

SANDWICHES

CALIFORNIA TURKEY CLUB 14.49

HOUSE ROASTED TURKEY WITH RED ONION, AVOCADO, TOMATO, BACON, SPRING MIX WITH AN HERBED AIOLI ON TOASTED HERBED BREAD

TRADITIONAL CHICKEN SALAD 12.49

CUBED CHICKEN, CELERY, ALMONDS, GRAPES, GREEN ONIONS, DILL AND PARSLEY. SERVED ON CHOICE OF BREAD

THE PRETZEL CLUB 13.99

SLICED TURKEY, PROVOLONE, BACON, HONEY MUSTARD AND SPRING MIX ON A PRETZEL BUN

THE MONTE CRISTO 15.49

HOUSE ROASTED TURKEY AND HAM WITH HONEY MUSTARD AND PROVOLONE ON SOURDOUGH. DEEP FRIED AND SERVED WITH HOUSE MADE RASPBERRY PRESERVES

THE GREEK PITA 13.49

HOUSE ROASTED CHICKEN, CUCUMBERS, TOMATO AND GRILLED ONION WITH OUR GREEK DRESSING AND FETA



MAC N CHEESE GRILLED CHEESE 13.49

HAM, 5 CHEESE MAC, CHEDDAR CHEESE ON GRILLED SOURDOUGH

JALAPENO POPPER GRILLED CHEESE 12.99

JALAPENOS, BACON, CREAM CHEESE, CHEDDAR MELTED INTO A GRILLED CHEESE

PESTO GRILLED CHEESE 12.99

SOURDOUGH, PROVOLONE, SPINACH AND HOUSE MADE PESTO

PLAIN JANE GRILLED CHEESE 10.99

CHEDDAR WITH YOUR CHOICE OF BREAD. ADD BACON, TURKEY OR HAM!

CHOOSE A SIDE

EVERY SANDWICH/WRAP COMES WITH CHIPS OR UPGRADE TO A DELUXE SIDE

PARMESAN TRUFFLE CHIPS

LOADED PUB CHIPS

MAC N CHEESE

CUP OF SOUP

SIDE HOUSE SALAD

FRUIT SALAD WITH DIP

QUINOA SALAD

GINGER SESAME PASTA SALAD

The WRAPS

THE TRC SNACK WRAP 12.99

FRIED CHICKEN STRIP, CHEDDAR CHEESE, SPRING MIX AND SPICY RANCH

CHICKEN BACON RANCH WRAP 12.99

CHICKEN, BACON, CHEDDAR JACK, ONION, TOMATO, SPINACH AND RANCH

CHICKEN FAJITA WRAP 12.99

CHICKEN, JALAPENOS, GRILLED ONION, BLACK BEAN, CORN, CHEESE, AVOCADO, SOUR CREAM AND CHOPPED ROMAINE

CHICKEN CAESAR WRAP 12.99

GRILLED OR FRIED CHICKEN, CAESAR SALAD, PARMESAN AND CROUTONS WRAPPED IN A TORTILLA

BUFFALO CHICKEN WRAP 12.99

BUFFALO CHICKEN, ROMAINE, CARROTS, AND BLUE CHEESE

THE CLUB WRAP \$12.99

ROMAINE, AVOCADO, CILANTRO AIOLI, ROMAINE, PROVOLONE, BACON, HAM, SLICED TURKEY, TOMATO AND RED ONION. ON SPINACH TORILLA



SALADS & BOWLS

OUR SALADS NOW DO NOT INCLUDE PROTEINS. PLEASE CHOOSE: CHICKEN, TURKEY OR HAM!

STRAWBERRY FIELDS SALAD 9.99

SPRING MIX AND SPINACH, STRAWBERRIES, ALMONDS, BACON AND BLEU CHEESE WITH POPPYSEED DRESSING.

ADD CHICKEN, TURKEY OR HAM \$4.49

SOUTHWEST COBB SALAD 9.99

ROMAINE, CHEDDAR JACK, TOMATOES, ROASTED CORN, BLACK BEANS, PEPITAS, AVOCADO, RED ONION WITH SPICY AVOCADO RANCH

ADD CHICKEN, TURKEY OR HAM \$4.49

GINGER SESAME SALAD 9.99

SPRING/ROMAINE MIX, CARROTS, ALMONDS, MANDARIN ORANGES, CHOW MEIN, GREEN ONION, GINGER SESAME BOW TIE WITH A CILANTRO LIME VINAIGRETTE

ADD CHICKEN, TURKEY OR HAM \$4.49

ROASTED BRUSSEL SPROUT SALAD 9.99

SPRING MIX, ROASTED BRUSSEL SPROUTS, BACON, PEPITAS, SHREDDED CARROTS, TOMATOES AND FETA WITH A ROASTED GARLIC VINAIGRETTE

ADD CHICKEN, TURKEY OR HAM \$4.49

CLASSIC CAESAR SALAD 9.99

ROMAINE LETTUCE SERVED WITH CAESAR DRESSING AND HOUSE MADE CROUTONS AND PARMESAN. ALSO AVAILABLE WITH SPICY CAESAR! ** GREAT AS A WRAP! **

ADD CHICKEN, TURKEY OR HAM \$4.49

BUFFALO CHICKEN SALAD 12.49

ROMAINE, ROASTED CHICKEN, SHREDDED CARROTS, BLEU CHEESE AND RED ONIONS. SERVED WITH RANCH.

TRC CHEF SALAD 12.99

ROMAINE, TOMATOES, CUCUMBERS, RED ONION, BOILED EGGS, CHIP CRISPS, CHEDDAR CHEESE. SERVED WITH RANCH.

ADD CHICKEN, TURKEY OR HAM \$4.49

HOT HONEY BOWL 11.99

SPICY HOT HONEY CHICKEN, QUINOA, CARROTS, SQUASH, ZUCCHINI, AVOCADO WITH SESAME SEEDS AND GREEN ONIONS

PESTO BOWL 12.49

HOUSE ROASTED CHICKEN, ZUCCHINI AND SQUASH, AND CHERRY TOMATOES TOSSED IN HOUSE MADE PESTO ON QUINOA

MEDITERRANEAN BOWL 15.49

CHICKEN, FETA, KALAMATA OLIVES, HUMMUS, TOMATOES, CUCUMBER, ARTICHOKE, RED ONION, PEPITAS WITH GREEK YOGURT DRESSING



house made SOUPS

FRENCH ONION DAILY SOUP: VARIES

CUP: 4.99

BOWL: 6.99

LOADED PUB CHIPS

OUR PUB CHIPS TOPPED WITH A HOUSE MADE CHEESE SAUCE, CHICKEN, JALAPEÑO, BACON, GREEN ONIONS AND SOUR CREAM



only for the

KIDDOS

12+ UNDER ONLY PLEASE. IF OVER 12- \$1.99 WILL BE ADDED

INCLUDES A DRINK AND A SIDE OF CHIPS, MANDARIN ORANGES OR MAC N CHEESE

GRILLED CHEESE HAM AND CHEESE

PB&J

CHEESE QUESADILLA

MAC N CHEESE

FRIED CHICKEN TENDERS (2 OR 3)

the best selling CHOOSE 2!

HALF A SANDWICH

CALIFORNIA TURKEY CLUB, JALAPENO POPPER GRILLED CHEESE, PESTO GRILLED CHEESE, TRUFFLE CHICKEN SALAD AND CHICKEN SALAD

HALF A SALAD

SOUTHWEST COBB, STRAWBERRY FIELDS, BUFFALO CHICKEN SALAD, CHICKEN CAESAR, GINGER SESAME, CHEF SALAD

CUP OF SOUP OR SIDE



don't miss these limited time



FALL FEATURES



Sandwiches and Wraps



THE TURKEY CRANBERRY

HOUSE ROASTED TURKEY, ORANGE MARMALADE
PECAN AIOLI, CRANBERRY MUSTARD, AND
PROVOLONE WITH GREENS ON WHEATBERRY BREAD

NEW

THE PICKLEDILLY

SOURDOUGH, DILL PICKLE CREAM
CHEESE SPREAD, PROVOLONE AND
CHEDDAR PRESSED UNTIL MELTY



Salads and Bowls

THE SALAD TRIO

TRADITIONAL CHICKEN SALAD, EGG
SALAD AND OUR NEW CRAB SALAD.

NO SUBSTITUTIONS.

THE THANKSGIVING COBB

ROMAINE, ROASTED SWEET POTATOES, BACON,
CRAISINS, FETA, FRENCH FRIED ONIONS AND
PECANS WITH YOUR CHOICE OF PROTEIN

YES..WE CATER!

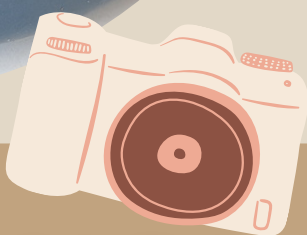
WHETHER YOU NEED LUNCH BOXES FOR THE OFFICE OR A
PLATTER OF SANDWICHES WITH A TRAY OF PUB CHIPS- WITH
HOUSE ROASTED MEAT AND FRESH INGREDIENTS- YOU CAN'T

GO WRONG CHOOSING US FOR LUNCH! *and we deliver!*

**POST YOUR
PICS!**

and tag us!

WE WANT TO SEE YOUR LUNCH
PICS! WE WILL BE CHOOSING
PICTURES WE LOVE AND WANT
TO RE-POST TO GET A FREE
LUNCH ENTREE AND DESSERT!



**Must
Try**