

Executive Coaching Services

Maple Human Development's founder, **Dr. Thomas Maple** is a **psychologist** who has served in administrative, professional, and instructional roles as a team member of Auburn University, East Carolina University, Faulkner University, The Florida State University, and The University of Georgia. He also has practiced clinical psychology in the Veterans Healthcare Administration and in his own private practice agency.

Based upon his studies of behavioral science, his experiences as a team member in numerous organizations, and his prior work in helping individuals explore themselves and their roles, Dr. Maple brings rich insight and remarkable understanding to his work in coaching executives.

Each coaching session is held via **secure video connection** or via an **audio phone call**. Dr. Maple helps the client to identify one's own **goals** and the internal (intrapsychic) and external (environmental) **challenges** to attaining those goals. Although the client's past experiences will be discussed, a greater emphasis will be placed upon the client's **present**; an even greater emphasis will be placed upon the client's **future**. The client develops with Dr. Maple a goal-achievement action plan with weekly objectives. The coaching process has no predetermined end date and no required number of sessions, but is expected to end whenever the client has reached one's current goals.

In some cases, Dr. Maple might recommend that he provide for the client a personality assessment via an objective assessment instrument—a service that MHD can provide for an additional fee—but, such assessments are not necessary to Dr. Maple's coaching process. The only fees inherent in the coaching process are the hourly fee for coaching and the fee for any late cancellation or missed appointment.

For more information about our coaching services, please contact **Dr. Thomas Maple** at **334-707-2022** or at **tm@maplehd.com**.