



BUCKETTS WAY Neighbourhood Group Inc.

June 2021 Newsletter



JOIN US FOR THE RE-LAUNCH OF 'EATING WITH FRIENDS'

It's been over 12 months since the onset of COVID-19 put our 'Eating with Friends' lunches on hold, but we're thrilled to announce that we are finally able to relaunch this month. If you haven't attended before, 'Eating with Friends' is a monthly lunchtime gathering for local seniors. It's a great opportunity to have a chat, support local businesses and enjoy a tasty meal.

This month's venue will be 'the Fusion' Chinese Restaurant at Gloucester Soldiers Club. If you would like to join us please call Ph: 6558 2454 to reserve your seat and choose your meal. Spots are limited, so it's a good idea to get in early.

We've included a menu and a bit more information on Eating with Friends with this newsletter. We hope to see you there!

NATIONAL VOLUNTEER WEEK 2021 – WE SAY THANK YOU TO OUR VOLS

In these modern times volunteers who give their time to essential community services are rare and special. We consider ourselves incredibly lucky to have a number of such people on the BWNG team. 17 – 23 May 2021 was National Volunteer Week. We were proud to present a coffee voucher along with certificates of recognition to our amazing volunteers. Pictured here are Elly and Jenny, two local ladies who deliver Meals on Wheels several times a week, among other volunteer roles that they perform for the community. If you see any of our volunteers please let them know that they are doing a great job.



FACE-TO-FACE TECH LESSONS FOR GLOUCESTER SENIORS

Would you like to learn the basics of using your smartphone, tablet or laptop? Book now for FREE Tech-Savvy Seniors Workshops to be held in two separate sessions at Gloucester Library, Tuesday 27 July 2021. Spots are limited so bookings are essential, and you must bring your own device.

The best way to book is at www.midcoastlibraries.com.au/events.

Alternatively, you may call the Gloucester Library on Ph: 6558 1514.



JUNE- BOWEL CANCER AWARENESS MONTH

Bowel cancer is one of the most treatable types of cancer if found early. It is recommended that people aged 45 to 75 who are not in a more at risk category be screened for bowel cancer. You can talk to your GP about participating in screening appropriate to your level of risk.

For more information please visit: bowelcanceraustralia.org



ELDER ABUSE AWARENESS DAY 15 JUNE 2021

Elder abuse is any act which causes harm to an older person and is carried out by someone they know and trust such as a family member or friend. The abuse may be physical, social, financial, psychological or sexual and can include mistreatment and neglect.

Gloucester's Free Legal Aid Clinic held at BWNG monthly is a free service that can advise you of your rights in any situation. To book in for the next clinic please call our team on Ph: 6558 2454.

Other organisations that can help are:

**Older Person's
Advocacy Network
1800 237 981**

**Seniors Rights
Service
1800 424 079**

**Elder Abuse
Hotline
1800 353 374**

**Gloucester Free
Legal Advice Clinic
Ph: 6558 2454**

REMEMBERING A VALUED TEAM MEMBER AND FRIEND



Thank you for your messages of love and support after the tragic car accident that last month claimed the life of a friend and valued member of our team; Aged Care Team Leader, Kylie Tull.

As we come to terms with the void that she has left behind, we encourage everyone to remember Kylie for the way that she lived her life, rather than the tragedy of her passing, so we would like to dedicate a few words to tell you of the Kylie Tull we knew.

A powerhouse of fierce intelligence and determination with an equally sharp tongue, Kylie was never one to back away from a fight. She had a

natural talent for research and self-education, and didn't let any opportunity go. She was passionate about elder care, and at the time of her passing had been considering a qualification in diversional therapy.

Kylie was a proud Worimi woman and was incredibly dedicated to her daughters Ayrleah and Rubi, and Husband Daniel. She was a warrior for equality and social justice, and led her team, although firmly, from the front.

Kylie has definitely left her mark on our team and services, and we will continue her missions together.

HEALTH TRANSPORT SERVICE – SOME FRIENDLY REMINDERS

BWNG is proud to coordinate a transport program to give our local seniors a bit of extra help to reach medical appointments, both in Gloucester and out of the area.

For our community members who make use of this service we would like to give a couple of friendly reminders:

- Please book your medical appointment *before* you call us to organise transport. This will make it much easier for us to roster drivers.
- If your plans changed and you no longer need your transport that is absolutely fine, but please give us as much notice as you can. Keep in mind also that if you don't cancel a trip, or cancel with no notice you may still need to pay the fee.

BWNG Aged Care Officer, Kylie Galvin does a wonderful job of juggling bookings and coordinating volunteer drivers to run this service. Kylie will shortly be taking a six-month break from BWNG to travel Australia with her family. (We would all like to go with her, haha!) While Kylie is away Community Connector, Christine, will be filling in in the transport role. Christine is an established member of the BWNG team and has a great understanding of the process, and will do a great job 'holding the fort' so to speak, until Kylie returns.

If you have any questions about our transport, or would like to start using this service for the first time please feel free to call our team on Ph: 6558 2454.