

BOOK REVIEW

LIVE YOUR CALLING

A Practical Guide to Finding and Fulfilling Your Mission In Life
Copyright 2005 By Kevin and Kay Brennfleck

ACKNOWLEDGEMENT

Before I begin my review of this book, I would like to acknowledge the authors. Kevin and Kay Brennfleck are a husband and wife team who has spent most of their lives in the areas of life and career counseling. Through their private practice and career resources they have helped thousands of people plan their careers and life with an eternal perspective, and are very well respected in many faith-based organizations for their accomplishments. I commend them for the positive work they have done in helping people to realize their potential through the process of biblical understanding and self awareness.

This is a very well written book that uses biblical principles, scripture references and proven career counseling methodologies to take you on a wonderful journey of discovering yourself and your life calling. It encourages personal interaction; by using a journal to document your responses to thought provoking discussion questions and activities provided at the end of each chapter, or taking the journey with a group so you can help each other with feedback, input, accountability and encouragement.

Each chapter of the book builds on the foundation of putting God at the center of your life. By using this foundation as your compass, it takes you step by step to creating a relevant map of your God-given design that will help define your vision, and transform your vision into action to accomplish God's purpose and calling for your life. It also provides strategies to encourage and overcome the obstacles that may prevent you from realizing your life calling. I would recommend this book to anyone who is seeking to find his or her purpose and calling in life.