

# 2019 Coors Light Trail of Tears Triathlon Final Results

Start Time: Saturday, September 7, 2019 9:00:00 AM

Sunday, September 8, 2019 8:13:36 AM

## Overall by Distance: Sprint

PI	No	Name	Representing	Division	Swim	min/100m	T1	Bike	MPH	T2	Run	min/mi	Penalty	Total Time
1	900	REDINGER/STEM...		Male Team	14:02.1	2:00.3	0:38.9	34:51.4	25.8	0:24.3	25:36.7	6:24.2	0:00.000	1:15:33.5
2	884	PFAU, Matthew	CAPE GIRARDEAU ...	Male Overall	15:04.3	2:09.2	0:59.6	43:25.3	20.7	0:36.4	22:12.2	5:33.1	0:00.000	1:22:17.9
3	905	WATSON/BROW...	CAPE GIRARDEAU ...	Male Team	12:21.8	1:46.0	1:22.0	42:44.2	21.1	0:20.1	25:34.8	6:23.7	0:00.000	1:22:23.1
4	896	ZEMBAS, Edward	JACKSON MO US	Male Overall	14:06.6	2:01.0	1:36.4	42:37.3	21.1	0:49.2	25:48.7	6:27.2	0:00.000	1:24:58.3
5	899	WELKER, David	JACKSON, MO	Male Overall	11:11.3	1:35.9	1:12.3	44:45.9	20.1	0:57.1	27:21.0	6:50.3	0:00.000	1:25:27.9
6	903	RUNYON, Gabe	STE. GENEVIEVE	M 35-39	14:17.7	2:02.5	0:28.1	43:45.7	20.6	0:50.8	26:42.2	6:40.6	0:00.000	1:26:04.7
7	883	NICHOLLS, Ryan	HIGH RIDGE MO US	M 40-44	15:24.3	2:12.0	1:30.7	43:28.2	20.7	0:53.4	26:21.2	6:35.3	0:00.000	1:27:37.9
8	886	POPE, Clay	JACKSON MO US	M 40-44	15:11.7	2:10.3	1:05.2	44:29.7	20.2	0:58.6	27:52.9	6:58.2	0:00.000	1:29:38.4
9	876	JUPP, Jaclyn	CHESTERFIELD MO...	Female Overall	12:52.4	1:50.4	1:00.2	46:38.7	19.3	0:45.9	28:45.2	7:11.3	0:00.000	1:30:02.6
10	869	FITZGERALD/MA...	SIKESTON MO US	Male Team	15:12.2	2:10.3	1:57.9	48:42.6	18.5	0:34.5	24:07.4	6:01.9	0:00.000	1:30:34.8
11	898	BAKER, John	PADUCAH, KY	M 50-54	13:37.2	1:56.7	1:47.1	43:25.2	20.7	1:08.1	30:37.6	7:39.4	0:00.000	1:30:35.4
12	888	REVELL, Joshua	ALMO KY US	M 19 & Under	12:57.4	1:51.1	1:41.8	50:57.6	17.7	1:18.1	25:55.5	6:28.9	0:00.000	1:32:50.5
13	870	GARDINER, Jeff	MARION IL US	M 25-29	12:12.9	1:44.7	2:05.3	47:42.7	18.9	1:15.7	30:03.9	7:31.0	0:00.000	1:33:20.8
14	879	MARGULIS, William	UNIVERSITY CITY ...	M 55-59	14:52.6	2:07.5	1:13.0	46:28.2	19.4	1:45.3	29:38.6	7:24.7	0:00.000	1:33:57.9
15	874	JOHNS, Troy	JACKSON MO US	M 45-49	15:19.6	2:11.4	0:59.4	46:16.0	19.4	1:27.7	30:08.3	7:32.1	0:00.000	1:34:11.2
16	868	DECLUE, Ty	BOLIVAR MO US	M 30-34	16:05.1	2:17.9	0:59.4	45:14.0	19.9	1:11.4	31:08.4	7:47.1	0:00.000	1:34:38.6
17	863	BANDERMANN, ...	JACKSON MO US	M 35-39	14:41.9	2:06.0	0:49.1	48:30.4	18.6	0:50.8	30:13.5	7:33.4	0:00.000	1:35:05.9
18	891	STAHR, Justin	ST. LOUIS MO US	M 35-39	14:48.8	2:07.0	1:43.8	48:53.1	18.4	1:39.1	28:03.2	7:00.8	0:00.000	1:35:08.2
19	878	KOONCE, Denny	BENTON MO US	M 60-64	12:38.9	1:48.4	1:08.1	47:55.4	18.8	1:20.4	33:15.8	8:19.0	0:00.000	1:36:18.8
20	904	HYDE, Robert		M 50-54	16:34.3	2:22.0	2:21.2	48:02.1	18.7	1:25.0	29:32.3	7:23.1	0:00.000	1:37:55.2
21	897	HILEMAN-LEGRA...	CAPE GIRARDEAU ...	COED Team	12:51.4	1:50.2	1:09.5	57:57.5	15.5	0:31.3	26:19.9	6:35.0	0:00.000	1:38:49.7
22	875	JUDD, Ira	NEWBERN TN US	M 40-44	15:21.5	2:11.7	4:42.6	46:48.8	19.2	5:00.3	28:23.6	7:05.9	0:00.000	1:40:17.0
23	882	MECKFESSEL, K...	MURPHYSBORO IL ...	M 45-49	13:06.1	1:52.3	1:52.6	51:01.1	17.6	1:35.9	33:13.3	8:18.3	0:00.000	1:40:49.4
24	893	TYNDALL, Sarah	ST. LOUIS MO US	Female Overall	17:52.6	2:33.2	1:07.6	50:59.7	17.6	1:02.2	31:57.9	7:59.5	0:00.000	1:43:00.2
25	892	TYNDALL, Jamie	ST LOUIS MO US	M 45-49	16:20.9	2:20.1	1:18.8	48:58.7	18.4	1:47.7	35:44.8	8:56.2	0:00.000	1:44:11.1
26	890	STAHR, John	ST. PETERS MO US	M 35-39	14:39.6	2:05.7	2:26.2	55:25.7	16.2	0:51.2	31:01.3	7:45.3	0:00.000	1:44:24.0
27	862	AGEE, Josh	PARAGOULD AR US	M 40-44	15:00.9	2:08.7	1:50.1	51:57.2	17.3	1:44.0	34:57.8	8:44.5	0:00.000	1:45:30.2
28	889	REVELL, Kevin	ALMO KY US	M 45-49	17:38.7	2:31.3	1:33.0	50:43.6	17.7	2:17.0	33:42.7	8:25.7	0:00.000	1:45:55.1
29	901	COURSE, Hamil	CHARLESTON, MO	M 35-39	11:39.3	1:39.9	3:09.1	1:00:04.6	15.0	1:09.2	31:11.3	7:47.8	0:00.000	1:47:13.8
30	880	MCGEEHON, Brian	OFALLON MO US	M 30-34	17:37.7	2:31.1	1:41.3	53:59.5	16.7	1:48.6	32:39.9	8:10.0	0:00.000	1:47:47.2
31	887	RAMEY, Tyler	CAPE GIRARDEAU ...	M 25-29	20:37.1	2:56.7	2:30.0	50:37.9	17.8	2:30.7	31:59.5	7:59.9	0:00.000	1:48:15.4
32	871	GERLOCK, Cynthia	CARTERVILLE IL US	Female Overall	18:13.9	2:36.3	3:16.2	51:23.9	17.5	1:53.1	34:10.6	8:32.7	0:00.000	1:48:57.8
33	895	WHETSELL, John	PARAGOULD AR US	M 40-44	15:02.5	2:08.9	3:04.9	54:18.4	16.6	2:33.0	35:09.1	8:47.3	0:00.000	1:50:08.1
34	864	BRIDWELL, Annie	ST. LOUIS MO US	F 35-39	18:13.3	2:36.2	3:29.4	58:47.0	15.3	3:11.0	31:53.7	7:58.4	0:00.000	1:55:34.6
35	865	BUDGE, Philip	FENTON MO US	M 45-49	12:46.0	1:49.4	2:09.8	57:32.8	15.6	2:03.7	41:14.9	10:18.7	0:00.000	1:55:47.2
36	877	KIMUTIS, Greg	CAPE GIRARDEAU ...	M 60-64	18:05.3	2:35.1	2:02.2	57:14.8	15.7	2:44.5	40:30.1	10:07.5	0:00.000	2:00:37.1
37	885	PINDELL, Chris	PARAGOULD AR US	M 45-49	19:47.4	2:49.6	2:14.1	59:59.4	15.0	2:30.3	41:33.5	10:23.4	0:00.000	2:06:04.9
38	872	HAND, Kevin	CAPE GIRARDEAU ...	M 55-59	17:42.6	2:31.8	4:12.6	1:02:04.2	14.5	1:48.0	43:08.8	10:47.2	0:00.000	2:08:56.3
39	866	BURKE, Sandra	ST. LOUIS MO US	F 40-44	20:02.4	2:51.8	2:42.9	1:05:52.8	13.7	2:15.7	39:23.8	9:51.0	0:00.000	2:10:17.9
40	894	VANESSENDEL...	MANCHESTER MO ...	F 45-49	15:42.5	2:14.7	1:49.4	1:23:38.7	10.8	1:22.3	35:28.2	8:52.1	0:00.000	2:18:01.3
41	867	CARTER, Brian	PARAGOULD AR US	M 45-49	18:12.0	2:36.0	2:18.0	1:03:17.5	14.2	3:04.0	56:49.7	14:12.4	0:00.000	2:23:41.4
42	881	MCGROARTY, Cri...	ST. LOUIS MO US	F 45-49	19:58.6	2:51.2	2:40.6	1:16:44.2	11.7	1:57.9	48:53.5	12:13.4	0:00.000	2:30:15.1