










We believe the emotional health and well-being of all our mentees & mentors is fundamental to our philosophy and vision.

### We believe that emotional healthy people will be able to

-  Develop psychologically, emotionally, creatively, intellectually and spiritually
-  Initiate, develop and sustain mutually supportive personal relationships
-  Be aware of others and empathize with others
-  Learn
-  Develop a sense of right & wrong
-  Face challenges, resolve issues/ setbacks and learn from them
-  Use & enjoy solitude

Bee-Leaf Project achieves this by offering one-to-one, group & professional mentoring programmes to young people of all ages. With partner participants with adults mentors, volunteers & employers within the same community. Mentoring sessions focus on building skills, exploring new passions & support mentees through personal hardships.



RELATIONSHIPS • EDUCATION  
ADVOCACY • CONTEXTUAL • TIME

Bee-Leaf Project works alongside React Project CIC. REACT has been designed specifically to work with young people who are predominantly experiencing extra familial harm, Child Criminal Exploitation and/or Child Sexual Exploitation. We also however will provide support to families who may fall outside of this criteria but who are facing complex and entrenched difficulties and areas of risk.

[www.bee-leafproject.co.uk/react](http://www.bee-leafproject.co.uk/react)

**Check out the website for more information or to find out how you can donate to React.**

## Contact Us

For more information or to make a referral get in touch via contacts below.

✉ [Office@bee-leafproject.co.uk](mailto:Office@bee-leafproject.co.uk)

☎ 01323 573604

📍 14 Gildredge Road Eastbourne  
BN21 4RL



## Youth Mentoring & Intervention Services

**Building a more resilient and caring future**

[www.bee-leafproject.co.uk](http://www.bee-leafproject.co.uk)



# About Bee-Leaf Project

Our mission is to meet the following outcomes:



To unearth the excellence of youth through meaningful relationships



Raise awareness and understanding of the struggles of individuals or groups



Improve the resilience and emotional health of our community



To challenge and address areas of harm, including those more hidden, that young people and their families face



To challenge and address oppression, discrimination and stereotyping faced by young people, families and society



To provide positive, enduring, trusting, loving, genuine and meaningful relationships to young people and families

Our mission is to help young people develop healthy strong relationships that allow them to reach their full potential by a creating a world in which children and young people's social and emotional needs are better understood and met.

## Our Services

**Bee-Leaf Project services are tailor made to meet individual need, meaning we could be more personal, more flexible, and more accommodating.**



### Alternative Provision

Individualised learning experience package which could include mentoring in the school setting, within the home, or out in the community during or after traditional school hours (part time provision only)



### Family Respite Support

Flexible hours to provide respite for young people and their families in order to support the family to remain together or to support kinship carers who are caring for children within their family



### Specialist Intervention

Specially designed for young people who are at risk in the community, for example experiencing sexual or criminal exploitation, are involved in anti social behaviour, or have frequent missing periods from home.



### Whole Family specialist Intervention

Designed for 'high risk' families who currently have children's services involvement but for whom standard services are ineffective or not appropriate, and where there is a high risk of family breakdown.

## What is Youth Mentoring

Youth mentoring is when youth or 'mentees' are matched with responsible, caring 'mentors', usually adults or older role models. Mentoring has grown in popularity as both a prevention and intervention strategy over the past decades.

Mentoring provides a young person with mentors who can develop an emotional bond through social interactions with non parental adults elders and/ or peers that is intended to benefit one or more areas of their development.



The mentors use their experience to provide support, guidance and opportunities to help the young person succeed in life by setting and meeting their goals. Mentoring relationships can be formal or informal with substantial variation, but essential components include creating caring, empathetic, consistent and long- lasting relationships, often with some combination of role modelling, teaching, and advising.

Providing the best service by prioritizing the best quality.