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George Dieffenbach

Jim Hoag

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Phil Olin, Chairperson

Lynne Gochenaur

Murray Hestley



Penn Yan Racquet Club Fall 2022 Newsletter

Message from Murray

Our major projects have been nearly completed:

1. The foyer is enclosed, painted, and lit. We await permanent benches and floor mats
2. The lobby is awaiting painting the doors
3. The shed is complete. You will see the new door in the corner of the tennis/pickleball courts. Its purpose is to store equipment and supplies. Our new floor scrubber will be stored there as soon as it arrives.

Many of you may have experienced some flooding from the plumbing system. The problem was found – a 10' long root system that had grown into the sewer drains outside. It took a very large backhoe to pull the roots out of the pipe. We expect to be free of this problem for a very long time.

We are researching how best to upgrade the lighting in the racquetball court without the need to remove the housings. As soon as we find the correct fixtures they will be installed. These will be LED and should further reduce our electric bill. The UV lights in the lobby and the courts are scheduled to be replaced based on manufacturer's recommendations. These lights have helped to kill airborne viruses and will continue to do so into the future.

Our Board term limits were adjusted from one the three years and the board members are divided into three staggered groups to help with Board continuity, mentoring, and the opportunity to have new faces and energy each year. If you are interested in being a Board member, please contact any Board member for information. Following is the list of Board members for 2022-2023.

George Dieffenbach	Membership/Mktg	george.deiffenbach@gmail.com	412-980-2447
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Allison Laws	Secretary	allisonstewartlaws@gmail.com	914-208-0814
Rick Thompson	Finance Vice Pres	rickthompson122@gmail.com	315-536-9115
Gary Wallace	Planning Treasurer	WALLACEGL65@LIVE.com	717-491-9567
Brian Willemson	Building & Grounds	bigwillqka@gmial.com	585-465-802



What's a Round Robin?

In an effort to increase opportunities and choices for competition at the club, the pickle ball committee met with volunteers recently. A 10-person round robin event was organized so players could see what it is like to participate in round robin play and how it is structured.

In round robin play you play a set number of minutes and then rotate partners playing with and against different people every time. Each player plays the same number of matches. We typically play for 9 minutes, use rally scoring, and record scores on individual score sheets at the end of each round. At the conclusion of play, individual scores are tallied for each round and the person with the highest score is declared the winner for that round robin event.

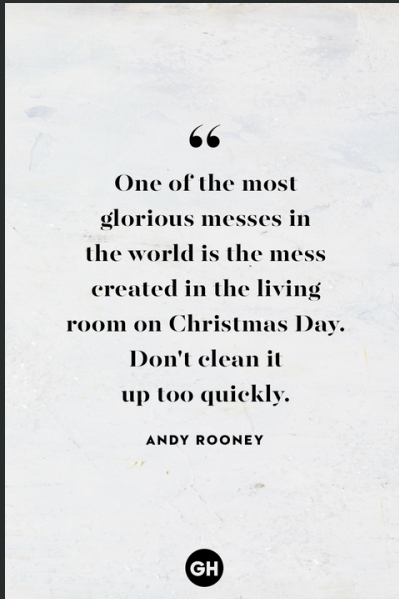
Play lasts for two hours with very little down time. This is a different opportunity for competitive play. Round robins come in a variety of formats and can accommodate various skill levels. Those who have participated shared they had a good workout, good competition, and now an understanding of round robin play.

We thank Christa- for setting up the brackets and organizing the first round robin play. This may be something picklers at all levels would enjoy and could be incorporated into pickle ball play sometime in the future.

George's Thoughts on Double's Play

Even though I would much prefer to play singles over doubles, I will try to define the best doubles partner with the following bullet points:

- One who:
- stays positive
- is consistent and makes very few mistakes
- sets up her or his partner with low and angled dipping returns
- can attack and come in on floating balls
- listens to her or his partner and communicates well
- remembers the score
- stays in the present and never gives up
- covers the net and one who can hit solid poach volleys and strong overhead smashes
- has mastered the lob, and serve return
- consistently puts 65% of her or his first serves in, and one who places the second serve and rarely double faults
- helps her, or his partner breathe and relax
- makes exact but fair line calls
- is a good sport
- complements, and compliments, her, or his partner



If you are this kind of a doubles partner, be careful, because people may line up to play with you, because it will be fun for them. Be selective, and pick a partner who has many of the above-mentioned attributes

Thanks for reading.
George F Dieffenbach, USPTA

Appropriate Items in the Court Area

It is important to keep the court area clear of personal items, such as bags. If you need to bring your personal bag into the court area it should be hung on the pegs on the wall. Items on the floor can be a tripping hazard.

Additionally, if you bring bottles/containers into the court area, they should hold water only. In the past, liquid, other than water has been spilled on the floor, resulting in stains. We appreciate everyone's compliance.

Winter Weather Building Care

As winter descends on the Finger Lakes, we want to remind members that the addition of the entryway to the club was, in part, to protect our newly renovated lobby. When entering the club, please remove all boots, and shoes in the entryway and leave them on the floor. A heater has been purchased to keep the entryway and our footwear warm during the winter months.

Who and What is the Pickleball Committee?

As the number of pickle ball players increased, the PYRC board saw a need to establish a pickleball committee to act as a voice of the pickleball players to the board in 2020. A request was put out to all members for volunteers to serve on a committee that would gather information and the interests of pickleball players. The goal of the committee is to relay the needs, interests, and suggestions of our members to the board to ensure a safe and fun environment.

A few suggestions that have been met:

- Paddle Battle pickleball tournament
- Round Robin play
- Open play on every day of the week
- Four new nets with rollers.
- Holders for the pickleballs and paddles, additional hooks for bags and clothing
- Pickleballs supplied within the club

- Clinics with certified instructors to improve skills

Our committee is looking to grow and we are always looking for ways to improve. Please feel free to contact any of the Pickleball Committee members with your suggestions or if you would be interested in joining the committee.

Christa Coriale
Patti Eddinger

Chris Hand
Gary Wallace

Club advertising: A win-win for everyone

Our board of directors has approved an initiative to sell banners to interested businesses who would like to advertise on our club walls. The payment by each business would be \$200 per year, and it is a 2-year commitment. This endeavor we feel is a win-win for the business, and for our PYRC budget. If you as a club member know of any business who might have interest in paying for a banner, please let a board member know, and we will follow up and contact them.

PYRC Tennis Club Championship Results

Men's Doubles

Champions Jamir Wilt-George Dieffenbach
Runner ups Ted Mayer-Vince Spagnoletti

Men's Singles

Champion David Ducharme
Runner up Jamir Wilt

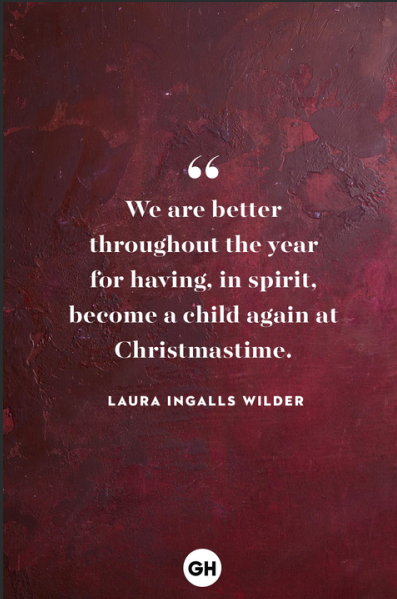
Mixed Doubles

Champions: Sue and Steve Stork
Runner ups: Kristin and Jamir Wilt

Women's Singles and Doubles were not played

Congratulations to all our winners!





Racquetball Swing Technique

There are a few consistencies that apply to both your forehand and backhand swings. Building a foundation around these four steps, along with the proper grip, will ensure you are getting your racquetball swing fundamentals in order. The four swing techniques are:

1. Racquet up
2. Step into the shot/ball
3. Rotation of the hips and lower body
4. Swing flat and through the ball

In both your forehand and backhand swings, you want to have your racquet up and ready to go. Keeping your racquet up will minimize your reaction time and put you in the proper position for the next step, no pun intended, stepping into the shot.

Stepping into the shot will help with both power and accuracy. It gets you momentum moving forward and gets your entire body into the shot. The next part of your body that should get into the swing is your hips and legs. This is where your power comes from. Getting good rotation also helps get your core involved in the swing.

As your body begins to turn, lead with your elbow and swing as flat as possible. This will help build consistency and confidence in your shots. It's also important to hit through the ball. This ensure proper contact is made, with power and consistency.

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Happy Holidays!

*May the holiday season fill your
home with joy, your heart with love,
and your life with laughter.*







