

# Learning Adventures

## PRESCHOOL



February 2021

## Helping Your Child Prepare for Show & Tell

Show and tell is a key part of the school day and an important part of your child's learning development. It helps children to organize information, speak in front of a group and helps to build their confidence. It's also a great way to encourage your child's interest in a particular topic – as almost any topic goes-it's a chance for children to share something special with their teacher and classmates.

### Helping your child prepare for show and tell

Encourage your child to decide in advance what he/she would like to share. Encourage them (with your questions) to think what they would have to prepare or bring for it, and then help them think what they would like to tell their teacher(s) and classmates.

### Ideas for show & tell items:

- **Holiday Scrapbook or Memorabilia** - Whether you holiday away from or close to home, this makes a good subject for Show and Tell. Your child may use drawings, photos or other interesting things they have picked up (unusual sweet wrappers, postcards, foreign coins and notes, etc.) to show the class.
- **Nature box** - Give your child a shoe box to transform into a 'nature box', a collection of anything interesting from the natural world: shells, pine cones, interesting leaves or flowers (which can be pressed between two big hardback books to preserve them), unusual rocks or fossils, etc.
- **I Learnt Something New** ...Did your child learn something new over summer holidays or are they learning something new outside of school? Perhaps they've been camping, joined a sports club, tried their hand at horse riding or taken a bike safety course... any new activity they've learned can make a great talking point at show and tell, accompanied by some photos or an accessory or piece of equipment (compact in size, of course...).
- **Look What I Made:** Your child can take in something they've made to show, craft supplies or a tool (as long as it's safe).
- **A New Book:** a book your child has enjoyed makes an interesting topic for show and tell, especially if you encourage them to read around the theme of their chosen book.

## What's New at Preschool?

### Important Dates

#### No Preschool:

- Monday, February 15th through to Friday, February 19th

*This would be a good transition song to sing while getting ready to go outside in the cold!*

### The Mittens on My Hands

Tune of  
"The Wheels On The Bus"

The mittens on my hands  
Keep me warm  
Keep me warm  
Keep me warm  
The mittens on my hands  
Keep me warm  
All winter long

## SNACK TIME!



### FRUIT SALAD

Have your kids help you make a fruit salad. Use a variety of colored fruits to add to the appeal. May also serve with yogurt.



# Rhythm and Wordplay to try at home

Rhyming is one of the best predictors of how easily a child will learn to read, and it helps children notice sounds within words. From an early age, children can recognize that bat rhymes with cat, and they become aware of the word part -at. Later, when they learn to read and spell, good rhymers are better equipped to notice that rhyming words often have shared letter sequences, such as -all in tall, ball, and small, which gives them a considerable head start in learning to read.



## Five Little Cookies

Five little cookies with  
frosting galore,  
Mother ate one and then  
there were four.  
Four little cookies, two  
and two you see,  
Father ate one and then  
there were three.  
Three little cookies, but  
before I knew,  
Sister ate one and then there were two.  
Two little cookies, yum, yum, yum,  
Brother ate one and then there was one.  
One little cookie, here I come,  
I ate it, now there are none.

## Rhyming Challenge

One person chooses a word and says, "I challenge you to think of as many rhymes as you can for 'cat' (or any word)." The next player says as many as he can and both players keep count.

## February Parent Tip

### "Love Sense"

Celebrate the month of love by considering all the ways your child senses your love - through your touch, your words, your attention, your gifts, and the special things you do for them. Create that "just loved" feeling in your child in simple and specific ways like:

- A mini massage.
- Saying, "I'm so glad I get to be your Mom/Dad."
- Floor play together.
- PJs warmed in the dryer.

Tips provided from:  
**Dulcie Gretton M.Ed**  
PCI Certified Parent Coach  
www.renewedparent.ca  
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"Sharing books is an ideal time for having conversations. It is a quiet, cozy time with something to look at and talk about- an experience to share" (Ayala Manolson It Takes Two to Talk) Make time in your schedule to read with your child. It is okay to read a favorite book over and over again. Change how you read books by using different voices, or leaving out words and see if they will fill them in, even try changing the words to include them and your family in the story. *For more great parenting tips and activities,*

*visit the preschool activity calendar at [www.albertahealthservices.ca](http://www.albertahealthservices.ca)*



**Calgary  
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