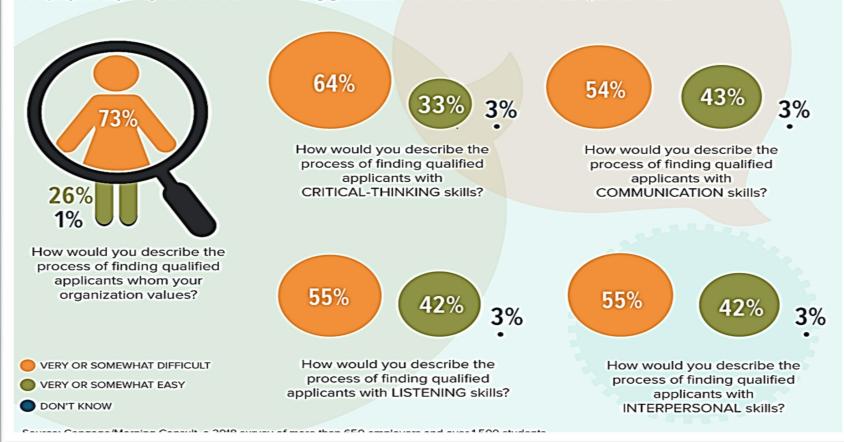


## POWER SKILLS PROGRAM

Acquiring the necessary skills to thrive in the professional world

#### **NEW COLLEGE GRADS LACK SOFT SKILLS, EMPLOYERS SAY**

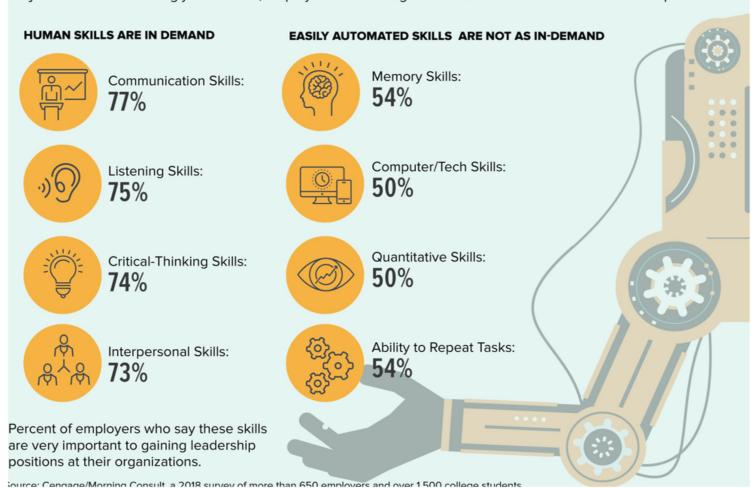
Employers want job candidates with "uniquely human" skills, but finding those candidates isn't easy. Nearly 3 in 4 employers say they have a hard time finding graduates with the soft skills their companies need.





### THE RISE OF AUTOMATION MEANS JOB CANDIDATES WILL NEED 'UNIQUELY HUMAN' SKILLS

As jobs become increasingly automated, employers are seeking workers with skills that machines can't replace.





### Since February 2020



ADDITIONAL BARRIERS
TO BUILDING
RELATIONSHIPS



ANXIETY, FEAR AND DOUBT



SOCIAL DISTANCING, STAY AT HOME ORDERS



INJUSTICE, INEQUALITY, RACISM



### Power Skills 101

**Objectives and Outcomes** 



Understand the top five power skills that are in high demand in today's workplace (critical thinking, problem solving, emotional intelligence, conflict management, communication, team synergy)



Leverage technology to manage work, boost engagement, innovation, interaction, and creativity in a remote environment



Communicate with clarity and efficiency by determining the most effective communication channel to convey information or make decisions



Reboot self-awareness to reconnect and build deeper relationships with peers, colleagues, and leadership







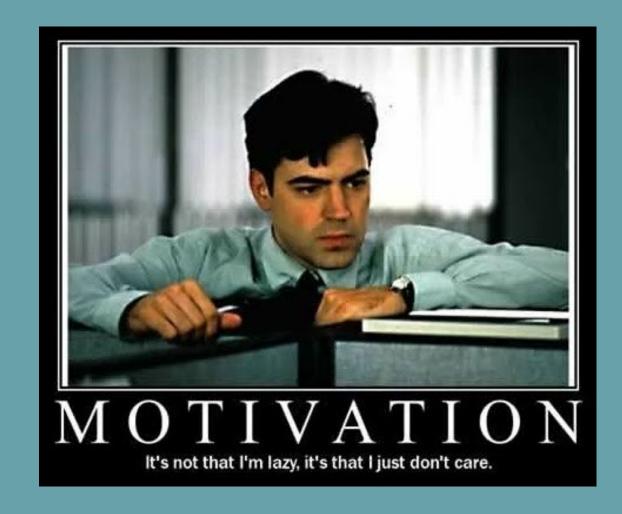
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### TURNOVER





### LACK OF ENGAGEMENT







## EMOTIONAL INTELLIGENCE





## Low Emotional Intelligence

#### High Emotional Intelligence

Aggressive Demanding Egotistical Bossy Confrontational



Assertive Ambitious Driving Strong-Willed Decisive

Easily Distracted Glib Selfish Poor Listener Impulsive



Warm Enthusiastic Sociable Charming Persuasive

Resistant to Change Passive Un-Responsive Slow Stubborn



Patient Stable Predictable Consistent Good Listener

Critical
Picky
Fussy
Hard to Please
Perfectionistic



Detailed Careful Meticulous Systematic Neat



#### **Self-Awareness**



Ask for informal feedback



Ask what, not why



Think Regularly/ Write in a journal



Take a personality test



### CORE EMOTIONS



Emotion	What it Tells Us
Sadness	Lost something of value
Anger	Strong uncomfortable or hostile response to a perceived provocation, hurt or threat
Fear	Possible threat—be prepared
Joy	Gained something of value, the way is safe
Surprise	Being unprepared for something
Disgust	Something is distasteful; you dislike it
Trust	Is the implied value of a relationship
Anticipation	Looking forward to something

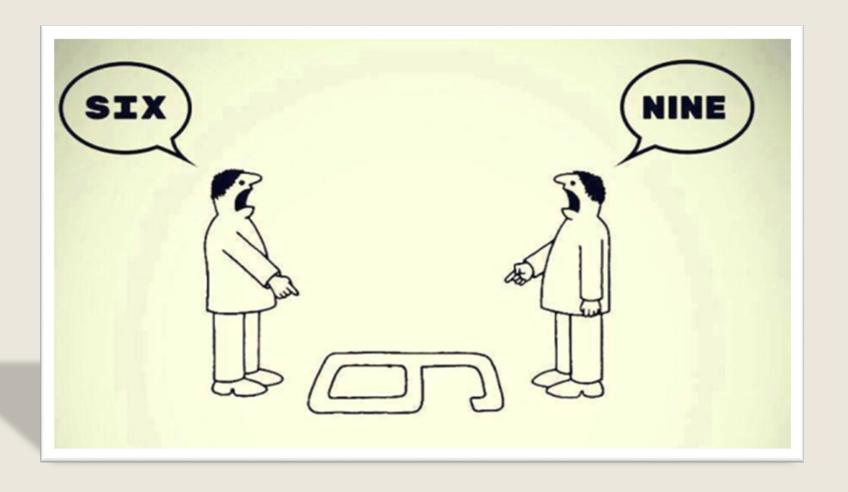


#### Remember the time....

- When you took a stand on an issue and made sure everyone followed
  - How did you feel?
  - How do you think others felt?
- When you didn't take a stand on a particular issue when you should have
  - How did you feel?
  - How do you think others felt?



### **Empathy**





### **Empathy Best Practices**



CREATE A SAFE ENVIRONMENT



EMPOWER, DON'T MICROMANAGE



LISTEN, UNDERSTAND, VALIDATE





#### CONFLICT MANAGEMENT





- How does the definition of conflict affect the way we think about conflict?
- What are some barriers to effective listening?
- How easy or difficult is it to listen in times of conflict? Why?
- In a conflict situation, how important is the skill of listening?
- What are some negative and positive outcomes of conflict in an organization?

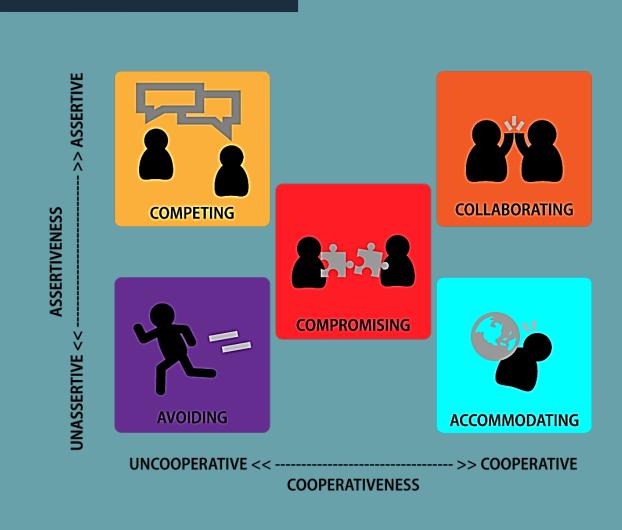




## Managing Conflict Using the AAA Method

Assess Assess the Situation Analyze Analyze the Decision Act **Act with Clarity** 



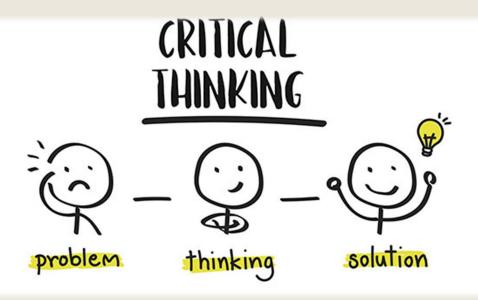


### CONFLICT BEHAVIORS





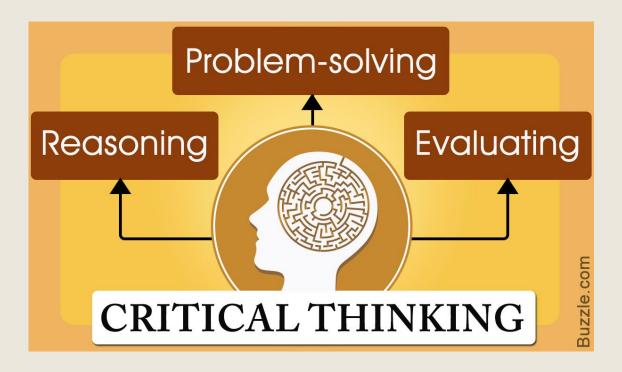
You received reports that your project scheduled to deploy is not going well. Some stakeholders want to pull back the release? As the project manager, what should you do?



Critical thinking
begins with the desire
to improve what we
think by asking
questions to construct
better directions and
plans for yourself

Weak-sense critical thinking is the use of critical thinking to defend your current beliefs.

Strong-sense critical thinking is the use of the same skills to evaluate all claims and beliefs, especially your own.





### Sponge vs. Panning for Gold

#### Sponge

- Absorbing information to gain understanding
- Involves concentration and memory
- Provides no method for deciding which information and opinions to believe and which to reject

#### Panning for Gold

- Chose for yourself what to absorb and what to ignore
- Requires you to read with a question-asking attitude
- stresses active interaction



### Panning for Gold Questions



Did I ask "why" someone wants me to believe something?



Did I take notes as I thought about potential problems with what was being said?



Did I evaluate what was being said?

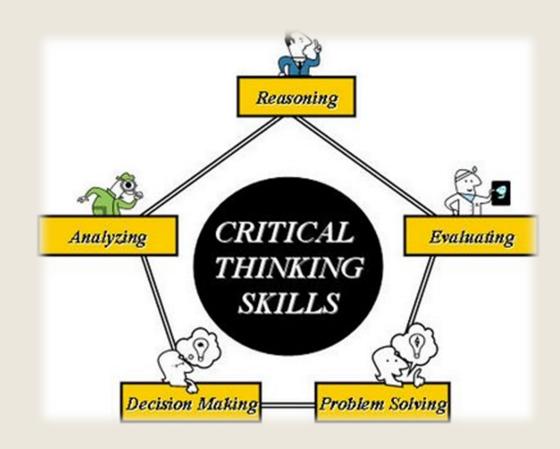


Did I form my own conclusion about the topic based on the reasonableness of what was said?



## Primary Values of a Critical Thinker

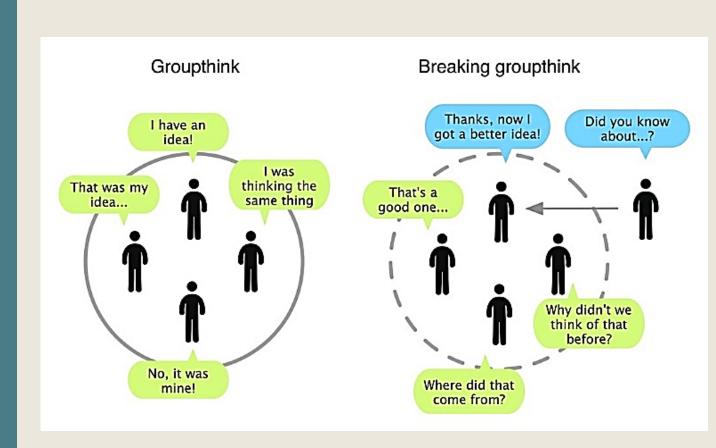
- Autonomy—requires us to listen to those with different values and priorities from our own.
- Curiosity-Panning-for-gold method. Ask questions about what you have encountered to gain insights and understanding.
- Humility-recognizing even the smartest person in the world makes many mistakes
- Respect-while we want to respect and listen to other voices, all conclusions or opinions are not equally worthwhile.
- Ask the question-Might I be wrong?





# Avoid the Danger of Groupthink

- Social interactions may harm your thinking when you are not careful
- Easy to feel pressured to go along with the group opinion
- Independent thinking may seem disloyal and rude
- Maintain your confidence of being a critical thinker
- Look for the best reasoning, <u>regardless</u> of what other people are doing





#### Communicate with Clarity

#### When to use:

#### **Email**

- Send rules, guidance, detailed explanations
- Keep a digital record of communication
- Formal communication and status updates
- View documents
- Assist with editing and writing documents

#### Phone/ Face to Face

- Discuss controversial/ sensitive/ complicated issues
- Resolve issues quickly
- Lack clarity to send in an email
- Build rapport and camaraderie
- Anticipate questions





Check and respond to your work emails within 24 hours



Write clearly and concisely devoid of grammatical errors





Run spell-check; but don't rely on it, as it's often incorrect



Be careful when you hit the "Reply All" button



Make sure your e-mails are appropriate for a business setting



#### Tone of Voice

"We often refuse to accept an idea merely

because the tone of voice in which it

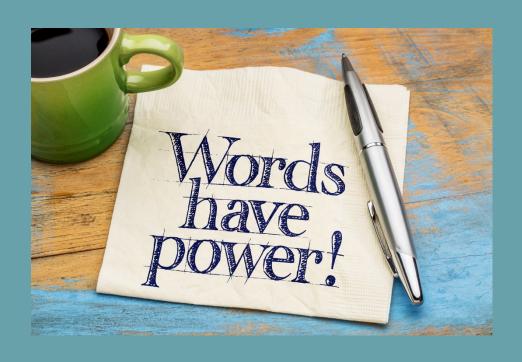
has been expressed is unsympathetic to us"

- Friedrich Nietzsche -

- rriedfich ivietzsche



#### Tone of Voice



- I didn't tell her you were stupid. (Someone else, not me, told her this.)
- I didn't tell her you were stupid. (I most certainly didn't tell her this.)
- I didn't tell her you were stupid. (I didn't tell her;
   I implied it.)
- I didn't tell **her** you were stupid. (I didn't tell her; I told someone else.)
- I didn't tell her **you** were stupid. (I referred to someone else, not you.)
- I didn't tell her you **were** stupid. (You're still stupid.)
- I didn't tell her you were **stupid**. (I told her you were something else.)



### **Bonus Tips**

- Don't burn bridges----Build relationships Instead
- Follow through
- Read and respond to your emails
- Ask for help
- Don't compare yourself to others
- Own your mistakes
- Don't be a jerk to yourself-Be kind to yourself



- Create an action plan for building your power skills and linking them with your career goals
- Build a roadmap for your career goals
- Identify power skills to refine/ focus on

## One on One Strategic Working Session

https://calendly.com/ericl-williamson/15min



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## Join the Discussion on Social Media



Power Skills FB Group

www.facebook.com/Power-Skills-106906548237581



Facebook @Tailoredtrainingsolutions
LinkedIn Eric Williamson
Twitter @TTS\_Williamson







"No matter how talented, gifted or experienced, and no matter what role we serve or title we carry, our level of success is not measured based on the work we produce; it is measured based on the relationships we build."

-Eric L. Williamson