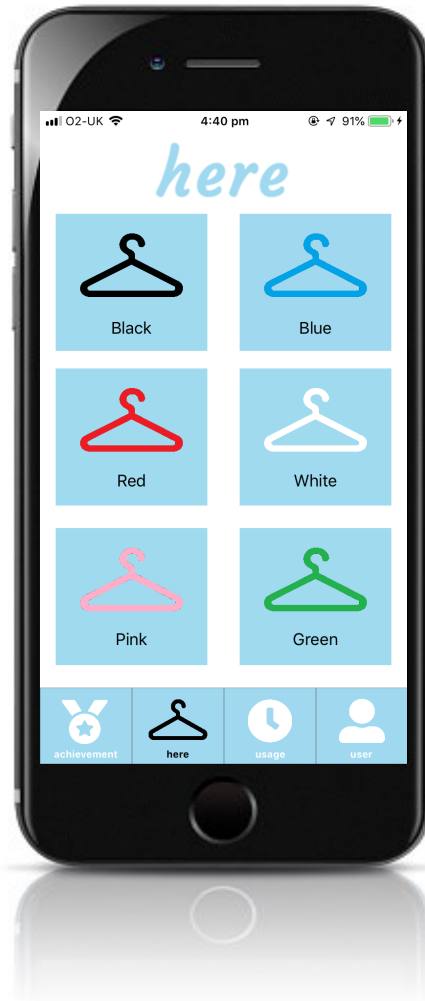




# THE TAP

Technology, Anxiety, Pain

November 2021  
Issue 5



## TESTING HERE

Thank you to all of the PPI group members who provided feedback on my proposed plan for testing 'Here'. Their views and insights have been invaluable and have brought focus to some elements which I had previously not considered.

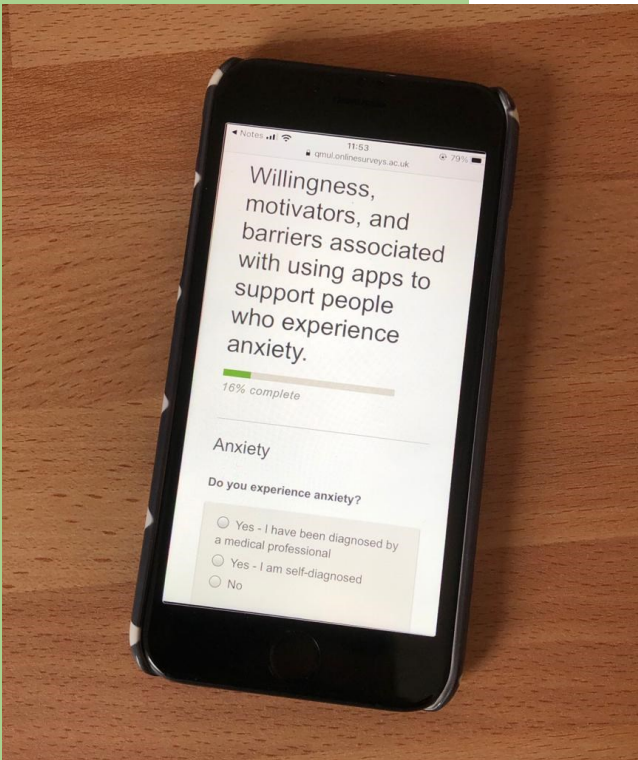
As a result of this brilliant feedback, I am in the process of updating my ethics application and intend to submit it to the ethics review panel soon.

I am continuing to work on an Android version of the app so that I am not limited to iPhone participants only. This is proving challenging as I have never created an Android app before by I am enjoying the process.

## QUESTIONNAIRE

My questionnaire study has been running since June. At the time of writing this newsletter I have received 208 responses. I am currently exploring other ways to advertise my questionnaire, including speaking to QMUL alumni to ask if they could share it within their networks.

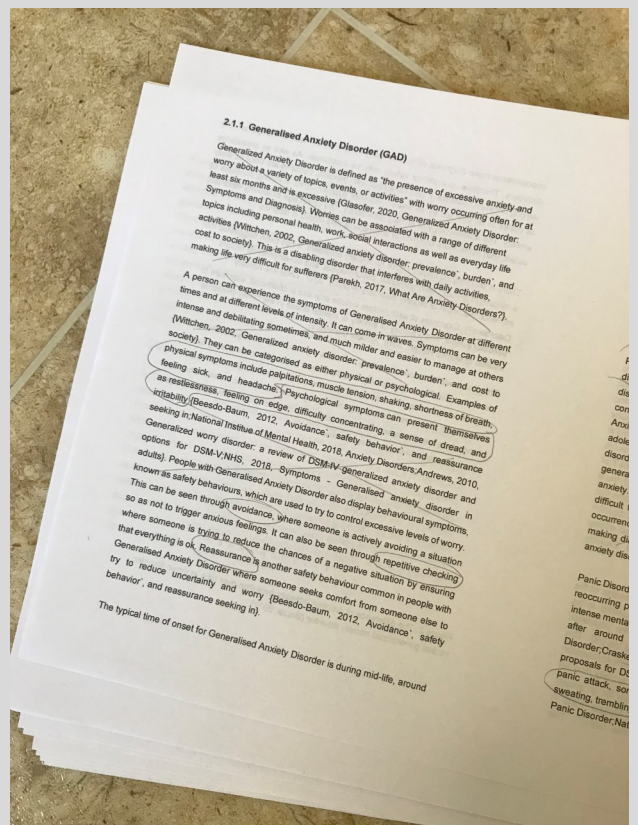
I have also received comments on the first draft of my questionnaire chapter from my supervisor. I have been working to implement the changes suggested and I feel that my second draft is much stronger for it.



## LITERATURE REVIEW

I have been working on editing a very large literature review I had written, making it more focused and relevant to the direction my research has taken.

I have a difficult relationship with writing (which you can read about in this [blog post](#)) so I feel that I have made huge progress by going through this document and having the courage to delete parts that are not necessary. I plan to continue working on this over the coming months.



## STUDENTS' UNION REP

October has been a busy month for 'Disability Spotlight', the work I am doing to raise awareness of a range of disabilities, illnesses, and learning differences.

I have been able to share some fantastic quotes from Darren Tan (Project Coordinator), Chris Robshaw (England Rugby Player), Heidi Buckell (NHS Disability Champion), Sophie Christiansen CBE (Equestrian Paralympic Champion), Rosie Jones (Comedian), Hann (Early Years Practitioner), Jeremy Chopra and Ian Redpath (Creators of @allontheboard), David Adam (Author and Journalist), Lord Chris Holmes MBE (Britain's most successful Paralympic Swimmer), and Abed Ahmed (@stammer\_teacher).

I am excited to continue this project as well as begin work on some other projects, such as employment advice and blogs - written by students, for students.

*spotlight*

# DISABILITY SPOTLIGHT

*spotlight*

## OCTOBER'S DISABILITY SPOTLIGHT QUOTES



## NEXT NEWSLETTER

Due to a family bereavement I have decided to take a 1 month interruption to my studies. This means that I will have a break from my PhD and will not work on it for the month of November.

The next newsletter will be sent out at the end of December to tell you about all the work I will have done during that month.