



**BUCKETTS
WAY** Neighbourhood
Group Inc.



SEMI-FINALISTS – PRIME SUPER EMPLOYER EXCELLENCE IN AGED CARE AWARD 2020

BWNG was recently nominated & made it to the Semi Finals in the *Prime Super Employer Excellence in Aged Care Award*, which forms part of the 2020 NSW/ACT Regional Achievement & Community Awards.

The Regional Achievement & Community Awards encourage, acknowledge & reward the valuable contributions that individuals, communities & businesses make throughout regional NSW & the ACT.

Although we didn't make it through to the final round of judging, we're excited to have received this recognition of our services. We wish the finalists the best of luck, & look forward to the announcement of the winners on Friday 20/11/2020.



CEO Anna Burley with BWNG's Aged Care Administration Team (from left) Nicole, Kylie G, Katrina, Jamie, Anna, Laura & Kylie T.

PUBLIC HOLIDAY CLOSURE

BWNG's office will be closed on Monday 5th October 2020 due to the Labour Day Public Holiday. We wish you & your family a safe & happy long weekend.



BWNG Receptionist, Chelsea & School Based Trainee Brooke.

BLUEY PAYS A VISIT TO HILLCREST & KIMBARA

Bluey the Mobile Coffee Cart & team have been visiting Hillcrest & Kimbara to provide morning tea to residents & staff. Erin, Meg, Alex, Mel & Taryn have loved this connection with residents.

Bluey is also open for coffees & light



bites in the Gloucester Country Club car park Monday to Friday 7.30 am to 9.30 am.



INTERNATIONAL DAY OF THE OLDER PERSON

Thurs 1/10/2020 is *Day of the Older Person*, which is an international observance day to show appreciation to seniors. BWNG would like to celebrate the seniors of Gloucester by shining a spotlight on the contributions they make to the community especially as volunteers, members of local associations & family members. Thank you for all that you continue to do for our community.



GATHERING SAFELY – COVID-19 GUIDELINES FOR SENIORS FROM NSW HEALTH

There are no specific restrictions for people over 70 about self-isolating or staying home.

However, people over 70 are at greater risk of more severe symptoms if they are infected with COVID-19.

Here are some tips to help make your next gathering COVID-safe

- Take a cautious approach about where you go & who you see.
- Keep gathering virtually or by telephone where you can.
- Don't attend gatherings if unwell.
- If possible, meet outside, away from crowded areas. Currently, no more than 20 people are allowed to gather outside in a public place.
- If meeting at a venue, such as a community hall, club or restaurant, ensure you comply with the capacity limit of venue & one visitor per 4-square metres of space (excluding staff).
- Avoid large gatherings in general. Try to limit the number of people in your home to less than 10 people. Currently, you are only permitted 20 visitors to a place of residence.
- Stay 1.5 metres away from others at all times, unless you live in the same household.

- The use of face-masks is strongly recommended if you're unable to physically distance or when you are on public transport. Carry one in a zip lock bag at all times.
- Although it's not easy, avoid hugging, kissing or shaking h&s.
- Think about how you share food. Rather than having common platters, give each person an individual portion.
- Wash your hands often. Use hand sanitiser when out & about.
- Avoid unnecessary travel. Limit the number of places you visit & stay close to home as much as possible.
- Get tested immediately if you have any COVID-19 symptoms & self-isolate until you get your result.

Taking these extra steps can make a difference. Staying active, & participating in social activities, is important for our physical & mental wellbeing. Especially this year! Plan to do things you enjoy, in COVID-19-safe ways.

For information specific to seniors, visit the NSW Governments COVID-19 advice for seniors page www.health.gov.au/news or call the **national COVID-19 older persons information line** on 1800 171 866.



NEW FACES IN DISABILITY SERVICES

You may have noticed a couple of new faces in our Disability Services team. Support worker Jodie & Trainee Harry have recently joined our crew at The Cottage. Harry is a born & bred Gloucester lad while Jodie is fairly new to our area & has extensive experience as a support worker. Our participants have enjoyed having new people join the team, & we as an organisation are pleased to have Jodie & Harry on board. If you see them out & about be sure to say 'Hi!'

BWNG AGM

BWNG held our Annual General Meeting on Monday 28/9/2020. Our Board Members have been re-elected to the positions held for last financial year. We thank this year's board members Donna, Jodie, Danny, Kerrie, Bob, Robert & Murray for the dedication & experience that they have brought to their role.

