

# 2019 Tim Heinsz Memorial 5k/10k & Jim Devine Dog Walk Final Results

Start Time: Saturday, April 13, 2019 9:55:00 AM

Saturday, April 13, 2019 12:27:57 PM

## Division: Male Overall 5k

PL	No	Name	Representing	Int	Total Time	Back	Pace
1	376	EDIDIN, Dan	COLUMBIA MO	1	18:21.4	+0:00.0	5:54.1

Reg: 1 DNS: 0 DNF: 0 DQ: 0

## Division: Female Overall 5k

PL	No	Name	Representing	Int	Total Time	Back	Pace
1	402	ALDRIDGE, Jennifer	COLUMBIA MO	1	23:50.9	+0:00.0	7:40.1

Reg: 1 DNS: 0 DNF: 0 DQ: 0

## Division: F 19 & Under 5k

PL	No	Name	Representing	Int	Total Time	Back	Pace
1	443	BLINZLER, Ragan	COLUMBIA MO	1	30:44.3	+0:00.0	9:53.0

Reg: 2 DNS: 1 DNF: 0 DQ: 0

## Division: M 19 & Under 5k

PL	No	Name	Representing	Int	Total Time	Back	Pace
1	379	LITTON, Wyatt	COLUMBIA MO	1	27:05.4	+0:00.0	8:42.6
2	386	TRACHTENBERG, Akiva	COLUMBIA MO	1	27:07.8	+0:02.4	8:43.4
3	474	HONEYWELL, Braden	JOPLIN MO	1	27:52.2	+0:46.8	8:57.7

Reg: 4 DNS: 1 DNF: 0 DQ: 0

## Division: F 20-29 5k

PL	No	Name	Representing	Int	Total Time	Back	Pace
1	371	ALDRIDGE, Lauren	COLUMBIA MO	1	25:53.5	+0:00.0	8:19.5
2	488	PFLEGER, Britteny	KANSAS CITY MO	1	27:12.7	+1:19.2	8:45.0
3	456	EDDY, Kaylea	HARRISONVILLE MO	1	27:42.6	+1:49.1	8:54.6
4	356	WILLIAMS, Abigail		1	28:40.9	+2:47.4	9:13.3
5	459	FENNESSEY, Sheaffer	COLUMBIA MO	1	29:29.8	+3:36.3	9:29.1
6	465	GONZALEZ, Marissa	CHESTERFIELD MO	1	29:36.2	+3:42.7	9:31.1
7	545	BANUELOS, Jessica	COLUMBIA MO	1	30:28.2	+4:34.7	9:47.8
8	467	GROARK, Samantha	KANSAS CITY MO	1	37:18.3	+11:24.8	11:59.7
9	449	CRAWFORD, Margarete	COLUMBIA MO	1	53:31.3	+27:37.8	17:12.6

Reg: 11 DNS: 2 DNF: 0 DQ: 0

## Division: M 20-29 5k

PL	No	Name	Representing	Int	Total Time	Back	Pace
1	491	PRSHA, Scott	CHESTERFIELD MO	1	18:51.2	+0:00.0	6:03.7
2	397	MOORE, John	WENTZVILLE MO	1	19:55.0	+1:03.8	6:24.2
3	458	FEARS, Nicholas	COLUMBIA MO	1	22:16.7	+3:25.5	7:09.8
4	377	KEASLER, Crawford	CHARLOTTE NC	1	22:41.6	+3:50.4	7:17.8
5	445	BRITT, Jacob	COLUMBIA MO	1	24:22.8	+5:31.6	7:50.4
6	486	MORELAND, Austin	HARRISONVILLE MO	1	26:04.1	+7:12.9	8:22.9
7	434	WAGNER, Caleb	INDEPENDENCE MO	2	27:50.5	+8:59.3	8:57.1
8	490	PRSHA, Ryan	CLAYTON MO	1	28:03.8	+9:12.6	9:01.4
9	497	ROBINSON, Zach	COLUMBIA MO	1	28:27.1	+9:35.9	9:08.9
10	415	CRAWFORD, Derek	COLUMBIA MO	1	53:29.7	+34:38.5	17:12.1

Reg: 10 DNS: 0 DNF: 0 DQ: 0

## Division: F 30-39 5k

PL	No	Name	Representing	Int	Total Time	Back	Pace
1	462	FORCK, Marcie	COLUMBIA MO	1	24:46.5	+0:00.0	7:58.0
2	392	JUDY, Ellen	WESTWOOD HILLS KS	1	55:26.8	+30:40.3	17:49.7

Reg: 3 DNS: 1 DNF: 0 DQ: 0

## Division: M 30-39 5k

PL	No	Name	Representing	Int	Total Time	Back	Pace
1	422	CHIPHERA, Brian	COLUMBIA MO	1	19:08.8	+0:00.0	6:09.4
2	492	RAY, Logan	WEST PLAINS MO	1	21:37.6	+2:28.8	6:57.2
3	411	BLAKE, Alex	COLUMBIA MO	1	22:15.4	+3:06.6	7:09.4
4	452	DEVINE, Noah	KANSAS CITY MO	1	22:50.9	+3:42.1	7:20.8

Reg: 9 DNS: 0 DNF: 0 DQ: 0

# 2019 Tim Heinsz Memorial 5k/10k & Jim Devine Dog Walk

## Division: M 30-39 5k Continued

PL	No	Name	Representing	Int	Total Time	Back	Pace
5	471	HARTMAN, Daniel	COLUMBIA MO	1	24:05.7	+4:56.9	7:44.9
6	382	SODE, Jimi	COLUMBIA MO	1	24:53.2	+5:44.4	8:00.1
7	432	WHEELER, Justin	JEFFERSON CITY MO	1	27:23.2	+8:14.4	8:48.4
8	484	LYNCH, William	JOPLIN MO	1	37:39.6	+18:30.8	12:06.6
9	556	BOATRIGTH, Ryan	KANSAS CITY MO	1	39:50.3	+20:41.5	12:48.6

Reg: 9 DNS: 0 DNF: 0 DQ: 0

## Division: M 40-49 5k

PL	No	Name	Representing	Int	Total Time	Back	Pace
1	401	COUNTS, Mike	ROLLA MO	1	19:04.2	+0:00.0	6:07.9
2	359	LAMBERT, Tom		1	22:30.8	+3:26.6	7:14.3
3	357	AYRES, John	KANSAS CITY MO	1	23:13.7	+4:09.5	7:28.1
4	438	STOCKTON, Eric	COLUMBIA MO	1	24:22.1	+5:17.9	7:50.1
5	378	LITTON, Paul	COLUMBIA MO	1	33:33.4	+14:29.2	10:47.4

Reg: 7 DNS: 2 DNF: 0 DQ: 0

## Division: F 50-59 5k

PL	No	Name	Representing	Int	Total Time	Back	Pace
1	463	FREYERMUTH, Shari	COLUMBIA MO	1	34:01.0	+0:00.0	10:56.3
2	479	LAMONS, Kristine	EAST CARONDELET IL	1	53:40.0	+19:39.0	17:15.4

Reg: 3 DNS: 1 DNF: 0 DQ: 0

## Division: M 50-59 5k

PL	No	Name	Representing	Int	Total Time	Back	Pace
1	468	GROARK, James	SALT LAKE CITY UT	3	27:49.1	+0:00.0	8:56.7
2	372	STEPHENSON, Ted	COLUMBIA MO	1	27:50.1	+0:01.0	8:57.0
3	457	FARNEN, Ted	COLUMBIA MO	1	29:46.9	+1:57.8	9:34.6
4	464	GELY, Rafael	COLUMBIA MO	1	33:58.0	+6:08.9	10:55.3
5	485	MASSMAN, Rodney	COLUMBIA MO	1	34:31.1	+6:42.0	11:05.9
6	478	LAMONS, Matthew	EAST CARONDELET IL	1	53:40.4	+25:51.3	17:15.5

Reg: 7 DNS: 1 DNF: 0 DQ: 0

## Division: M 60-69 5k

PL	No	Name	Representing	Int	Total Time	Back	Pace
1	391	BOWMAN, Frank	COLUMBIA MO	1	29:00.1	+0:00.0	9:19.5

Reg: 1 DNS: 0 DNF: 0 DQ: 0

## Division: Just For The Health Of It 5k

PL	No	Name	Representing	Int	Total Time	Back	Pace
1	399	SHELTON, Jay	COLUMBIA MO	1	30:37.0	+0:00.0	9:50.7
2	396	HAYTER, Cailynn	KANSAS CITY MO	1	33:00.0	+2:23.0	10:36.7
3	395	KOPFENSTEINER, James	KANSAS CITY MO	1	33:07.0	+2:30.0	10:38.9
4	417	HODGSON, Christian	COLUMBIA MO	1	33:55.9	+3:18.9	10:54.6
5	384	WOOLERY, Meghan	COLUMBIA MO	1	34:30.4	+3:53.4	11:05.7
6	461	FOLAND, Novy	COLUMBIA MO	1	35:19.6	+4:42.6	11:21.5
6	476	KIMBALL, Valerie	COLUMBIA MO	1	35:19.6	+4:42.6	11:21.5
8	419	VESSELL, Kayla	COLUMBIA MO	1	35:46.7	+5:09.7	11:30.3
9	413	GROBE, Josh	COLUMBIA MO	1	35:47.1	+5:10.1	11:30.4
10	496	REHMEIER, Bryson	INDIANOLA IA	2	36:42.0	+6:05.0	11:48.0
11	493	REHMEIER, Ryan	INDIANOLA IA	1	36:45.2	+6:08.2	11:49.1
12	385	TRACHTENBERG, Shoshana	COLUMBIA MO	1	39:42.2	+9:05.2	12:46.0
13	387	TRACHTENBERG, Ben	COLUMBIA MO	1	39:42.4	+9:05.4	12:46.0
14	444	BRADLEY, Martha	COLUMBIA MO	1	40:31.0	+9:54.0	13:01.7
15	466	GREENE, Abby	COLUMBIA MO	1	40:31.2	+9:54.2	13:01.7
16	475	HULL, Angela	COLUMBIA MO	1	41:50.9	+11:13.9	13:27.4
17	442	BAX, Greta	RUSSELLVILLE MO	1	45:17.5	+14:40.5	14:33.8
18	495	REHMEIER, Caden	INDIANOLA IA	1	45:18.3	+14:41.3	14:34.1
19	453	DODSON, Jessica	AUSTIN TX	2	45:20.0	+14:43.0	14:34.6
20	433	WAGNER, Bianca	INDEPENDENCE MO	1	48:24.3	+17:47.3	15:33.9
21	482	LAWYER, Alex	SAINT JOSEPH MO	2	49:10.8	+18:33.8	15:48.8
22	480	LAWYER, Melissa	SAINT JOSEPH MO	1	49:14.9	+18:37.9	15:50.1
23	398	SHELTON, J. Ross	COLUMBIA MO	1	53:36.0	+22:59.0	17:14.1
24	400	SHELTON, Dee Dee	COLUMBIA MO	1	53:36.9	+22:59.9	17:14.4
25	430	BAILEY, Sharon	COLUMBIA MO	1	53:39.0	+23:02.0	17:15.0
26	494	REHMEIER, Tara	INDIANOLA IA	1	53:39.3	+23:02.3	17:15.1

Reg: 82 DNS: 40 DNF: 0 DQ: 0

# 2019 Tim Heinsz Memorial 5k/10k & Jim Devine Dog Walk

## Division: Just For The Health Of It 5k Continued

Reg: 82 DNS: 40 DNF: 0 DQ: 0

PL	No	Name	Representing	Int	Total Time	Back	Pace
27	424	KNOTT, Morgan	COLUMBIA MO	1	54:33.1	+23:56.1	17:32.4
28	423	COURSEN, Abby	COLUMBIA MO	1	54:33.3	+23:56.3	17:32.5
29	470	HANNA, Jessica	EDWARDSVILLE IL	3	55:12.7	+24:35.7	17:45.2
30	469	HANNA, Adam	EDWARDSVILLE IL	1	55:24.7	+24:47.7	17:49.0
31	436	VICKERY, Richard	EDWARDSVILLE IL	1	55:33.7	+24:56.7	17:51.9
32	435	VICKERY, Joanna	EDWARDSVILLE IL	1	55:37.5	+25:00.5	17:53.2
33	428	JOHNSON, Jeff	COLUMBIA MO	1	57:08.6	+26:31.6	18:22.4
34	425	SATTERWHITE, Mark	BOONVILLE MO	1	57:09.2	+26:32.2	18:22.6
35	481	LAWYER, Jeff	SAINT JOSEPH MO	1	59:01.7	+28:24.7	18:58.8
36	483	LAWYER, Isabella	SAINT JOSEPH MO	1	59:01.9	+28:24.9	18:58.9
37	364	PUTMNA, Jimi	COLUMBIA MO	2	1:01:49.9	+31:12.9	19:52.9
38	431	WHEELER, Katie	JEFFERSON CITY MO	1	1:02:18.6	+31:41.6	20:02.1
39	404	KLICK, Jane	COLUMBIA MO	1	1:03:52.9	+33:15.9	20:32.4
40	426	KINDER, Katie	COLUMBIA MO	1	1:10:14.0	+39:37.0	22:35.0
41	429	MIZE, Jason	COLUMBIA MO	1	1:10:14.4	+39:37.4	22:35.1
42	427	LARSON, Arnold	COLUMBIA MO	1	1:10:49.4	+40:12.4	22:46.4

## Division: Male Overall 10k

Reg: 1 DNS: 0 DNF: 0 DQ: 0

PL	No	Name	Representing	Int	Total Time	Back	Pace
1	552	NORTON, Andrew	ALEXANDRIA VA	1	39:07.4	+0:00.0	6:17.4

## Division: Female Overall 10k

Reg: 1 DNS: 0 DNF: 0 DQ: 0

PL	No	Name	Representing	Int	Total Time	Back	Pace
1	551	LAMMERT, Meg	BRENTWOOD MO	1	48:29.6	+0:00.0	7:47.8

## Division: F 19 & Under 10k

Reg: 1 DNS: 0 DNF: 0 DQ: 0

PL	No	Name	Representing	Int	Total Time	Back	Pace
1	543	ALBERHASKY, Maya	SPRINGFIELD MO	1	49:46.0	+0:00.0	8:00.1

## Division: F 20-29 10k

Reg: 2 DNS: 0 DNF: 0 DQ: 0

PL	No	Name	Representing	Int	Total Time	Back	Pace
1	553	WHEELWRIGHT, Brooke	COLUMBIA MO	1	49:47.0	+0:00.0	8:00.2
2	544	AUKERMAN, Erica	SAINT ROBERT MO	1	54:43.6	+4:56.6	8:47.9

## Division: F 30-39 10k

Reg: 4 DNS: 1 DNF: 0 DQ: 0

PL	No	Name	Representing	Int	Total Time	Back	Pace
1	554	MOELLER, Kimberly	COLUMBIA MO	1	50:07.7	+0:00.0	8:03.6
2	550	JUDY, Mary Jane	KANSAS CITY MO	1	55:28.0	+5:20.3	8:55.0
3	375	BOATRIGT, Shaina	KANSAS CITY MO	1	1:06:43.4	+16:35.7	10:43.6

## Division: M 40-49 10k

Reg: 2 DNS: 0 DNF: 0 DQ: 0

PL	No	Name	Representing	Int	Total Time	Back	Pace
1	546	DODSON, Jake	AUSTIN TX	1	43:27.1	+0:00.0	6:59.1
2	549	HULL, Robert	COLUMBIA MO	1	51:38.2	+8:11.1	8:18.1

## Division: F 50-59 10k

Reg: 1 DNS: 0 DNF: 0 DQ: 0

PL	No	Name	Representing	Int	Total Time	Back	Pace
1	547	ELLISTON, Janna	SPRINGFIELD MO	1	54:22.1	+0:00.0	8:44.5

## Division: M 50-59 10k

Reg: 1 DNS: 0 DNF: 0 DQ: 0

PL	No	Name	Representing	Int	Total Time	Back	Pace
1	542	ALBERHASKY, Randy	SPRINGFIELD MO	1	54:03.8	+0:00.0	8:41.5