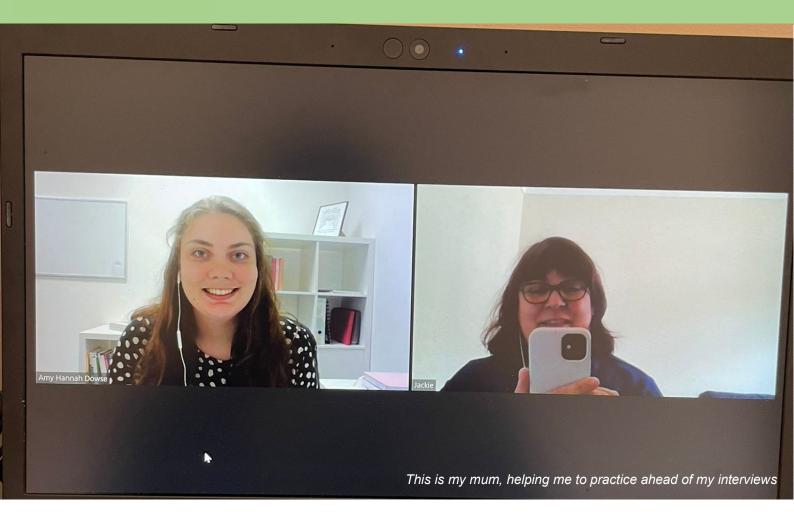




Technology, Anxiety, Pain

November 2022 Issue 16



TESTING 'HERE' INTERVIEWS

During October I have been carrying out more interviews for my study, Testing 'Here'.

At the time of writing this, I have completed six interviews and have another seven people currently using the app who will be coming up to the end of their four week use soon.

Before I began this study, I was extremely nervous to do these interviews. In addition, I was worried that no-one would want to have an interview with me; as someone with anxiety I know how nerve wracking it can be, and I worried that taking part in an interview may be too overwhelming for some people. However, from my experiences so far, I had absolutely nothing to worry out. Everyone I have spoken to has been so kind and generous with their time. I've also found that as I do each interview I grow in confidence and I'm learning what questions to ask to make the most of the interview.

I now find that I'm excited when I have an interview coming up (there is still some nervousness but that's normal, nerves just mean you are doing something important).



If you experience

ANXIETY, WITH OR WITHOUT CHRONIC PAIN

test our app - does it fit into your daily life?



Aged 18+

Currently living in the UK

(×

Experience of Anxiety

Register your interest



Own an iPhone

www.bit.ly/herestudy

If you have any questions or would like further information, please contact Amy Dowse: a.h.dowse@qmul.ac.uk

TESTING 'HERE' STUDY

I am still trying to recruit that last few participants for this study. I need **4 people with anxiety and chronic pain.**

If you are interested in taking part in the study, please do register your interest using the link: <u>www.bit.ly/herestudy</u>. I would also be hugely grateful if you could share this study with other people who meet the eligibility criteria above and may be interested in taking part.

I would like to say a massive thank you to everyone who has taken part in this study already. I really appreciate you giving me your time and insights, and for helping to make this research as strong as it is.

SWD Society

In October, we held our first Students with Disabilities event - a board game drop in! We had seven tables set up with a different game on each, along with easy to read instructions for how to play the game, and a table filled with refreshments.

The idea was that students could drop in and leave whenever they wanted, and chat to other students whilst playing some games.

We were so happy to see students come by to say hello, and we had a lot of fun playing some of the games. '5 Second Rule' was a really fun game to play. The questions were great, like "Name 3 Lord of the Ring characters in 5 seconds". In between, we would chat about our own answers, and often ended up telling stories (I particularly enjoyed the pause we took to look at cute photos of everyone's pets).



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2	G	Input		2	G	Assignment / Expression	
3	F	Decisions (If statements)		3	F	Decisions (If statements)	
4	D PASS	For loops		4	D PASS	Loops	
5	с	Arrays		5	с	Arrays and loops within loops	
6	в	While loops		6	в	Records	
		P				Vile Incell	

Queen Mary

022 Mid-Term Test C – Booklet 1

Procedural Programming Duration: 1 hour 50 minutes TOTA

9 processor ved for Booklets 1, 2 and 3 combined: 90 minutes + 20 mins sub OU MUST COMPLETE THE TEST ON YOUR OWN, WITHOUT CONSULTING OTHERS his test comprises **three** questions, one in each of the three booklets nswer ALL parts of ALL three questions. Answer ALL parts of ALL three questions. This test as a whole (i.e., all three questions combined) is worth 25 marks. The numeri-marks are provided only for feedback and to help you plan your timing and work in the test the mark the earth of questions I and Contanta so ne separate AC of gade bareards your owe coursework grade. The mark for question 3 corresponds to one grade that is counted tw bareard your overall grade. Answer each question in accordance with the instructions given.

Teaching

Term is now in full swing! I have been really busy as I'm involved in the first year programming module which has nearly 700 students. My role is to help students during their practical labs when they are actually programming, answering any questions and marking their work as they go along. I am also involved in marking exam papers - I have just finished marking 250 mid-term exams. I am also responsible for organising demonstrators - second and third year students employed to work during the labs, helping students with their programming. I am overseeing 60 demonstrators, ensuring they have everything in place so that they can quickly and easily help students.

DOING WHAT I LOVE

October was filled with lots of lovely events. At the start of the month my family and I attended my cousins wedding. It was such a beautiful day filled with love, and it was bright and sunny all day.

The day after the wedding my mum, sister, and I went to see Robbie Williams perform. My mum loves Robbie, and it was so lovely to see her so happy and excited watching his show. We've seen him perform a few times now, and he really is a great entertainer.

I also had one final visit to see Dear Evan Hansen before it shut - it was a very spontaneous decision to go again, but when you love a show so much, you might as well make the most of seeing it.

Then, at the end of the month I celebrated by 27th birthday! In the morning we went to our local pumpkin farm and picked out the biggest pumpkins we could find to carve for Halloween. After lunch, my mum, sister and I went and had our nails done - it was really relaxing and so lovely to spend that time together. To finish the day off, we all went out for a meal - we went to a local restaurant that I love but hadn't been back to since lockdown and it was even better than I remembered. I also had a beautiful (and delicious) birthday cake! I feel so lucky to have been so celebrated by my family and friends, I had an amazing day. I'm sad that its over, but also so happy.















