

ADVANCED DIRECTIVES WITH CONTEMPLATIVE DYING MEDITATION

IT IS NEVER TOO EARLY TO COMPLETE YOUR ADVANCED DIRECTIVES

Be supported by a local nurse/death doula & a local emergency room physician to complete your advanced directive documents, ensuring your life & end of life wishes are honored... whenever that time may come. This workshop weaves guided meditation to contemplate your own mortality, with assistance in completing your advanced directives.



HARI KHALSA, RN



MICHAEL MCENANY, MD

SAT MAR 08, 2025 | 5:30-7:30 PM

\$35 | \$25 SENIORS

REGISTRATION REQUIRED

ROOTDOWN COMMUNITY HUB
(ABOVE GEAR EXCHANGE)
106 S MAIN ST #203, BISHOP, CA

LIMITED SPOTS AVAILABLE
REGISTRATION REQUIRED
INFO@SIGHEVENTS.COM