

# DRIP CLUB

WELLNESS SPA

### IV VITAMIN HYDRATION

150 – includes 1000ml of fluids and the members choice of 3 vitamins and/or medications.

\$250 - Everything but the Kitchen Sink \*FAVORITE\* includes 1000ml of fluids and all of the vitamins and/or medications listed below

NAD+ IV Therapy 250mg of NAD+ includes 250ml bag of fluid- \$275 500mg of NAD+ includes 500ml bag of fluids- \$425

#### VITAMINS OFFERED

B complex (B1, B2, B3, B5, B6) B9 B12 C D3 Glutathione Magnesium Zinc

# MEDICATIONS OFFERED Toradol Zofran Pepcid

IM SHOTS - \$25 B12 B Complex MIC B12 D3

Owner/CEO RaeAnna Harper, CRNP Medical Director Greg Flippo, M.D. Bringing wellness to you! We offer IV therapy services at the comfort of your own home or office. Please text 205-840-8515 to set up an appointment.

# DripClubWellness.com

### VITAMIN AND MEDICATION OVERVIEW

B Complex: Includes B1,B2,B3,B5,B6. All B vitamins help our bodies convert our food into fuel, which patients have reported results in increased energy, improved mood, better sleep, more mental clarity, and heathier hair and skin. Other benefits specific to certain B vitamins are listed below.

B5 (Pantothenic Acid): Increases energy level.

B6 (Pyridoxine): Helps prevent mood disorders and reduce anxiety and depression.

B9 (Folic Acid): Promotes heart health, helps the body lower cholesterol and grow/maintain muscle tissue, and assists in the treatment of anxiety and depression.

B12 (Hydroxocobalamin): Increases energy. Increases red blood cells to help prevent anemia. Increases calcium absorption, helping to improve bone density.

C (Ascorbic Acid): Supports a stronger immune system, improved mood, and collagen formation in skin, muscles and tendons. Helps wounds heal faster. Reduces risk of hypertension and heart disease.

Magnesium: Reduces stress and improves sleep. Reduces muscle tension, pain and headaches. Strengthens bones and joints. Reduces insulin resistance.

Glutathione: Powerful antioxidant. Reduces inflammation and risk of chronic disease. Slows down the aging process by supporting healthy growth and repair of every cell. Increases energy. Improves mental focus and clarity, athletic performance and recovery, and appearance of skin. Reduces the effects of stress.

Zinc: Strengthens immune system and helps wounds heal faster.

D3: Supports a stronger immune system and increased energy. Known as the "sunshine vitamin".

Toradol: Non-steroidal anti-inflammatory (NSAID) that helps to relieve pain and inflammation.

Zofran: Prevents and relives nausea and vomiting.

Pepcid: Prevents and relieves heartburn associated with acid indigestion and sour stomach.

MIC B12: A combination of vitamins and amino acids called M.I.C. (methionine, inositol, choline) and vitamin B12 that supports weight management and energy level. Known as the "lipo shot".

NAD+ (Nicotinamide Adenine Dinucleotide): a powerful molecule found in all living cells that boosts cognitive function, reduces chronic fatigue, promotes better sleep, enhances athletic performance, and increases energy. As we age our NAD+ levels fall, so supplementing our body's natural production of NAD via IV hydration can slow the aging process and improve overall well-being.

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