

Dance w/ Emerald Lion Alchemy

Celebrating the harmony of “art is wellness” to achieve whole body balance; holistic practices provided through dance and movement, mindfulness and creativity, honoring and reflecting the never ending connection between us and the natural world. Alchemize your inner splendor, shine from your heart and greet the most amazing and cosmic, radiant YOU!

Enjoy a variety of class offerings, schedule listing and fees below. Basic dance wear or clothing that allows for ease-of-movement is highly recommended and some classes will require specific attire and shoes, see below for specifics.

All classes will be held at the new studio space, STUDIO234, located at 234 N 3rd Avenue Sturgeon Bay, WI.

Winter/Spring Class Schedule and Fees

No classes the week of March 25-29

Sundays

Meditation with Andria Nikoupolis Weliky 8:00-8:30a food pantry donations accepted
Yoga with Kaitlynn LePire 8:30-9:30a suggested \$15 donation per class

Mondays

Teen and Adult Intermediate /Advanced Ballet with Elena Santiago (ages 13+) 4:30-5:50p
 12 week session Jan 8-Apr 1 \$216
Teen and Adult Beginning Ballet with Elena Santiago (ages 13+) 6:00-7:00p
 12 week session Jan 8-Apr 1 \$180

Tuesdays

Adult Belly Dance 11:30a-12:30p 6 week session Jan 9-Feb 13 \$90
Adult Beginning Tap 1:30-2:30p 6 week session Jan 9-Feb 13 \$90
Children’s Tap I / Ballet I Combination Class (ages 5-7) 4:00-5:00p
 12 week session Jan 9-Apr 2 \$180
Children’s Tap I (Tap only) (ages 5-7) 4:00-4:30p 12 week session Jan 9-Apr 2 \$150
Children’s Ballet I (Ballet only) (ages 5-7) 4:30-5:00p 12 week session Jan 9-Apr 2 \$150
Children’s Tap II (ages 6-10) 5:15-6:15p 12 week session Jan 9-Apr 2 \$180

Wednesdays

Walk With Me Wednesdays 9:00-11:00 Reference website for more information or see poster for schedule and meeting locations.

“Through The Magical Door To Dance” Pre-Ballet / Creative Movement (ages 4-7) 4:30-5:10p

Dance, story and themes inspire this imaginative and fun event. Full 12 week Session or Drop-In based on class opening availability, pre-registration dates and schedule to follow *Limit 10 Spots*
Tuition per event is \$20 or purchase a package of classes to receive 25% off *Once you purchase the package you must go back in and add your name to the roster for each class*

Adult Tap Continuing Level 5:30-6:30p	6 week session Jan 10-Feb 14	\$90
Adult Tap Continuing Level 5:30-6:30p	6 week session Feb 21-Apr 3	\$90
Children’s Tap III (ages 10 & up) 6:40-7:40p	12 week session Jan 10-Apr 3	\$240

Thursdays

Ballet II (ages 6-10) 4:15-5:15p	12 week session Jan 11-Apr 4	\$180
Jazz Hip Hop (ages 9-12) 5:30-6:20p	12 week session Jan 11-Apr 4	\$180
Ballet III (ages 9 - 12) 6:30-7:40p	12 week session Jan 11-Apr 4	\$216
Drop-ins Welcome, based on class availability		\$20

Online dance boutique is now open! Follow the link below to find all your dance class needs!

<https://www.shopnimbly.com/emeraldion>

Required Attire for Children’s Tap and Ballet Classes:

Girls: *leotard (black), *tights (pink for ballet, black for tap) and *pink leather ballet shoes, *black tap shoes

Boys: *black fitted leggings or shorts, *fitted t-shirt or tank (white), and *black ballet shoes, *black tap shoes

Hair **must be up and off the face** to reduce distraction and for safety purposes. If your child needs help with hair, I am more than happy to assist BUT ONLY IF the following items are sent in a labeled ziplock baggy: brush, comb, ponytail holders and bobbie pins. Please send along extra bobbie pins.

Please send along a labeled water bottle to class.

Please check with the studio for best fit class placement.

Looking to book a private session or for a class that you don’t see listed? Please reach out by email to: andria@emeraldionalchemy.com

Thank you!

Andria
Emerald Lion