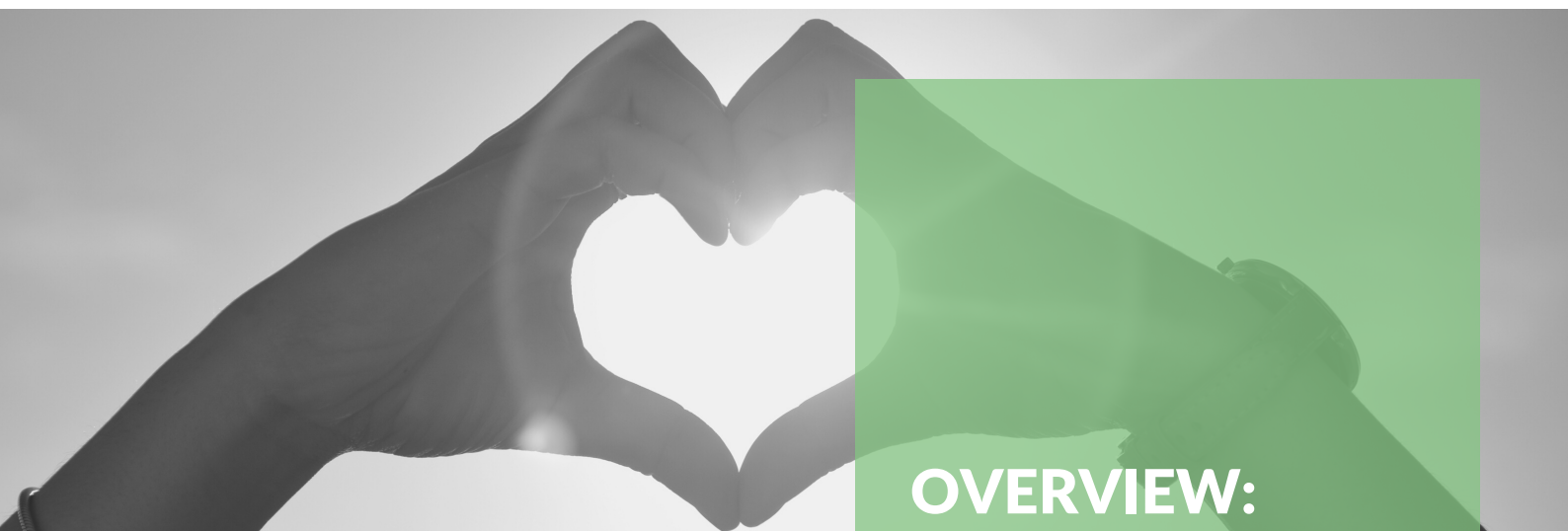


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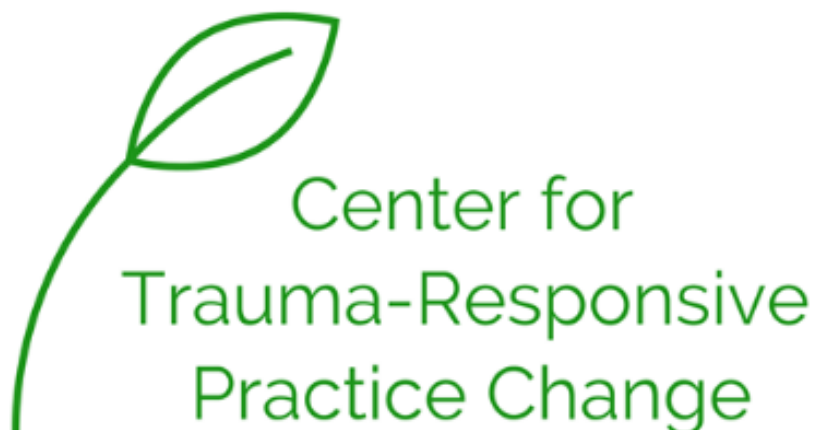
CENTERED

Center for Trauma-Responsive Practice Change Newsletter



Center for Trauma-Responsive Practice Change Opens

We are a non-profit in NH dedicated to promoting a trauma-responsive system of care for children and families in New England through the provision of high quality training and consultation services to communities. Trauma-Responsive practices are those aimed at promoting equity, wellness, and post-traumatic growth with people and systems impacted by violence, adversity and systemic oppression.



OVERVIEW:

- Center for Trauma-Responsive Practice Change Opens
- About Us
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NAME IT TO TAME IT

Name it to Tame it is a trauma- informed skill that's easily translated into everyday practice; and especially important during these trying and unprecedented times. It is all about talking about hard and difficult things! The more we talk about what's happening to us, the less our stress brain reacts to the adverse details of our lives. Name it - talk about what is hard, upsetting, stressful, weird, or traumatic - to Tame it - calm our stress brain. It's neuroscience in action!

For further reading on Dan Seigel's Name it to Tame it Strategy, click [here](#).

About Us

Cassie Yackley, Psy.D.

Dr. Cassie Yackley is a master trainer and trauma-responsive practice content expert. Dr. Yackley has spent her professional career committed to understanding and effectively addressing the impact of traumatic exposure on children, families, and systems by bringing together recent discoveries from



developmental neuroscience, attachment, & implementation science to help professionals learn how reflective practice leads to better working environments and outcomes for professionals and those they serve.

Alison Roy, Psy.D.

Alison Roy Psy.D., has worked with children, adolescents, adults, and families across three different countries, devoting her career to the study and treatment of traumatic and chronic stress. She joined Dr. Cassie Yackley in her practice just over a year ago promoting resilience and post-traumatic growth through their work with schools, first responders, caregivers, medical and mental health professionals. Together, Dr Yackley, Dr. Roy, and associates have created a non-profit - The Center for Trauma-Responsive Practice Change, whose mission is to promote a trauma-responsive system of care for children and families in NH through the provision of high-quality training and consultation services to communities. Outside of work life, Dr. Roy enjoys being with her young family, hiking, and training for her next marathon.



Follow Us on Social Media!



[@center4traumaresponsive](https://www.instagram.com/center4traumaresponsive)



[Center for Trauma-Responsive Practice Change](https://www.facebook.com/CenterforTrauma-ResponsivePracticeChange)



office@centerfortrpchange.com

Make A Donation



Your support and contributions will provide trauma-responsive training and consultation to schools/agencies/systems who serve children & families who have experienced trauma/adversity.

Donate Now!



Stay tuned for upcoming information on becoming a sponsor, CPP and more Caregiver resources