tuesday 03/11/26

- ☐ Chicken Caesar salad bowls
- ☐ Lamb casserole
- ☐ Potato & veg
- ☐ Chips & salad
- ☐ Rice & greens
- ☐ Dolly Cake + Custard
- ☐ Fruit Jelly

Wednesday 04/11/26

- ☐ Corned meat fritters
- ☐ Pork Medallion in Plum Sauce
- ☐ Potato & veg
- ☐ Chips & salad
- ☐ Rice & greens
- ☐ Dolly Cake + Custard
- ☐ Fruit Jelly

Thursday 05/11/26

- ☐ Mongolian Chicken
- ☐ Roast Beef
- ☐ Potato & veg
- ☐ Chips & salad
- ☐ Rice & greens
- ☐ Dolly Cake + Custard
- ☐ Fruit Jelly

Friday 06/11/26 — Eating with Friends

- ☐ Chunky Beef Pie
- ☐ Prawn Cutlets
- ☐ Potato & veg
- ☐ Chips & salad
- ☐ Rice & greens
- ☐ Dolly Cake + Custard
- ☐ Fruit Jelly

Week 2

Monday 09/11/26 — No dessert today

- ☐ Salmon Patties
- ☐ Crumbed Lamb Chop
- ☐ Potato & veg
- ☐ Chips & salad
- ☐ Rice & greens

Tuesday 10/11/26

- ☐ Ranch chicken salad Bowls
- ☐ Cottage Pie
- ☐ Potato & veg
- ☐ Chips & salad
- ☐ Rice & greens
- ☐ Apple & Custard Pie
- ☐ Passionfruit Slice

Wednesday 11/11/26

- ☐ Chicken Rissoles
- ☐ Prawn Skewers
- ☐ Potato & veg
- ☐ Chips & salad
- ☐ Rice & greens
- ☐ Apple & Custard Pie
- ☐ Passionfruit Slice

Thursday 12/11/26

- ☐ Roast Lamb
- ☐ Chicken stir fry
- ☐ Potato & veg
- ☐ Chips & salad
- ☐ Rice & greens
- ☐ Apple & Custard Pie
- ☐ Passionfruit Slice

Friday 13/11/26

- ☐ Seafood Basket
- ☐ Quiche Lorraine
- ☐ Potato & veg
- ☐ Chips & salad
- ☐ Rice & greens
- ☐ Apple & Custard Pie
- ☐ Passionfruit Slice

Week 3

Monday 16/11/26 — No dessert today

- ☐ Lamb Rissoles + gravy
- ☐ Sausages + gravy
- ☐ Potato & veg
- ☐ Chips & salad
- ☐ Rice & greens

Tuesday 17/11/26

- ☐ Chicken + Avocado Salad
- ☐ Calamari Rings + Wedges
- ☐ Potato & veg
- ☐ Chips & salad
- ☐ Rice & greens
- ☐ Chocolate Cake + cream
- ☐ Berry Trifle

Wednesday 18/11/26

- ☐ BBQ Chicken Thighs
- ☐ Beef Stroganoff
- ☐ Potato & veg
- ☐ Chips & salad
- ☐ Rice & greens
- ☐ Chocolate Cake + cream
- ☐ Berry Trifle

Thursday 19/11/26

- ☐ Savoury mince
- ☐ Roast Pork
- ☐ Potato & veg
- ☐ Chips & salad
- ☐ Rice & greens
- ☐ Chocolate Cake + cream
- ☐ Berry Trifle

Friday 20/11/26

- ☐ Curried Sausages
- ☐ Grilled Fish
- ☐ Potato & veg
- ☐ Chips & salad
- ☐ Rice & greens
- ☐ Chocolate Cake + cream
- ☐ Berry Trifle

Week 4

Monday 23/11/26 — No dessert today

- ☐ Ham + Cheese parcels
- ☐ Beef Stroganoff
- ☐ Potato & veg
- ☐ Chips & salad
- ☐ Rice & greens

Tuesday 24/11/26

- Wombok Chicken Salad
- ☐ Irish Stew
- ☐ Potato & veg
- ☐ Chips & salad
- ☐ Rice & greens
- ☐ Pavlova + Fruit
- ☐ Vanilla Slice

Wednesday 26/11/26

- ☐ Honey Mustard Chicken Wraps
- ☐ Lasagne
- ☐ Potato & veg
- ☐ Chips & salad
- ☐ Rice & greens
- ☐ Pavlova + Fruit
- ☐ Vanilla Slice

Thursday 26/11/26

- ☐ Mongolian beef
- ☐ Roast Chicken
- ☐ Potato & veg
- ☐ Chips & salad
- ☐ Rice & greens
- ☐ Pavlova + Fruit
- ☐ Vanilla Slice

Friday 27/11/26

- ☐ Silverside and white sauce
- ☐ Seafood Basket
- ☐ Potato & veg
- ☐ Chips & salad
- ☐ Rice & greens
- ☐ Pavlova + Fruit
- ☐ Vanilla Slice

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Week 1

Monday 02/11/26 — No dessert today

- ☐ Creamy Garlic Prawn Pasta
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- ☐ Potato & veg
- ☐ Chips & salad
- ☐ Rice & greens

Tuesday 03/11/26

- ☐ Chicken Caesar salad bowls
- ☐ Lamb casserole
- ☐ Potato & veg
- ☐ Chips & salad
- ☐ Rice & greens
- ☐ Dolly Cake + Custard
- ☐ Fruit Jelly

Wednesday 04/11/26

- ☐ Corned meat fritters
- ☐ Pork Medallion in Plum Sauce
- ☐ Potato & veg
- ☐ Chips & salad
- ☐ Rice & greens
- ☐ Dolly Cake + Custard
- ☐ Fruit Jelly

Thursday 05/11/26

- ☐ Mongolian Chicken
- ☐ Roast Beef
- ☐ Potato & veg
- ☐ Chips & salad
- ☐ Rice & greens
- ☐ Dolly Cake + Custard
- ☐ Fruit Jelly

Friday 06/11/26 — Eating with Friends

- ☐ Chunky Beef Pie
- ☐ Prawn Cutlets
- ☐ Potato & veg
- ☐ Chips & salad
- ☐ Rice & greens
- ☐ Dolly Cake + Custard
- ☐ Fruit Jelly

Week 2

Monday 09/11/26 — No dessert today

- ☐ Salmon Patties
- ☐ Crumbed Lamb Chop
- ☐ Potato & veg
- ☐ Chips & salad
- ☐ Rice & greens

Tuesday 10/11/26

- ☐ Ranch chicken salad Bowls
- ☐ Cottage Pie
- ☐ Potato & veg
- ☐ Chips & salad
- ☐ Rice & greens
- ☐ Apple & Custard Pie
- ☐ Passionfruit Slice

Wednesday 11/11/26

- ☐ Chicken Rissoles
- ☐ Prawn Skewers
- ☐ Potato & veg
- ☐ Chips & salad
- ☐ Rice & greens
- ☐ Apple & Custard Pie
- ☐ Passionfruit Slice

Thursday 12/11/26

- ☐ Roast Lamb
- ☐ Chicken stir fry
- ☐ Potato & veg
- ☐ Chips & salad
- ☐ Rice & greens
- ☐ Apple & Custard Pie
- ☐ Passionfruit Slice

Friday 13/11/26

- ☐ Seafood Basket
- ☐ Quiche Lorraine
- ☐ Potato & veg
- ☐ Chips & salad
- ☐ Rice & greens
- ☐ Apple & Custard Pie
- ☐ Passionfruit Slice

Week 3

Monday 16/11/26 — No dessert today

- ☐ Lamb Rissoles + gravy
- ☐ Sausages + gravy
- ☐ Potato & veg
- ☐ Chips & salad
- ☐ Rice & greens

Tuesday 17/11/26

- ☐ Chicken + Avocado Salad
- ☐ Calamari Rings + Wedges
- ☐ Potato & veg
- ☐ Chips & salad
- ☐ Rice & greens
- ☐ Chocolate Cake + cream
- ☐ Berry Trifle

Wednesday 18/11/26

- ☐ BBQ Chicken Thighs
- ☐ Beef Stroganoff
- ☐ Potato & veg
- ☐ Chips & salad
- ☐ Rice & greens
- ☐ Chocolate Cake + cream
- ☐ Berry Trifle

Thursday 19/11/26

- ☐ Savoury mince
- ☐ Roast Pork
- ☐ Potato & veg
- ☐ Chips & salad
- ☐ Rice & greens
- ☐ Chocolate Cake + cream
- ☐ Berry Trifle

Friday 20/11/26

- ☐ Curried Sausages
- ☐ Grilled Fish
- ☐ Potato & veg
- ☐ Chips & salad
- ☐ Rice & greens
- ☐ Chocolate Cake + cream
- ☐ Berry Trifle

Week 4

Monday 23/11/26 — No dessert today

- ☐ Ham + Cheese parcels
- ☐ Beef Stroganoff
- ☐ Potato & veg
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Tuesday 24/11/26

- Wombok Chicken Salad
- ☐ Irish Stew
- ☐ Potato & veg
- ☐ Chips & salad
- ☐ Rice & greens
- ☐ Pavlova + Fruit
- ☐ Vanilla Slice

Wednesday 26/11/26

- ☐ Honey Mustard Chicken Wraps
- ☐ Lasagne
- ☐ Potato & veg
- ☐ Chips & salad
- ☐ Rice & greens
- ☐ Pavlova + Fruit
- ☐ Vanilla Slice

Thursday 26/11/26

- ☐ Mongolian beef
- ☐ Roast Chicken
- ☐ Potato & veg
- ☐ Chips & salad
- ☐ Rice & greens
- ☐ Pavlova + Fruit
- ☐ Vanilla Slice

Friday 27/11/26

- ☐ Silverside and white sauce
- ☐ Seafood Basket
- ☐ Potato & veg
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- ☐ Potato & veg
- ☐ Chips & salad
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- ☐ Berry Trifle

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- ☐ Grilled Fish
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- ☐ Irish Stew
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- ☐ Chips & salad
- ☐ Rice & greens
- ☐ Pavlova + Fruit
- ☐ Vanilla Slice

Wednesday 26/11/26

- ☐ Honey Mustard Chicken Wraps
- ☐ Lasagne
- ☐ Potato & veg
- ☐ Chips & salad
- ☐ Rice & greens
- ☐ Pavlova + Fruit
- ☐ Vanilla Slice

Thursday 26/11/26

- ☐ Mongolian beef
- ☐ Roast Chicken
- ☐ Potato & veg
- ☐ Chips & salad
- ☐ Rice & greens
- ☐ Pavlova + Fruit
- ☐ Vanilla Slice

Friday 27/11/26

- ☐ Silverside and white sauce
- ☐ Seafood Basket
- ☐ Potato & veg
- ☐ Chips & salad
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BUCKETTS WAY Neighbourhood Group Inc.

Meals on Wheels New South Wales

Meals on Wheels Menu November 2026

Client Name:

Week 1

Monday 02/11/26 — No dessert today

- ☐ Creamy Garlic Prawn Pasta
- ☐ Devilled Sausages
- ☐ Potato & veg
- ☐ Chips & salad
- ☐ Rice & greens

Tuesday 03/11/26

- ☐ Chicken Caesar salad bowls
- ☐ Lamb casserole
- ☐ Potato & veg
- ☐ Chips & salad
- ☐ Rice & greens
- ☐ Dolly Cake + Custard
- ☐ Fruit Jelly

Wednesday 04/11/26

- ☐ Corned meat fritters
- ☐ Pork Medallion in Plum Sauce
- ☐ Potato & veg
- ☐ Chips & salad
- ☐ Rice & greens
- ☐ Dolly Cake + Custard
- ☐ Fruit Jelly

Thursday 05/11/26

- ☐ Mongolian Chicken
- ☐ Roast Beef
- ☐ Potato & veg
- ☐ Chips & salad
- ☐ Rice & greens
- ☐ Dolly Cake + Custard
- ☐ Fruit Jelly

Friday 06/11/26 — Eating with Friends

- ☐ Chunky Beef Pie
- ☐ Prawn Cutlets
- ☐ Potato & veg
- ☐ Chips & salad
- ☐ Rice & greens
- ☐ Dolly Cake + Custard
- ☐ Fruit Jelly

Week 2

Monday 09/11/26 — No dessert today

- ☐ Salmon Patties
- ☐ Crumbed Lamb Chop
- ☐ Potato & veg
- ☐ Chips & salad
- ☐ Rice & greens

Tuesday 10/11/26

- ☐ Ranch chicken salad Bowls
- ☐ Cottage Pie
- ☐ Potato & veg
- ☐ Chips & salad
- ☐ Rice & greens
- ☐ Apple & Custard Pie
- ☐ Passionfruit Slice

Wednesday 11/11/26

- ☐ Chicken Rissoles
- ☐ Prawn Skewers
- ☐ Potato & veg
- ☐ Chips & salad
- ☐ Rice & greens
- ☐ Apple & Custard Pie
- ☐ Passionfruit Slice

Thursday 12/11/26

- ☐ Roast Lamb
- ☐ Chicken stir fry
- ☐ Potato & veg
- ☐ Chips & salad
- ☐ Rice & greens
- ☐ Apple & Custard Pie
- ☐ Passionfruit Slice

Friday 13/11/26

- ☐ Seafood Basket
- ☐ Quiche Lorraine
- ☐ Potato & veg
- ☐ Chips & salad
- ☐ Rice & greens
- ☐ Apple & Custard Pie
- ☐ Passionfruit Slice

Week 3

Monday 16/11/26 — No dessert today

- ☐ Lamb Rissoles + gravy
- ☐ Sausages + gravy
- ☐ Potato & veg
- ☐ Chips & salad
- ☐ Rice & greens

Tuesday 17/11/26

- ☐ Chicken + Avocado Salad
- ☐ Calamari Rings + Wedges
- ☐ Potato & veg
- ☐ Chips & salad
- ☐ Rice & greens
- ☐ Chocolate Cake + cream
- ☐ Berry Trifle

Wednesday 18/11/26

- ☐ BBQ Chicken Thighs
- ☐ Beef Stroganoff
- ☐ Potato & veg
- ☐ Chips & salad
- ☐ Rice & greens
- ☐ Chocolate Cake + cream
- ☐ Berry Trifle

Thursday 19/11/26

- ☐ Savoury mince
- ☐ Roast Pork
- ☐ Potato & veg
- ☐ Chips & salad
- ☐ Rice & greens
- ☐ Chocolate Cake + cream
- ☐ Berry Trifle

Friday 20/11/26

- ☐ Curried Sausages
- ☐ Grilled Fish
- ☐ Potato & veg
- ☐ Chips & salad
- ☐ Rice & greens
- ☐ Chocolate Cake + cream
- ☐ Berry Trifle

Week 4

Monday 23/11/26 — No dessert today

- ☐ Ham + Cheese parcels
- ☐ Beef Stroganoff
- ☐ Potato & veg
- ☐ Chips & salad
- ☐ Rice & greens

Tuesday 24/11/26

- Wombok Chicken Salad
- ☐ Irish Stew
- ☐ Potato & veg
- ☐ Chips & salad
- ☐ Rice & greens
- ☐ Pavlova + Fruit
- ☐ Vanilla Slice

Wednesday 26/11/26

- ☐ Honey Mustard Chicken Wraps
- ☐ Lasagne
- ☐ Potato & veg
- ☐ Chips & salad
- ☐ Rice & greens
- ☐ Pavlova + Fruit
- ☐ Vanilla Slice

Thursday 26/11/26

- ☐ Mongolian beef
- ☐ Roast Chicken
- ☐ Potato & veg
- ☐ Chips & salad
- ☐ Rice & greens
- ☐ Pavlova + Fruit
- ☐ Vanilla Slice

Friday 27/11/26

- ☐ Silverside and white sauce
- ☐ Seafood Basket
- ☐ Potato & veg
- ☐ Chips & salad
- ☐ Rice & greens
- ☐ Pavlova + Fruit
- ☐ Vanilla Slice

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BUCKETTS WAY Neighbourhood Group Inc.

Meals on Wheels New South Wales

Meals on Wheels Menu November 2026

Client Name:

Week 1

Monday 02/11/26 — No dessert today

- ☐ Creamy Garlic Prawn Pasta
- ☐ Devilled Sausages
- ☐ Potato & veg
- ☐ Chips & salad
- ☐ Rice & greens

Tuesday 03/11/26

- ☐ Chicken Caesar salad bowls
- ☐ Lamb casserole
- ☐ Potato & veg
- ☐ Chips & salad
- ☐ Rice & greens
- ☐ Dolly Cake + Custard
- ☐ Fruit Jelly

Wednesday 04/11/26

- ☐ Corned meat fritters
- ☐ Pork Medallion in Plum Sauce
- ☐ Potato & veg
- ☐ Chips & salad
- ☐ Rice & greens
- ☐ Dolly Cake + Custard
- ☐ Fruit Jelly

Thursday 05/11/26

- ☐ Mongolian Chicken
- ☐ Roast Beef
- ☐ Potato & veg
- ☐ Chips & salad
- ☐ Rice & greens
- ☐ Dolly Cake + Custard
- ☐ Fruit Jelly

Friday 06/11/26 — Eating with Friends

- ☐ Chunky Beef Pie
- ☐ Prawn Cutlets
- ☐ Potato & veg
- ☐ Chips & salad
- ☐ Rice & greens
- ☐ Dolly Cake + Custard
- ☐ Fruit Jelly

Week 2

Monday 09/11/26 — No dessert today

- ☐ Salmon Patties
- ☐ Crumbed Lamb Chop
- ☐ Potato & veg
- ☐ Chips & salad
- ☐ Rice & greens

Tuesday 10/11/26

- ☐ Ranch chicken salad Bowls
- ☐ Cottage Pie
- ☐ Potato & veg
- ☐ Chips & salad
- ☐ Rice & greens
- ☐ Apple & Custard Pie
- ☐ Passionfruit Slice

Wednesday 11/11/26

- ☐ Chicken Rissoles
- ☐ Prawn Skewers
- ☐ Potato & veg
- ☐ Chips & salad
- ☐ Rice & greens
- ☐ Apple & Custard Pie
- ☐ Passionfruit Slice

Thursday 12/11/26

- ☐ Roast Lamb
- ☐ Chicken stir fry
- ☐ Potato & veg
- ☐ Chips & salad
- ☐ Rice & greens
- ☐ Apple & Custard Pie
- ☐ Passionfruit Slice

Friday 13/11/26

- ☐ Seafood Basket
- ☐ Quiche Lorraine
- ☐ Potato & veg
- ☐ Chips & salad
- ☐ Rice & greens
- ☐ Apple & Custard Pie
- ☐ Passionfruit Slice

Week 3

Monday 16/11/26 — No dessert today

- ☐ Lamb Rissoles + gravy
- ☐ Sausages + gravy
- ☐ Potato & veg
- ☐ Chips & salad
- ☐ Rice & greens

Tuesday 17/11/26

- ☐ Chicken + Avocado Salad
- ☐ Calamari Rings + Wedges
- ☐ Potato & veg
- ☐ Chips & salad
- ☐ Rice & greens
- ☐ Chocolate Cake + cream
- ☐ Berry Trifle

Wednesday 18/11/26

- ☐ BBQ Chicken Thighs
- ☐ Beef Stroganoff
- ☐ Potato & veg
- ☐ Chips & salad
- ☐ Rice & greens
- ☐ Chocolate Cake + cream
- ☐ Berry Trifle

Thursday 19/11/26

- ☐ Savoury mince
- ☐ Roast Pork
- ☐ Potato & veg
- ☐ Chips & salad
- ☐ Rice & greens
- ☐ Chocolate Cake + cream
- ☐ Berry Trifle

Friday 20/11/26

- ☐ Curried Sausages
- ☐ Grilled Fish
- ☐ Potato & veg
- ☐ Chips & salad
- ☐ Rice & greens
- ☐ Chocolate Cake + cream
- ☐ Berry Trifle

Week 4

Monday 23/11/26 — No dessert today

- ☐ Ham + Cheese parcels
- ☐ Beef Stroganoff
- ☐ Potato & veg
- ☐ Chips & salad
- ☐ Rice & greens

Tuesday 24/11/26

- Wombok Chicken Salad
- ☐ Irish Stew
- ☐ Potato & veg
- ☐ Chips & salad
- ☐ Rice & greens
- ☐ Pavlova + Fruit
- ☐ Vanilla Slice

Wednesday 26/11/26

- ☐ Honey Mustard Chicken Wraps
- ☐ Lasagne
- ☐ Potato & veg
- ☐ Chips & salad
- ☐ Rice & greens
- ☐ Pavlova + Fruit
- ☐ Vanilla Slice

Thursday 26/11/26

- ☐ Mongolian beef
- ☐ Roast Chicken
- ☐ Potato & veg
- ☐ Chips & salad
- ☐ Rice & greens
- ☐ Pavlova + Fruit
- ☐ Vanilla Slice

Friday 27/11/26

- ☐ Silverside and white sauce
- ☐ Seafood Basket
- ☐ Potato & veg
- ☐ Chips & salad
- ☐ Rice & greens
- ☐ Pavlova + Fruit
- ☐ Vanilla Slice

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- ☐ Potato & veg
- ☐ Chips & salad
- ☐ Rice & greens

Tuesday 03/11/26

- ☐ Chicken Caesar salad bowls
- ☐ Lamb casserole
- ☐ Potato & veg
- ☐ Chips & salad
- ☐ Rice & greens
- ☐ Dolly Cake + Custard
- ☐ Fruit Jelly

Wednesday 04/11/26

- ☐ Corned meat fritters
- ☐ Pork Medallion in Plum Sauce
- ☐ Potato & veg
- ☐ Chips & salad
- ☐ Rice & greens
- ☐ Dolly Cake + Custard
- ☐ Fruit Jelly

Thursday 05/11/26

- ☐ Mongolian Chicken
- ☐ Roast Beef
- ☐ Potato & veg
- ☐ Chips & salad
- ☐ Rice & greens
- ☐ Dolly Cake + Custard
- ☐ Fruit Jelly

Friday 06/11/26 — Eating with Friends

- ☐ Chunky Beef Pie
- ☐ Prawn Cutlets
- ☐ Potato & veg
- ☐ Chips & salad
- ☐ Rice & greens
- ☐ Dolly Cake + Custard
- ☐ Fruit Jelly

Week 2

Monday 09/11/26 — No dessert today

- ☐ Salmon Patties
- ☐ Crumbed Lamb Chop
- ☐ Potato & veg
- ☐ Chips & salad
- ☐ Rice & greens

Tuesday 10/11/26

- ☐ Ranch chicken salad Bowls
- ☐ Cottage Pie
- ☐ Potato & veg
- ☐ Chips & salad
- ☐ Rice & greens
- ☐ Apple & Custard Pie
- ☐ Passionfruit Slice

Wednesday 11/11/26

- ☐ Chicken Rissoles
- ☐ Prawn Skewers
- ☐ Potato & veg
- ☐ Chips & salad
- ☐ Rice & greens
- ☐ Apple & Custard Pie
- ☐ Passionfruit Slice

Thursday 12/11/26

- ☐ Roast Lamb
- ☐ Chicken stir fry
- ☐ Potato & veg
- ☐ Chips & salad
- ☐ Rice & greens
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- ☐ Passionfruit Slice

Friday 13/11/26

- ☐ Seafood Basket
- ☐ Quiche Lorraine
- ☐ Potato & veg
- ☐ Chips & salad
- ☐ Rice & greens
- ☐ Apple & Custard Pie
- ☐ Passionfruit Slice

Week 3

Monday 16/11/26 — No dessert today

- ☐ Lamb Rissoles + gravy
- ☐ Sausages + gravy
- ☐ Potato & veg
- ☐ Chips & salad
- ☐ Rice & greens

Tuesday 17/11/26

- ☐ Chicken + Avocado Salad
- ☐ Calamari Rings + Wedges
- ☐ Potato & veg
- ☐ Chips & salad
- ☐ Rice & greens
- ☐ Chocolate Cake + cream
- ☐ Berry Trifle

Wednesday 18/11/26

- ☐ BBQ Chicken Thighs
- ☐ Beef Stroganoff
- ☐ Potato & veg
- ☐ Chips & salad
- ☐ Rice & greens
- ☐ Chocolate Cake + cream
- ☐ Berry Trifle

Thursday 19/11/26

- ☐ Savoury mince
- ☐ Roast Pork
- ☐ Potato & veg
- ☐ Chips & salad
- ☐ Rice & greens
- ☐ Chocolate Cake + cream
- ☐ Berry Trifle

Friday 20/11/26

- ☐ Curried Sausages
- ☐ Grilled Fish
- ☐ Potato & veg
- ☐ Chips & salad
- ☐ Rice & greens
- ☐ Chocolate Cake + cream
- ☐ Berry Trifle

Week 4

Monday 23/11/26 — No dessert today

- ☐ Ham + Cheese parcels
- ☐ Beef Stroganoff
- ☐ Potato & veg
- ☐ Chips & salad
- ☐ Rice & greens

Tuesday 24/11/26

- Wombok Chicken Salad
- ☐ Irish Stew
- ☐ Potato & veg
- ☐ Chips & salad
- ☐ Rice & greens
- ☐ Pavlova + Fruit
- ☐ Vanilla Slice

Wednesday 26/11/26

- ☐ Honey Mustard Chicken Wraps
- ☐ Lasagne
- ☐ Potato & veg
- ☐ Chips & salad
- ☐ Rice & greens
- ☐ Pavlova + Fruit
- ☐ Vanilla Slice

Thursday 26/11/26

- ☐ Mongolian beef
- ☐ Roast Chicken
- ☐ Potato & veg
- ☐ Chips & salad
- ☐ Rice & greens
- ☐ Pavlova + Fruit
- ☐ Vanilla Slice

Friday 27/11/26

- ☐ Silverside and white sauce
- ☐ Seafood Basket
- ☐ Potato & veg
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- ☐ Potato & veg
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- ☐ Salmon Patties
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- ☐ Chips & salad
- ☐ Rice & greens

Tuesday 10/11/26

- ☐ Ranch chicken salad Bowls
- ☐ Cottage Pie
- ☐ Potato & veg
- ☐ Chips & salad
- ☐ Rice & greens
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- ☐ Passionfruit Slice

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- ☐ Passionfruit Slice

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- ☐ Quiche Lorraine
- ☐ Potato & veg
- ☐ Chips & salad
- ☐ Rice & greens
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- ☐ Sausages + gravy
- ☐ Potato & veg
- ☐ Chips & salad
- ☐ Rice & greens

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- ☐ Chicken + Avocado Salad
- ☐ Calamari Rings + Wedges
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- ☐ Rice & greens
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Thursday 19/11/26

- ☐ Savoury mince
- ☐ Roast Pork
- ☐ Potato & veg
- ☐ Chips & salad
- ☐ Rice & greens
- ☐ Chocolate Cake + cream
- ☐ Berry Trifle

Friday 20/11/26

- ☐ Curried Sausages
- ☐ Grilled Fish
- ☐ Potato & veg
- ☐ Chips & salad
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- ☐ Irish Stew
- ☐ Potato & veg
- ☐ Chips & salad
- ☐ Rice & greens
- ☐ Pavlova + Fruit
- ☐ Vanilla Slice

Wednesday 26/11/26

- ☐ Honey Mustard Chicken Wraps
- ☐ Lasagne
- ☐ Potato & veg
- ☐ Chips & salad
- ☐ Rice & greens
- ☐ Pavlova + Fruit
- ☐ Vanilla Slice

Thursday 26/11/26

- ☐ Mongolian beef
- ☐ Roast Chicken
- ☐ Potato & veg
- ☐ Chips & salad
- ☐ Rice & greens
- ☐ Pavlova + Fruit
- ☐ Vanilla Slice

Friday 27/11/26

- ☐ Silverside and white sauce
- ☐ Seafood Basket
- ☐ Potato & veg
- ☐ Chips & salad
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- ☐ Vanilla Slice

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BUCKETTS WAY Neighbourhood Group Inc.

Meals on Wheels New South Wales

Meals on Wheels Menu November 2026

Client Name:

Week 1

Monday 02/11/26 — No dessert today

- ☐ Creamy Garlic Prawn Pasta
- ☐ Devilled Sausages
- ☐ Potato & veg
- ☐ Chips & salad
- ☐ Rice & greens

Tuesday 03/11/26

- ☐ Chicken Caesar salad bowls
- ☐ Lamb casserole
- ☐ Potato & veg
- ☐ Chips & salad
- ☐ Rice & greens
- ☐ Dolly Cake + Custard
- ☐ Fruit Jelly

Wednesday 04/11/26

- ☐ Corned meat fritters
- ☐ Pork Medallion in Plum Sauce
- ☐ Potato & veg
- ☐ Chips & salad
- ☐ Rice & greens
- ☐ Dolly Cake + Custard
- ☐ Fruit Jelly

Thursday 05/11/26

- ☐ Mongolian Chicken
- ☐ Roast Beef
- ☐ Potato & veg
- ☐ Chips & salad
- ☐ Rice & greens
- ☐ Dolly Cake + Custard
- ☐ Fruit Jelly

Friday 06/11/26 — Eating with Friends

- ☐ Chunky Beef Pie
- ☐ Prawn Cutlets
- ☐ Potato & veg
- ☐ Chips & salad
- ☐ Rice & greens
- ☐ Dolly Cake + Custard
- ☐ Fruit Jelly

Week 2

Monday 09/11/26 — No dessert today

- ☐ Salmon Patties
- ☐ Crumbed Lamb Chop
- ☐ Potato & veg
- ☐ Chips & salad
- ☐ Rice & greens

Tuesday 10/11/26

- ☐ Ranch chicken salad Bowls
- ☐ Cottage Pie
- ☐ Potato & veg
- ☐ Chips & salad
- ☐ Rice & greens
- ☐ Apple & Custard Pie
- ☐ Passionfruit Slice

Wednesday 11/11/26

- ☐ Chicken Rissoles
- ☐ Prawn Skewers
- ☐ Potato & veg
- ☐ Chips & salad
- ☐ Rice & greens
- ☐ Apple & Custard Pie
- ☐ Passionfruit Slice

Thursday 12/11/26

- ☐ Roast Lamb
- ☐ Chicken stir fry
- ☐ Potato & veg
- ☐ Chips & salad
- ☐ Rice & greens
- ☐ Apple & Custard Pie
- ☐ Passionfruit Slice

Friday 13/11/26

- ☐ Seafood Basket
- ☐ Quiche Lorraine
- ☐ Potato & veg
- ☐ Chips & salad
- ☐ Rice & greens
- ☐ Apple & Custard Pie
- ☐ Passionfruit Slice

Week 3

Monday 16/11/26 — No dessert today

- ☐ Lamb Rissoles + gravy
- ☐ Sausages + gravy
- ☐ Potato & veg
- ☐ Chips & salad
- ☐ Rice & greens

Tuesday 17/11/26

- ☐ Chicken + Avocado Salad
- ☐ Calamari Rings + Wedges
- ☐ Potato & veg
- ☐ Chips & salad
- ☐ Rice & greens
- ☐ Chocolate Cake + cream
- ☐ Berry Trifle

Wednesday 18/11/26

- ☐ BBQ Chicken Thighs
- ☐ Beef Stroganoff
- ☐ Potato & veg
- ☐ Chips & salad
- ☐ Rice & greens
- ☐ Chocolate Cake + cream
- ☐ Berry Trifle

Thursday 19/11/26

- ☐ Savoury mince
- ☐ Roast Pork
- ☐ Potato & veg
- ☐ Chips & salad
- ☐ Rice & greens
- ☐ Chocolate Cake + cream
- ☐ Berry Trifle

Friday 20/11/26

- ☐ Curried Sausages
- ☐ Grilled Fish
- ☐ Potato & veg
- ☐ Chips & salad
- ☐ Rice & greens
- ☐ Chocolate Cake + cream
- ☐ Berry Trifle

Week 4

Monday 23/11/26 — No dessert today

- ☐ Ham + Cheese parcels
- ☐ Beef Stroganoff
- ☐ Potato & veg
- ☐ Chips & salad
- ☐ Rice & greens

Tuesday 24/11/26

- Wombok Chicken Salad
- ☐ Irish Stew
- ☐ Potato & veg
- ☐ Chips & salad
- ☐ Rice & greens
- ☐ Pavlova + Fruit
- ☐ Vanilla Slice

Wednesday 26/11/26

- ☐ Honey Mustard Chicken Wraps
- ☐ Lasagne
- ☐ Potato & veg
- ☐ Chips & salad
- ☐ Rice & greens
- ☐ Pavlova + Fruit
- ☐ Vanilla Slice

Thursday 26/11/26

- ☐ Mongolian beef
- ☐ Roast Chicken
- ☐ Potato & veg
- ☐ Chips & salad
- ☐ Rice & greens
- ☐ Pavlova + Fruit
- ☐ Vanilla Slice

Friday 27/11/26

- ☐ Silverside and white sauce
- ☐ Seafood Basket
- ☐ Potato & veg
- ☐ Chips & salad
- ☐ Rice & greens
- ☐ Pavlova + Fruit
- ☐ Vanilla Slice

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BUCKETTS WAY Neighbourhood Group Inc.

Meals on Wheels New South Wales

Meals on Wheels Menu November 2026

Client Name:

Week 1

Monday 02/11/26 — No dessert today

- ☐ Creamy Garlic Prawn Pasta
- ☐ Devilled Sausages
- ☐ Potato & veg
- ☐ Chips & salad
- ☐ Rice & greens

Tuesday 03/11/26

- ☐ Chicken Caesar salad bowls
- ☐ Lamb casserole
- ☐ Potato & veg
- ☐ Chips & salad
- ☐ Rice & greens
- ☐ Dolly Cake + Custard
- ☐ Fruit Jelly

Wednesday 04/11/26

- ☐ Corned meat fritters
- ☐ Pork Medallion in Plum Sauce
- ☐ Potato & veg
- ☐ Chips & salad
- ☐ Rice & greens
- ☐ Dolly Cake + Custard
- ☐ Fruit Jelly

Thursday 05/11/26

- ☐ Mongolian Chicken
- ☐ Roast Beef
- ☐ Potato & veg
- ☐ Chips & salad
- ☐ Rice & greens
- ☐ Dolly Cake + Custard
- ☐ Fruit Jelly

Friday 06/11/26 — Eating with Friends

- ☐ Chunky Beef Pie
- ☐ Prawn Cutlets
- ☐ Potato & veg
- ☐ Chips & salad
- ☐ Rice & greens
- ☐ Dolly Cake + Custard
- ☐ Fruit Jelly

Week 2

Monday 09/11/26 — No dessert today

- ☐ Salmon Patties
- ☐ Crumbed Lamb Chop
- ☐ Potato & veg
- ☐ Chips & salad
- ☐ Rice & greens

Tuesday 10/11/26

- ☐ Ranch chicken salad Bowls
- ☐ Cottage Pie
- ☐ Potato & veg
- ☐ Chips & salad
- ☐ Rice & greens
- ☐ Apple & Custard Pie
- ☐ Passionfruit Slice

Wednesday 11/11/26

- ☐ Chicken Rissoles
- ☐ Prawn Skewers
- ☐ Potato & veg
- ☐ Chips & salad
- ☐ Rice & greens
- ☐ Apple & Custard Pie
- ☐ Passionfruit Slice

Thursday 12/11/26

- ☐ Roast Lamb
- ☐ Chicken stir fry
- ☐ Potato & veg
- ☐ Chips & salad
- ☐ Rice & greens
- ☐ Apple & Custard Pie
- ☐ Passionfruit Slice

Friday 13/11/26

- ☐ Seafood Basket
- ☐ Quiche Lorraine
- ☐ Potato & veg
- ☐ Chips & salad
- ☐ Rice & greens
- ☐ Apple & Custard Pie
- ☐ Passionfruit Slice

Week 3

Monday 16/11/26 — No dessert today

- ☐ Lamb Rissoles + gravy
- ☐ Sausages + gravy
- ☐ Potato & veg
- ☐ Chips & salad
- ☐ Rice & greens

Tuesday 17/11/26

- ☐ Chicken + Avocado Salad
- ☐ Calamari Rings + Wedges
- ☐ Potato & veg
- ☐ Chips & salad
- ☐ Rice & greens
- ☐ Chocolate Cake + cream
- ☐ Berry Trifle

Wednesday 18/11/26

- ☐ BBQ Chicken Thighs
- ☐ Beef Stroganoff
- ☐ Potato & veg
- ☐ Chips & salad
- ☐ Rice & greens
- ☐ Chocolate Cake + cream
- ☐ Berry Trifle

Thursday 19/11/26

- ☐ Savoury mince
- ☐ Roast Pork
- ☐ Potato & veg
- ☐ Chips & salad
- ☐ Rice & greens
- ☐ Chocolate Cake + cream
- ☐ Berry Trifle

Friday 20/11/26

- ☐ Curried Sausages
- ☐ Grilled Fish
- ☐ Potato & veg
- ☐ Chips & salad
- ☐ Rice & greens
- ☐ Chocolate Cake + cream
- ☐ Berry Trifle

Week 4

Monday 23/11/26 — No dessert today

- ☐ Ham + Cheese parcels
- ☐ Beef Stroganoff
- ☐ Potato & veg
- ☐ Chips & salad
- ☐ Rice & greens

Tuesday 24/11/26

- Wombok Chicken Salad
- ☐ Irish Stew
- ☐ Potato & veg
- ☐ Chips & salad
- ☐ Rice & greens
- ☐ Pavlova + Fruit
- ☐ Vanilla Slice

Wednesday 26/11/26

- ☐ Honey Mustard Chicken Wraps
- ☐ Lasagne
- ☐ Potato & veg
- ☐ Chips & salad
- ☐ Rice & greens
- ☐ Pavlova + Fruit
- ☐ Vanilla Slice

Thursday 26/11/26

- ☐ Mongolian beef
- ☐ Roast Chicken
- ☐ Potato & veg
- ☐ Chips & salad
- ☐ Rice & greens
- ☐ Pavlova + Fruit
- ☐ Vanilla Slice

Friday 27/11/26

- ☐ Silverside and white sauce
- ☐ Seafood Basket
- ☐ Potato & veg
- ☐ Chips & salad
- ☐ Rice & greens
- ☐ Pavlova + Fruit
- ☐ Vanilla Slice

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- ☐ Potato & veg
- ☐ Chips & salad
- ☐ Rice & greens

Tuesday 03/11/26

- ☐ Chicken Caesar salad bowls
- ☐ Lamb casserole
- ☐ Potato & veg
- ☐ Chips & salad
- ☐ Rice & greens
- ☐ Dolly Cake + Custard
- ☐ Fruit Jelly

Wednesday 04/11/26

- ☐ Corned meat fritters
- ☐ Pork Medallion in Plum Sauce
- ☐ Potato & veg
- ☐ Chips & salad
- ☐ Rice & greens
- ☐ Dolly Cake + Custard
- ☐ Fruit Jelly

Thursday 05/11/26

- ☐ Mongolian Chicken
- ☐ Roast Beef
- ☐ Potato & veg
- ☐ Chips & salad
- ☐ Rice & greens
- ☐ Dolly Cake + Custard
- ☐ Fruit Jelly

Friday 06/11/26 — Eating with Friends

- ☐ Chunky Beef Pie
- ☐ Prawn Cutlets
- ☐ Potato & veg
- ☐ Chips & salad
- ☐ Rice & greens
- ☐ Dolly Cake + Custard
- ☐ Fruit Jelly

Week 2

Monday 09/11/26 — No dessert today

- ☐ Salmon Patties
- ☐ Crumbed Lamb Chop
- ☐ Potato & veg
- ☐ Chips & salad
- ☐ Rice & greens

Tuesday 10/11/26

- ☐ Ranch chicken salad Bowls
- ☐ Cottage Pie
- ☐ Potato & veg
- ☐ Chips & salad
- ☐ Rice & greens
- ☐ Apple & Custard Pie
- ☐ Passionfruit Slice

Wednesday 11/11/26

- ☐ Chicken Rissoles
- ☐ Prawn Skewers
- ☐ Potato & veg
- ☐ Chips & salad
- ☐ Rice & greens
- ☐ Apple & Custard Pie
- ☐ Passionfruit Slice

Thursday 12/11/26

- ☐ Roast Lamb
- ☐ Chicken stir fry
- ☐ Potato & veg
- ☐ Chips & salad
- ☐ Rice & greens
- ☐ Apple & Custard Pie
- ☐ Passionfruit Slice

Friday 13/11/26

- ☐ Seafood Basket
- ☐ Quiche Lorraine
- ☐ Potato & veg
- ☐ Chips & salad
- ☐ Rice & greens
- ☐ Apple & Custard Pie
- ☐ Passionfruit Slice

Week 3

Monday 16/11/26 — No dessert today

- ☐ Lamb Rissoles + gravy
- ☐ Sausages + gravy
- ☐ Potato & veg
- ☐ Chips & salad
- ☐ Rice & greens

Tuesday 17/11/26

- ☐ Chicken + Avocado Salad
- ☐ Calamari Rings + Wedges
- ☐ Potato & veg
- ☐ Chips & salad
- ☐ Rice & greens
- ☐ Chocolate Cake + cream
- ☐ Berry Trifle

Wednesday 18/11/26

- ☐ BBQ Chicken Thighs
- ☐ Beef Stroganoff
- ☐ Potato & veg
- ☐ Chips & salad
- ☐ Rice & greens
- ☐ Chocolate Cake + cream
- ☐ Berry Trifle

Thursday 19/11/26

- ☐ Savoury mince
- ☐ Roast Pork
- ☐ Potato & veg
- ☐ Chips & salad
- ☐ Rice & greens
- ☐ Chocolate Cake + cream
- ☐ Berry Trifle

Friday 20/11/26

- ☐ Curried Sausages
- ☐ Grilled Fish
- ☐ Potato & veg
- ☐ Chips & salad
- ☐ Rice & greens
- ☐ Chocolate Cake + cream
- ☐ Berry Trifle

Week 4

Monday 23/11/26 — No dessert today

- ☐ Ham + Cheese parcels
- ☐ Beef Stroganoff
- ☐ Potato & veg
- ☐ Chips & salad
- ☐ Rice & greens

Tuesday 24/11/26

- Wombok Chicken Salad
- ☐ Irish Stew
- ☐ Potato & veg
- ☐ Chips & salad
- ☐ Rice & greens
- ☐ Pavlova + Fruit
- ☐ Vanilla Slice

Wednesday 26/11/26

- ☐ Honey Mustard Chicken Wraps
- ☐ Lasagne
- ☐ Potato & veg
- ☐ Chips & salad
- ☐ Rice & greens
- ☐ Pavlova + Fruit
- ☐ Vanilla Slice

Thursday 26/11/26

- ☐ Mongolian beef
- ☐ Roast Chicken
- ☐ Potato & veg
- ☐ Chips & salad
- ☐ Rice & greens
- ☐ Pavlova + Fruit
- ☐ Vanilla Slice

Friday 27/11/26

- ☐ Silverside and white sauce
- ☐ Seafood Basket
- ☐ Potato & veg
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- ☐ Fruit Jelly

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- ☐ Chunky Beef Pie
- ☐ Prawn Cutlets
- ☐ Potato & veg
- ☐ Chips & salad
- ☐ Rice & greens
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- ☐ Fruit Jelly

Week 2

Monday 09/11/26 — No dessert today

- ☐ Salmon Patties
- ☐ Crumbed Lamb Chop
- ☐ Potato & veg
- ☐ Chips & salad
- ☐ Rice & greens

Tuesday 10/11/26

- ☐ Ranch chicken salad Bowls
- ☐ Cottage Pie
- ☐ Potato & veg
- ☐ Chips & salad
- ☐ Rice & greens
- ☐ Apple & Custard Pie
- ☐ Passionfruit Slice

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- ☐ Prawn Skewers
- ☐ Potato & veg
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- ☐ Chicken stir fry
- ☐ Potato & veg
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- ☐ Passionfruit Slice

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- ☐ Seafood Basket
- ☐ Quiche Lorraine
- ☐ Potato & veg
- ☐ Chips & salad
- ☐ Rice & greens
- ☐ Apple & Custard Pie
- ☐ Passionfruit Slice

Week 3

Monday 16/11/26 — No dessert today

- ☐ Lamb Rissoles + gravy
- ☐ Sausages + gravy
- ☐ Potato & veg
- ☐ Chips & salad
- ☐ Rice & greens

Tuesday 17/11/26

- ☐ Chicken + Avocado Salad
- ☐ Calamari Rings + Wedges
- ☐ Potato & veg
- ☐ Chips & salad
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- ☐ Berry Trifle

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- ☐ Beef Stroganoff
- ☐ Potato & veg
- ☐ Chips & salad
- ☐ Rice & greens
- ☐ Chocolate Cake + cream
- ☐ Berry Trifle

Thursday 19/11/26

- ☐ Savoury mince
- ☐ Roast Pork
- ☐ Potato & veg
- ☐ Chips & salad
- ☐ Rice & greens
- ☐ Chocolate Cake + cream
- ☐ Berry Trifle

Friday 20/11/26

- ☐ Curried Sausages
- ☐ Grilled Fish
- ☐ Potato & veg
- ☐ Chips & salad
- ☐ Rice & greens
- ☐ Chocolate Cake + cream
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Week 4

Monday 23/11/26 — No dessert today

- ☐ Ham + Cheese parcels
- ☐ Beef Stroganoff
- ☐ Potato & veg
- ☐ Chips & salad
- ☐ Rice & greens

Tuesday 24/11/26

- Wombok Chicken Salad
- ☐ Irish Stew
- ☐ Potato & veg
- ☐ Chips & salad
- ☐ Rice & greens
- ☐ Pavlova + Fruit
- ☐ Vanilla Slice

Wednesday 26/11/26

- ☐ Honey Mustard Chicken Wraps
- ☐ Lasagne
- ☐ Potato & veg
- ☐ Chips & salad
- ☐ Rice & greens
- ☐ Pavlova + Fruit
- ☐ Vanilla Slice

Thursday 26/11/26

- ☐ Mongolian beef
- ☐ Roast Chicken
- ☐ Potato & veg
- ☐ Chips & salad
- ☐ Rice & greens
- ☐ Pavlova + Fruit
- ☐ Vanilla Slice

Friday 27/11/26

- ☐ Silverside and white sauce
- ☐ Seafood Basket
- ☐ Potato & veg
- ☐ Chips & salad
- ☐ Rice & greens
- ☐ Pavlova + Fruit
- ☐ Vanilla Slice

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BUCKETTS WAY Neighbourhood Group Inc.

Meals on Wheels New South Wales

Meals on Wheels Menu November 2026

Client Name:

Week 1

Monday 02/11/26 — No dessert today

- ☐ Creamy Garlic Prawn Pasta
- ☐ Devilled Sausages
- ☐ Potato & veg
- ☐ Chips & salad
- ☐ Rice & greens

Tuesday 03/11/26

- ☐ Chicken Caesar salad bowls
- ☐ Lamb casserole
- ☐ Potato & veg
- ☐ Chips & salad
- ☐ Rice & greens
- ☐ Dolly Cake + Custard
- ☐ Fruit Jelly

Wednesday 04/11/26

- ☐ Corned meat fritters
- ☐ Pork Medallion in Plum Sauce
- ☐ Potato & veg
- ☐ Chips & salad
- ☐ Rice & greens
- ☐ Dolly Cake + Custard
- ☐ Fruit Jelly

Thursday 05/11/26

- ☐ Mongolian Chicken
- ☐ Roast Beef
- ☐ Potato & veg
- ☐ Chips & salad
- ☐ Rice & greens
- ☐ Dolly Cake + Custard
- ☐ Fruit Jelly

Friday 06/11/26 — Eating with Friends

- ☐ Chunky Beef Pie
- ☐ Prawn Cutlets
- ☐ Potato & veg
- ☐ Chips & salad
- ☐ Rice & greens
- ☐ Dolly Cake + Custard
- ☐ Fruit Jelly

Week 2

Monday 09/11/26 — No dessert today

- ☐ Salmon Patties
- ☐ Crumbed Lamb Chop
- ☐ Potato & veg
- ☐ Chips & salad
- ☐ Rice & greens

Tuesday 10/11/26

- ☐ Ranch chicken salad Bowls
- ☐ Cottage Pie
- ☐ Potato & veg
- ☐ Chips & salad
- ☐ Rice & greens
- ☐ Apple & Custard Pie
- ☐ Passionfruit Slice

Wednesday 11/11/26

- ☐ Chicken Rissoles
- ☐ Prawn Skewers
- ☐ Potato & veg
- ☐ Chips & salad
- ☐ Rice & greens
- ☐ Apple & Custard Pie
- ☐ Passionfruit Slice

Thursday 12/11/26

- ☐ Roast Lamb
- ☐ Chicken stir fry
- ☐ Potato & veg
- ☐ Chips & salad
- ☐ Rice & greens
- ☐ Apple & Custard Pie
- ☐ Passionfruit Slice

Friday 13/11/26

- ☐ Seafood Basket
- ☐ Quiche Lorraine
- ☐ Potato & veg
- ☐ Chips & salad
- ☐ Rice & greens
- ☐ Apple & Custard Pie
- ☐ Passionfruit Slice

Week 3

Monday 16/11/26 — No dessert today

- ☐ Lamb Rissoles + gravy
- ☐ Sausages + gravy
- ☐ Potato & veg
- ☐ Chips & salad
- ☐ Rice & greens

Tuesday 17/11/26

- ☐ Chicken + Avocado Salad
- ☐ Calamari Rings + Wedges
- ☐ Potato & veg
- ☐ Chips & salad
- ☐ Rice & greens
- ☐ Chocolate Cake + cream
- ☐ Berry Trifle

Wednesday 18/11/26

- ☐ BBQ Chicken Thighs
- ☐ Beef Stroganoff
- ☐ Potato & veg
- ☐ Chips & salad
- ☐ Rice & greens
- ☐ Chocolate Cake + cream
- ☐ Berry Trifle

Thursday 19/11/26

- ☐ Savoury mince
- ☐ Roast Pork
- ☐ Potato & veg
- ☐ Chips & salad
- ☐ Rice & greens
- ☐ Chocolate Cake + cream
- ☐ Berry Trifle

Friday 20/11/26

- ☐ Curried Sausages
- ☐ Grilled Fish
- ☐ Potato & veg
- ☐ Chips & salad
- ☐ Rice & greens
- ☐ Chocolate Cake + cream
- ☐ Berry Trifle

Week 4

Monday 23/11/26 — No dessert today

- ☐ Ham + Cheese parcels
- ☐ Beef Stroganoff
- ☐ Potato & veg
- ☐ Chips & salad
- ☐ Rice & greens

Tuesday 24/11/26

- Wombok Chicken Salad
- ☐ Irish Stew
- ☐ Potato & veg
- ☐ Chips & salad
- ☐ Rice & greens
- ☐ Pavlova + Fruit
- ☐ Vanilla Slice

Wednesday 26/11/26

- ☐ Honey Mustard Chicken Wraps
- ☐ Lasagne
- ☐ Potato & veg
- ☐ Chips & salad
- ☐ Rice & greens
- ☐ Pavlova + Fruit
- ☐ Vanilla Slice

Thursday 26/11/26

- ☐ Mongolian beef
- ☐ Roast Chicken
- ☐ Potato & veg
- ☐ Chips & salad
- ☐ Rice & greens
- ☐ Pavlova + Fruit
- ☐ Vanilla Slice

Friday 27/11/26

- ☐ Silverside and white sauce
- ☐ Seafood Basket
- ☐ Potato & veg
- ☐ Chips & salad
- ☐ Rice & greens
- ☐ Pavlova + Fruit
- ☐ Vanilla Slice

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BUCKETTS WAY Neighbourhood Group Inc.

Meals on Wheels New South Wales

Meals on Wheels Menu November 2026

Client Name:

Week 1

Monday 02/11/26 — No dessert today

- ☐ Creamy Garlic Prawn Pasta
- ☐ Devilled Sausages
- ☐ Potato & veg
- ☐ Chips & salad
- ☐ Rice & greens

Tuesday 03/11/26

- ☐ Chicken Caesar salad bowls
- ☐ Lamb casserole
- ☐ Potato & veg
- ☐ Chips & salad
- ☐ Rice & greens
- ☐ Dolly Cake + Custard
- ☐ Fruit Jelly

Wednesday 04/11/26

- ☐ Corned meat fritters
- ☐ Pork Medallion in Plum Sauce
- ☐ Potato & veg
- ☐ Chips & salad
- ☐ Rice & greens
- ☐ Dolly Cake + Custard
- ☐ Fruit Jelly

Thursday 05/11/26

- ☐ Mongolian Chicken
- ☐ Roast Beef
- ☐ Potato & veg
- ☐ Chips & salad
- ☐ Rice & greens
- ☐ Dolly Cake + Custard
- ☐ Fruit Jelly

Friday 06/11/26 — Eating with Friends

- ☐ Chunky Beef Pie
- ☐ Prawn Cutlets
- ☐ Potato & veg
- ☐ Chips & salad
- ☐ Rice & greens
- ☐ Dolly Cake + Custard
- ☐ Fruit Jelly

Week 2

Monday 09/11/26 — No dessert today

- ☐ Salmon Patties
- ☐ Crumbed Lamb Chop
- ☐ Potato & veg
- ☐ Chips & salad
- ☐ Rice & greens

Tuesday 10/11/26

- ☐ Ranch chicken salad Bowls
- ☐ Cottage Pie
- ☐ Potato & veg
- ☐ Chips & salad
- ☐ Rice & greens
- ☐ Apple & Custard Pie
- ☐ Passionfruit Slice

Wednesday 11/11/26

- ☐ Chicken Rissoles
- ☐ Prawn Skewers
- ☐ Potato & veg
- ☐ Chips & salad
- ☐ Rice & greens
- ☐ Apple & Custard Pie
- ☐ Passionfruit Slice

Thursday 12/11/26

- ☐ Roast Lamb
- ☐ Chicken stir fry
- ☐ Potato & veg
- ☐ Chips & salad
- ☐ Rice & greens
- ☐ Apple & Custard Pie
- ☐ Passionfruit Slice

Friday 13/11/26

- ☐ Seafood Basket
- ☐ Quiche Lorraine
- ☐ Potato & veg
- ☐ Chips & salad
- ☐ Rice & greens
- ☐ Apple & Custard Pie
- ☐ Passionfruit Slice

Week 3

Monday 16/11/26 — No dessert today

- ☐ Lamb Rissoles + gravy
- ☐ Sausages + gravy
- ☐ Potato & veg
- ☐ Chips & salad
- ☐ Rice & greens

Tuesday 17/11/26

- ☐ Chicken + Avocado Salad
- ☐ Calamari Rings + Wedges
- ☐ Potato & veg
- ☐ Chips & salad
- ☐ Rice & greens
- ☐ Chocolate Cake + cream
- ☐ Berry Trifle

Wednesday 18/11/26

- ☐ BBQ Chicken Thighs
- ☐ Beef Stroganoff
- ☐ Potato & veg
- ☐ Chips & salad
- ☐ Rice & greens
- ☐ Chocolate Cake + cream
- ☐ Berry Trifle

Thursday 19/11/26

- ☐ Savoury mince
- ☐ Roast Pork
- ☐ Potato & veg
- ☐ Chips & salad
- ☐ Rice & greens
- ☐ Chocolate Cake + cream
- ☐ Berry Trifle

Friday 20/11/26

- ☐ Curried Sausages
- ☐ Grilled Fish
- ☐ Potato & veg
- ☐ Chips & salad
- ☐ Rice & greens
- ☐ Chocolate Cake + cream
- ☐ Berry Trifle

Week 4

Monday 23/11/26 — No dessert today

- ☐ Ham + Cheese parcels
- ☐ Beef Stroganoff
- ☐ Potato & veg
- ☐ Chips & salad
- ☐ Rice & greens

Tuesday 24/11/26

- Wombok Chicken Salad
- ☐ Irish Stew
- ☐ Potato & veg
- ☐ Chips & salad
- ☐ Rice & greens
- ☐ Pavlova + Fruit
- ☐ Vanilla Slice

Wednesday 26/11/26

- ☐ Honey Mustard Chicken Wraps
- ☐ Lasagne
- ☐ Potato & veg
- ☐ Chips & salad
- ☐ Rice & greens
- ☐ Pavlova + Fruit
- ☐ Vanilla Slice

Thursday 26/11/26

- ☐ Mongolian beef
- ☐ Roast Chicken
- ☐ Potato & veg
- ☐ Chips & salad
- ☐ Rice & greens
- ☐ Pavlova + Fruit
- ☐ Vanilla Slice

Friday 27/11/26

- ☐ Silverside and white sauce
- ☐ Seafood Basket
- ☐ Potato & veg
- ☐ Chips & salad
- ☐ Rice & greens
- ☐ Pavlova + Fruit
- ☐ Vanilla Slice

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Week 1

Monday 02/11/26 — No dessert today

- ☐ Creamy Garlic Prawn Pasta
- ☐ Devilled Sausages
- ☐ Potato & veg
- ☐ Chips & salad
- ☐ Rice & greens

Tuesday 03/11/26

- ☐ Chicken Caesar salad bowls
- ☐ Lamb casserole
- ☐ Potato & veg
- ☐ Chips & salad
- ☐ Rice & greens
- ☐ Dolly Cake + Custard
- ☐ Fruit Jelly

Wednesday 04/11/26

- ☐ Corned meat fritters
- ☐ Pork Medallion in Plum Sauce
- ☐ Potato & veg
- ☐ Chips & salad
- ☐ Rice & greens
- ☐ Dolly Cake + Custard
- ☐ Fruit Jelly

Thursday 05/11/26

- ☐ Mongolian Chicken
- ☐ Roast Beef
- ☐ Potato & veg
- ☐ Chips & salad
- ☐ Rice & greens
- ☐ Dolly Cake + Custard
- ☐ Fruit Jelly

Friday 06/11/26 — Eating with Friends

- ☐ Chunky Beef Pie
- ☐ Prawn Cutlets
- ☐ Potato & veg
- ☐ Chips & salad
- ☐ Rice & greens
- ☐ Dolly Cake + Custard
- ☐ Fruit Jelly

Week 2

Monday 09/11/26 — No dessert today

- ☐ Salmon Patties
- ☐ Crumbed Lamb Chop
- ☐ Potato & veg
- ☐ Chips & salad
- ☐ Rice & greens

Tuesday 10/11/26

- ☐ Ranch chicken salad Bowls
- ☐ Cottage Pie
- ☐ Potato & veg
- ☐ Chips & salad
- ☐ Rice & greens
- ☐ Apple & Custard Pie
- ☐ Passionfruit Slice

Wednesday 11/11/26

- ☐ Chicken Rissoles
- ☐ Prawn Skewers
- ☐ Potato & veg
- ☐ Chips & salad
- ☐ Rice & greens
- ☐ Apple & Custard Pie
- ☐ Passionfruit Slice

Thursday 12/11/26

- ☐ Roast Lamb
- ☐ Chicken stir fry
- ☐ Potato & veg
- ☐ Chips & salad
- ☐ Rice & greens
- ☐ Apple & Custard Pie
- ☐ Passionfruit Slice

Friday 13/11/26

- ☐ Seafood Basket
- ☐ Quiche Lorraine
- ☐ Potato & veg
- ☐ Chips & salad
- ☐ Rice & greens
- ☐ Apple & Custard Pie
- ☐ Passionfruit Slice

Week 3

Monday 16/11/26 — No dessert today

- ☐ Lamb Rissoles + gravy
- ☐ Sausages + gravy
- ☐ Potato & veg
- ☐ Chips & salad
- ☐ Rice & greens

Tuesday 17/11/26

- ☐ Chicken + Avocado Salad
- ☐ Calamari Rings + Wedges
- ☐ Potato & veg
- ☐ Chips & salad
- ☐ Rice & greens
- ☐ Chocolate Cake + cream
- ☐ Berry Trifle

Wednesday 18/11/26

- ☐ BBQ Chicken Thighs
- ☐ Beef Stroganoff
- ☐ Potato & veg
- ☐ Chips & salad
- ☐ Rice & greens
- ☐ Chocolate Cake + cream
- ☐ Berry Trifle

Thursday 19/11/26

- ☐ Savoury mince
- ☐ Roast Pork
- ☐ Potato & veg
- ☐ Chips & salad
- ☐ Rice & greens
- ☐ Chocolate Cake + cream
- ☐ Berry Trifle

Friday 20/11/26

- ☐ Curried Sausages
- ☐ Grilled Fish
- ☐ Potato & veg
- ☐ Chips & salad
- ☐ Rice & greens
- ☐ Chocolate Cake + cream
- ☐ Berry Trifle

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- ☐ Irish Stew
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- ☐ Chips & salad
- ☐ Rice & greens
- ☐ Pavlova + Fruit
- ☐ Vanilla Slice

Wednesday 26/11/26

- ☐ Honey Mustard Chicken Wraps
- ☐ Lasagne
- ☐ Potato & veg
- ☐ Chips & salad
- ☐ Rice & greens
- ☐ Pavlova + Fruit
- ☐ Vanilla Slice

Thursday 26/11/26

- ☐ Mongolian beef
- ☐ Roast Chicken
- ☐ Potato & veg
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- ☐ Rice & greens
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Friday 27/11/26

- ☐ Silverside and white sauce
- ☐ Seafood Basket
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- ☐ Chunky Beef Pie
- ☐ Prawn Cutlets
- ☐ Potato & veg
- ☐ Chips & salad
- ☐ Rice & greens
- ☐ Dolly Cake + Custard
- ☐ Fruit Jelly

Week 2

Monday 09/11/26 — No dessert today

- ☐ Salmon Patties
- ☐ Crumbed Lamb Chop
- ☐ Potato & veg
- ☐ Chips & salad
- ☐ Rice & greens

Tuesday 10/11/26

- ☐ Ranch chicken salad Bowls
- ☐ Cottage Pie
- ☐ Potato & veg
- ☐ Chips & salad
- ☐ Rice & greens
- ☐ Apple & Custard Pie
- ☐ Passionfruit Slice

Wednesday 11/11/26

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- ☐ Prawn Skewers
- ☐ Potato & veg
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- ☐ Rice & greens
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- ☐ Passionfruit Slice

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- ☐ Roast Lamb
- ☐ Chicken stir fry
- ☐ Potato & veg
- ☐ Chips & salad
- ☐ Rice & greens
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- ☐ Passionfruit Slice

Friday 13/11/26

- ☐ Seafood Basket
- ☐ Quiche Lorraine
- ☐ Potato & veg
- ☐ Chips & salad
- ☐ Rice & greens
- ☐ Apple & Custard Pie
- ☐ Passionfruit Slice

Week 3

Monday 16/11/26 — No dessert today

- ☐ Lamb Rissoles + gravy
- ☐ Sausages + gravy
- ☐ Potato & veg
- ☐ Chips & salad
- ☐ Rice & greens

Tuesday 17/11/26

- ☐ Chicken + Avocado Salad
- ☐ Calamari Rings + Wedges
- ☐ Potato & veg
- ☐ Chips & salad
- ☐ Rice & greens
- ☐ Chocolate Cake + cream
- ☐ Berry Trifle

Wednesday 18/11/26

- ☐ BBQ Chicken Thighs
- ☐ Beef Stroganoff
- ☐ Potato & veg
- ☐ Chips & salad
- ☐ Rice & greens
- ☐ Chocolate Cake + cream
- ☐ Berry Trifle

Thursday 19/11/26

- ☐ Savoury mince
- ☐ Roast Pork
- ☐ Potato & veg
- ☐ Chips & salad
- ☐ Rice & greens
- ☐ Chocolate Cake + cream
- ☐ Berry Trifle

Friday 20/11/26

- ☐ Curried Sausages
- ☐ Grilled Fish
- ☐ Potato & veg
- ☐ Chips & salad
- ☐ Rice & greens
- ☐ Chocolate Cake + cream
- ☐ Berry Trifle

Week 4

Monday 23/11/26 — No dessert today

- ☐ Ham + Cheese parcels
- ☐ Beef Stroganoff
- ☐ Potato & veg
- ☐ Chips & salad
- ☐ Rice & greens

Tuesday 24/11/26

- Wombok Chicken Salad
- ☐ Irish Stew
- ☐ Potato & veg
- ☐ Chips & salad
- ☐ Rice & greens
- ☐ Pavlova + Fruit
- ☐ Vanilla Slice

Wednesday 26/11/26

- ☐ Honey Mustard Chicken Wraps
- ☐ Lasagne
- ☐ Potato & veg
- ☐ Chips & salad
- ☐ Rice & greens
- ☐ Pavlova + Fruit
- ☐ Vanilla Slice

Thursday 26/11/26

- ☐ Mongolian beef
- ☐ Roast Chicken
- ☐ Potato & veg
- ☐ Chips & salad
- ☐ Rice & greens
- ☐ Pavlova + Fruit
- ☐ Vanilla Slice

Friday 27/11/26

- ☐ Silverside and white sauce
- ☐ Seafood Basket
- ☐ Potato & veg
- ☐ Chips & salad
- ☐ Rice & greens
- ☐ Pavlova + Fruit
- ☐ Vanilla Slice

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BUCKETTS WAY Neighbourhood Group Inc.

Meals on Wheels New South Wales

Meals on Wheels Menu November 2026

Client Name:

Week 1

Monday 02/11/26 — No dessert today

- ☐ Creamy Garlic Prawn Pasta
- ☐ Devilled Sausages
- ☐ Potato & veg
- ☐ Chips & salad
- ☐ Rice & greens

Tuesday 03/11/26

- ☐ Chicken Caesar salad bowls
- ☐ Lamb casserole
- ☐ Potato & veg
- ☐ Chips & salad
- ☐ Rice & greens
- ☐ Dolly Cake + Custard
- ☐ Fruit Jelly

Wednesday 04/11/26

- ☐ Corned meat fritters
- ☐ Pork Medallion in Plum Sauce
- ☐ Potato & veg
- ☐ Chips & salad
- ☐ Rice & greens
- ☐ Dolly Cake + Custard
- ☐ Fruit Jelly

Thursday 05/11/26

- ☐ Mongolian Chicken
- ☐ Roast Beef
- ☐ Potato & veg
- ☐ Chips & salad
- ☐ Rice & greens
- ☐ Dolly Cake + Custard
- ☐ Fruit Jelly

Friday 06/11/26 — Eating with Friends

- ☐ Chunky Beef Pie
- ☐ Prawn Cutlets
- ☐ Potato & veg
- ☐ Chips & salad
- ☐ Rice & greens
- ☐ Dolly Cake + Custard
- ☐ Fruit Jelly

Week 2

Monday 09/11/26 — No dessert today

- ☐ Salmon Patties
- ☐ Crumbed Lamb Chop
- ☐ Potato & veg
- ☐ Chips & salad
- ☐ Rice & greens

Tuesday 10/11/26

- ☐ Ranch chicken salad Bowls
- ☐ Cottage Pie
- ☐ Potato & veg
- ☐ Chips & salad
- ☐ Rice & greens
- ☐ Apple & Custard Pie
- ☐ Passionfruit Slice

Wednesday 11/11/26

- ☐ Chicken Rissoles
- ☐ Prawn Skewers
- ☐ Potato & veg
- ☐ Chips & salad
- ☐ Rice & greens
- ☐ Apple & Custard Pie
- ☐ Passionfruit Slice

Thursday 12/11/26

- ☐ Roast Lamb
- ☐ Chicken stir fry
- ☐ Potato & veg
- ☐ Chips & salad
- ☐ Rice & greens
- ☐ Apple & Custard Pie
- ☐ Passionfruit Slice

Friday 13/11/26

- ☐ Seafood Basket
- ☐ Quiche Lorraine
- ☐ Potato & veg
- ☐ Chips & salad
- ☐ Rice & greens
- ☐ Apple & Custard Pie
- ☐ Passionfruit Slice

Week 3

Monday 16/11/26 — No dessert today

- ☐ Lamb Rissoles + gravy
- ☐ Sausages + gravy
- ☐ Potato & veg
- ☐ Chips & salad
- ☐ Rice & greens

Tuesday 17/11/26

- ☐ Chicken + Avocado Salad
- ☐ Calamari Rings + Wedges
- ☐ Potato & veg
- ☐ Chips & salad
- ☐ Rice & greens
- ☐ Chocolate Cake + cream
- ☐ Berry Trifle

Wednesday 18/11/26

- ☐ BBQ Chicken Thighs
- ☐ Beef Stroganoff
- ☐ Potato & veg
- ☐ Chips & salad
- ☐ Rice & greens
- ☐ Chocolate Cake + cream
- ☐ Berry Trifle

Thursday 19/11/26

- ☐ Savoury mince
- ☐ Roast Pork
- ☐ Potato & veg
- ☐ Chips & salad
- ☐ Rice & greens
- ☐ Chocolate Cake + cream
- ☐ Berry Trifle

Friday 20/11/26

- ☐ Curried Sausages
- ☐ Grilled Fish
- ☐ Potato & veg
- ☐ Chips & salad
- ☐ Rice & greens
- ☐ Chocolate Cake + cream
- ☐ Berry Trifle

Week 4

Monday 23/11/26 — No dessert today

- ☐ Ham + Cheese parcels
- ☐ Beef Stroganoff
- ☐ Potato & veg
- ☐ Chips & salad
- ☐ Rice & greens

Tuesday 24/11/26

- Wombok Chicken Salad
- ☐ Irish Stew
- ☐ Potato & veg
- ☐ Chips & salad
- ☐ Rice & greens
- ☐ Pavlova + Fruit
- ☐ Vanilla Slice

Wednesday 26/11/26

- ☐ Honey Mustard Chicken Wraps
- ☐ Lasagne
- ☐ Potato & veg
- ☐ Chips & salad
- ☐ Rice & greens
- ☐ Pavlova + Fruit
- ☐ Vanilla Slice

Thursday 26/11/26

- ☐ Mongolian beef
- ☐ Roast Chicken
- ☐ Potato & veg
- ☐ Chips & salad
- ☐ Rice & greens
- ☐ Pavlova + Fruit
- ☐ Vanilla Slice

Friday 27/11/26

- ☐ Silverside and white sauce
- ☐ Seafood Basket
- ☐ Potato & veg
- ☐ Chips & salad
- ☐ Rice & greens
- ☐ Pavlova + Fruit
- ☐ Vanilla Slice

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Meals on Wheels New South Wales

Meals on Wheels Menu November 2026

Client Name:

Week 1

Monday 02/11/26 — No dessert today

- ☐ Creamy Garlic Prawn Pasta
- ☐ Devilled Sausages
- ☐ Potato & veg
- ☐ Chips & salad
- ☐ Rice & greens

Tuesday 03/11/26

- ☐ Chicken Caesar salad bowls
- ☐ Lamb casserole
- ☐ Potato & veg
- ☐ Chips & salad
- ☐ Rice & greens
- ☐ Dolly Cake + Custard
- ☐ Fruit Jelly

Wednesday 04/11/26

- ☐ Corned meat fritters
- ☐ Pork Medallion in Plum Sauce
- ☐ Potato & veg
- ☐ Chips & salad
- ☐ Rice & greens
- ☐ Dolly Cake + Custard
- ☐ Fruit Jelly

Thursday 05/11/26

- ☐ Mongolian Chicken
- ☐ Roast Beef
- ☐ Potato & veg
- ☐ Chips & salad
- ☐ Rice & greens
- ☐ Dolly Cake + Custard
- ☐ Fruit Jelly

Friday 06/11/26 — Eating with Friends

- ☐ Chunky Beef Pie
- ☐ Prawn Cutlets
- ☐ Potato & veg
- ☐ Chips & salad
- ☐ Rice & greens
- ☐ Dolly Cake + Custard
- ☐ Fruit Jelly

Week 2

Monday 09/11/26 — No dessert today

- ☐ Salmon Patties
- ☐ Crumbed Lamb Chop
- ☐ Potato & veg
- ☐ Chips & salad
- ☐ Rice & greens

Tuesday 10/11/26

- ☐ Ranch chicken salad Bowls
- ☐ Cottage Pie
- ☐ Potato & veg
- ☐ Chips & salad
- ☐ Rice & greens
- ☐ Apple & Custard Pie
- ☐ Passionfruit Slice

Wednesday 11/11/26

- ☐ Chicken Rissoles
- ☐ Prawn Skewers
- ☐ Potato & veg
- ☐ Chips & salad
- ☐ Rice & greens
- ☐ Apple & Custard Pie
- ☐ Passionfruit Slice

Thursday 12/11/26

- ☐ Roast Lamb
- ☐ Chicken stir fry
- ☐ Potato & veg
- ☐ Chips & salad
- ☐ Rice & greens
- ☐ Apple & Custard Pie
- ☐ Passionfruit Slice

Friday 13/11/26

- ☐ Seafood Basket
- ☐ Quiche Lorraine
- ☐ Potato & veg
- ☐ Chips & salad
- ☐ Rice & greens
- ☐ Apple & Custard Pie
- ☐ Passionfruit Slice

Week 3

Monday 16/11/26 — No dessert today

- ☐ Lamb Rissoles + gravy
- ☐ Sausages + gravy
- ☐ Potato & veg
- ☐ Chips & salad
- ☐ Rice & greens

Tuesday 17/11/26

- ☐ Chicken + Avocado Salad
- ☐ Calamari Rings + Wedges
- ☐ Potato & veg
- ☐ Chips & salad
- ☐ Rice & greens
- ☐ Chocolate Cake + cream
- ☐ Berry Trifle

Wednesday 18/11/26

- ☐ BBQ Chicken Thighs
- ☐ Beef Stroganoff
- ☐ Potato & veg
- ☐ Chips & salad
- ☐ Rice & greens
- ☐ Chocolate Cake + cream
- ☐ Berry Trifle

Thursday 19/11/26

- ☐ Savoury mince
- ☐ Roast Pork
- ☐ Potato & veg
- ☐ Chips & salad
- ☐ Rice & greens
- ☐ Chocolate Cake + cream
- ☐ Berry Trifle

Friday 20/11/26

- ☐ Curried Sausages
- ☐ Grilled Fish
- ☐ Potato & veg
- ☐ Chips & salad
- ☐ Rice & greens
- ☐ Chocolate Cake + cream
- ☐ Berry Trifle

Week 4

Monday 23/11/26 — No dessert today

- ☐ Ham + Cheese parcels
- ☐ Beef Stroganoff
- ☐ Potato & veg
- ☐ Chips & salad
- ☐ Rice & greens

Tuesday 24/11/26

- Wombok Chicken Salad
- ☐ Irish Stew
- ☐ Potato & veg
- ☐ Chips & salad
- ☐ Rice & greens
- ☐ Pavlova + Fruit
- ☐ Vanilla Slice

Wednesday 26/11/26

- ☐ Honey Mustard Chicken Wraps
- ☐ Lasagne
- ☐ Potato & veg
- ☐ Chips & salad
- ☐ Rice & greens
- ☐ Pavlova + Fruit
- ☐ Vanilla Slice

Thursday 26/11/26

- ☐ Mongolian beef
- ☐ Roast Chicken
- ☐ Potato & veg
- ☐ Chips & salad
- ☐ Rice & greens
- ☐ Pavlova + Fruit
- ☐ Vanilla Slice

Friday 27/11/26

- ☐ Silverside and white sauce
- ☐ Seafood Basket
- ☐ Potato & veg
- ☐ Chips & salad
- ☐ Rice & greens
- ☐ Pavlova + Fruit
- ☐ Vanilla Slice

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Monday 02/11/26 — No dessert today

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- ☐ Devilled Sausages
- ☐ Potato & veg
- ☐ Chips & salad
- ☐ Rice & greens

Tuesday 03/11/26

- ☐ Chicken Caesar salad bowls
- ☐ Lamb casserole
- ☐ Potato & veg
- ☐ Chips & salad
- ☐ Rice & greens
- ☐ Dolly Cake + Custard
- ☐ Fruit Jelly

Wednesday 04/11/26

- ☐ Corned meat fritters
- ☐ Pork Medallion in Plum Sauce
- ☐ Potato & veg
- ☐ Chips & salad
- ☐ Rice & greens
- ☐ Dolly Cake + Custard
- ☐ Fruit Jelly

Thursday 05/11/26

- ☐ Mongolian Chicken
- ☐ Roast Beef
- ☐ Potato & veg
- ☐ Chips & salad
- ☐ Rice & greens
- ☐ Dolly Cake + Custard
- ☐ Fruit Jelly

Friday 06/11/26 — Eating with Friends

- ☐ Chunky Beef Pie
- ☐ Prawn Cutlets
- ☐ Potato & veg
- ☐ Chips & salad
- ☐ Rice & greens
- ☐ Dolly Cake + Custard
- ☐ Fruit Jelly

Week 2

Monday 09/11/26 — No dessert today

- ☐ Salmon Patties
- ☐ Crumbed Lamb Chop
- ☐ Potato & veg
- ☐ Chips & salad
- ☐ Rice & greens

Tuesday 10/11/26

- ☐ Ranch chicken salad Bowls
- ☐ Cottage Pie
- ☐ Potato & veg
- ☐ Chips & salad
- ☐ Rice & greens
- ☐ Apple & Custard Pie
- ☐ Passionfruit Slice

Wednesday 11/11/26

- ☐ Chicken Rissoles
- ☐ Prawn Skewers
- ☐ Potato & veg
- ☐ Chips & salad
- ☐ Rice & greens
- ☐ Apple & Custard Pie
- ☐ Passionfruit Slice

Thursday 12/11/26

- ☐ Roast Lamb
- ☐ Chicken stir fry
- ☐ Potato & veg
- ☐ Chips & salad
- ☐ Rice & greens
- ☐ Apple & Custard Pie
- ☐ Passionfruit Slice

Friday 13/11/26

- ☐ Seafood Basket
- ☐ Quiche Lorraine
- ☐ Potato & veg
- ☐ Chips & salad
- ☐ Rice & greens
- ☐ Apple & Custard Pie
- ☐ Passionfruit Slice

Week 3

Monday 16/11/26 — No dessert today

- ☐ Lamb Rissoles + gravy
- ☐ Sausages + gravy
- ☐ Potato & veg
- ☐ Chips & salad
- ☐ Rice & greens

Tuesday 17/11/26

- ☐ Chicken + Avocado Salad
- ☐ Calamari Rings + Wedges
- ☐ Potato & veg
- ☐ Chips & salad
- ☐ Rice & greens
- ☐ Chocolate Cake + cream
- ☐ Berry Trifle

Wednesday 18/11/26

- ☐ BBQ Chicken Thighs
- ☐ Beef Stroganoff
- ☐ Potato & veg
- ☐ Chips & salad
- ☐ Rice & greens
- ☐ Chocolate Cake + cream
- ☐ Berry Trifle

Thursday 19/11/26

- ☐ Savoury mince
- ☐ Roast Pork
- ☐ Potato & veg
- ☐ Chips & salad
- ☐ Rice & greens
- ☐ Chocolate Cake + cream
- ☐ Berry Trifle

Friday 20/11/26

- ☐ Curried Sausages
- ☐ Grilled Fish
- ☐ Potato & veg
- ☐ Chips & salad
- ☐ Rice & greens
- ☐ Chocolate Cake + cream
- ☐ Berry Trifle

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- ☐ Irish Stew
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- ☐ Chips & salad
- ☐ Rice & greens
- ☐ Pavlova + Fruit
- ☐ Vanilla Slice

Wednesday 26/11/26

- ☐ Honey Mustard Chicken Wraps
- ☐ Lasagne
- ☐ Potato & veg
- ☐ Chips & salad
- ☐ Rice & greens
- ☐ Pavlova + Fruit
- ☐ Vanilla Slice

Thursday 26/11/26

- ☐ Mongolian beef
- ☐ Roast Chicken
- ☐ Potato & veg
- ☐ Chips & salad
- ☐ Rice & greens
- ☐ Pavlova + Fruit
- ☐ Vanilla Slice

Friday 27/11/26

- ☐ Silverside and white sauce
- ☐ Seafood Basket
- ☐ Potato & veg
- ☐ Chips & salad
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- ☐ Fruit Jelly

Friday 06/11/26 — Eating with Friends

- ☐ Chunky Beef Pie
- ☐ Prawn Cutlets
- ☐ Potato & veg
- ☐ Chips & salad
- ☐ Rice & greens
- ☐ Dolly Cake + Custard
- ☐ Fruit Jelly

Week 2

Monday 09/11/26 — No dessert today

- ☐ Salmon Patties
- ☐ Crumbed Lamb Chop
- ☐ Potato & veg
- ☐ Chips & salad
- ☐ Rice & greens

Tuesday 10/11/26

- ☐ Ranch chicken salad Bowls
- ☐ Cottage Pie
- ☐ Potato & veg
- ☐ Chips & salad
- ☐ Rice & greens
- ☐ Apple & Custard Pie
- ☐ Passionfruit Slice

Wednesday 11/11/26

- ☐ Chicken Rissoles
- ☐ Prawn Skewers
- ☐ Potato & veg
- ☐ Chips & salad
- ☐ Rice & greens
- ☐ Apple & Custard Pie
- ☐ Passionfruit Slice

Thursday 12/11/26

- ☐ Roast Lamb
- ☐ Chicken stir fry
- ☐ Potato & veg
- ☐ Chips & salad
- ☐ Rice & greens
- ☐ Apple & Custard Pie
- ☐ Passionfruit Slice

Friday 13/11/26

- ☐ Seafood Basket
- ☐ Quiche Lorraine
- ☐ Potato & veg
- ☐ Chips & salad
- ☐ Rice & greens
- ☐ Apple & Custard Pie
- ☐ Passionfruit Slice

Week 3

Monday 16/11/26 — No dessert today

- ☐ Lamb Rissoles + gravy
- ☐ Sausages + gravy
- ☐ Potato & veg
- ☐ Chips & salad
- ☐ Rice & greens

Tuesday 17/11/26

- ☐ Chicken + Avocado Salad
- ☐ Calamari Rings + Wedges
- ☐ Potato & veg
- ☐ Chips & salad
- ☐ Rice & greens
- ☐ Chocolate Cake + cream
- ☐ Berry Trifle

Wednesday 18/11/26

- ☐ BBQ Chicken Thighs
- ☐ Beef Stroganoff
- ☐ Potato & veg
- ☐ Chips & salad
- ☐ Rice & greens
- ☐ Chocolate Cake + cream
- ☐ Berry Trifle

Thursday 19/11/26

- ☐ Savoury mince
- ☐ Roast Pork
- ☐ Potato & veg
- ☐ Chips & salad
- ☐ Rice & greens
- ☐ Chocolate Cake + cream
- ☐ Berry Trifle

Friday 20/11/26

- ☐ Curried Sausages
- ☐ Grilled Fish
- ☐ Potato & veg
- ☐ Chips & salad
- ☐ Rice & greens
- ☐ Chocolate Cake + cream
- ☐ Berry Trifle

Week 4

Monday 23/11/26 — No dessert today

- ☐ Ham + Cheese parcels
- ☐ Beef Stroganoff
- ☐ Potato & veg
- ☐ Chips & salad
- ☐ Rice & greens

Tuesday 24/11/26

- Wombok Chicken Salad
- ☐ Irish Stew
- ☐ Potato & veg
- ☐ Chips & salad
- ☐ Rice & greens
- ☐ Pavlova + Fruit
- ☐ Vanilla Slice

Wednesday 26/11/26

- ☐ Honey Mustard Chicken Wraps
- ☐ Lasagne
- ☐ Potato & veg
- ☐ Chips & salad
- ☐ Rice & greens
- ☐ Pavlova + Fruit
- ☐ Vanilla Slice

Thursday 26/11/26

- ☐ Mongolian beef
- ☐ Roast Chicken
- ☐ Potato & veg
- ☐ Chips & salad
- ☐ Rice & greens
- ☐ Pavlova + Fruit
- ☐ Vanilla Slice

Friday 27/11/26

- ☐ Silverside and white sauce
- ☐ Seafood Basket
- ☐ Potato & veg
- ☐ Chips & salad
- ☐ Rice & greens
- ☐ Pavlova + Fruit
- ☐ Vanilla Slice

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BUCKETTS WAY Neighbourhood Group Inc.

Meals on Wheels New South Wales

Meals on Wheels Menu November 2026

Client Name:

Week 1

Monday 02/11/26 — No dessert today

- ☐ Creamy Garlic Prawn Pasta
- ☐ Devilled Sausages
- ☐ Potato & veg
- ☐ Chips & salad
- ☐ Rice & greens

Tuesday 03/11/26

- ☐ Chicken Caesar salad bowls
- ☐ Lamb casserole
- ☐ Potato & veg
- ☐ Chips & salad
- ☐ Rice & greens
- ☐ Dolly Cake + Custard
- ☐ Fruit Jelly

Wednesday 04/11/26

- ☐ Corned meat fritters
- ☐ Pork Medallion in Plum Sauce
- ☐ Potato & veg
- ☐ Chips & salad
- ☐ Rice & greens
- ☐ Dolly Cake + Custard
- ☐ Fruit Jelly

Thursday 05/11/26

- ☐ Mongolian Chicken
- ☐ Roast Beef
- ☐ Potato & veg
- ☐ Chips & salad
- ☐ Rice & greens
- ☐ Dolly Cake + Custard
- ☐ Fruit Jelly

Friday 06/11/26 — Eating with Friends

- ☐ Chunky Beef Pie
- ☐ Prawn Cutlets
- ☐ Potato & veg
- ☐ Chips & salad
- ☐ Rice & greens
- ☐ Dolly Cake + Custard
- ☐ Fruit Jelly

Week 2

Monday 09/11/26 — No dessert today

- ☐ Salmon Patties
- ☐ Crumbed Lamb Chop
- ☐ Potato & veg
- ☐ Chips & salad
- ☐ Rice & greens

Tuesday 10/11/26

- ☐ Ranch chicken salad Bowls
- ☐ Cottage Pie
- ☐ Potato & veg
- ☐ Chips & salad
- ☐ Rice & greens
- ☐ Apple & Custard Pie
- ☐ Passionfruit Slice

Wednesday 11/11/26

- ☐ Chicken Rissoles
- ☐ Prawn Skewers
- ☐ Potato & veg
- ☐ Chips & salad
- ☐ Rice & greens
- ☐ Apple & Custard Pie
- ☐ Passionfruit Slice

Thursday 12/11/26

- ☐ Roast Lamb
- ☐ Chicken stir fry
- ☐ Potato & veg
- ☐ Chips & salad
- ☐ Rice & greens
- ☐ Apple & Custard Pie
- ☐ Passionfruit Slice

Friday 13/11/26

- ☐ Seafood Basket
- ☐ Quiche Lorraine
- ☐ Potato & veg
- ☐ Chips & salad
- ☐ Rice & greens
- ☐ Apple & Custard Pie
- ☐ Passionfruit Slice

Week 3

Monday 16/11/26 — No dessert today

- ☐ Lamb Rissoles + gravy
- ☐ Sausages + gravy
- ☐ Potato & veg
- ☐ Chips & salad
- ☐ Rice & greens

Tuesday 17/11/26

- ☐ Chicken + Avocado Salad
- ☐ Calamari Rings + Wedges
- ☐ Potato & veg
- ☐ Chips & salad
- ☐ Rice & greens
- ☐ Chocolate Cake + cream
- ☐ Berry Trifle

Wednesday 18/11/26

- ☐ BBQ Chicken Thighs
- ☐ Beef Stroganoff
- ☐ Potato & veg
- ☐ Chips & salad
- ☐ Rice & greens
- ☐ Chocolate Cake + cream
- ☐ Berry Trifle

Thursday 19/11/26

- ☐ Savoury mince
- ☐ Roast Pork
- ☐ Potato & veg
- ☐ Chips & salad
- ☐ Rice & greens
- ☐ Chocolate Cake + cream
- ☐ Berry Trifle

Friday 20/11/26

- ☐ Curried Sausages
- ☐ Grilled Fish
- ☐ Potato & veg
- ☐ Chips & salad
- ☐ Rice & greens
- ☐ Chocolate Cake + cream
- ☐ Berry Trifle

Week 4

Monday 23/11/26 — No dessert today

- ☐ Ham + Cheese parcels
- ☐ Beef Stroganoff
- ☐ Potato & veg
- ☐ Chips & salad
- ☐ Rice & greens

Tuesday 24/11/26

- Wombok Chicken Salad
- ☐ Irish Stew
- ☐ Potato & veg
- ☐ Chips & salad
- ☐ Rice & greens
- ☐ Pavlova + Fruit
- ☐ Vanilla Slice

Wednesday 26/11/26

- ☐ Honey Mustard Chicken Wraps
- ☐ Lasagne
- ☐ Potato & veg
- ☐ Chips & salad
- ☐ Rice & greens
- ☐ Pavlova + Fruit
- ☐ Vanilla Slice

Thursday 26/11/26

- ☐ Mongolian beef
- ☐ Roast Chicken
- ☐ Potato & veg
- ☐ Chips & salad
- ☐ Rice & greens
- ☐ Pavlova + Fruit
- ☐ Vanilla Slice

Friday 27/11/26

- ☐ Silverside and white sauce
- ☐ Seafood Basket
- ☐ Potato & veg
- ☐ Chips & salad
- ☐ Rice & greens
- ☐ Pavlova + Fruit
- ☐ Vanilla Slice

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Meals on Wheels New South Wales

Meals on Wheels Menu November 2026

Client Name:

Week 1

Monday 02/11/26 — No dessert today

- ☐ Creamy Garlic Prawn Pasta
- ☐ Devilled Sausages
- ☐ Potato & veg
- ☐ Chips & salad
- ☐ Rice & greens

Tuesday 03/11/26

- ☐ Chicken Caesar salad bowls
- ☐ Lamb casserole
- ☐ Potato & veg
- ☐ Chips & salad
- ☐ Rice & greens
- ☐ Dolly Cake + Custard
- ☐ Fruit Jelly

Wednesday 04/11/26

- ☐ Corned meat fritters
- ☐ Pork Medallion in Plum Sauce
- ☐ Potato & veg
- ☐ Chips & salad
- ☐ Rice & greens
- ☐ Dolly Cake + Custard
- ☐ Fruit Jelly

Thursday 05/11/26

- ☐ Mongolian Chicken
- ☐ Roast Beef
- ☐ Potato & veg
- ☐ Chips & salad
- ☐ Rice & greens
- ☐ Dolly Cake + Custard
- ☐ Fruit Jelly

Friday 06/11/26 — Eating with Friends

- ☐ Chunky Beef Pie
- ☐ Prawn Cutlets
- ☐ Potato & veg
- ☐ Chips & salad
- ☐ Rice & greens
- ☐ Dolly Cake + Custard
- ☐ Fruit Jelly

Week 2

Monday 09/11/26 — No dessert today

- ☐ Salmon Patties
- ☐ Crumbed Lamb Chop
- ☐ Potato & veg
- ☐ Chips & salad
- ☐ Rice & greens

Tuesday 10/11/26

- ☐ Ranch chicken salad Bowls
- ☐ Cottage Pie
- ☐ Potato & veg
- ☐ Chips & salad
- ☐ Rice & greens
- ☐ Apple & Custard Pie
- ☐ Passionfruit Slice

Wednesday 11/11/26

- ☐ Chicken Rissoles
- ☐ Prawn Skewers
- ☐ Potato & veg
- ☐ Chips & salad
- ☐ Rice & greens
- ☐ Apple & Custard Pie
- ☐ Passionfruit Slice

Thursday 12/11/26

- ☐ Roast Lamb
- ☐ Chicken stir fry
- ☐ Potato & veg
- ☐ Chips & salad
- ☐ Rice & greens
- ☐ Apple & Custard Pie
- ☐ Passionfruit Slice

Friday 13/11/26

- ☐ Seafood Basket
- ☐ Quiche Lorraine
- ☐ Potato & veg
- ☐ Chips & salad
- ☐ Rice & greens
- ☐ Apple & Custard Pie
- ☐ Passionfruit Slice

Week 3

Monday 16/11/26 — No dessert today

- ☐ Lamb Rissoles + gravy
- ☐ Sausages + gravy
- ☐ Potato & veg
- ☐ Chips & salad
- ☐ Rice & greens

Tuesday 17/11/26

- ☐ Chicken + Avocado Salad
- ☐ Calamari Rings + Wedges
- ☐ Potato & veg
- ☐ Chips & salad
- ☐ Rice & greens
- ☐ Chocolate Cake + cream
- ☐ Berry Trifle

Wednesday 18/11/26

- ☐ BBQ Chicken Thighs
- ☐ Beef Stroganoff
- ☐ Potato & veg
- ☐ Chips & salad
- ☐ Rice & greens
- ☐ Chocolate Cake + cream
- ☐ Berry Trifle

Thursday 19/11/26

- ☐ Savoury mince
- ☐ Roast Pork
- ☐ Potato & veg
- ☐ Chips & salad
- ☐ Rice & greens
- ☐ Chocolate Cake + cream
- ☐ Berry Trifle

Friday 20/11/26

- ☐ Curried Sausages
- ☐ Grilled Fish
- ☐ Potato & veg
- ☐ Chips & salad
- ☐ Rice & greens
- ☐ Chocolate Cake + cream
- ☐ Berry Trifle

Week 4

Monday 23/11/26 — No dessert today

- ☐ Ham + Cheese parcels
- ☐ Beef Stroganoff
- ☐ Potato & veg
- ☐ Chips & salad
- ☐ Rice & greens

Tuesday 24/11/26

- Wombok Chicken Salad
- ☐ Irish Stew
- ☐ Potato & veg
- ☐ Chips & salad
- ☐ Rice & greens
- ☐ Pavlova + Fruit
- ☐ Vanilla Slice

Wednesday 26/11/26

- ☐ Honey Mustard Chicken Wraps
- ☐ Lasagne
- ☐ Potato & veg
- ☐ Chips & salad
- ☐ Rice & greens
- ☐ Pavlova + Fruit
- ☐ Vanilla Slice

Thursday 26/11/26

- ☐ Mongolian beef
- ☐ Roast Chicken
- ☐ Potato & veg
- ☐ Chips & salad
- ☐ Rice & greens
- ☐ Pavlova + Fruit
- ☐ Vanilla Slice

Friday 27/11/26

- ☐ Silverside and white sauce
- ☐ Seafood Basket
- ☐ Potato & veg
- ☐ Chips & salad
- ☐ Rice & greens
- ☐ Pavlova + Fruit
- ☐ Vanilla Slice

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Week 1

Monday 02/11/26 — No dessert today

- ☐ Creamy Garlic Prawn Pasta
- ☐ Devilled Sausages
- ☐ Potato & veg
- ☐ Chips & salad
- ☐ Rice & greens

Tuesday 03/11/26

- ☐ Chicken Caesar salad bowls
- ☐ Lamb casserole
- ☐ Potato & veg
- ☐ Chips & salad
- ☐ Rice & greens
- ☐ Dolly Cake + Custard
- ☐ Fruit Jelly

Wednesday 04/11/26

- ☐ Corned meat fritters
- ☐ Pork Medallion in Plum Sauce
- ☐ Potato & veg
- ☐ Chips & salad
- ☐ Rice & greens
- ☐ Dolly Cake + Custard
- ☐ Fruit Jelly

Thursday 05/11/26

- ☐ Mongolian Chicken
- ☐ Roast Beef
- ☐ Potato & veg
- ☐ Chips & salad
- ☐ Rice & greens
- ☐ Dolly Cake + Custard
- ☐ Fruit Jelly

Friday 06/11/26 — Eating with Friends

- ☐ Chunky Beef Pie
- ☐ Prawn Cutlets
- ☐ Potato & veg
- ☐ Chips & salad
- ☐ Rice & greens
- ☐ Dolly Cake + Custard
- ☐ Fruit Jelly

Week 2

Monday 09/11/26 — No dessert today

- ☐ Salmon Patties
- ☐ Crumbed Lamb Chop
- ☐ Potato & veg
- ☐ Chips & salad
- ☐ Rice & greens

Tuesday 10/11/26

- ☐ Ranch chicken salad Bowls
- ☐ Cottage Pie
- ☐ Potato & veg
- ☐ Chips & salad
- ☐ Rice & greens
- ☐ Apple & Custard Pie
- ☐ Passionfruit Slice

Wednesday 11/11/26

- ☐ Chicken Rissoles
- ☐ Prawn Skewers
- ☐ Potato & veg
- ☐ Chips & salad
- ☐ Rice & greens
- ☐ Apple & Custard Pie
- ☐ Passionfruit Slice

Thursday 12/11/26

- ☐ Roast Lamb
- ☐ Chicken stir fry
- ☐ Potato & veg
- ☐ Chips & salad
- ☐ Rice & greens
- ☐ Apple & Custard Pie
- ☐ Passionfruit Slice

Friday 13/11/26

- ☐ Seafood Basket
- ☐ Quiche Lorraine
- ☐ Potato & veg
- ☐ Chips & salad
- ☐ Rice & greens
- ☐ Apple & Custard Pie
- ☐ Passionfruit Slice

Week 3

Monday 16/11/26 — No dessert today

- ☐ Lamb Rissoles + gravy
- ☐ Sausages + gravy
- ☐ Potato & veg
- ☐ Chips & salad
- ☐ Rice & greens

Tuesday 17/11/26

- ☐ Chicken + Avocado Salad
- ☐ Calamari Rings + Wedges
- ☐ Potato & veg
- ☐ Chips & salad
- ☐ Rice & greens
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- ☐ Berry Trifle

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- ☐ Chips & salad
- ☐ Rice & greens
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- ☐ Berry Trifle

Thursday 19/11/26

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- ☐ Roast Pork
- ☐ Potato & veg
- ☐ Chips & salad
- ☐ Rice & greens
- ☐ Chocolate Cake + cream
- ☐ Berry Trifle

Friday 20/11/26

- ☐ Curried Sausages
- ☐ Grilled Fish
- ☐ Potato & veg
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- ☐ Rice & greens
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- ☐ Irish Stew
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- ☐ Chips & salad
- ☐ Rice & greens
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- ☐ Vanilla Slice

Wednesday 26/11/26

- ☐ Honey Mustard Chicken Wraps
- ☐ Lasagne
- ☐ Potato & veg
- ☐ Chips & salad
- ☐ Rice & greens
- ☐ Pavlova + Fruit
- ☐ Vanilla Slice

Thursday 26/11/26

- ☐ Mongolian beef
- ☐ Roast Chicken
- ☐ Potato & veg
- ☐ Chips & salad
- ☐ Rice & greens
- ☐ Pavlova + Fruit
- ☐ Vanilla Slice

Friday 27/11/26

- ☐ Silverside and white sauce
- ☐ Seafood Basket
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- ☐ Chunky Beef Pie
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- ☐ Potato & veg
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Week 2

Monday 09/11/26 — No dessert today

- ☐ Salmon Patties
- ☐ Crumbed Lamb Chop
- ☐ Potato & veg
- ☐ Chips & salad
- ☐ Rice & greens

Tuesday 10/11/26

- ☐ Ranch chicken salad Bowls
- ☐ Cottage Pie
- ☐ Potato & veg
- ☐ Chips & salad
- ☐ Rice & greens
- ☐ Apple & Custard Pie
- ☐ Passionfruit Slice

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- ☐ Potato & veg
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Thursday 12/11/26

- ☐ Roast Lamb
- ☐ Chicken stir fry
- ☐ Potato & veg
- ☐ Chips & salad
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- ☐ Passionfruit Slice

Friday 13/11/26

- ☐ Seafood Basket
- ☐ Quiche Lorraine
- ☐ Potato & veg
- ☐ Chips & salad
- ☐ Rice & greens
- ☐ Apple & Custard Pie
- ☐ Passionfruit Slice

Week 3

Monday 16/11/26 — No dessert today

- ☐ Lamb Rissoles + gravy
- ☐ Sausages + gravy
- ☐ Potato & veg
- ☐ Chips & salad
- ☐ Rice & greens

Tuesday 17/11/26

- ☐ Chicken + Avocado Salad
- ☐ Calamari Rings + Wedges
- ☐ Potato & veg
- ☐ Chips & salad
- ☐ Rice & greens
- ☐ Chocolate Cake + cream
- ☐ Berry Trifle

Wednesday 18/11/26

- ☐ BBQ Chicken Thighs
- ☐ Beef Stroganoff
- ☐ Potato & veg
- ☐ Chips & salad
- ☐ Rice & greens
- ☐ Chocolate Cake + cream
- ☐ Berry Trifle

Thursday 19/11/26

- ☐ Savoury mince
- ☐ Roast Pork
- ☐ Potato & veg
- ☐ Chips & salad
- ☐ Rice & greens
- ☐ Chocolate Cake + cream
- ☐ Berry Trifle

Friday 20/11/26

- ☐ Curried Sausages
- ☐ Grilled Fish
- ☐ Potato & veg
- ☐ Chips & salad
- ☐ Rice & greens
- ☐ Chocolate Cake + cream
- ☐ Berry Trifle

Week 4

Monday 23/11/26 — No dessert today

- ☐ Ham + Cheese parcels
- ☐ Beef Stroganoff
- ☐ Potato & veg
- ☐ Chips & salad
- ☐ Rice & greens

Tuesday 24/11/26

- Wombok Chicken Salad
- ☐ Irish Stew
- ☐ Potato & veg
- ☐ Chips & salad
- ☐ Rice & greens
- ☐ Pavlova + Fruit
- ☐ Vanilla Slice

Wednesday 26/11/26

- ☐ Honey Mustard Chicken Wraps
- ☐ Lasagne
- ☐ Potato & veg
- ☐ Chips & salad
- ☐ Rice & greens
- ☐ Pavlova + Fruit
- ☐ Vanilla Slice

Thursday 26/11/26

- ☐ Mongolian beef
- ☐ Roast Chicken
- ☐ Potato & veg
- ☐ Chips & salad
- ☐ Rice & greens
- ☐ Pavlova + Fruit
- ☐ Vanilla Slice

Friday 27/11/26

- ☐ Silverside and white sauce
- ☐ Seafood Basket
- ☐ Potato & veg
- ☐ Chips & salad
- ☐ Rice & greens
- ☐ Pavlova + Fruit
- ☐ Vanilla Slice

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BUCKETTS WAY Neighbourhood Group Inc.

Meals on Wheels New South Wales

Meals on Wheels Menu November 2026

Client Name:

Week 1

Monday 02/11/26 — No dessert today

- ☐ Creamy Garlic Prawn Pasta
- ☐ Devilled Sausages
- ☐ Potato & veg
- ☐ Chips & salad
- ☐ Rice & greens

Tuesday 03/11/26

- ☐ Chicken Caesar salad bowls
- ☐ Lamb casserole
- ☐ Potato & veg
- ☐ Chips & salad
- ☐ Rice & greens
- ☐ Dolly Cake + Custard
- ☐ Fruit Jelly

Wednesday 04/11/26

- ☐ Corned meat fritters
- ☐ Pork Medallion in Plum Sauce
- ☐ Potato & veg
- ☐ Chips & salad
- ☐ Rice & greens
- ☐ Dolly Cake + Custard
- ☐ Fruit Jelly

Thursday 05/11/26

- ☐ Mongolian Chicken
- ☐ Roast Beef
- ☐ Potato & veg
- ☐ Chips & salad
- ☐ Rice & greens
- ☐ Dolly Cake + Custard
- ☐ Fruit Jelly

Friday 06/11/26 — Eating with Friends

- ☐ Chunky Beef Pie
- ☐ Prawn Cutlets
- ☐ Potato & veg
- ☐ Chips & salad
- ☐ Rice & greens
- ☐ Dolly Cake + Custard
- ☐ Fruit Jelly

Week 2

Monday 09/11/26 — No dessert today

- ☐ Salmon Patties
- ☐ Crumbed Lamb Chop
- ☐ Potato & veg
- ☐ Chips & salad
- ☐ Rice & greens

Tuesday 10/11/26

- ☐ Ranch chicken salad Bowls
- ☐ Cottage Pie
- ☐ Potato & veg
- ☐ Chips & salad
- ☐ Rice & greens
- ☐ Apple & Custard Pie
- ☐ Passionfruit Slice

Wednesday 11/11/26

- ☐ Chicken Rissoles
- ☐ Prawn Skewers
- ☐ Potato & veg
- ☐ Chips & salad
- ☐ Rice & greens
- ☐ Apple & Custard Pie
- ☐ Passionfruit Slice

Thursday 12/11/26

- ☐ Roast Lamb
- ☐ Chicken stir fry
- ☐ Potato & veg
- ☐ Chips & salad
- ☐ Rice & greens
- ☐ Apple & Custard Pie
- ☐ Passionfruit Slice

Friday 13/11/26

- ☐ Seafood Basket
- ☐ Quiche Lorraine
- ☐ Potato & veg
- ☐ Chips & salad
- ☐ Rice & greens
- ☐ Apple & Custard Pie
- ☐ Passionfruit Slice

Week 3

Monday 16/11/26 — No dessert today

- ☐ Lamb Rissoles + gravy
- ☐ Sausages + gravy
- ☐ Potato & veg
- ☐ Chips & salad
- ☐ Rice & greens

Tuesday 17/11/26

- ☐ Chicken + Avocado Salad
- ☐ Calamari Rings + Wedges
- ☐ Potato & veg
- ☐ Chips & salad
- ☐ Rice & greens
- ☐ Chocolate Cake + cream
- ☐ Berry Trifle

Wednesday 18/11/26

- ☐ BBQ Chicken Thighs
- ☐ Beef Stroganoff
- ☐ Potato & veg
- ☐ Chips & salad
- ☐ Rice & greens
- ☐ Chocolate Cake + cream
- ☐ Berry Trifle

Thursday 19/11/26

- ☐ Savoury mince
- ☐ Roast Pork
- ☐ Potato & veg
- ☐ Chips & salad
- ☐ Rice & greens
- ☐ Chocolate Cake + cream
- ☐ Berry Trifle

Friday 20/11/26

- ☐ Curried Sausages
- ☐ Grilled Fish
- ☐ Potato & veg
- ☐ Chips & salad
- ☐ Rice & greens
- ☐ Chocolate Cake + cream
- ☐ Berry Trifle

Week 4

Monday 23/11/26 — No dessert today

- ☐ Ham + Cheese parcels
- ☐ Beef Stroganoff
- ☐ Potato & veg
- ☐ Chips & salad
- ☐ Rice & greens

Tuesday 24/11/26

- Wombok Chicken Salad
- ☐ Irish Stew
- ☐ Potato & veg
- ☐ Chips & salad
- ☐ Rice & greens
- ☐ Pavlova + Fruit
- ☐ Vanilla Slice

Wednesday 26/11/26

- ☐ Honey Mustard Chicken Wraps
- ☐ Lasagne
- ☐ Potato & veg
- ☐ Chips & salad
- ☐ Rice & greens
- ☐ Pavlova + Fruit
- ☐ Vanilla Slice

Thursday 26/11/26

- ☐ Mongolian beef
- ☐ Roast Chicken
- ☐ Potato & veg
- ☐ Chips & salad
- ☐ Rice & greens
- ☐ Pavlova + Fruit
- ☐ Vanilla Slice

Friday 27/11/26

- ☐ Silverside and white sauce
- ☐ Seafood Basket
- ☐ Potato & veg
- ☐ Chips & salad
- ☐ Rice & greens
- ☐ Pavlova + Fruit
- ☐ Vanilla Slice

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Meals on Wheels New South Wales

Meals on Wheels Menu November 2026

Client Name:

Week 1

Monday 02/11/26 — No dessert today

- ☐ Creamy Garlic Prawn Pasta
- ☐ Devilled Sausages
- ☐ Potato & veg
- ☐ Chips & salad
- ☐ Rice & greens

Tuesday 03/11/26

- ☐ Chicken Caesar salad bowls
- ☐ Lamb casserole
- ☐ Potato & veg
- ☐ Chips & salad
- ☐ Rice & greens
- ☐ Dolly Cake + Custard
- ☐ Fruit Jelly

Wednesday 04/11/26

- ☐ Corned meat fritters
- ☐ Pork Medallion in Plum Sauce
- ☐ Potato & veg
- ☐ Chips & salad
- ☐ Rice & greens
- ☐ Dolly Cake + Custard
- ☐ Fruit Jelly

Thursday 05/11/26

- ☐ Mongolian Chicken
- ☐ Roast Beef
- ☐ Potato & veg
- ☐ Chips & salad
- ☐ Rice & greens
- ☐ Dolly Cake + Custard
- ☐ Fruit Jelly

Friday 06/11/26 — Eating with Friends

- ☐ Chunky Beef Pie
- ☐ Prawn Cutlets
- ☐ Potato & veg
- ☐ Chips & salad
- ☐ Rice & greens
- ☐ Dolly Cake + Custard
- ☐ Fruit Jelly

Week 2

Monday 09/11/26 — No dessert today

- ☐ Salmon Patties
- ☐ Crumbed Lamb Chop
- ☐ Potato & veg
- ☐ Chips & salad
- ☐ Rice & greens

Tuesday 10/11/26

- ☐ Ranch chicken salad Bowls
- ☐ Cottage Pie
- ☐ Potato & veg
- ☐ Chips & salad
- ☐ Rice & greens
- ☐ Apple & Custard Pie
- ☐ Passionfruit Slice

Wednesday 11/11/26

- ☐ Chicken Rissoles
- ☐ Prawn Skewers
- ☐ Potato & veg
- ☐ Chips & salad
- ☐ Rice & greens
- ☐ Apple & Custard Pie
- ☐ Passionfruit Slice

Thursday 12/11/26

- ☐ Roast Lamb
- ☐ Chicken stir fry
- ☐ Potato & veg
- ☐ Chips & salad
- ☐ Rice & greens
- ☐ Apple & Custard Pie
- ☐ Passionfruit Slice

Friday 13/11/26

- ☐ Seafood Basket
- ☐ Quiche Lorraine
- ☐ Potato & veg
- ☐ Chips & salad
- ☐ Rice & greens
- ☐ Apple & Custard Pie
- ☐ Passionfruit Slice

Week 3

Monday 16/11/26 — No dessert today

- ☐ Lamb Rissoles + gravy
- ☐ Sausages + gravy
- ☐ Potato & veg
- ☐ Chips & salad
- ☐ Rice & greens

Tuesday 17/11/26

- ☐ Chicken + Avocado Salad
- ☐ Calamari Rings + Wedges
- ☐ Potato & veg
- ☐ Chips & salad
- ☐ Rice & greens
- ☐ Chocolate Cake + cream
- ☐ Berry Trifle

Wednesday 18/11/26

- ☐ BBQ Chicken Thighs
- ☐ Beef Stroganoff
- ☐ Potato & veg
- ☐ Chips & salad
- ☐ Rice & greens
- ☐ Chocolate Cake + cream
- ☐ Berry Trifle

Thursday 19/11/26

- ☐ Savoury mince
- ☐ Roast Pork
- ☐ Potato & veg
- ☐ Chips & salad
- ☐ Rice & greens
- ☐ Chocolate Cake + cream
- ☐ Berry Trifle

Friday 20/11/26

- ☐ Curried Sausages
- ☐ Grilled Fish
- ☐ Potato & veg
- ☐ Chips & salad
- ☐ Rice & greens
- ☐ Chocolate Cake + cream
- ☐ Berry Trifle

Week 4

Monday 23/11/26 — No dessert today

- ☐ Ham + Cheese parcels
- ☐ Beef Stroganoff
- ☐ Potato & veg
- ☐ Chips & salad
- ☐ Rice & greens

Tuesday 24/11/26

- Wombok Chicken Salad
- ☐ Irish Stew
- ☐ Potato & veg
- ☐ Chips & salad
- ☐ Rice & greens
- ☐ Pavlova + Fruit
- ☐ Vanilla Slice

Wednesday 26/11/26

- ☐ Honey Mustard Chicken Wraps
- ☐ Lasagne
- ☐ Potato & veg
- ☐ Chips & salad
- ☐ Rice & greens
- ☐ Pavlova + Fruit
- ☐ Vanilla Slice

Thursday 26/11/26

- ☐ Mongolian beef
- ☐ Roast Chicken
- ☐ Potato & veg
- ☐ Chips & salad
- ☐ Rice & greens
- ☐ Pavlova + Fruit
- ☐ Vanilla Slice

Friday 27/11/26

- ☐ Silverside and white sauce
- ☐ Seafood Basket
- ☐ Potato & veg
- ☐ Chips & salad
- ☐ Rice & greens
- ☐ Pavlova + Fruit
- ☐ Vanilla Slice

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Week 1

Monday 02/11/26 — No dessert today

- ☐ Creamy Garlic Prawn Pasta
- ☐ Devilled Sausages
- ☐ Potato & veg
- ☐ Chips & salad
- ☐ Rice & greens

Tuesday 03/11/26

- ☐ Chicken Caesar salad bowls
- ☐ Lamb casserole
- ☐ Potato & veg
- ☐ Chips & salad
- ☐ Rice & greens
- ☐ Dolly Cake + Custard
- ☐ Fruit Jelly

Wednesday 04/11/26

- ☐ Corned meat fritters
- ☐ Pork Medallion in Plum Sauce
- ☐ Potato & veg
- ☐ Chips & salad
- ☐ Rice & greens
- ☐ Dolly Cake + Custard
- ☐ Fruit Jelly

Thursday 05/11/26

- ☐ Mongolian Chicken
- ☐ Roast Beef
- ☐ Potato & veg
- ☐ Chips & salad
- ☐ Rice & greens
- ☐ Dolly Cake + Custard
- ☐ Fruit Jelly

Friday 06/11/26 — Eating with Friends

- ☐ Chunky Beef Pie
- ☐ Prawn Cutlets
- ☐ Potato & veg
- ☐ Chips & salad
- ☐ Rice & greens
- ☐ Dolly Cake + Custard
- ☐ Fruit Jelly

Week 2

Monday 09/11/26 — No dessert today

- ☐ Salmon Patties
- ☐ Crumbed Lamb Chop
- ☐ Potato & veg
- ☐ Chips & salad
- ☐ Rice & greens

Tuesday 10/11/26

- ☐ Ranch chicken salad Bowls
- ☐ Cottage Pie
- ☐ Potato & veg
- ☐ Chips & salad
- ☐ Rice & greens
- ☐ Apple & Custard Pie
- ☐ Passionfruit Slice

Wednesday 11/11/26

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- ☐ Chips & salad
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- ☐ Passionfruit Slice

Friday 13/11/26

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- ☐ Quiche Lorraine
- ☐ Potato & veg
- ☐ Chips & salad
- ☐ Rice & greens
- ☐ Apple & Custard Pie
- ☐ Passionfruit Slice

Week 3

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- ☐ Lamb Rissoles + gravy
- ☐ Sausages + gravy
- ☐ Potato & veg
- ☐ Chips & salad
- ☐ Rice & greens

Tuesday 17/11/26

- ☐ Chicken + Avocado Salad
- ☐ Calamari Rings + Wedges
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- ☐ Beef Stroganoff
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Thursday 19/11/26

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- ☐ Roast Pork
- ☐ Potato & veg
- ☐ Chips & salad
- ☐ Rice & greens
- ☐ Chocolate Cake + cream
- ☐ Berry Trifle

Friday 20/11/26

- ☐ Curried Sausages
- ☐ Grilled Fish
- ☐ Potato & veg
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- ☐ Irish Stew
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- ☐ Vanilla Slice

Wednesday 26/11/26

- ☐ Honey Mustard Chicken Wraps
- ☐ Lasagne
- ☐ Potato & veg
- ☐ Chips & salad
- ☐ Rice & greens
- ☐ Pavlova + Fruit
- ☐ Vanilla Slice

Thursday 26/11/26

- ☐ Mongolian beef
- ☐ Roast Chicken
- ☐ Potato & veg
- ☐ Chips & salad
- ☐ Rice & greens
- ☐ Pavlova + Fruit
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Friday 27/11/26

- ☐ Silverside and white sauce
- ☐ Seafood Basket
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- ☐ Prawn Cutlets
- ☐ Potato & veg
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Monday 09/11/26 — No dessert today

- ☐ Salmon Patties
- ☐ Crumbed Lamb Chop
- ☐ Potato & veg
- ☐ Chips & salad
- ☐ Rice & greens

Tuesday 10/11/26

- ☐ Ranch chicken salad Bowls
- ☐ Cottage Pie
- ☐ Potato & veg
- ☐ Chips & salad
- ☐ Rice & greens
- ☐ Apple & Custard Pie
- ☐ Passionfruit Slice

Wednesday 11/11/26

- ☐ Chicken Rissoles
- ☐ Prawn Skewers
- ☐ Potato & veg
- ☐ Chips & salad
- ☐ Rice & greens
- ☐ Apple & Custard Pie
- ☐ Passionfruit Slice

Thursday 12/11/26

- ☐ Roast Lamb
- ☐ Chicken stir fry
- ☐ Potato & veg
- ☐ Chips & salad
- ☐ Rice & greens
- ☐ Apple & Custard Pie
- ☐ Passionfruit Slice

Friday 13/11/26

- ☐ Seafood Basket
- ☐ Quiche Lorraine
- ☐ Potato & veg
- ☐ Chips & salad
- ☐ Rice & greens
- ☐ Apple & Custard Pie
- ☐ Passionfruit Slice

Week 3

Monday 16/11/26 — No dessert today

- ☐ Lamb Rissoles + gravy
- ☐ Sausages + gravy
- ☐ Potato & veg
- ☐ Chips & salad
- ☐ Rice & greens

Tuesday 17/11/26

- ☐ Chicken + Avocado Salad
- ☐ Calamari Rings + Wedges
- ☐ Potato & veg
- ☐ Chips & salad
- ☐ Rice & greens
- ☐ Chocolate Cake + cream
- ☐ Berry Trifle

Wednesday 18/11/26

- ☐ BBQ Chicken Thighs
- ☐ Beef Stroganoff
- ☐ Potato & veg
- ☐ Chips & salad
- ☐ Rice & greens
- ☐ Chocolate Cake + cream
- ☐ Berry Trifle

Thursday 19/11/26

- ☐ Savoury mince
- ☐ Roast Pork
- ☐ Potato & veg
- ☐ Chips & salad
- ☐ Rice & greens
- ☐ Chocolate Cake + cream
- ☐ Berry Trifle

Friday 20/11/26

- ☐ Curried Sausages
- ☐ Grilled Fish
- ☐ Potato & veg
- ☐ Chips & salad
- ☐ Rice & greens
- ☐ Chocolate Cake + cream
- ☐ Berry Trifle

Week 4

Monday 23/11/26 — No dessert today

- ☐ Ham + Cheese parcels
- ☐ Beef Stroganoff
- ☐ Potato & veg
- ☐ Chips & salad
- ☐ Rice & greens

Tuesday 24/11/26

- Wombok Chicken Salad
- ☐ Irish Stew
- ☐ Potato & veg
- ☐ Chips & salad
- ☐ Rice & greens
- ☐ Pavlova + Fruit
- ☐ Vanilla Slice

Wednesday 26/11/26

- ☐ Honey Mustard Chicken Wraps
- ☐ Lasagne
- ☐ Potato & veg
- ☐ Chips & salad
- ☐ Rice & greens
- ☐ Pavlova + Fruit
- ☐ Vanilla Slice

Thursday 26/11/26

- ☐ Mongolian beef
- ☐ Roast Chicken
- ☐ Potato & veg
- ☐ Chips & salad
- ☐ Rice & greens
- ☐ Pavlova + Fruit
- ☐ Vanilla Slice

Friday 27/11/26

- ☐ Silverside and white sauce
- ☐ Seafood Basket
- ☐ Potato & veg
- ☐ Chips & salad
- ☐ Rice & greens
- ☐ Pavlova + Fruit
- ☐ Vanilla Slice

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BUCKETTS WAY Neighbourhood Group Inc.

Meals on Wheels New South Wales

Meals on Wheels Menu November 2026

Client Name:

Week 1

Monday 02/11/26 — No dessert today

- ☐ Creamy Garlic Prawn Pasta
- ☐ Devilled Sausages
- ☐ Potato & veg
- ☐ Chips & salad
- ☐ Rice & greens

Tuesday 03/11/26

- ☐ Chicken Caesar salad bowls
- ☐ Lamb casserole
- ☐ Potato & veg
- ☐ Chips & salad
- ☐ Rice & greens
- ☐ Dolly Cake + Custard
- ☐ Fruit Jelly

Wednesday 04/11/26

- ☐ Corned meat fritters
- ☐ Pork Medallion in Plum Sauce
- ☐ Potato & veg
- ☐ Chips & salad
- ☐ Rice & greens
- ☐ Dolly Cake + Custard
- ☐ Fruit Jelly

Thursday 05/11/26

- ☐ Mongolian Chicken
- ☐ Roast Beef
- ☐ Potato & veg
- ☐ Chips & salad
- ☐ Rice & greens
- ☐ Dolly Cake + Custard
- ☐ Fruit Jelly

Friday 06/11/26 — Eating with Friends

- ☐ Chunky Beef Pie
- ☐ Prawn Cutlets
- ☐ Potato & veg
- ☐ Chips & salad
- ☐ Rice & greens
- ☐ Dolly Cake + Custard
- ☐ Fruit Jelly

Week 2

Monday 09/11/26 — No dessert today

- ☐ Salmon Patties
- ☐ Crumbed Lamb Chop
- ☐ Potato & veg
- ☐ Chips & salad
- ☐ Rice & greens

Tuesday 10/11/26

- ☐ Ranch chicken salad Bowls
- ☐ Cottage Pie
- ☐ Potato & veg
- ☐ Chips & salad
- ☐ Rice & greens
- ☐ Apple & Custard Pie
- ☐ Passionfruit Slice

Wednesday 11/11/26

- ☐ Chicken Rissoles
- ☐ Prawn Skewers
- ☐ Potato & veg
- ☐ Chips & salad
- ☐ Rice & greens
- ☐ Apple & Custard Pie
- ☐ Passionfruit Slice

Thursday 12/11/26

- ☐ Roast Lamb
- ☐ Chicken stir fry
- ☐ Potato & veg
- ☐ Chips & salad
- ☐ Rice & greens
- ☐ Apple & Custard Pie
- ☐ Passionfruit Slice

Friday 13/11/26

- ☐ Seafood Basket
- ☐ Quiche Lorraine
- ☐ Potato & veg
- ☐ Chips & salad
- ☐ Rice & greens
- ☐ Apple & Custard Pie
- ☐ Passionfruit Slice

Week 3

Monday 16/11/26 — No dessert today

- ☐ Lamb Rissoles + gravy
- ☐ Sausages + gravy
- ☐ Potato & veg
- ☐ Chips & salad
- ☐ Rice & greens

Tuesday 17/11/26

- ☐ Chicken + Avocado Salad
- ☐ Calamari Rings + Wedges
- ☐ Potato & veg
- ☐ Chips & salad
- ☐ Rice & greens
- ☐ Chocolate Cake + cream
- ☐ Berry Trifle

Wednesday 18/11/26

- ☐ BBQ Chicken Thighs
- ☐ Beef Stroganoff
- ☐ Potato & veg
- ☐ Chips & salad
- ☐ Rice & greens
- ☐ Chocolate Cake + cream
- ☐ Berry Trifle

Thursday 19/11/26

- ☐ Savoury mince
- ☐ Roast Pork
- ☐ Potato & veg
- ☐ Chips & salad
- ☐ Rice & greens
- ☐ Chocolate Cake + cream
- ☐ Berry Trifle

Friday 20/11/26

- ☐ Curried Sausages
- ☐ Grilled Fish
- ☐ Potato & veg
- ☐ Chips & salad
- ☐ Rice & greens
- ☐ Chocolate Cake + cream
- ☐ Berry Trifle

Week 4

Monday 23/11/26 — No dessert today

- ☐ Ham + Cheese parcels
- ☐ Beef Stroganoff
- ☐ Potato & veg
- ☐ Chips & salad
- ☐ Rice & greens

Tuesday 24/11/26

- Wombok Chicken Salad
- ☐ Irish Stew
- ☐ Potato & veg
- ☐ Chips & salad
- ☐ Rice & greens
- ☐ Pavlova + Fruit
- ☐ Vanilla Slice

Wednesday 26/11/26

- ☐ Honey Mustard Chicken Wraps
- ☐ Lasagne
- ☐ Potato & veg
- ☐ Chips & salad
- ☐ Rice & greens
- ☐ Pavlova + Fruit
- ☐ Vanilla Slice

Thursday 26/11/26

- ☐ Mongolian beef
- ☐ Roast Chicken
- ☐ Potato & veg
- ☐ Chips & salad
- ☐ Rice & greens
- ☐ Pavlova + Fruit
- ☐ Vanilla Slice

Friday 27/11/26

- ☐ Silverside and white sauce
- ☐ Seafood Basket
- ☐ Potato & veg
- ☐ Chips & salad
- ☐ Rice & greens
- ☐ Pavlova + Fruit
- ☐ Vanilla Slice

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Meals on Wheels New South Wales

Meals on Wheels Menu November 2026

Client Name:

Week 1

Monday 02/11/26 — No dessert today

- ☐ Creamy Garlic Prawn Pasta
- ☐ Devilled Sausages
- ☐ Potato & veg
- ☐ Chips & salad
- ☐ Rice & greens

Tuesday 03/11/26

- ☐ Chicken Caesar salad bowls
- ☐ Lamb casserole
- ☐ Potato & veg
- ☐ Chips & salad
- ☐ Rice & greens
- ☐ Dolly Cake + Custard
- ☐ Fruit Jelly

Wednesday 04/11/26

- ☐ Corned meat fritters
- ☐ Pork Medallion in Plum Sauce
- ☐ Potato & veg
- ☐ Chips & salad
- ☐ Rice & greens
- ☐ Dolly Cake + Custard
- ☐ Fruit Jelly

Thursday 05/11/26

- ☐ Mongolian Chicken
- ☐ Roast Beef
- ☐ Potato & veg
- ☐ Chips & salad
- ☐ Rice & greens
- ☐ Dolly Cake + Custard
- ☐ Fruit Jelly

Friday 06/11/26 — Eating with Friends

- ☐ Chunky Beef Pie
- ☐ Prawn Cutlets
- ☐ Potato & veg
- ☐ Chips & salad
- ☐ Rice & greens
- ☐ Dolly Cake + Custard
- ☐ Fruit Jelly

Week 2

Monday 09/11/26 — No dessert today

- ☐ Salmon Patties
- ☐ Crumbed Lamb Chop
- ☐ Potato & veg
- ☐ Chips & salad
- ☐ Rice & greens

Tuesday 10/11/26

- ☐ Ranch chicken salad Bowls
- ☐ Cottage Pie
- ☐ Potato & veg
- ☐ Chips & salad
- ☐ Rice & greens
- ☐ Apple & Custard Pie
- ☐ Passionfruit Slice

Wednesday 11/11/26

- ☐ Chicken Rissoles
- ☐ Prawn Skewers
- ☐ Potato & veg
- ☐ Chips & salad
- ☐ Rice & greens
- ☐ Apple & Custard Pie
- ☐ Passionfruit Slice

Thursday 12/11/26

- ☐ Roast Lamb
- ☐ Chicken stir fry
- ☐ Potato & veg
- ☐ Chips & salad
- ☐ Rice & greens
- ☐ Apple & Custard Pie
- ☐ Passionfruit Slice

Friday 13/11/26

- ☐ Seafood Basket
- ☐ Quiche Lorraine
- ☐ Potato & veg
- ☐ Chips & salad
- ☐ Rice & greens
- ☐ Apple & Custard Pie
- ☐ Passionfruit Slice

Week 3

Monday 16/11/26 — No dessert today

- ☐ Lamb Rissoles + gravy
- ☐ Sausages + gravy
- ☐ Potato & veg
- ☐ Chips & salad
- ☐ Rice & greens

Tuesday 17/11/26

- ☐ Chicken + Avocado Salad
- ☐ Calamari Rings + Wedges
- ☐ Potato & veg
- ☐ Chips & salad
- ☐ Rice & greens
- ☐ Chocolate Cake + cream
- ☐ Berry Trifle

Wednesday 18/11/26

- ☐ BBQ Chicken Thighs
- ☐ Beef Stroganoff
- ☐ Potato & veg
- ☐ Chips & salad
- ☐ Rice & greens
- ☐ Chocolate Cake + cream
- ☐ Berry Trifle

Thursday 19/11/26

- ☐ Savoury mince
- ☐ Roast Pork
- ☐ Potato & veg
- ☐ Chips & salad
- ☐ Rice & greens
- ☐ Chocolate Cake + cream
- ☐ Berry Trifle

Friday 20/11/26

- ☐ Curried Sausages
- ☐ Grilled Fish
- ☐ Potato & veg
- ☐ Chips & salad
- ☐ Rice & greens
- ☐ Chocolate Cake + cream
- ☐ Berry Trifle

Week 4

Monday 23/11/26 — No dessert today

- ☐ Ham + Cheese parcels
- ☐ Beef Stroganoff
- ☐ Potato & veg
- ☐ Chips & salad
- ☐ Rice & greens

Tuesday 24/11/26

- Wombok Chicken Salad
- ☐ Irish Stew
- ☐ Potato & veg
- ☐ Chips & salad
- ☐ Rice & greens
- ☐ Pavlova + Fruit
- ☐ Vanilla Slice

Wednesday 26/11/26

- ☐ Honey Mustard Chicken Wraps
- ☐ Lasagne
- ☐ Potato & veg
- ☐ Chips & salad
- ☐ Rice & greens
- ☐ Pavlova + Fruit
- ☐ Vanilla Slice

Thursday 26/11/26

- ☐ Mongolian beef
- ☐ Roast Chicken
- ☐ Potato & veg
- ☐ Chips & salad
- ☐ Rice & greens
- ☐ Pavlova + Fruit
- ☐ Vanilla Slice

Friday 27/11/26

- ☐ Silverside and white sauce
- ☐ Seafood Basket
- ☐ Potato & veg
- ☐ Chips & salad
- ☐ Rice & greens
- ☐ Pavlova + Fruit
- ☐ Vanilla Slice

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Week 1

Monday 02/11/26 — No dessert today

- ☐ Creamy Garlic Prawn Pasta
- ☐ Devilled Sausages
- ☐ Potato & veg
- ☐ Chips & salad
- ☐ Rice & greens

Tuesday 03/11/26

- ☐ Chicken Caesar salad bowls
- ☐ Lamb casserole
- ☐ Potato & veg
- ☐ Chips & salad
- ☐ Rice & greens
- ☐ Dolly Cake + Custard
- ☐ Fruit Jelly

Wednesday 04/11/26

- ☐ Corned meat fritters
- ☐ Pork Medallion in Plum Sauce
- ☐ Potato & veg
- ☐ Chips & salad
- ☐ Rice & greens
- ☐ Dolly Cake + Custard
- ☐ Fruit Jelly

Thursday 05/11/26

- ☐ Mongolian Chicken
- ☐ Roast Beef
- ☐ Potato & veg
- ☐ Chips & salad
- ☐ Rice & greens
- ☐ Dolly Cake + Custard
- ☐ Fruit Jelly

Friday 06/11/26 — Eating with Friends

- ☐ Chunky Beef Pie
- ☐ Prawn Cutlets
- ☐ Potato & veg
- ☐ Chips & salad
- ☐ Rice & greens
- ☐ Dolly Cake + Custard
- ☐ Fruit Jelly

Week 2

Monday 09/11/26 — No dessert today

- ☐ Salmon Patties
- ☐ Crumbed Lamb Chop
- ☐ Potato & veg
- ☐ Chips & salad
- ☐ Rice & greens

Tuesday 10/11/26

- ☐ Ranch chicken salad Bowls
- ☐ Cottage Pie
- ☐ Potato & veg
- ☐ Chips & salad
- ☐ Rice & greens
- ☐ Apple & Custard Pie
- ☐ Passionfruit Slice

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- ☐ Potato & veg
- ☐ Chips & salad
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- ☐ Passionfruit Slice

Friday 13/11/26

- ☐ Seafood Basket
- ☐ Quiche Lorraine
- ☐ Potato & veg
- ☐ Chips & salad
- ☐ Rice & greens
- ☐ Apple & Custard Pie
- ☐ Passionfruit Slice

Week 3

Monday 16/11/26 — No dessert today

- ☐ Lamb Rissoles + gravy
- ☐ Sausages + gravy
- ☐ Potato & veg
- ☐ Chips & salad
- ☐ Rice & greens

Tuesday 17/11/26

- ☐ Chicken + Avocado Salad
- ☐ Calamari Rings + Wedges
- ☐ Potato & veg
- ☐ Chips & salad
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- ☐ Berry Trifle

Wednesday 18/11/26

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- ☐ Beef Stroganoff
- ☐ Potato & veg
- ☐ Chips & salad
- ☐ Rice & greens
- ☐ Chocolate Cake + cream
- ☐ Berry Trifle

Thursday 19/11/26

- ☐ Savoury mince
- ☐ Roast Pork
- ☐ Potato & veg
- ☐ Chips & salad
- ☐ Rice & greens
- ☐ Chocolate Cake + cream
- ☐ Berry Trifle

Friday 20/11/26

- ☐ Curried Sausages
- ☐ Grilled Fish
- ☐ Potato & veg
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- ☐ Irish Stew
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- ☐ Vanilla Slice

Wednesday 26/11/26

- ☐ Honey Mustard Chicken Wraps
- ☐ Lasagne
- ☐ Potato & veg
- ☐ Chips & salad
- ☐ Rice & greens
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- ☐ Vanilla Slice

Thursday 26/11/26

- ☐ Mongolian beef
- ☐ Roast Chicken
- ☐ Potato & veg
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Friday 27/11/26

- ☐ Silverside and white sauce
- ☐ Seafood Basket
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- ☐ Fruit Jelly

Friday 06/11/26 — Eating with Friends

- ☐ Chunky Beef Pie
- ☐ Prawn Cutlets
- ☐ Potato & veg
- ☐ Chips & salad
- ☐ Rice & greens
- ☐ Dolly Cake + Custard
- ☐ Fruit Jelly

Week 2

Monday 09/11/26 — No dessert today

- ☐ Salmon Patties
- ☐ Crumbed Lamb Chop
- ☐ Potato & veg
- ☐ Chips & salad
- ☐ Rice & greens

Tuesday 10/11/26

- ☐ Ranch chicken salad Bowls
- ☐ Cottage Pie
- ☐ Potato & veg
- ☐ Chips & salad
- ☐ Rice & greens
- ☐ Apple & Custard Pie
- ☐ Passionfruit Slice

Wednesday 11/11/26

- ☐ Chicken Rissoles
- ☐ Prawn Skewers
- ☐ Potato & veg
- ☐ Chips & salad
- ☐ Rice & greens
- ☐ Apple & Custard Pie
- ☐ Passionfruit Slice

Thursday 12/11/26

- ☐ Roast Lamb
- ☐ Chicken stir fry
- ☐ Potato & veg
- ☐ Chips & salad
- ☐ Rice & greens
- ☐ Apple & Custard Pie
- ☐ Passionfruit Slice

Friday 13/11/26

- ☐ Seafood Basket
- ☐ Quiche Lorraine
- ☐ Potato & veg
- ☐ Chips & salad
- ☐ Rice & greens
- ☐ Apple & Custard Pie
- ☐ Passionfruit Slice

Week 3

Monday 16/11/26 — No dessert today

- ☐ Lamb Rissoles + gravy
- ☐ Sausages + gravy
- ☐ Potato & veg
- ☐ Chips & salad
- ☐ Rice & greens

Tuesday 17/11/26

- ☐ Chicken + Avocado Salad
- ☐ Calamari Rings + Wedges
- ☐ Potato & veg
- ☐ Chips & salad
- ☐ Rice & greens
- ☐ Chocolate Cake + cream
- ☐ Berry Trifle

Wednesday 18/11/26

- ☐ BBQ Chicken Thighs
- ☐ Beef Stroganoff
- ☐ Potato & veg
- ☐ Chips & salad
- ☐ Rice & greens
- ☐ Chocolate Cake + cream
- ☐ Berry Trifle

Thursday 19/11/26

- ☐ Savoury mince
- ☐ Roast Pork
- ☐ Potato & veg
- ☐ Chips & salad
- ☐ Rice & greens
- ☐ Chocolate Cake + cream
- ☐ Berry Trifle

Friday 20/11/26

- ☐ Curried Sausages
- ☐ Grilled Fish
- ☐ Potato & veg
- ☐ Chips & salad
- ☐ Rice & greens
- ☐ Chocolate Cake + cream
- ☐ Berry Trifle

Week 4

Monday 23/11/26 — No dessert today

- ☐ Ham + Cheese parcels
- ☐ Beef Stroganoff
- ☐ Potato & veg
- ☐ Chips & salad
- ☐ Rice & greens

Tuesday 24/11/26

- Wombok Chicken Salad
- ☐ Irish Stew
- ☐ Potato & veg
- ☐ Chips & salad
- ☐ Rice & greens
- ☐ Pavlova + Fruit
- ☐ Vanilla Slice

Wednesday 26/11/26

- ☐ Honey Mustard Chicken Wraps
- ☐ Lasagne
- ☐ Potato & veg
- ☐ Chips & salad
- ☐ Rice & greens
- ☐ Pavlova + Fruit
- ☐ Vanilla Slice

Thursday 26/11/26

- ☐ Mongolian beef
- ☐ Roast Chicken
- ☐ Potato & veg
- ☐ Chips & salad
- ☐ Rice & greens
- ☐ Pavlova + Fruit
- ☐ Vanilla Slice

Friday 27/11/26

- ☐ Silverside and white sauce
- ☐ Seafood Basket
- ☐ Potato & veg
- ☐ Chips & salad
- ☐ Rice & greens
- ☐ Pavlova + Fruit
- ☐ Vanilla Slice

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BUCKETTS WAY Neighbourhood Group Inc.

Meals on Wheels New South Wales

Meals on Wheels Menu November 2026

Client Name:

Week 1

Monday 02/11/26 — No dessert today

- ☐ Creamy Garlic Prawn Pasta
- ☐ Devilled Sausages
- ☐ Potato & veg
- ☐ Chips & salad
- ☐ Rice & greens

Tuesday 03/11/26

- ☐ Chicken Caesar salad bowls
- ☐ Lamb casserole
- ☐ Potato & veg
- ☐ Chips & salad
- ☐ Rice & greens
- ☐ Dolly Cake + Custard
- ☐ Fruit Jelly

Wednesday 04/11/26

- ☐ Corned meat fritters
- ☐ Pork Medallion in Plum Sauce
- ☐ Potato & veg
- ☐ Chips & salad
- ☐ Rice & greens
- ☐ Dolly Cake + Custard
- ☐ Fruit Jelly

Thursday 05/11/26

- ☐ Mongolian Chicken
- ☐ Roast Beef
- ☐ Potato & veg
- ☐ Chips & salad
- ☐ Rice & greens
- ☐ Dolly Cake + Custard
- ☐ Fruit Jelly

Friday 06/11/26 — Eating with Friends

- ☐ Chunky Beef Pie
- ☐ Prawn Cutlets
- ☐ Potato & veg
- ☐ Chips & salad
- ☐ Rice & greens
- ☐ Dolly Cake + Custard
- ☐ Fruit Jelly

Week 2

Monday 09/11/26 — No dessert today

- ☐ Salmon Patties
- ☐ Crumbed Lamb Chop
- ☐ Potato & veg
- ☐ Chips & salad
- ☐ Rice & greens

Tuesday 10/11/26

- ☐ Ranch chicken salad Bowls
- ☐ Cottage Pie
- ☐ Potato & veg
- ☐ Chips & salad
- ☐ Rice & greens
- ☐ Apple & Custard Pie
- ☐ Passionfruit Slice

Wednesday 11/11/26

- ☐ Chicken Rissoles
- ☐ Prawn Skewers
- ☐ Potato & veg
- ☐ Chips & salad
- ☐ Rice & greens
- ☐ Apple & Custard Pie
- ☐ Passionfruit Slice

Thursday 12/11/26

- ☐ Roast Lamb
- ☐ Chicken stir fry
- ☐ Potato & veg
- ☐ Chips & salad
- ☐ Rice & greens
- ☐ Apple & Custard Pie
- ☐ Passionfruit Slice

Friday 13/11/26

- ☐ Seafood Basket
- ☐ Quiche Lorraine
- ☐ Potato & veg
- ☐ Chips & salad
- ☐ Rice & greens
- ☐ Apple & Custard Pie
- ☐ Passionfruit Slice

Week 3

Monday 16/11/26 — No dessert today

- ☐ Lamb Rissoles + gravy
- ☐ Sausages + gravy
- ☐ Potato & veg
- ☐ Chips & salad
- ☐ Rice & greens

Tuesday 17/11/26

- ☐ Chicken + Avocado Salad
- ☐ Calamari Rings + Wedges
- ☐ Potato & veg
- ☐ Chips & salad
- ☐ Rice & greens
- ☐ Chocolate Cake + cream
- ☐ Berry Trifle

Wednesday 18/11/26

- ☐ BBQ Chicken Thighs
- ☐ Beef Stroganoff
- ☐ Potato & veg
- ☐ Chips & salad
- ☐ Rice & greens
- ☐ Chocolate Cake + cream
- ☐ Berry Trifle

Thursday 19/11/26

- ☐ Savoury mince
- ☐ Roast Pork
- ☐ Potato & veg
- ☐ Chips & salad
- ☐ Rice & greens
- ☐ Chocolate Cake + cream
- ☐ Berry Trifle

Friday 20/11/26

- ☐ Curried Sausages
- ☐ Grilled Fish
- ☐ Potato & veg
- ☐ Chips & salad
- ☐ Rice & greens
- ☐ Chocolate Cake + cream
- ☐ Berry Trifle

Week 4

Monday 23/11/26 — No dessert today

- ☐ Ham + Cheese parcels
- ☐ Beef Stroganoff
- ☐ Potato & veg
- ☐ Chips & salad
- ☐ Rice & greens

Tuesday 24/11/26

- Wombok Chicken Salad
- ☐ Irish Stew
- ☐ Potato & veg
- ☐ Chips & salad
- ☐ Rice & greens
- ☐ Pavlova + Fruit
- ☐ Vanilla Slice

Wednesday 26/11/26

- ☐ Honey Mustard Chicken Wraps
- ☐ Lasagne
- ☐ Potato & veg
- ☐ Chips & salad
- ☐ Rice & greens
- ☐ Pavlova + Fruit
- ☐ Vanilla Slice

Thursday 26/11/26

- ☐ Mongolian beef
- ☐ Roast Chicken
- ☐ Potato & veg
- ☐ Chips & salad
- ☐ Rice & greens
- ☐ Pavlova + Fruit
- ☐ Vanilla Slice

Friday 27/11/26

- ☐ Silverside and white sauce
- ☐ Seafood Basket
- ☐ Potato & veg
- ☐ Chips & salad
- ☐ Rice & greens
- ☐ Pavlova + Fruit
- ☐ Vanilla Slice

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Meals on Wheels New South Wales

Meals on Wheels Menu November 2026

Client Name:

Week 1

Monday 02/11/26 — No dessert today

- ☐ Creamy Garlic Prawn Pasta
- ☐ Devilled Sausages
- ☐ Potato & veg
- ☐ Chips & salad
- ☐ Rice & greens

Tuesday 03/11/26

- ☐ Chicken Caesar salad bowls
- ☐ Lamb casserole
- ☐ Potato & veg
- ☐ Chips & salad
- ☐ Rice & greens
- ☐ Dolly Cake + Custard
- ☐ Fruit Jelly

Wednesday 04/11/26

- ☐ Corned meat fritters
- ☐ Pork Medallion in Plum Sauce
- ☐ Potato & veg
- ☐ Chips & salad
- ☐ Rice & greens
- ☐ Dolly Cake + Custard
- ☐ Fruit Jelly

Thursday 05/11/26

- ☐ Mongolian Chicken
- ☐ Roast Beef
- ☐ Potato & veg
- ☐ Chips & salad
- ☐ Rice & greens
- ☐ Dolly Cake + Custard
- ☐ Fruit Jelly

Friday 06/11/26 — Eating with Friends

- ☐ Chunky Beef Pie
- ☐ Prawn Cutlets
- ☐ Potato & veg
- ☐ Chips & salad
- ☐ Rice & greens
- ☐ Dolly Cake + Custard
- ☐ Fruit Jelly

Week 2

Monday 09/11/26 — No dessert today

- ☐ Salmon Patties
- ☐ Crumbed Lamb Chop
- ☐ Potato & veg
- ☐ Chips & salad
- ☐ Rice & greens

Tuesday 10/11/26

- ☐ Ranch chicken salad Bowls
- ☐ Cottage Pie
- ☐ Potato & veg
- ☐ Chips & salad
- ☐ Rice & greens
- ☐ Apple & Custard Pie
- ☐ Passionfruit Slice

Wednesday 11/11/26

- ☐ Chicken Rissoles
- ☐ Prawn Skewers
- ☐ Potato & veg
- ☐ Chips & salad
- ☐ Rice & greens
- ☐ Apple & Custard Pie
- ☐ Passionfruit Slice

Thursday 12/11/26

- ☐ Roast Lamb
- ☐ Chicken stir fry
- ☐ Potato & veg
- ☐ Chips & salad
- ☐ Rice & greens
- ☐ Apple & Custard Pie
- ☐ Passionfruit Slice

Friday 13/11/26

- ☐ Seafood Basket
- ☐ Quiche Lorraine
- ☐ Potato & veg
- ☐ Chips & salad
- ☐ Rice & greens
- ☐ Apple & Custard Pie
- ☐ Passionfruit Slice

Week 3

Monday 16/11/26 — No dessert today

- ☐ Lamb Rissoles + gravy
- ☐ Sausages + gravy
- ☐ Potato & veg
- ☐ Chips & salad
- ☐ Rice & greens

Tuesday 17/11/26

- ☐ Chicken + Avocado Salad
- ☐ Calamari Rings + Wedges
- ☐ Potato & veg
- ☐ Chips & salad
- ☐ Rice & greens
- ☐ Chocolate Cake + cream
- ☐ Berry Trifle

Wednesday 18/11/26

- ☐ BBQ Chicken Thighs
- ☐ Beef Stroganoff
- ☐ Potato & veg
- ☐ Chips & salad
- ☐ Rice & greens
- ☐ Chocolate Cake + cream
- ☐ Berry Trifle

Thursday 19/11/26

- ☐ Savoury mince
- ☐ Roast Pork
- ☐ Potato & veg
- ☐ Chips & salad
- ☐ Rice & greens
- ☐ Chocolate Cake + cream
- ☐ Berry Trifle

Friday 20/11/26

- ☐ Curried Sausages
- ☐ Grilled Fish
- ☐ Potato & veg
- ☐ Chips & salad
- ☐ Rice & greens
- ☐ Chocolate Cake + cream
- ☐ Berry Trifle

Week 4

Monday 23/11/26 — No dessert today

- ☐ Ham + Cheese parcels
- ☐ Beef Stroganoff
- ☐ Potato & veg
- ☐ Chips & salad
- ☐ Rice & greens

Tuesday 24/11/26

- Wombok Chicken Salad
- ☐ Irish Stew
- ☐ Potato & veg
- ☐ Chips & salad
- ☐ Rice & greens
- ☐ Pavlova + Fruit
- ☐ Vanilla Slice

Wednesday 26/11/26

- ☐ Honey Mustard Chicken Wraps
- ☐ Lasagne
- ☐ Potato & veg
- ☐ Chips & salad
- ☐ Rice & greens
- ☐ Pavlova + Fruit
- ☐ Vanilla Slice

Thursday 26/11/26

- ☐ Mongolian beef
- ☐ Roast Chicken
- ☐ Potato & veg
- ☐ Chips & salad
- ☐ Rice & greens
- ☐ Pavlova + Fruit
- ☐ Vanilla Slice

Friday 27/11/26

- ☐ Silverside and white sauce
- ☐ Seafood Basket
- ☐ Potato & veg
- ☐ Chips & salad
- ☐ Rice & greens
- ☐ Pavlova + Fruit
- ☐ Vanilla Slice

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Week 1

Monday 02/11/26 — No dessert today

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- ☐ Potato & veg
- ☐ Chips & salad
- ☐ Rice & greens

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- ☐ Chicken Caesar salad bowls
- ☐ Lamb casserole
- ☐ Potato & veg
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- ☐ Fruit Jelly

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- ☐ Fruit Jelly

Friday 06/11/26 — Eating with Friends

- ☐ Chunky Beef Pie
- ☐ Prawn Cutlets
- ☐ Potato & veg
- ☐ Chips & salad
- ☐ Rice & greens
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- ☐ Fruit Jelly

Week 2

Monday 09/11/26 — No dessert today

- ☐ Salmon Patties
- ☐ Crumbed Lamb Chop
- ☐ Potato & veg
- ☐ Chips & salad
- ☐ Rice & greens

Tuesday 10/11/26

- ☐ Ranch chicken salad Bowls
- ☐ Cottage Pie
- ☐ Potato & veg
- ☐ Chips & salad
- ☐ Rice & greens
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- ☐ Passionfruit Slice

Wednesday 11/11/26

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- ☐ Chips & salad
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- ☐ Passionfruit Slice

Friday 13/11/26

- ☐ Seafood Basket
- ☐ Quiche Lorraine
- ☐ Potato & veg
- ☐ Chips & salad
- ☐ Rice & greens
- ☐ Apple & Custard Pie
- ☐ Passionfruit Slice

Week 3

Monday 16/11/26 — No dessert today

- ☐ Lamb Rissoles + gravy
- ☐ Sausages + gravy
- ☐ Potato & veg
- ☐ Chips & salad
- ☐ Rice & greens

Tuesday 17/11/26

- ☐ Chicken + Avocado Salad
- ☐ Calamari Rings + Wedges
- ☐ Potato & veg
- ☐ Chips & salad
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- ☐ Berry Trifle

Wednesday 18/11/26

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- ☐ Beef Stroganoff
- ☐ Potato & veg
- ☐ Chips & salad
- ☐ Rice & greens
- ☐ Chocolate Cake + cream
- ☐ Berry Trifle

Thursday 19/11/26

- ☐ Savoury mince
- ☐ Roast Pork
- ☐ Potato & veg
- ☐ Chips & salad
- ☐ Rice & greens
- ☐ Chocolate Cake + cream
- ☐ Berry Trifle

Friday 20/11/26

- ☐ Curried Sausages
- ☐ Grilled Fish
- ☐ Potato & veg
- ☐ Chips & salad
- ☐ Rice & greens
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Week 4

Monday 23/11/26 — No dessert today

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- ☐ Potato & veg
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- ☐ Rice & greens

Tuesday 24/11/26

- Wombok Chicken Salad
- ☐ Irish Stew
- ☐ Potato & veg
- ☐ Chips & salad
- ☐ Rice & greens
- ☐ Pavlova + Fruit
- ☐ Vanilla Slice

Wednesday 26/11/26

- ☐ Honey Mustard Chicken Wraps
- ☐ Lasagne
- ☐ Potato & veg
- ☐ Chips & salad
- ☐ Rice & greens
- ☐ Pavlova + Fruit
- ☐ Vanilla Slice

Thursday 26/11/26

- ☐ Mongolian beef
- ☐ Roast Chicken
- ☐ Potato & veg
- ☐ Chips & salad
- ☐ Rice & greens
- ☐ Pavlova + Fruit
- ☐ Vanilla Slice

Friday 27/11/26

- ☐ Silverside and white sauce
- ☐ Seafood Basket
- ☐ Potato & veg
- ☐ Chips & salad
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- ☐ Potato & veg
- ☐ Chips & salad
- ☐ Rice & greens
- ☐ Dolly Cake + Custard
- ☐ Fruit Jelly

Wednesday 04/11/26

- ☐ Corned meat fritters
- ☐ Pork Medallion in Plum Sauce
- ☐ Potato & veg
- ☐ Chips & salad
- ☐ Rice & greens
- ☐ Dolly Cake + Custard
- ☐ Fruit Jelly

Thursday 05/11/26

- ☐ Mongolian Chicken
- ☐ Roast Beef
- ☐ Potato & veg
- ☐ Chips & salad
- ☐ Rice & greens
- ☐ Dolly Cake + Custard
- ☐ Fruit Jelly

Friday 06/11/26 — Eating with Friends

- ☐ Chunky Beef Pie
- ☐ Prawn Cutlets
- ☐ Potato & veg
- ☐ Chips & salad
- ☐ Rice & greens
- ☐ Dolly Cake + Custard
- ☐ Fruit Jelly

Week 2

Monday 09/11/26 — No dessert today

- ☐ Salmon Patties
- ☐ Crumbed Lamb Chop
- ☐ Potato & veg
- ☐ Chips & salad
- ☐ Rice & greens

Tuesday 10/11/26

- ☐ Ranch chicken salad Bowls
- ☐ Cottage Pie
- ☐ Potato & veg
- ☐ Chips & salad
- ☐ Rice & greens
- ☐ Apple & Custard Pie
- ☐ Passionfruit Slice

Wednesday 11/11/26

- ☐ Chicken Rissoles
- ☐ Prawn Skewers
- ☐ Potato & veg
- ☐ Chips & salad
- ☐ Rice & greens
- ☐ Apple & Custard Pie
- ☐ Passionfruit Slice

Thursday 12/11/26

- ☐ Roast Lamb
- ☐ Chicken stir fry
- ☐ Potato & veg
- ☐ Chips & salad
- ☐ Rice & greens
- ☐ Apple & Custard Pie
- ☐ Passionfruit Slice

Friday 13/11/26

- ☐ Seafood Basket
- ☐ Quiche Lorraine
- ☐ Potato & veg
- ☐ Chips & salad
- ☐ Rice & greens
- ☐ Apple & Custard Pie
- ☐ Passionfruit Slice

Week 3

Monday 16/11/26 — No dessert today

- ☐ Lamb Rissoles + gravy
- ☐ Sausages + gravy
- ☐ Potato & veg
- ☐ Chips & salad
- ☐ Rice & greens

Tuesday 17/11/26

- ☐ Chicken + Avocado Salad
- ☐ Calamari Rings + Wedges
- ☐ Potato & veg
- ☐ Chips & salad
- ☐ Rice & greens
- ☐ Chocolate Cake + cream
- ☐ Berry Trifle

Wednesday 18/11/26

- ☐ BBQ Chicken Thighs
- ☐ Beef Stroganoff
- ☐ Potato & veg
- ☐ Chips & salad
- ☐ Rice & greens
- ☐ Chocolate Cake + cream
- ☐ Berry Trifle

Thursday 19/11/26

- ☐ Savoury mince
- ☐ Roast Pork
- ☐ Potato & veg
- ☐ Chips & salad
- ☐ Rice & greens
- ☐ Chocolate Cake + cream
- ☐ Berry Trifle

Friday 20/11/26

- ☐ Curried Sausages
- ☐ Grilled Fish
- ☐ Potato & veg
- ☐ Chips & salad
- ☐ Rice & greens
- ☐ Chocolate Cake + cream
- ☐ Berry Trifle

Week 4

Monday 23/11/26 — No dessert today

- ☐ Ham + Cheese parcels
- ☐ Beef Stroganoff
- ☐ Potato & veg
- ☐ Chips & salad
- ☐ Rice & greens

Tuesday 24/11/26

- Wombok Chicken Salad
- ☐ Irish Stew
- ☐ Potato & veg
- ☐ Chips & salad
- ☐ Rice & greens
- ☐ Pavlova + Fruit
- ☐ Vanilla Slice

Wednesday 26/11/26

- ☐ Honey Mustard Chicken Wraps
- ☐ Lasagne
- ☐ Potato & veg
- ☐ Chips & salad
- ☐ Rice & greens
- ☐ Pavlova + Fruit
- ☐ Vanilla Slice

Thursday 26/11/26

- ☐ Mongolian beef
- ☐ Roast Chicken
- ☐ Potato & veg
- ☐ Chips & salad
- ☐ Rice & greens
- ☐ Pavlova + Fruit
- ☐ Vanilla Slice

Friday 27/11/26

- ☐ Silverside and white sauce
- ☐ Seafood Basket
- ☐ Potato & veg
- ☐ Chips & salad
- ☐ Rice & greens
- ☐ Pavlova + Fruit
- ☐ Vanilla Slice

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What is a Dolly cake?

In honour of the dearly departed Dolly Parton, We have decided to cook her Cuppa Cuppa Cake - a moist fruit cake which we have renamed the Dolly Cake – this will be served with custard – Please tell us what you think of the Dolly Cake



BUCKETTS WAY Neighbourhood Group Inc.

Meals on Wheels New South Wales

Meals on Wheels Menu November 2026

Client Name:

Week 1

Monday 02/11/26 — No dessert today

- ☐ Creamy Garlic Prawn Pasta
- ☐ Devilled Sausages
- ☐ Potato & veg
- ☐ Chips & salad
- ☐ Rice & greens

Tuesday 03/11/26

- ☐ Chicken Caesar salad bowls
- ☐ Lamb casserole
- ☐ Potato & veg
- ☐ Chips & salad
- ☐ Rice & greens
- ☐ Dolly Cake + Custard
- ☐ Fruit Jelly

Wednesday 04/11/26

- ☐ Corned meat fritters
- ☐ Pork Medallion in Plum Sauce
- ☐ Potato & veg
- ☐ Chips & salad
- ☐ Rice & greens
- ☐ Dolly Cake + Custard
- ☐ Fruit Jelly

Thursday 05/11/26

- ☐ Mongolian Chicken
- ☐ Roast Beef
- ☐ Potato & veg
- ☐ Chips & salad
- ☐ Rice & greens
- ☐ Dolly Cake + Custard
- ☐ Fruit Jelly

Friday 06/11/26 — Eating with Friends

- ☐ Chunky Beef Pie
- ☐ Prawn Cutlets
- ☐ Potato & veg
- ☐ Chips & salad
- ☐ Rice & greens
- ☐ Dolly Cake + Custard
- ☐ Fruit Jelly

Week 2

Monday 09/11/26 — No dessert today

- ☐ Salmon Patties
- ☐ Crumbed Lamb Chop
- ☐ Potato & veg
- ☐ Chips & salad
- ☐ Rice & greens

Tuesday 10/11/26

- ☐ Ranch chicken salad Bowls
- ☐ Cottage Pie
- ☐ Potato & veg
- ☐ Chips & salad
- ☐ Rice & greens
- ☐ Apple & Custard Pie
- ☐ Passionfruit Slice

Wednesday 11/11/26

- ☐ Chicken Rissoles
- ☐ Prawn Skewers
- ☐ Potato & veg
- ☐ Chips & salad
- ☐ Rice & greens
- ☐ Apple & Custard Pie
- ☐ Passionfruit Slice

Thursday 12/11/26

- ☐ Roast Lamb
- ☐ Chicken stir fry
- ☐ Potato & veg
- ☐ Chips & salad
- ☐ Rice & greens
- ☐ Apple & Custard Pie
- ☐ Passionfruit Slice

Friday 13/11/26

- ☐ Seafood Basket
- ☐ Quiche Lorraine
- ☐ Potato & veg
- ☐ Chips & salad
- ☐ Rice & greens
- ☐ Apple & Custard Pie
- ☐ Passionfruit Slice

Week 3

Monday 16/11/26 — No dessert today

- ☐ Lamb Rissoles + gravy
- ☐ Sausages + gravy
- ☐ Potato & veg
- ☐ Chips & salad
- ☐ Rice & greens

Tuesday 17/11/26

- ☐ Chicken + Avocado Salad
- ☐ Calamari Rings + Wedges
- ☐ Potato & veg
- ☐ Chips & salad
- ☐ Rice & greens
- ☐ Chocolate Cake + cream
- ☐ Berry Trifle

Wednesday 18/11/26

- ☐ BBQ Chicken Thighs
- ☐ Beef Stroganoff
- ☐ Potato & veg
- ☐ Chips & salad
- ☐ Rice & greens
- ☐ Chocolate Cake + cream
- ☐ Berry Trifle

Thursday 19/11/26

- ☐ Savoury mince
- ☐ Roast Pork
- ☐ Potato & veg
- ☐ Chips & salad
- ☐ Rice & greens
- ☐ Chocolate Cake + cream
- ☐ Berry Trifle

Friday 20/11/26

- ☐ Curried Sausages
- ☐ Grilled Fish
- ☐ Potato & veg
- ☐ Chips & salad
- ☐ Rice & greens
- ☐ Chocolate Cake + cream
- ☐ Berry Trifle

Week 4

Monday 23/11/26 — No dessert today

- ☐ Ham + Cheese parcels
- ☐ Beef Stroganoff
- ☐ Potato & veg
- ☐ Chips & salad
- ☐ Rice & greens

Tuesday 24/11/26

- Wombok Chicken Salad
- ☐ Irish Stew
- ☐ Potato & veg
- ☐ Chips & salad
- ☐ Rice & greens
- ☐ Pavlova + Fruit
- ☐ Vanilla Slice

Wednesday 26/11/26

- ☐ Honey Mustard Chicken Wraps
- ☐ Lasagne
- ☐ Potato & veg
- ☐ Chips & salad
- ☐ Rice & greens
- ☐ Pavlova + Fruit
- ☐ Vanilla Slice

Thursday 26/11/26

- ☐ Mongolian beef
- ☐ Roast Chicken
- ☐ Potato & veg
- ☐ Chips & salad
- ☐ Rice & greens
- ☐ Pavlova + Fruit
- ☐ Vanilla Slice

Friday 27/11/26

- ☐ Silverside and white sauce
- ☐ Seafood Basket
- ☐ Potato & veg
- ☐ Chips & salad
- ☐ Rice & greens
- ☐ Pavlova + Fruit
- ☐ Vanilla Slice

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Meals on Wheels New South Wales

Meals on Wheels Menu November 2026

Client Name:

Week 1

Monday 02/11/26 — No dessert today

- ☐ Creamy Garlic Prawn Pasta
- ☐ Devilled Sausages
- ☐ Potato & veg
- ☐ Chips & salad
- ☐ Rice & greens

Tuesday 03/11/26

- ☐ Chicken Caesar salad bowls
- ☐ Lamb casserole
- ☐ Potato & veg
- ☐ Chips & salad
- ☐ Rice & greens
- ☐ Dolly Cake + Custard
- ☐ Fruit Jelly

Wednesday 04/11/26

- ☐ Corned meat fritters
- ☐ Pork Medallion in Plum Sauce
- ☐ Potato & veg
- ☐ Chips & salad
- ☐ Rice & greens
- ☐ Dolly Cake + Custard
- ☐ Fruit Jelly

Thursday 05/11/26

- ☐ Mongolian Chicken
- ☐ Roast Beef
- ☐ Potato & veg
- ☐ Chips & salad
- ☐ Rice & greens
- ☐ Dolly Cake + Custard
- ☐ Fruit Jelly

Friday 06/11/26 — Eating with Friends

- ☐ Chunky Beef Pie
- ☐ Prawn Cutlets
- ☐ Potato & veg
- ☐ Chips & salad
- ☐ Rice & greens
- ☐ Dolly Cake + Custard
- ☐ Fruit Jelly

Week 2

Monday 09/11/26 — No dessert today

- ☐ Salmon Patties
- ☐ Crumbed Lamb Chop
- ☐ Potato & veg
- ☐ Chips & salad
- ☐ Rice & greens

Tuesday 10/11/26

- ☐ Ranch chicken salad Bowls
- ☐ Cottage Pie
- ☐ Potato & veg
- ☐ Chips & salad
- ☐ Rice & greens
- ☐ Apple & Custard Pie
- ☐ Passionfruit Slice

Wednesday 11/11/26

- ☐ Chicken Rissoles
- ☐ Prawn Skewers
- ☐ Potato & veg
- ☐ Chips & salad
- ☐ Rice & greens
- ☐ Apple & Custard Pie
- ☐ Passionfruit Slice

Thursday 12/11/26

- ☐ Roast Lamb
- ☐ Chicken stir fry
- ☐ Potato & veg
- ☐ Chips & salad
- ☐ Rice & greens
- ☐ Apple & Custard Pie
- ☐ Passionfruit Slice

Friday 13/11/26

- ☐ Seafood Basket
- ☐ Quiche Lorraine
- ☐ Potato & veg
- ☐ Chips & salad
- ☐ Rice & greens
- ☐ Apple & Custard Pie
- ☐ Passionfruit Slice

Week 3

Monday 16/11/26 — No dessert today

- ☐ Lamb Rissoles + gravy
- ☐ Sausages + gravy
- ☐ Potato & veg
- ☐ Chips & salad
- ☐ Rice & greens

Tuesday 17/11/26

- ☐ Chicken + Avocado Salad
- ☐ Calamari Rings + Wedges
- ☐ Potato & veg
- ☐ Chips & salad
- ☐ Rice & greens
- ☐ Chocolate Cake + cream
- ☐ Berry Trifle

Wednesday 18/11/26

- ☐ BBQ Chicken Thighs
- ☐ Beef Stroganoff
- ☐ Potato & veg
- ☐ Chips & salad
- ☐ Rice & greens
- ☐ Chocolate Cake + cream
- ☐ Berry Trifle

Thursday 19/11/26

- ☐ Savoury mince
- ☐ Roast Pork
- ☐ Potato & veg
- ☐ Chips & salad
- ☐ Rice & greens
- ☐ Chocolate Cake + cream
- ☐ Berry Trifle

Friday 20/11/26

- ☐ Curried Sausages
- ☐ Grilled Fish
- ☐ Potato & veg
- ☐ Chips & salad
- ☐ Rice & greens
- ☐ Chocolate Cake + cream
- ☐ Berry Trifle

Week 4

Monday 23/11/26 — No dessert today

- ☐ Ham + Cheese parcels
- ☐ Beef Stroganoff
- ☐ Potato & veg
- ☐ Chips & salad
- ☐ Rice & greens

Tuesday 24/11/26

- Wombok Chicken Salad
- ☐ Irish Stew
- ☐ Potato & veg
- ☐ Chips & salad
- ☐ Rice & greens
- ☐ Pavlova + Fruit
- ☐ Vanilla Slice

Wednesday 26/11/26

- ☐ Honey Mustard Chicken Wraps
- ☐ Lasagne
- ☐ Potato & veg
- ☐ Chips & salad
- ☐ Rice & greens
- ☐ Pavlova + Fruit
- ☐ Vanilla Slice

Thursday 26/11/26

- ☐ Mongolian beef
- ☐ Roast Chicken
- ☐ Potato & veg
- ☐ Chips & salad
- ☐ Rice & greens
- ☐ Pavlova + Fruit
- ☐ Vanilla Slice

Friday 27/11/26

- ☐ Silverside and white sauce
- ☐ Seafood Basket
- ☐ Potato & veg
- ☐ Chips & salad
- ☐ Rice & greens
- ☐ Pavlova + Fruit
- ☐ Vanilla Slice

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- ☐ Dolly Cake + Custard
- ☐ Fruit Jelly

Friday 06/11/26 — Eating with Friends

- ☐ Chunky Beef Pie
- ☐ Prawn Cutlets
- ☐ Potato & veg
- ☐ Chips & salad
- ☐ Rice & greens
- ☐ Dolly Cake + Custard
- ☐ Fruit Jelly

Week 2

Monday 09/11/26 — No dessert today

- ☐ Salmon Patties
- ☐ Crumbed Lamb Chop
- ☐ Potato & veg
- ☐ Chips & salad
- ☐ Rice & greens

Tuesday 10/11/26

- ☐ Ranch chicken salad Bowls
- ☐ Cottage Pie
- ☐ Potato & veg
- ☐ Chips & salad
- ☐ Rice & greens
- ☐ Apple & Custard Pie
- ☐ Passionfruit Slice

Wednesday 11/11/26

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- ☐ Potato & veg
- ☐ Chips & salad
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- ☐ Passionfruit Slice

Friday 13/11/26

- ☐ Seafood Basket
- ☐ Quiche Lorraine
- ☐ Potato & veg
- ☐ Chips & salad
- ☐ Rice & greens
- ☐ Apple & Custard Pie
- ☐ Passionfruit Slice

Week 3

Monday 16/11/26 — No dessert today

- ☐ Lamb Rissoles + gravy
- ☐ Sausages + gravy
- ☐ Potato & veg
- ☐ Chips & salad
- ☐ Rice & greens

Tuesday 17/11/26

- ☐ Chicken + Avocado Salad
- ☐ Calamari Rings + Wedges
- ☐ Potato & veg
- ☐ Chips & salad
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- ☐ Berry Trifle

Wednesday 18/11/26

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- ☐ Beef Stroganoff
- ☐ Potato & veg
- ☐ Chips & salad
- ☐ Rice & greens
- ☐ Chocolate Cake + cream
- ☐ Berry Trifle

Thursday 19/11/26

- ☐ Savoury mince
- ☐ Roast Pork
- ☐ Potato & veg
- ☐ Chips & salad
- ☐ Rice & greens
- ☐ Chocolate Cake + cream
- ☐ Berry Trifle

Friday 20/11/26

- ☐ Curried Sausages
- ☐ Grilled Fish
- ☐ Potato & veg
- ☐ Chips & salad
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Week 4

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- ☐ Beef Stroganoff
- ☐ Potato & veg
- ☐ Chips & salad
- ☐ Rice & greens

Tuesday 24/11/26

- Wombok Chicken Salad
- ☐ Irish Stew
- ☐ Potato & veg
- ☐ Chips & salad
- ☐ Rice & greens
- ☐ Pavlova + Fruit
- ☐ Vanilla Slice

Wednesday 26/11/26

- ☐ Honey Mustard Chicken Wraps
- ☐ Lasagne
- ☐ Potato & veg
- ☐ Chips & salad
- ☐ Rice & greens
- ☐ Pavlova + Fruit
- ☐ Vanilla Slice

Thursday 26/11/26

- ☐ Mongolian beef
- ☐ Roast Chicken
- ☐ Potato & veg
- ☐ Chips & salad
- ☐ Rice & greens
- ☐ Pavlova + Fruit
- ☐ Vanilla Slice

Friday 27/11/26

- ☐ Silverside and white sauce
- ☐ Seafood Basket
- ☐ Potato & veg
- ☐ Chips & salad
- ☐ Rice & greens
- ☐ Pavlova + Fruit
- ☐ Vanilla Slice

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In honour of the dearly departed Dolly Parton, We have decided to cook her Cuppa Cuppa Cake - a moist fruit cake which we have renamed the Dolly Cake – this will be served with custard – Please tell us what you think of the Dolly Cake



BUCKETTS WAY Neighbourhood Group Inc.

Meals on Wheels New South Wales

Meals on Wheels Menu November 2026

Client Name:

Week 1

Monday 02/11/26 — No dessert today

- ☐ Creamy Garlic Prawn Pasta
- ☐ Devilled Sausages
- ☐ Potato & veg
- ☐ Chips & salad
- ☐ Rice & greens

Tuesday 03/11/26

- ☐ Chicken Caesar salad bowls
- ☐ Lamb casserole
- ☐ Potato & veg
- ☐ Chips & salad
- ☐ Rice & greens
- ☐ Dolly Cake + Custard
- ☐ Fruit Jelly

Wednesday 04/11/26

- ☐ Corned meat fritters
- ☐ Pork Medallion in Plum Sauce
- ☐ Potato & veg
- ☐ Chips & salad
- ☐ Rice & greens
- ☐ Dolly Cake + Custard
- ☐ Fruit Jelly

Thursday 05/11/26

- ☐ Mongolian Chicken
- ☐ Roast Beef
- ☐ Potato & veg
- ☐ Chips & salad
- ☐ Rice & greens
- ☐ Dolly Cake + Custard
- ☐ Fruit Jelly

Friday 06/11/26 — Eating with Friends

- ☐ Chunky Beef Pie
- ☐ Prawn Cutlets
- ☐ Potato & veg
- ☐ Chips & salad
- ☐ Rice & greens
- ☐ Dolly Cake + Custard
- ☐ Fruit Jelly

Week 2

Monday 09/11/26 — No dessert today

- ☐ Salmon Patties
- ☐ Crumbed Lamb Chop
- ☐ Potato & veg
- ☐ Chips & salad
- ☐ Rice & greens

Tuesday 10/11/26

- ☐ Ranch chicken salad Bowls
- ☐ Cottage Pie
- ☐ Potato & veg
- ☐ Chips & salad
- ☐ Rice & greens
- ☐ Apple & Custard Pie
- ☐ Passionfruit Slice

Wednesday 11/11/26

- ☐ Chicken Rissoles
- ☐ Prawn Skewers
- ☐ Potato & veg
- ☐ Chips & salad
- ☐ Rice & greens
- ☐ Apple & Custard Pie
- ☐ Passionfruit Slice

Thursday 12/11/26

- ☐ Roast Lamb
- ☐ Chicken stir fry
- ☐ Potato & veg
- ☐ Chips & salad
- ☐ Rice & greens
- ☐ Apple & Custard Pie
- ☐ Passionfruit Slice

Friday 13/11/26

- ☐ Seafood Basket
- ☐ Quiche Lorraine
- ☐ Potato & veg
- ☐ Chips & salad
- ☐ Rice & greens
- ☐ Apple & Custard Pie
- ☐ Passionfruit Slice

Week 3

Monday 16/11/26 — No dessert today

- ☐ Lamb Rissoles + gravy
- ☐ Sausages + gravy
- ☐ Potato & veg
- ☐ Chips & salad
- ☐ Rice & greens

Tuesday 17/11/26

- ☐ Chicken + Avocado Salad
- ☐ Calamari Rings + Wedges
- ☐ Potato & veg
- ☐ Chips & salad
- ☐ Rice & greens
- ☐ Chocolate Cake + cream
- ☐ Berry Trifle

Wednesday 18/11/26

- ☐ BBQ Chicken Thighs
- ☐ Beef Stroganoff
- ☐ Potato & veg
- ☐ Chips & salad
- ☐ Rice & greens
- ☐ Chocolate Cake + cream
- ☐ Berry Trifle

Thursday 19/11/26

- ☐ Savoury mince
- ☐ Roast Pork
- ☐ Potato & veg
- ☐ Chips & salad
- ☐ Rice & greens
- ☐ Chocolate Cake + cream
- ☐ Berry Trifle

Friday 20/11/26

- ☐ Curried Sausages
- ☐ Grilled Fish
- ☐ Potato & veg
- ☐ Chips & salad
- ☐ Rice & greens
- ☐ Chocolate Cake + cream
- ☐ Berry Trifle

Week 4

Monday 23/11/26 — No dessert today

- ☐ Ham + Cheese parcels
- ☐ Beef Stroganoff
- ☐ Potato & veg
- ☐ Chips & salad
- ☐ Rice & greens

Tuesday 24/11/26

- Wombok Chicken Salad
- ☐ Irish Stew
- ☐ Potato & veg
- ☐ Chips & salad
- ☐ Rice & greens
- ☐ Pavlova + Fruit
- ☐ Vanilla Slice

Wednesday 26/11/26

- ☐ Honey Mustard Chicken Wraps
- ☐ Lasagne
- ☐ Potato & veg
- ☐ Chips & salad
- ☐ Rice & greens
- ☐ Pavlova + Fruit
- ☐ Vanilla Slice

Thursday 26/11/26

- ☐ Mongolian beef
- ☐ Roast Chicken
- ☐ Potato & veg
- ☐ Chips & salad
- ☐ Rice & greens
- ☐ Pavlova + Fruit
- ☐ Vanilla Slice

Friday 27/11/26

- ☐ Silverside and white sauce
- ☐ Seafood Basket
- ☐ Potato & veg
- ☐ Chips & salad
- ☐ Rice & greens
- ☐ Pavlova + Fruit
- ☐ Vanilla Slice

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BUCKETTS WAY Neighbourhood Group Inc.

Meals on Wheels New South Wales

Meals on Wheels Menu November 2026

Client Name:

Week 1

Monday 02/11/26 — No dessert today

- ☐ Creamy Garlic Prawn Pasta
- ☐ Devilled Sausages
- ☐ Potato & veg
- ☐ Chips & salad
- ☐ Rice & greens

Tuesday 03/11/26

- ☐ Chicken Caesar salad bowls
- ☐ Lamb casserole
- ☐ Potato & veg
- ☐ Chips & salad
- ☐ Rice & greens
- ☐ Dolly Cake + Custard
- ☐ Fruit Jelly

Wednesday 04/11/26

- ☐ Corned meat fritters
- ☐ Pork Medallion in Plum Sauce
- ☐ Potato & veg
- ☐ Chips & salad
- ☐ Rice & greens
- ☐ Dolly Cake + Custard
- ☐ Fruit Jelly

Thursday 05/11/26

- ☐ Mongolian Chicken
- ☐ Roast Beef
- ☐ Potato & veg
- ☐ Chips & salad
- ☐ Rice & greens
- ☐ Dolly Cake + Custard
- ☐ Fruit Jelly

Friday 06/11/26 — Eating with Friends

- ☐ Chunky Beef Pie
- ☐ Prawn Cutlets
- ☐ Potato & veg
- ☐ Chips & salad
- ☐ Rice & greens
- ☐ Dolly Cake + Custard
- ☐ Fruit Jelly

Week 2

Monday 09/11/26 — No dessert today

- ☐ Salmon Patties
- ☐ Crumbed Lamb Chop
- ☐ Potato & veg
- ☐ Chips & salad
- ☐ Rice & greens

Tuesday 10/11/26

- ☐ Ranch chicken salad Bowls
- ☐ Cottage Pie
- ☐ Potato & veg
- ☐ Chips & salad
- ☐ Rice & greens
- ☐ Apple & Custard Pie
- ☐ Passionfruit Slice

Wednesday 11/11/26

- ☐ Chicken Rissoles
- ☐ Prawn Skewers
- ☐ Potato & veg
- ☐ Chips & salad
- ☐ Rice & greens
- ☐ Apple & Custard Pie
- ☐ Passionfruit Slice

Thursday 12/11/26

- ☐ Roast Lamb
- ☐ Chicken stir fry
- ☐ Potato & veg
- ☐ Chips & salad
- ☐ Rice & greens
- ☐ Apple & Custard Pie
- ☐ Passionfruit Slice

Friday 13/11/26

- ☐ Seafood Basket
- ☐ Quiche Lorraine
- ☐ Potato & veg
- ☐ Chips & salad
- ☐ Rice & greens
- ☐ Apple & Custard Pie
- ☐ Passionfruit Slice

Week 3

Monday 16/11/26 — No dessert today

- ☐ Lamb Rissoles + gravy
- ☐ Sausages + gravy
- ☐ Potato & veg
- ☐ Chips & salad
- ☐ Rice & greens

Tuesday 17/11/26

- ☐ Chicken + Avocado Salad
- ☐ Calamari Rings + Wedges
- ☐ Potato & veg
- ☐ Chips & salad
- ☐ Rice & greens
- ☐ Chocolate Cake + cream
- ☐ Berry Trifle

Wednesday 18/11/26

- ☐ BBQ Chicken Thighs
- ☐ Beef Stroganoff
- ☐ Potato & veg
- ☐ Chips & salad
- ☐ Rice & greens
- ☐ Chocolate Cake + cream
- ☐ Berry Trifle

Thursday 19/11/26

- ☐ Savoury mince
- ☐ Roast Pork
- ☐ Potato & veg
- ☐ Chips & salad
- ☐ Rice & greens
- ☐ Chocolate Cake + cream
- ☐ Berry Trifle

Friday 20/11/26

- ☐ Curried Sausages
- ☐ Grilled Fish
- ☐ Potato & veg
- ☐ Chips & salad
- ☐ Rice & greens
- ☐ Chocolate Cake + cream
- ☐ Berry Trifle

Week 4

Monday 23/11/26 — No dessert today

- ☐ Ham + Cheese parcels
- ☐ Beef Stroganoff
- ☐ Potato & veg
- ☐ Chips & salad
- ☐ Rice & greens

Tuesday 24/11/26

- Wombok Chicken Salad
- ☐ Irish Stew
- ☐ Potato & veg
- ☐ Chips & salad
- ☐ Rice & greens
- ☐ Pavlova + Fruit
- ☐ Vanilla Slice

Wednesday 26/11/26

- ☐ Honey Mustard Chicken Wraps
- ☐ Lasagne
- ☐ Potato & veg
- ☐ Chips & salad
- ☐ Rice & greens
- ☐ Pavlova + Fruit
- ☐ Vanilla Slice

Thursday 26/11/26

- ☐ Mongolian beef
- ☐ Roast Chicken
- ☐ Potato & veg
- ☐ Chips & salad
- ☐ Rice & greens
- ☐ Pavlova + Fruit
- ☐ Vanilla Slice

Friday 27/11/26

- ☐ Silverside and white sauce
- ☐ Seafood Basket
- ☐ Potato & veg
- ☐ Chips & salad
- ☐ Rice & greens
- ☐ Pavlova + Fruit
- ☐ Vanilla Slice

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Meals on Wheels New South Wales

Meals on Wheels Menu November 2026

Client Name:

Week 1

Monday 02/11/26 — No dessert today

- ☐ Creamy Garlic Prawn Pasta
- ☐ Devilled Sausages
- ☐ Potato & veg
- ☐ Chips & salad
- ☐ Rice & greens

Tuesday 03/11/26

- ☐ Chicken Caesar salad bowls
- ☐ Lamb casserole
- ☐ Potato & veg
- ☐ Chips & salad
- ☐ Rice & greens
- ☐ Dolly Cake + Custard
- ☐ Fruit Jelly

Wednesday 04/11/26

- ☐ Corned meat fritters
- ☐ Pork Medallion in Plum Sauce
- ☐ Potato & veg
- ☐ Chips & salad
- ☐ Rice & greens
- ☐ Dolly Cake + Custard
- ☐ Fruit Jelly

Thursday 05/11/26

- ☐ Mongolian Chicken
- ☐ Roast Beef
- ☐ Potato & veg
- ☐ Chips & salad
- ☐ Rice & greens
- ☐ Dolly Cake + Custard
- ☐ Fruit Jelly

Friday 06/11/26 — Eating with Friends

- ☐ Chunky Beef Pie
- ☐ Prawn Cutlets
- ☐ Potato & veg
- ☐ Chips & salad
- ☐ Rice & greens
- ☐ Dolly Cake + Custard
- ☐ Fruit Jelly

Week 2

Monday 09/11/26 — No dessert today

- ☐ Salmon Patties
- ☐ Crumbed Lamb Chop
- ☐ Potato & veg
- ☐ Chips & salad
- ☐ Rice & greens

Tuesday 10/11/26

- ☐ Ranch chicken salad Bowls
- ☐ Cottage Pie
- ☐ Potato & veg
- ☐ Chips & salad
- ☐ Rice & greens
- ☐ Apple & Custard Pie
- ☐ Passionfruit Slice

Wednesday 11/11/26

- ☐ Chicken Rissoles
- ☐ Prawn Skewers
- ☐ Potato & veg
- ☐ Chips & salad
- ☐ Rice & greens
- ☐ Apple & Custard Pie
- ☐ Passionfruit Slice

Thursday 12/11/26

- ☐ Roast Lamb
- ☐ Chicken stir fry
- ☐ Potato & veg
- ☐ Chips & salad
- ☐ Rice & greens
- ☐ Apple & Custard Pie
- ☐ Passionfruit Slice

Friday 13/11/26

- ☐ Seafood Basket
- ☐ Quiche Lorraine
- ☐ Potato & veg
- ☐ Chips & salad
- ☐ Rice & greens
- ☐ Apple & Custard Pie
- ☐ Passionfruit Slice

Week 3

Monday 16/11/26 — No dessert today

- ☐ Lamb Rissoles + gravy
- ☐ Sausages + gravy
- ☐ Potato & veg
- ☐ Chips & salad
- ☐ Rice & greens

Tuesday 17/11/26

- ☐ Chicken + Avocado Salad
- ☐ Calamari Rings + Wedges
- ☐ Potato & veg
- ☐ Chips & salad
- ☐ Rice & greens
- ☐ Chocolate Cake + cream
- ☐ Berry Trifle

Wednesday 18/11/26

- ☐ BBQ Chicken Thighs
- ☐ Beef Stroganoff
- ☐ Potato & veg
- ☐ Chips & salad
- ☐ Rice & greens
- ☐ Chocolate Cake + cream
- ☐ Berry Trifle

Thursday 19/11/26

- ☐ Savoury mince
- ☐ Roast Pork
- ☐ Potato & veg
- ☐ Chips & salad
- ☐ Rice & greens
- ☐ Chocolate Cake + cream
- ☐ Berry Trifle

Friday 20/11/26

- ☐ Curried Sausages
- ☐ Grilled Fish
- ☐ Potato & veg
- ☐ Chips & salad
- ☐ Rice & greens
- ☐ Chocolate Cake + cream
- ☐ Berry Trifle

Week 4

Monday 23/11/26 — No dessert today

- ☐ Ham + Cheese parcels
- ☐ Beef Stroganoff
- ☐ Potato & veg
- ☐ Chips & salad
- ☐ Rice & greens

Tuesday 24/11/26

- Wombok Chicken Salad
- ☐ Irish Stew
- ☐ Potato & veg
- ☐ Chips & salad
- ☐ Rice & greens
- ☐ Pavlova + Fruit
- ☐ Vanilla Slice

Wednesday 26/11/26

- ☐ Honey Mustard Chicken Wraps
- ☐ Lasagne
- ☐ Potato & veg
- ☐ Chips & salad
- ☐ Rice & greens
- ☐ Pavlova + Fruit
- ☐ Vanilla Slice

Thursday 26/11/26

- ☐ Mongolian beef
- ☐ Roast Chicken
- ☐ Potato & veg
- ☐ Chips & salad
- ☐ Rice & greens
- ☐ Pavlova + Fruit
- ☐ Vanilla Slice

Friday 27/11/26

- ☐ Silverside and white sauce
- ☐ Seafood Basket
- ☐ Potato & veg
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- ☐ Chips & salad
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- ☐ Sausages + gravy
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- ☐ Chips & salad
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- ☐ Roast Pork
- ☐ Potato & veg
- ☐ Chips & salad
- ☐ Rice & greens
- ☐ Chocolate Cake + cream
- ☐ Berry Trifle

Friday 20/11/26

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- ☐ Grilled Fish
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- ☐ Chips & salad
- ☐ Rice & greens
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- ☐ Vanilla Slice

Wednesday 26/11/26

- ☐ Honey Mustard Chicken Wraps
- ☐ Lasagne
- ☐ Potato & veg
- ☐ Chips & salad
- ☐ Rice & greens
- ☐ Pavlova + Fruit
- ☐ Vanilla Slice

Thursday 26/11/26

- ☐ Mongolian beef
- ☐ Roast Chicken
- ☐ Potato & veg
- ☐ Chips & salad
- ☐ Rice & greens
- ☐ Pavlova + Fruit
- ☐ Vanilla Slice

Friday 27/11/26

- ☐ Silverside and white sauce
- ☐ Seafood Basket
- ☐ Potato & veg
- ☐ Chips & salad
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BUCKETTS WAY Neighbourhood Group Inc.

Meals on Wheels New South Wales

Meals on Wheels Menu November 2026

Client Name:

Week 1

Monday 02/11/26 — No dessert today

- ☐ Creamy Garlic Prawn Pasta
- ☐ Devilled Sausages
- ☐ Potato & veg
- ☐ Chips & salad
- ☐ Rice & greens

Tuesday 03/11/26

- ☐ Chicken Caesar salad bowls
- ☐ Lamb casserole
- ☐ Potato & veg
- ☐ Chips & salad
- ☐ Rice & greens
- ☐ Dolly Cake + Custard
- ☐ Fruit Jelly

Wednesday 04/11/26

- ☐ Corned meat fritters
- ☐ Pork Medallion in Plum Sauce
- ☐ Potato & veg
- ☐ Chips & salad
- ☐ Rice & greens
- ☐ Dolly Cake + Custard
- ☐ Fruit Jelly

Thursday 05/11/26

- ☐ Mongolian Chicken
- ☐ Roast Beef
- ☐ Potato & veg
- ☐ Chips & salad
- ☐ Rice & greens
- ☐ Dolly Cake + Custard
- ☐ Fruit Jelly

Friday 06/11/26 — Eating with Friends

- ☐ Chunky Beef Pie
- ☐ Prawn Cutlets
- ☐ Potato & veg
- ☐ Chips & salad
- ☐ Rice & greens
- ☐ Dolly Cake + Custard
- ☐ Fruit Jelly

Week 2

Monday 09/11/26 — No dessert today

- ☐ Salmon Patties
- ☐ Crumbed Lamb Chop
- ☐ Potato & veg
- ☐ Chips & salad
- ☐ Rice & greens

Tuesday 10/11/26

- ☐ Ranch chicken salad Bowls
- ☐ Cottage Pie
- ☐ Potato & veg
- ☐ Chips & salad
- ☐ Rice & greens
- ☐ Apple & Custard Pie
- ☐ Passionfruit Slice

Wednesday 11/11/26

- ☐ Chicken Rissoles
- ☐ Prawn Skewers
- ☐ Potato & veg
- ☐ Chips & salad
- ☐ Rice & greens
- ☐ Apple & Custard Pie
- ☐ Passionfruit Slice

Thursday 12/11/26

- ☐ Roast Lamb
- ☐ Chicken stir fry
- ☐ Potato & veg
- ☐ Chips & salad
- ☐ Rice & greens
- ☐ Apple & Custard Pie
- ☐ Passionfruit Slice

Friday 13/11/26

- ☐ Seafood Basket
- ☐ Quiche Lorraine
- ☐ Potato & veg
- ☐ Chips & salad
- ☐ Rice & greens
- ☐ Apple & Custard Pie
- ☐ Passionfruit Slice

Week 3

Monday 16/11/26 — No dessert today

- ☐ Lamb Rissoles + gravy
- ☐ Sausages + gravy
- ☐ Potato & veg
- ☐ Chips & salad
- ☐ Rice & greens

Tuesday 17/11/26

- ☐ Chicken + Avocado Salad
- ☐ Calamari Rings + Wedges
- ☐ Potato & veg
- ☐ Chips & salad
- ☐ Rice & greens
- ☐ Chocolate Cake + cream
- ☐ Berry Trifle

Wednesday 18/11/26

- ☐ BBQ Chicken Thighs
- ☐ Beef Stroganoff
- ☐ Potato & veg
- ☐ Chips & salad
- ☐ Rice & greens
- ☐ Chocolate Cake + cream
- ☐ Berry Trifle

Thursday 19/11/26

- ☐ Savoury mince
- ☐ Roast Pork
- ☐ Potato & veg
- ☐ Chips & salad
- ☐ Rice & greens
- ☐ Chocolate Cake + cream
- ☐ Berry Trifle

Friday 20/11/26

- ☐ Curried Sausages
- ☐ Grilled Fish
- ☐ Potato & veg
- ☐ Chips & salad
- ☐ Rice & greens
- ☐ Chocolate Cake + cream
- ☐ Berry Trifle

Week 4

Monday 23/11/26 — No dessert today

- ☐ Ham + Cheese parcels
- ☐ Beef Stroganoff
- ☐ Potato & veg
- ☐ Chips & salad
- ☐ Rice & greens

Tuesday 24/11/26

- Wombok Chicken Salad
- ☐ Irish Stew
- ☐ Potato & veg
- ☐ Chips & salad
- ☐ Rice & greens
- ☐ Pavlova + Fruit
- ☐ Vanilla Slice

Wednesday 26/11/26

- ☐ Honey Mustard Chicken Wraps
- ☐ Lasagne
- ☐ Potato & veg
- ☐ Chips & salad
- ☐ Rice & greens
- ☐ Pavlova + Fruit
- ☐ Vanilla Slice

Thursday 26/11/26

- ☐ Mongolian beef
- ☐ Roast Chicken
- ☐ Potato & veg
- ☐ Chips & salad
- ☐ Rice & greens
- ☐ Pavlova + Fruit
- ☐ Vanilla Slice

Friday 27/11/26

- ☐ Silverside and white sauce
- ☐ Seafood Basket
- ☐ Potato & veg
- ☐ Chips & salad
- ☐ Rice & greens
- ☐ Pavlova + Fruit
- ☐ Vanilla Slice

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BUCKETTS WAY Neighbourhood Group Inc.

Meals on Wheels New South Wales

Meals on Wheels Menu November 2026

Client Name:

Week 1

Monday 02/11/26 — No dessert today

- ☐ Creamy Garlic Prawn Pasta
- ☐ Devilled Sausages
- ☐ Potato & veg
- ☐ Chips & salad
- ☐ Rice & greens

Tuesday 03/11/26

- ☐ Chicken Caesar salad bowls
- ☐ Lamb casserole
- ☐ Potato & veg
- ☐ Chips & salad
- ☐ Rice & greens
- ☐ Dolly Cake + Custard
- ☐ Fruit Jelly

Wednesday 04/11/26

- ☐ Corned meat fritters
- ☐ Pork Medallion in Plum Sauce
- ☐ Potato & veg
- ☐ Chips & salad
- ☐ Rice & greens
- ☐ Dolly Cake + Custard
- ☐ Fruit Jelly

Thursday 05/11/26

- ☐ Mongolian Chicken
- ☐ Roast Beef
- ☐ Potato & veg
- ☐ Chips & salad
- ☐ Rice & greens
- ☐ Dolly Cake + Custard
- ☐ Fruit Jelly

Friday 06/11/26 — Eating with Friends

- ☐ Chunky Beef Pie
- ☐ Prawn Cutlets
- ☐ Potato & veg
- ☐ Chips & salad
- ☐ Rice & greens
- ☐ Dolly Cake + Custard
- ☐ Fruit Jelly

Week 2

Monday 09/11/26 — No dessert today

- ☐ Salmon Patties
- ☐ Crumbed Lamb Chop
- ☐ Potato & veg
- ☐ Chips & salad
- ☐ Rice & greens

Tuesday 10/11/26

- ☐ Ranch chicken salad Bowls
- ☐ Cottage Pie
- ☐ Potato & veg
- ☐ Chips & salad
- ☐ Rice & greens
- ☐ Apple & Custard Pie
- ☐ Passionfruit Slice

Wednesday 11/11/26

- ☐ Chicken Rissoles
- ☐ Prawn Skewers
- ☐ Potato & veg
- ☐ Chips & salad
- ☐ Rice & greens
- ☐ Apple & Custard Pie
- ☐ Passionfruit Slice

Thursday 12/11/26

- ☐ Roast Lamb
- ☐ Chicken stir fry
- ☐ Potato & veg
- ☐ Chips & salad
- ☐ Rice & greens
- ☐ Apple & Custard Pie
- ☐ Passionfruit Slice

Friday 13/11/26

- ☐ Seafood Basket
- ☐ Quiche Lorraine
- ☐ Potato & veg
- ☐ Chips & salad
- ☐ Rice & greens
- ☐ Apple & Custard Pie
- ☐ Passionfruit Slice

Week 3

Monday 16/11/26 — No dessert today

- ☐ Lamb Rissoles + gravy
- ☐ Sausages + gravy
- ☐ Potato & veg
- ☐ Chips & salad
- ☐ Rice & greens

Tuesday 17/11/26

- ☐ Chicken + Avocado Salad
- ☐ Calamari Rings + Wedges
- ☐ Potato & veg
- ☐ Chips & salad
- ☐ Rice & greens
- ☐ Chocolate Cake + cream
- ☐ Berry Trifle

Wednesday 18/11/26

- ☐ BBQ Chicken Thighs
- ☐ Beef Stroganoff
- ☐ Potato & veg
- ☐ Chips & salad
- ☐ Rice & greens
- ☐ Chocolate Cake + cream
- ☐ Berry Trifle

Thursday 19/11/26

- ☐ Savoury mince
- ☐ Roast Pork
- ☐ Potato & veg
- ☐ Chips & salad
- ☐ Rice & greens
- ☐ Chocolate Cake + cream
- ☐ Berry Trifle

Friday 20/11/26

- ☐ Curried Sausages
- ☐ Grilled Fish
- ☐ Potato & veg
- ☐ Chips & salad
- ☐ Rice & greens
- ☐ Chocolate Cake + cream
- ☐ Berry Trifle

Week 4

Monday 23/11/26 — No dessert today

- ☐ Ham + Cheese parcels
- ☐ Beef Stroganoff
- ☐ Potato & veg
- ☐ Chips & salad
- ☐ Rice & greens

Tuesday 24/11/26

- Wombok Chicken Salad
- ☐ Irish Stew
- ☐ Potato & veg
- ☐ Chips & salad
- ☐ Rice & greens
- ☐ Pavlova + Fruit
- ☐ Vanilla Slice

Wednesday 26/11/26

- ☐ Honey Mustard Chicken Wraps
- ☐ Lasagne
- ☐ Potato & veg
- ☐ Chips & salad
- ☐ Rice & greens
- ☐ Pavlova + Fruit
- ☐ Vanilla Slice

Thursday 26/11/26

- ☐ Mongolian beef
- ☐ Roast Chicken
- ☐ Potato & veg
- ☐ Chips & salad
- ☐ Rice & greens
- ☐ Pavlova + Fruit
- ☐ Vanilla Slice

Friday 27/11/26

- ☐ Silverside and white sauce
- ☐ Seafood Basket
- ☐ Potato & veg
- ☐ Chips & salad
- ☐ Rice & greens
- ☐ Pavlova + Fruit
- ☐ Vanilla Slice

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- ☐ Potato & veg
- ☐ Chips & salad
- ☐ Rice & greens

Tuesday 03/11/26

- ☐ Chicken Caesar salad bowls
- ☐ Lamb casserole
- ☐ Potato & veg
- ☐ Chips & salad
- ☐ Rice & greens
- ☐ Dolly Cake + Custard
- ☐ Fruit Jelly

Wednesday 04/11/26

- ☐ Corned meat fritters
- ☐ Pork Medallion in Plum Sauce
- ☐ Potato & veg
- ☐ Chips & salad
- ☐ Rice & greens
- ☐ Dolly Cake + Custard
- ☐ Fruit Jelly

Thursday 05/11/26

- ☐ Mongolian Chicken
- ☐ Roast Beef
- ☐ Potato & veg
- ☐ Chips & salad
- ☐ Rice & greens
- ☐ Dolly Cake + Custard
- ☐ Fruit Jelly

Friday 06/11/26 — Eating with Friends

- ☐ Chunky Beef Pie
- ☐ Prawn Cutlets
- ☐ Potato & veg
- ☐ Chips & salad
- ☐ Rice & greens
- ☐ Dolly Cake + Custard
- ☐ Fruit Jelly

Week 2

Monday 09/11/26 — No dessert today

- ☐ Salmon Patties
- ☐ Crumbed Lamb Chop
- ☐ Potato & veg
- ☐ Chips & salad
- ☐ Rice & greens

Tuesday 10/11/26

- ☐ Ranch chicken salad Bowls
- ☐ Cottage Pie
- ☐ Potato & veg
- ☐ Chips & salad
- ☐ Rice & greens
- ☐ Apple & Custard Pie
- ☐ Passionfruit Slice

Wednesday 11/11/26

- ☐ Chicken Rissoles
- ☐ Prawn Skewers
- ☐ Potato & veg
- ☐ Chips & salad
- ☐ Rice & greens
- ☐ Apple & Custard Pie
- ☐ Passionfruit Slice

Thursday 12/11/26

- ☐ Roast Lamb
- ☐ Chicken stir fry
- ☐ Potato & veg
- ☐ Chips & salad
- ☐ Rice & greens
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- ☐ Passionfruit Slice

Friday 13/11/26

- ☐ Seafood Basket
- ☐ Quiche Lorraine
- ☐ Potato & veg
- ☐ Chips & salad
- ☐ Rice & greens
- ☐ Apple & Custard Pie
- ☐ Passionfruit Slice

Week 3

Monday 16/11/26 — No dessert today

- ☐ Lamb Rissoles + gravy
- ☐ Sausages + gravy
- ☐ Potato & veg
- ☐ Chips & salad
- ☐ Rice & greens

Tuesday 17/11/26

- ☐ Chicken + Avocado Salad
- ☐ Calamari Rings + Wedges
- ☐ Potato & veg
- ☐ Chips & salad
- ☐ Rice & greens
- ☐ Chocolate Cake + cream
- ☐ Berry Trifle

Wednesday 18/11/26

- ☐ BBQ Chicken Thighs
- ☐ Beef Stroganoff
- ☐ Potato & veg
- ☐ Chips & salad
- ☐ Rice & greens
- ☐ Chocolate Cake + cream
- ☐ Berry Trifle

Thursday 19/11/26

- ☐ Savoury mince
- ☐ Roast Pork
- ☐ Potato & veg
- ☐ Chips & salad
- ☐ Rice & greens
- ☐ Chocolate Cake + cream
- ☐ Berry Trifle

Friday 20/11/26

- ☐ Curried Sausages
- ☐ Grilled Fish
- ☐ Potato & veg
- ☐ Chips & salad
- ☐ Rice & greens
- ☐ Chocolate Cake + cream
- ☐ Berry Trifle

Week 4

Monday 23/11/26 — No dessert today

- ☐ Ham + Cheese parcels
- ☐ Beef Stroganoff
- ☐ Potato & veg
- ☐ Chips & salad
- ☐ Rice & greens

Tuesday 24/11/26

- Wombok Chicken Salad
- ☐ Irish Stew
- ☐ Potato & veg
- ☐ Chips & salad
- ☐ Rice & greens
- ☐ Pavlova + Fruit
- ☐ Vanilla Slice

Wednesday 26/11/26

- ☐ Honey Mustard Chicken Wraps
- ☐ Lasagne
- ☐ Potato & veg
- ☐ Chips & salad
- ☐ Rice & greens
- ☐ Pavlova + Fruit
- ☐ Vanilla Slice

Thursday 26/11/26

- ☐ Mongolian beef
- ☐ Roast Chicken
- ☐ Potato & veg
- ☐ Chips & salad
- ☐ Rice & greens
- ☐ Pavlova + Fruit
- ☐ Vanilla Slice

Friday 27/11/26

- ☐ Silverside and white sauce
- ☐ Seafood Basket
- ☐ Potato & veg
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- ☐ Prawn Cutlets
- ☐ Potato & veg
- ☐ Chips & salad
- ☐ Rice & greens
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Week 2

Monday 09/11/26 — No dessert today

- ☐ Salmon Patties
- ☐ Crumbed Lamb Chop
- ☐ Potato & veg
- ☐ Chips & salad
- ☐ Rice & greens

Tuesday 10/11/26

- ☐ Ranch chicken salad Bowls
- ☐ Cottage Pie
- ☐ Potato & veg
- ☐ Chips & salad
- ☐ Rice & greens
- ☐ Apple & Custard Pie
- ☐ Passionfruit Slice

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- ☐ Passionfruit Slice

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- ☐ Quiche Lorraine
- ☐ Potato & veg
- ☐ Chips & salad
- ☐ Rice & greens
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- ☐ Passionfruit Slice

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- ☐ Sausages + gravy
- ☐ Potato & veg
- ☐ Chips & salad
- ☐ Rice & greens

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- ☐ Chicken + Avocado Salad
- ☐ Calamari Rings + Wedges
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- ☐ Beef Stroganoff
- ☐ Potato & veg
- ☐ Chips & salad
- ☐ Rice & greens
- ☐ Chocolate Cake + cream
- ☐ Berry Trifle

Thursday 19/11/26

- ☐ Savoury mince
- ☐ Roast Pork
- ☐ Potato & veg
- ☐ Chips & salad
- ☐ Rice & greens
- ☐ Chocolate Cake + cream
- ☐ Berry Trifle

Friday 20/11/26

- ☐ Curried Sausages
- ☐ Grilled Fish
- ☐ Potato & veg
- ☐ Chips & salad
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Monday 23/11/26 — No dessert today

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- ☐ Potato & veg
- ☐ Chips & salad
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Tuesday 24/11/26

- Wombok Chicken Salad
- ☐ Irish Stew
- ☐ Potato & veg
- ☐ Chips & salad
- ☐ Rice & greens
- ☐ Pavlova + Fruit
- ☐ Vanilla Slice

Wednesday 26/11/26

- ☐ Honey Mustard Chicken Wraps
- ☐ Lasagne
- ☐ Potato & veg
- ☐ Chips & salad
- ☐ Rice & greens
- ☐ Pavlova + Fruit
- ☐ Vanilla Slice

Thursday 26/11/26

- ☐ Mongolian beef
- ☐ Roast Chicken
- ☐ Potato & veg
- ☐ Chips & salad
- ☐ Rice & greens
- ☐ Pavlova + Fruit
- ☐ Vanilla Slice

Friday 27/11/26

- ☐ Silverside and white sauce
- ☐ Seafood Basket
- ☐ Potato & veg
- ☐ Chips & salad
- ☐ Rice & greens
- ☐ Pavlova + Fruit
- ☐ Vanilla Slice

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BUCKETTS WAY Neighbourhood Group Inc.

Meals on Wheels New South Wales

Meals on Wheels Menu November 2026

Client Name:

Week 1

Monday 02/11/26 — No dessert today

- ☐ Creamy Garlic Prawn Pasta
- ☐ Devilled Sausages
- ☐ Potato & veg
- ☐ Chips & salad
- ☐ Rice & greens

Tuesday 03/11/26

- ☐ Chicken Caesar salad bowls
- ☐ Lamb casserole
- ☐ Potato & veg
- ☐ Chips & salad
- ☐ Rice & greens
- ☐ Dolly Cake + Custard
- ☐ Fruit Jelly

Wednesday 04/11/26

- ☐ Corned meat fritters
- ☐ Pork Medallion in Plum Sauce
- ☐ Potato & veg
- ☐ Chips & salad
- ☐ Rice & greens
- ☐ Dolly Cake + Custard
- ☐ Fruit Jelly

Thursday 05/11/26

- ☐ Mongolian Chicken
- ☐ Roast Beef
- ☐ Potato & veg
- ☐ Chips & salad
- ☐ Rice & greens
- ☐ Dolly Cake + Custard
- ☐ Fruit Jelly

Friday 06/11/26 — Eating with Friends

- ☐ Chunky Beef Pie
- ☐ Prawn Cutlets
- ☐ Potato & veg
- ☐ Chips & salad
- ☐ Rice & greens
- ☐ Dolly Cake + Custard
- ☐ Fruit Jelly

Week 2

Monday 09/11/26 — No dessert today

- ☐ Salmon Patties
- ☐ Crumbed Lamb Chop
- ☐ Potato & veg
- ☐ Chips & salad
- ☐ Rice & greens

Tuesday 10/11/26

- ☐ Ranch chicken salad Bowls
- ☐ Cottage Pie
- ☐ Potato & veg
- ☐ Chips & salad
- ☐ Rice & greens
- ☐ Apple & Custard Pie
- ☐ Passionfruit Slice

Wednesday 11/11/26

- ☐ Chicken Rissoles
- ☐ Prawn Skewers
- ☐ Potato & veg
- ☐ Chips & salad
- ☐ Rice & greens
- ☐ Apple & Custard Pie
- ☐ Passionfruit Slice

Thursday 12/11/26

- ☐ Roast Lamb
- ☐ Chicken stir fry
- ☐ Potato & veg
- ☐ Chips & salad
- ☐ Rice & greens
- ☐ Apple & Custard Pie
- ☐ Passionfruit Slice

Friday 13/11/26

- ☐ Seafood Basket
- ☐ Quiche Lorraine
- ☐ Potato & veg
- ☐ Chips & salad
- ☐ Rice & greens
- ☐ Apple & Custard Pie
- ☐ Passionfruit Slice

Week 3

Monday 16/11/26 — No dessert today

- ☐ Lamb Rissoles + gravy
- ☐ Sausages + gravy
- ☐ Potato & veg
- ☐ Chips & salad
- ☐ Rice & greens

Tuesday 17/11/26

- ☐ Chicken + Avocado Salad
- ☐ Calamari Rings + Wedges
- ☐ Potato & veg
- ☐ Chips & salad
- ☐ Rice & greens
- ☐ Chocolate Cake + cream
- ☐ Berry Trifle

Wednesday 18/11/26

- ☐ BBQ Chicken Thighs
- ☐ Beef Stroganoff
- ☐ Potato & veg
- ☐ Chips & salad
- ☐ Rice & greens
- ☐ Chocolate Cake + cream
- ☐ Berry Trifle

Thursday 19/11/26

- ☐ Savoury mince
- ☐ Roast Pork
- ☐ Potato & veg
- ☐ Chips & salad
- ☐ Rice & greens
- ☐ Chocolate Cake + cream
- ☐ Berry Trifle

Friday 20/11/26

- ☐ Curried Sausages
- ☐ Grilled Fish
- ☐ Potato & veg
- ☐ Chips & salad
- ☐ Rice & greens
- ☐ Chocolate Cake + cream
- ☐ Berry Trifle

Week 4

Monday 23/11/26 — No dessert today

- ☐ Ham + Cheese parcels
- ☐ Beef Stroganoff
- ☐ Potato & veg
- ☐ Chips & salad
- ☐ Rice & greens

Tuesday 24/11/26

- Wombok Chicken Salad
- ☐ Irish Stew
- ☐ Potato & veg
- ☐ Chips & salad
- ☐ Rice & greens
- ☐ Pavlova + Fruit
- ☐ Vanilla Slice

Wednesday 26/11/26

- ☐ Honey Mustard Chicken Wraps
- ☐ Lasagne
- ☐ Potato & veg
- ☐ Chips & salad
- ☐ Rice & greens
- ☐ Pavlova + Fruit
- ☐ Vanilla Slice

Thursday 26/11/26

- ☐ Mongolian beef
- ☐ Roast Chicken
- ☐ Potato & veg
- ☐ Chips & salad
- ☐ Rice & greens
- ☐ Pavlova + Fruit
- ☐ Vanilla Slice

Friday 27/11/26

- ☐ Silverside and white sauce
- ☐ Seafood Basket
- ☐ Potato & veg
- ☐ Chips & salad
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- ☐ Pavlova + Fruit
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Meals on Wheels New South Wales

Meals on Wheels Menu November 2026

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Monday 02/11/26 — No dessert today

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- ☐ Potato & veg
- ☐ Chips & salad
- ☐ Rice & greens

Tuesday 03/11/26

- ☐ Chicken Caesar salad bowls
- ☐ Lamb casserole
- ☐ Potato & veg
- ☐ Chips & salad
- ☐ Rice & greens
- ☐ Dolly Cake + Custard
- ☐ Fruit Jelly

Wednesday 04/11/26

- ☐ Corned meat fritters
- ☐ Pork Medallion in Plum Sauce
- ☐ Potato & veg
- ☐ Chips & salad
- ☐ Rice & greens
- ☐ Dolly Cake + Custard
- ☐ Fruit Jelly

Thursday 05/11/26

- ☐ Mongolian Chicken
- ☐ Roast Beef
- ☐ Potato & veg
- ☐ Chips & salad
- ☐ Rice & greens
- ☐ Dolly Cake + Custard
- ☐ Fruit Jelly

Friday 06/11/26 — Eating with Friends

- ☐ Chunky Beef Pie
- ☐ Prawn Cutlets
- ☐ Potato & veg
- ☐ Chips & salad
- ☐ Rice & greens
- ☐ Dolly Cake + Custard
- ☐ Fruit Jelly

Week 2

Monday 09/11/26 — No dessert today

- ☐ Salmon Patties
- ☐ Crumbed Lamb Chop
- ☐ Potato & veg
- ☐ Chips & salad
- ☐ Rice & greens

Tuesday 10/11/26

- ☐ Ranch chicken salad Bowls
- ☐ Cottage Pie
- ☐ Potato & veg
- ☐ Chips & salad
- ☐ Rice & greens
- ☐ Apple & Custard Pie
- ☐ Passionfruit Slice

Wednesday 11/11/26

- ☐ Chicken Rissoles
- ☐ Prawn Skewers
- ☐ Potato & veg
- ☐ Chips & salad
- ☐ Rice & greens
- ☐ Apple & Custard Pie
- ☐ Passionfruit Slice

Thursday 12/11/26

- ☐ Roast Lamb
- ☐ Chicken stir fry
- ☐ Potato & veg
- ☐ Chips & salad
- ☐ Rice & greens
- ☐ Apple & Custard Pie
- ☐ Passionfruit Slice

Friday 13/11/26

- ☐ Seafood Basket
- ☐ Quiche Lorraine
- ☐ Potato & veg
- ☐ Chips & salad
- ☐ Rice & greens
- ☐ Apple & Custard Pie
- ☐ Passionfruit Slice

Week 3

Monday 16/11/26 — No dessert today

- ☐ Lamb Rissoles + gravy
- ☐ Sausages + gravy
- ☐ Potato & veg
- ☐ Chips & salad
- ☐ Rice & greens

Tuesday 17/11/26

- ☐ Chicken + Avocado Salad
- ☐ Calamari Rings + Wedges
- ☐ Potato & veg
- ☐ Chips & salad
- ☐ Rice & greens
- ☐ Chocolate Cake + cream
- ☐ Berry Trifle

Wednesday 18/11/26

- ☐ BBQ Chicken Thighs
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- ☐ Chocolate Cake + cream
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Thursday 19/11/26

- ☐ Savoury mince
- ☐ Roast Pork
- ☐ Potato & veg
- ☐ Chips & salad
- ☐ Rice & greens
- ☐ Chocolate Cake + cream
- ☐ Berry Trifle

Friday 20/11/26

- ☐ Curried Sausages
- ☐ Grilled Fish
- ☐ Potato & veg
- ☐ Chips & salad
- ☐ Rice & greens
- ☐ Chocolate Cake + cream
- ☐ Berry Trifle

Week 4

Monday 23/11/26 — No dessert today

- ☐ Ham + Cheese parcels
- ☐ Beef Stroganoff
- ☐ Potato & veg
- ☐ Chips & salad
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Tuesday 24/11/26

- Wombok Chicken Salad
- ☐ Irish Stew
- ☐ Potato & veg
- ☐ Chips & salad
- ☐ Rice & greens
- ☐ Pavlova + Fruit
- ☐ Vanilla Slice

Wednesday 26/11/26

- ☐ Honey Mustard Chicken Wraps
- ☐ Lasagne
- ☐ Potato & veg
- ☐ Chips & salad
- ☐ Rice & greens
- ☐ Pavlova + Fruit
- ☐ Vanilla Slice

Thursday 26/11/26

- ☐ Mongolian beef
- ☐ Roast Chicken
- ☐ Potato & veg
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- ☐ Rice & greens
- ☐ Pavlova + Fruit
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Friday 27/11/26

- ☐ Silverside and white sauce
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- ☐ Salmon Patties
- ☐ Crumbed Lamb Chop
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Tuesday 10/11/26

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- ☐ Calamari Rings + Wedges
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- ☐ Potato & veg
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- ☐ Chips & salad
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- ☐ Vanilla Slice

Wednesday 26/11/26

- ☐ Honey Mustard Chicken Wraps
- ☐ Lasagne
- ☐ Potato & veg
- ☐ Chips & salad
- ☐ Rice & greens
- ☐ Pavlova + Fruit
- ☐ Vanilla Slice

Thursday 26/11/26

- ☐ Mongolian beef
- ☐ Roast Chicken
- ☐ Potato & veg
- ☐ Chips & salad
- ☐ Rice & greens
- ☐ Pavlova + Fruit
- ☐ Vanilla Slice

Friday 27/11/26

- ☐ Silverside and white sauce
- ☐ Seafood Basket
- ☐ Potato & veg
- ☐ Chips & salad
- ☐ Rice & greens
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