



IMPROV TRAINING

for Team Building & Collaborative Skills

Maple Human Development's founder, **Dr. Thomas Maple**, is a **clinical psychologist** who has served as a team member of Auburn University, East Carolina University, Faulkner University, The Florida State University, and The University of Georgia. He is also a stage actor, a stage director, and the producer of MHD's Tom's Foolery Improv Comedy Troupe. Drawing from his scientific education and professional experience, Dr. Maple has designed an improv training workshop that is very valuable for increasing the effectiveness of your organization's team by improving the team's COMMUNICATION, CHEMISTRY, & CREATIVITY.

COMMUNICATION

Improv work improves team communication that increases understanding and decreases errors. This occurs because the improv work helps each team member to:

- (1.) Examine one's own communication style and realize what adjustments one can make to communicate information and ideas more effectively; and
- (2.) Create a habit of paying attention to teammates' communications and listening for understanding.

CHEMISTRY

Improv work improves team chemistry that increases cohesion and decreases conflicts. This occurs because the improv work helps each team member to:

- (1.) Discover that spirited collaboration yields greater results than individual work does; and
- (2.) Build a sense of trust in one's teammates, who also have learned to appreciate the value of collaboration.

CREATIVITY

Improv work improves team creativity that increases spontaneity and decreases inhibitions.

This occurs because the improv work helps each team member to:

- (1.) Experience successes with some of the thoughts that one puts into action; and
- (2.) Appreciate the value of teammates' ideas.

At your office or at your retreat site, Dr. Maple leads the improvisation workshop along with performers from the Tom's Foolery Troupe.

They introduce your team to the concepts of improvisation and demonstrate certain improv games. They then coach your team members in those games and give them time to practice the games in small groups.

At the workshop's conclusion, Dr. Maple leads your team in discussing the insights and skills that the team members have acquired and how they can apply those to their work roles.

For more information about the workshop or how we might provide it to your team, please contact Dr. Thomas Maple at **334-707-2022** or at **tm@maplehd.com**.



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