



Career Satisfaction Survey

Evaluate Your Job Fulfillment and Identify Areas for Improvement: Use this Career Satisfaction Survey to assess your current job satisfaction and pinpoint areas for growth. Understanding your career satisfaction levels helps you make informed decisions and take proactive steps toward a more fulfilling career.

Career Satisfaction Survey

Instructions: For each question, select the response that best describes your experience. Use the scale provided to reflect how satisfied you are with each aspect.

Scale:

- 1 - Very Dissatisfied
 - 2 - Dissatisfied
 - 3 - Neutral
 - 4 - Satisfied
 - 5 - Very Satisfied
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1. Job Role and Responsibilities

1. **My job role aligns with my skills and interests.**
 - 1 | 2 | 3 | 4 | 5
2. **I feel that my responsibilities are meaningful and contribute to the organization's goals.**
 - 1 | 2 | 3 | 4 | 5
3. **I have a clear understanding of my job expectations and performance criteria.**



- 1 | 2 | 3 | 4 | 5

2. Work Environment

4. I feel supported by my colleagues and supervisors.

- 1 | 2 | 3 | 4 | 5

5. The work environment is inclusive, respectful, and conducive to my growth.

- 1 | 2 | 3 | 4 | 5

6. I have access to the resources and tools needed to perform my job effectively.

- 1 | 2 | 3 | 4 | 5

3. Professional Development

7. There are ample opportunities for professional growth and career advancement in my organization.

- 1 | 2 | 3 | 4 | 5

8. I receive regular feedback and support for my career development.

- 1 | 2 | 3 | 4 | 5

9. I have access to training and development programs that enhance my skills.

- 1 | 2 | 3 | 4 | 5

4. Work-Life Balance

10. I am able to maintain a healthy balance between my work and personal life.

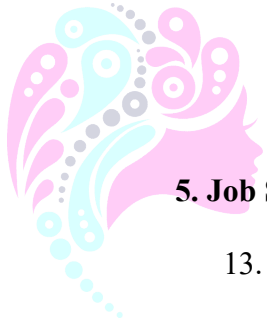
- 1 | 2 | 3 | 4 | 5

11. My workload allows me sufficient time for rest and personal activities.

- 1 | 2 | 3 | 4 | 5

12. I have flexibility in my work schedule to accommodate personal commitments.

- 1 | 2 | 3 | 4 | 5



5. Job Satisfaction

13. I am satisfied with my overall job performance and accomplishments.

- 1 | 2 | 3 | 4 | 5

14. I feel valued and recognized for my contributions to the organization.

- 1 | 2 | 3 | 4 | 5

15. I would recommend my organization as a great place to work to others.

- 1 | 2 | 3 | 4 | 5
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Scoring Your Survey

Add up your scores for each category to assess your level of satisfaction in different areas:

- **Job Role and Responsibilities:** (Total Score: _____)
- **Work Environment:** (Total Score: _____)
- **Professional Development:** (Total Score: _____)
- **Work-Life Balance:** (Total Score: _____)
- **Job Satisfaction:** (Total Score: _____)

Interpreting Your Results

- **15-20:** Very Satisfied. You are highly content with this aspect of your career.
 - **10-14:** Satisfied. You are generally content but may have some areas for improvement.
 - **5-9:** Neutral. You are neither satisfied nor dissatisfied; consider exploring changes to enhance satisfaction.
 - **Below 5:** Dissatisfied. You may need to address specific issues or consider significant changes for improvement.
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Action Steps

1. **Review Your Results:** Identify areas where you scored lower and reflect on why these aspects may be affecting your overall career satisfaction.
2. **Develop an Action Plan:** Create a plan to address the areas needing improvement. This might include seeking additional training, discussing career goals with your supervisor, or finding ways to better balance work and personal life.
3. **Seek Support and Take Action:** Utilize available resources, such as mentorship or career counseling, to support your efforts in improving job satisfaction.

Take control of your career satisfaction and work towards a more fulfilling professional life. Use the insights from this survey to guide your next steps and achieve greater career satisfaction.